

Optum



Relias Spotlight Series

April 2024

Why It Matters: Accessing behavioral health services outside of school can be a challenge for many students and families. By providing behavioral health support within the school setting, we eliminate barriers such as cost, transportation and stigma. This makes it easier for all individuals to access the care they need. By prioritizing behavioral health support in schools, we not only promote the well-being and success of students but also create a positive and nurturing environment for everyone in the school community. Together, let's advocate for behavioral health awareness and support in schools to ensure that every individual has the opportunity to thrive and reach their full potential.

Go Deeper: Optum Idaho is thrilled to announce the launch of our new e-learning, UNITY: Uniting Networks of Interconnected Teams for Youth. This training is designed to empower providers, educators and professionals working with kids, providing them with the knowledge to effectively integrate behavioral health support within an Interconnected Framework of Supports (ISF).

When looking to expand your education and improve your skills, we encourage you to log into [Relias](#) and explore the following modules:

Class	Course	CEU
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Optum Idaho UNITY Uniting Networks of Interconnected Teams for Youth	1546482	1.0
Meeting the Behavioral Health Needs of Transition Age Youth	REL-BHC-0-MBHNTAY	1.0
Non-Suicidal Self-Injurious Behavior in Children and Adolescents	REL-BHC-0-NSSIBCA	1.25
Addressing Behavioral Health Needs of Individuals Involved in Child Welfare	REL-BHC-0-TCABH	1.25
Preventing Suicide in Youth: The Role of Paraprofessionals	REL-BHC-0-PASRP	.75

We appreciate the work you do each day with our members. Thank you for providing access to behavioral health services to Idahoans!

Sincerely,
The Optum Education and Training Team