



Dear Alaska Medicaid Provider,

We are excited to announce that the third issue of the *Alaska Medicaid Newsletter* for participants is here!

The Alaska Division of Behavioral Health and Optum Alaska work together to share important information for Alaska Medicaid Participants about behavioral health topics. This issue of the *Alaska Medicaid Newsletter* offers mental health wellness tips, information on spotting signs of suicide, and the transition to 988. We hope you will share this information with Medicaid participants in your care.

The *Alaska Medicaid Newsletter* can be found on the Optum Alaska website at the following link: [Participant Newsletter \(optum.com\)](#). If you are interested in receiving print copies of the newsletter, or have suggestions for topics, please reach out to a member of our provider relations team at [akmedicaid@optum.com](mailto:akmedicaid@optum.com).

To unsubscribe from future e-communications please visit [Provider Alert Email \(optum.com\)](#).

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