



Optum Alaska

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Alaska Medicaid Provider Update

Quarterly Participant Newsletter Issue 7 July 07, 2023

Dear Alaska Medicaid Provider,

We are excited to announce that the seventh issue of the Alaska Medicaid Newsletter for participants is here!

This issue offers:

- An article highlighting Depression and understanding symptoms and tips for finding support
- An article regarding Traveling in Alaska with a Mental Health or Substance Use Disorder
- Optum contact information for participants
- Optum's Live and Work Well resource
- Medicaid Participant Handbook
- Information on how to connect with Peer Support Services while traveling in Alaska
- Information on How Optum Care Management Can Help: Optum offers advocacy and support to Medicaid participants with Mental Health and Substance Use Disorders
- Information on Alaska support and meeting information

You can find the Alaska Medicaid Newsletter on the Optum Alaska website at the following link: [Participant Newsletter \(optum.com\)](https://www.optum.com/participant-newsletter). If you are interested in receiving print copies of the newsletter, or have suggestions for topics, please reach out to a member of our provider relations team at akmedicaid@optum.com.

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