



# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP)

Increasing Access to Behavioral Health and  
Substance Use Disorder Services in Alaska

Lance E. Johnson, Optum Alaska Tribal Liaison  
Nov. 9, 2022



# Partial Hospitalization Program (PHP) - Overview

# Partial Hospitalization Program (PHP)

There are two PHP service types under the 1115 Waiver:

1. Behavioral Health: [Alaska Behavioral Health Providers Services Standards & Administrative Procedures for Behavioral Health Provider Services \(06.30.2021\)](#), Pages 34-37
2. ASAM Level 2.5 Substance Use Disorder: [Alaska Behavioral Health Providers Services Standards & Administrative Procedures for SUD Provider Services \(10.04.2020\)](#), Pages 16-20 (Adolescents) and Pages 20-24 (Adults)

# Partial Hospitalization Program (PHP)

Regulations for 1115 Behavioral Health Waiver Services are under Chapter 139 and located at <https://www.akleg.gov/basis/aac.asp#7.139>

The regulation for Behavioral Health PHP services is located at [7 AAC 139.250 Structured treatment services](#)

Regulations for 1115 Substance Use Disorder Waiver Services are under Chapter 138 and located at <https://www.akleg.gov/basis/aac.asp#7.138>

The regulation for ASAM Level 2.5 Substance Use Disorder PHP services is located at [7 AAC 138.250 Outpatient substance use disorder services](#)

# **ASAM Level 2.5 SUD Partial Hospitalization Program (PHP)**

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP)

There are two types of treatment available under the ASAM Level 2.5 SUD PHP:

ASAM Level 2.5 SUD Partial Hospitalization Program – Adolescents

ASAM Level 2.5 SUD Partial Hospitalization Program – Adults

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Description (Adolescents & Adults)

PHPs should have the capacity to:

- Address major lifestyle, attitudinal, and behavioral issues which impair the adolescent's or adult's ability to cope with major life tasks without the addictive use of alcohol and/or other drugs.
- Treat adolescents and adults with substantial medical and psychiatric problems.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Description (Adolescents & Adults)

PHP services are designed for the diagnosis or active treatment of an SUD for eligible adolescents and adults presenting with:

- Biomedical conditions and problems severe enough to distract from recovery efforts but not sufficient to interfere with treatment; and
- Emotional, behavioral, or cognitive conditions and complications that affect the individual's level of functioning, stability, and degree of impairment; and
- A need for repeated, structured, clinically directed motivational interventions, or at imminent risk of relapse, or an unsupportive recovery environment.



# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Description (Adolescents & Adults)

The weekly program schedule hours must include a combination of:

Case Management

Individual, Group, and Family Therapy

Random Drug Screening

Community and Recovery Support Services

Medication Services

Crisis Intervention Services as needed

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Description (Adolescents)

In addition to the required program schedule hours for Adults, the weekly schedule for Adolescents will also include:

Educational instruction (during regular school year)

Recreational Therapy

Occupational Therapy services as needed

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Contraindicated Services (Adolescents & Adults)

Contraindicated Services are services that are **not allowed** to be provided to the same recipient on the same day as 1115 Waiver services.

Contraindicated services are in the [Alaska Behavioral Health Providers Services Standards & Administrative Procedures for SUD Provider Services \(10.04.2020\)](#), Pages 17-18 (Adolescents) and Page 21 (Adults).

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Requirements & Expectations (Adolescents & Adults)

If there is a waitlist, interim services must be offered.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Requirements & Expectations (Adolescents & Adults)

Other considerations:

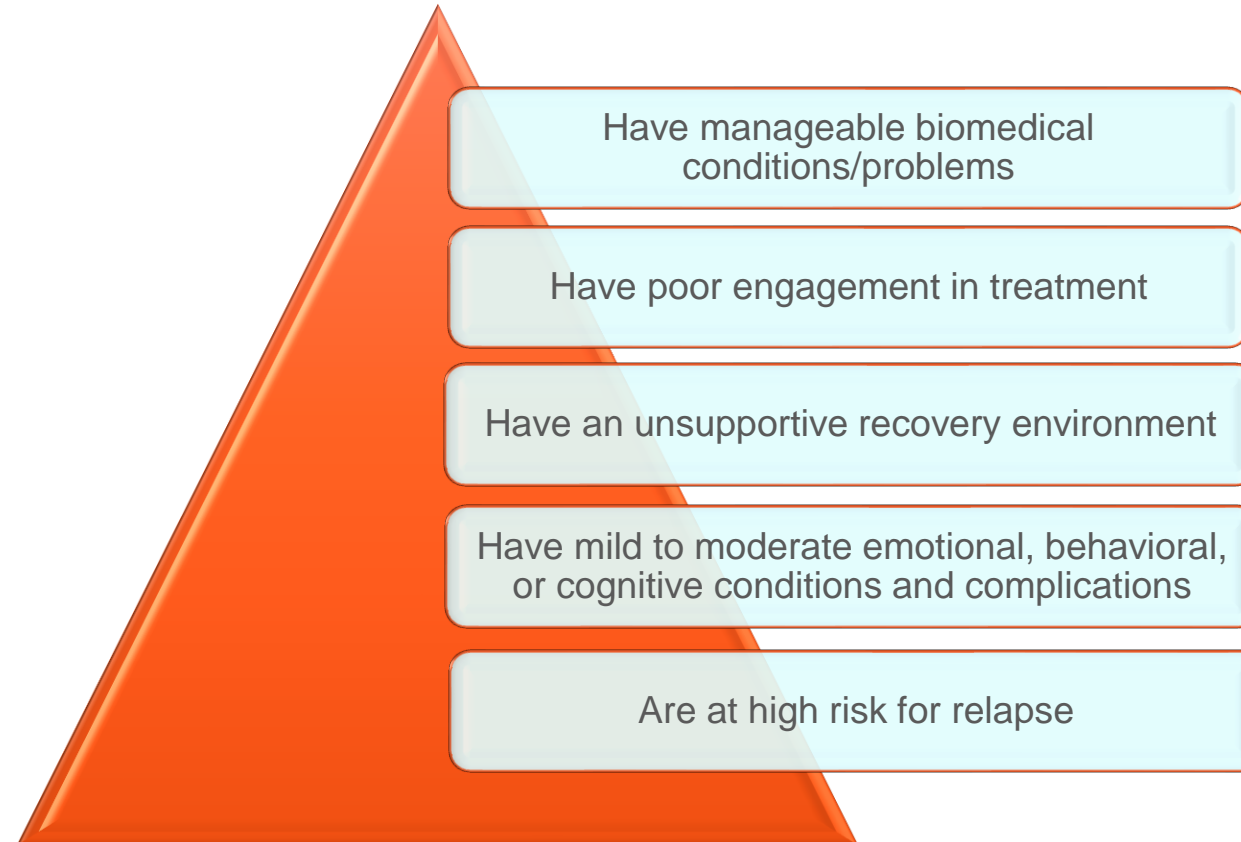
1. SUD Programs must have staff members trained to provide HIV/AIDS, Hepatitis B/C, Tuberculosis (TB), and fetal alcohol spectrum disorders education, early intervention, and risk reduction counseling.
2. SUD Programs should have procedures for responding to clients who relapse while in treatment.
3. SUD Programs are required to facilitate access to or provide pharmacotherapy for the treatment of substance use disorders.
4. SUD Programs should make every effort to determine Medicaid eligibility for all clients.
5. SUD Programs may offer services that help families or the client's support system understand addiction and to support the newly recovering family members or supports.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Target Population (Adolescents)

Adolescents 12-17 years with a substance use disorder diagnosis when determined to be medically necessary and in accordance with an individualized treatment plan.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Target Population (Adolescents)

Adolescents appropriate for this level of care:



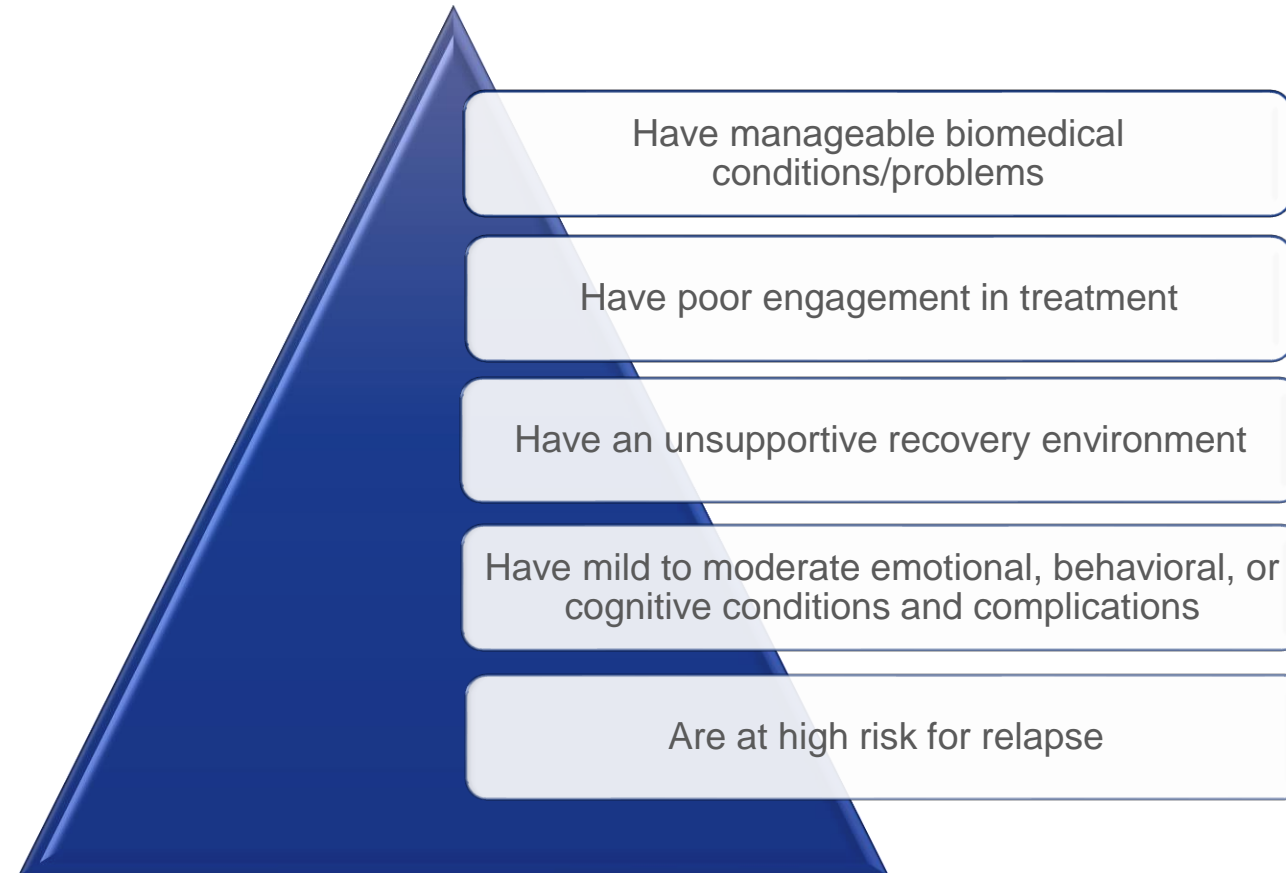
# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Target Population (Adults)

Adults with a substance use disorder who do not meet an inpatient level of care, but still require intense monitoring to maintain the individual's level of functioning and prevent relapse or residential/inpatient services.



# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Target Population (Adults)

Adults appropriate for this level of care:



# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Staff Qualifications (Adolescents and Adults)

PHP must be staffed by an interdisciplinary team of qualified professionals. These include:

Licensed Physicians  
and Physician  
Assistants

Mental Health  
Professional  
Clinicians ([see 7  
AAC 70.990\(28\)\)](#))

Advance Practice  
Registered Nurses  
and Licensed RNs  
and Licensed  
Practical Nurses

Certified Medical  
Assistants/Certified  
Nursing Assistant

Substance Use  
Disorder Counselors  
and Behavioral  
Health Clinical  
Associates

Behavioral Health  
Aides, Peer Support  
Specialists

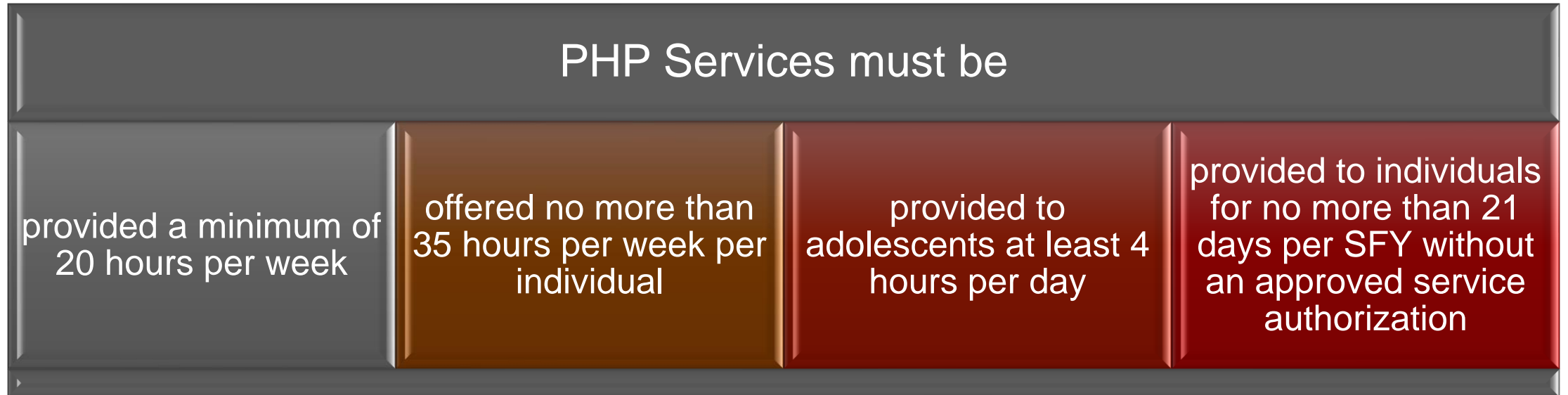
All identified provider types listed above must be enrolled in Medicaid with a specialty as a Qualified Addiction Professional or Certified Peer.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Locations (Adolescents & Adults)

A full description of service locations is on page 24 of the [Alaska Behavioral Health Providers Services Standards & Administrative Procedures for SUD Provider Services \(10.04.2020\)](#) and includes a variety of outpatient provider locations.

Telehealth is not allowed for Partial Hospitalization Program services.

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Frequency/Limits (Adolescents)



# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Frequency/Limits (Adults)

PHP Services must be			
provided a minimum of 20 hours per week	offered no more than 35 hours per week per individual	provided to adults at least 5 hours per day	provided to individuals for no more than 21 days per SFY without an approved service authorization

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Service Code, Unit Value and Payment Rate (Adolescents & Adults)

Procedure Code: H0035 V1

Unit Value: 1 day = 1 unit

Payment Rate: \$500

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Documentation (Adolescents and Adults)

All PHP services must be documented in a progress note in accordance with [7 AAC 135.130 Clinical record](#).

# ASAM Level 2.5 SUD Partial Hospitalization Program (PHP) Additional Information (Adolescents and Adults)

Outpatient programs may employ a multidisciplinary team of professionals to work in their PHP programs; however, **at least one clinical service per day must be provided by a mental health professional** to be eligible to draw down the daily rate.

Providers may bill and be reimbursed for completed days of service which meet the minimum requirement per day even if a recipient discharges from treatment against medical advice.



# Where Are Partial Hospitalization Programs Currently Offered in Alaska?

## Current Number and Types of Partial Hospitalization Programs by Region

Region	BH/SUD
Anchorage	5/4
Fairbanks North Star	1/1
Gulf Coast/Aleutian	0/0
Kenai Peninsula	0/0
MatSu	0/0
Northern & Interior	0/0
Northern Southeast	0/2
Southern Southeast	0/1
Western	0/1

# How Can Providers Implement the Partial Hospitalization Program in Their Regions?

# Ideas

Explore funding opportunities to stand up the Program

- [Grants | SAMHSA](#)
- [Alaska Online Public Notices – Register](#)
- [Indian Health Service](#)
- [Grants | Rasmuson Foundation](#)

Network with providers who are offering Partial Hospitalization Programs to learn about

- Staffing needs
- Facility needs
- Evidenced-Based Programs utilized
- Sample daily schedules
- Successes and challenges

# Additional Resources

# State of Alaska, Division of Behavioral Health

<https://health.Alaska.gov/dbh>

State of Alaska | myAlaska | My Government | Resident | Business in Alaska | Visiting Alaska | State Employees

Alaska Department of Health  
Division of Behavioral Health

ENHANCED BY Google

Home | Divisions and Agencies | Services | News | Contact Us | COVID-19 Resources

DHSS Reorganization > Department of Health > Behavioral Health

## Welcome to Behavioral Health

**Gennifer Moreau-Johnson**  
Director

**Farina Brown**  
Deputy Director

Contact the division at  
HSS.DBH@Alaska.gov

*"Partners promoting healthy communities."*

**Mission & Values**

### 988 Suicide & Crisis Lifeline

Having an easy-to-remember number for those needing mental health support has been in the planning stages nationally and in Alaska for many years. We're pleased to announce that on July 16, 2022, the National Suicide Prevention Lifeline is switching to a three-digit number (9-8-8).

Until it is active, and even after 988 goes live, you can still call the Lifeline at 800-273-8255 or the Alaska Careline at 877-266-HELP.

988 will be a direct connection to compassionate, accessible support for anyone experiencing mental-health related distress, including thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. [Learn more.](#)

### Continuum of Care

The Division of Behavioral Health has a commitment to improving the

#### Behavioral Health

- Home
- Director's Office
- Communications
- Core Services
- Division Contacts
- Well-Being Alaska

#### Sections

- AKAIMS
- Behavioral Health Systems & Policy
- Prevention and Early Intervention
- Fetal Alcohol Spectrum Disorder
- Medicaid Provider Assistance Services
- Behavioral Health Quality Assurance Section

#### Treatment Bed Availability

- BRS Residential Services
- Residential SUD

#### Initiatives

- 1115 Waiver
- 988 Suicide Crisis & Lifeline
- AK Responders Relief Line
- Complex Behavior Collaborative
- Disaster Planning
- Evidence Based Practices
- Health Information Technologies
- Integrated Housing & Services
- Performance Management System

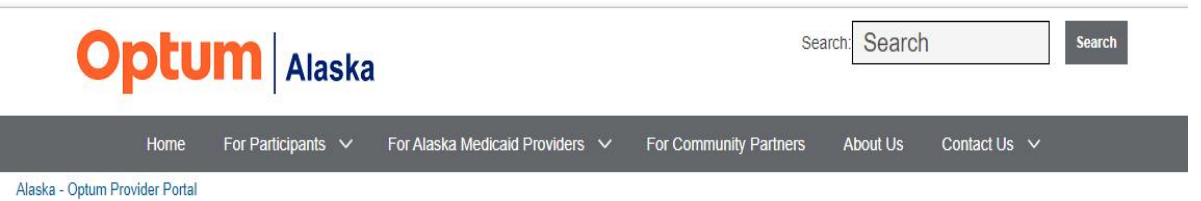
# State of Alaska, Division of Behavioral Health 1115 Website

<https://health.alaska.gov/dbh/Pages/1115/default.aspx>

The screenshot shows the website header with the State of Alaska logo and navigation links: myAlaska, My Government, Resident, Business in Alaska, Visiting Alaska, State Employees. The main header includes the Alaska Department of Health logo and the text "Alaska Department of Health Division of Behavioral Health". A search bar with "ENHANCED BY Google" and a magnifying glass icon is present. Below the header is a navigation menu with links: Home, Divisions and Agencies, Services, News, Contact Us. The breadcrumb trail reads: DHSS Reorganization > Department of Health > Behavioral Health > 1115 Behavioral Health Medicaid Waiver. The main content area features a large heading "1115 Behavioral Health Medicaid Waiver". Underneath, there is a "How to get help" section with contact information: mpassunit@alaska.gov, 907-269-3600, and Brad.Lentz@alaska.gov. A paragraph explains that the Medicaid Services Section is available to help providers with Medicaid-related questions and offer technical assistance with facility waiver requests, billing, rates, or other questions related to the 1115 waiver process. Another paragraph states that Medicaid Section 1115 Demonstration Waivers provide states with flexibility to test new approaches within Medicaid to aid in redesigning and improving their health systems without increasing costs. A sub-heading "Alaska's 1115 Waiver" is followed by a paragraph explaining that in January 2018, Alaska applied to the Centers for Medicare and Medicaid Services (CMS) for approval of an 1115 behavioral health waiver at the direction of the Alaska Legislature through SB 74. The intent is to create a data-driven, integrated behavioral health system of care for Alaskans experiencing serious mental illness, severe emotional disturbance, substance use disorder (SUD), co-occurring substance use and mental illness, and at-risk families and children. A final paragraph notes that at the guidance of CMS, the SUD component was broken out separately from the rest of the behavioral health services to move it forward more quickly in response to the growing opioid epidemic. On the right side, there is a sidebar with a "Behavioral Health" section containing links: Home, Director's Office, Communications, Core Services, Division Contacts, Well-Being Alaska. Below this is a "Sections" section with links: AKAIMS, Behavioral Health Systems & Policy, Prevention and Early Intervention, Fetal Alcohol Spectrum Disorder, Medicaid Provider Assistance Services, Behavioral Health Quality Assurance Section.

# Optum Alaska Website

<https://alaska.optum.com>



**PARTICIPANT QUICK LINKS**

- Resources & Tools
- Participant Newsletter

**PROVIDER QUICK LINKS**

- Sign up for Alerts
- Provider Express
- Resources & Tools

**EXTERNAL OPTUM SITES**

- Find a Provider
- Live & Work Well
- Supports and Services Manager



## Stay informed on COVID-19

Check the CDC website for COVID-19 updates at [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)

Check the DHSS website for COVID-19 updates at [coronavirus.alaska.gov](https://coronavirus.alaska.gov)

Check the current Telehealth guidance at <https://content.govdelivery.com/accounts/AKDHSS/bulletins/2825545>



Check the **COVID-19 Mental Health Resource Hub** to help individuals and providers address their mental health needs at <https://psychhub.com/covid-19/>

## OPTUM ALASKA

One person, one family, one community at a time. Every individual and every family has a unique road to wellness, health, and





Alaska Administrative Services Organization (ASO)

Provider Manual

March 1, 2022



## Optum Alaska Provider Manual

<https://alaska.optum.com/content/dam/ops-alaska/documents/providers/akProviderManual.pdf>

# Optum Alaska Provider Trainings Webpage

<https://alaska.optum.com/content/ops-alaska/alaska/en/providers/provider-trainings.html>

## PROVIDER MEETINGS & TRAININGS

Optum is pleased to work with our Alaska Medicaid providers to provide training opportunities throughout the year. Please be sure to take note of registration requirements and details.

### New Trainings

The Technical Assistance Teleconferences are held on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month. The next Technical Assistance Teleconference is "Service Authorization: Form Submission and Live Demonstration of Online Portal."

▶ Technical Assistance Teleconference

▶ OptumHealth Education

### Previous Trainings

▶ Technical Assistance Teleconference

# Contact Information for Optum Alaska

## The Optum Alaska Call Center

- 800.225.8764
- 8:00 a.m. to 6:00 p.m. AKST, Monday through Friday

## Optum Alaska Provider Relations

- [akmedicaid@optum.com](mailto:akmedicaid@optum.com)
- Please ensure that any email inquiries sent to Provider Relations are sent securely if PHI is present. General inquiries that do not contain PHI can be sent via regular unsecure email.

# Optum

Optum is a registered trademark of Optum, Inc. in the U.S. and other jurisdictions. All other brand or product names are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.

© 2022 Optum, Inc. All rights reserved.