



# Community Recovery Support Services

Lynn M. Eldridge, MEd

Division of Behavioral Health

# Community Recovery Support Services Regulation

## 7 AAC 139.200. Community-based care management services

(a) The following community-based care management services may be provided to any eligible recipient under this chapter:

(1) intensive case management services, that must be provided according to the criteria listed in 7 AAC 138.400(a)(3);

**(2) community recovery support services, that must be provided according to the criteria listed in 7 AAC 138.400(a)(1).**

# Community Recovery Support Services

## 7 AAC 138.400(a)(1)

(1) community recovery support services that are provided to promote recipient recovery, through skill building and counseling, and provided to

(A) assist the recipient to build social, cognitive, daily living, employment, and self-management skills;

(B) educate and train the recipient and the recipient's family on behavioral health topics related to the recipient's treatment and recovery;

(C) help the recipient access necessary treatment and social support services;



# Community Recovery Support Services

## 7 AAC 138.400(a)(1) Continued

D) help the recipient participate in traditional healing or spiritual activities;

(E) facilitate level-of-care transitions; or

(F) assist the recipient with recovery through support, mentoring, or coaching, and the services listed in (A) - (E) of this paragraph provided by a peer support specialist who ...

The regulation goes on to explain what qualifies as a peer support specialist.

*Repeat after me*



Community Recovery Support  
Services  
Service Standards and  
Administrative Manual

Page 24-26

The Standards  
Manual is  
**REGULATION**

# Community Recovery Support Services (CRSS)

## Service Description:

CRSS includes skill building, counseling, coaching, and support services to help prevent relapse, improve self-sufficiency and promote recovery from behavioral health disorders (i.e. mental health disorders and/or substance use disorders).



CRSS  
Service  
Components

---

\* Recovery coaching by a qualified professional, including guidance, support and encouragement with strength-based supports during recovery.

---

\* Skill building services, including coaching and referrals, to build social, cognitive, and daily living skills and help identify resources for these skills.

---

\* Facilitation of level-of-care transitions.

# CRSS Service Components

- ◆ Peer-to-peer services including:
  - \* Family members of people experiencing SED, SMI, SUD or Co-occurring disorders may provide services to these family members
- ◆ Family education, training and supports
- ◆ Relapse prevention services.
- ◆ Child therapeutic support services

For more detailed descriptions, see page 25 of the Standards Manual



# CRSS

## Service Frequency/Limits

**Individual**-15 minutes/280 units per beneficiary per SFY; requires service authorization to extend limit; combine with telehealth.

**Group**-15 minutes/600 units per beneficiary per SFY; requires service authorization to extend limit; combine with telehealth.