



Optum Alaska

911 W 8th Ave, Ste 101
Anchorage, AK 99501

Alaska.Optum.com

Alaska Medicaid Provider Update

Quarterly Participant Newsletter issue 8 October 2, 2023

We are excited to announce that the eighth issue of the Alaska Medicaid Newsletter for participants is here! This issue offers:

- An article called Adults Working and Maintaining Families with Mental Health and Sober Lifestyle
- An article about Healthy family life
- Peer Support Corner article about Maintaining healthy families
- Optum contact information for participants
- Optum Live and Work Well resource
- Information on how to connect with Peer Support Services while traveling in Alaska
- Information on How Optum Care Management Can Help: Optum offers advocacy and support to Medicaid participants with Mental Health and Substance Use Disorders
- Information on Alaska support and meeting information
- Information on how to find a provider in Alaska and Alaska hotlines

You can find the Alaska Medicaid Newsletter on the Optum Alaska website at the following link: [Participant Newsletter \(optum.com\)](https://www.optum.com/participant-newsletter). If you are interested in receiving print copies of the newsletter, or have suggestions for topics, please reach out to a member of our provider relations team at akmedicaid@optum.com.

To unsubscribe from future e-communications please visit [Provider Alert Email \(optum.com\)](https://www.optum.com/provider-alert-email).