



# Navigating Optum Training

Discover tools and resources that support your work with Optum Behavioral Health. They're designed with you in mind, so you'll save time and complete administrative tasks quickly and easily.

## If you have questions, we have answers

It may feel overwhelming to navigate doing business with Optum. It doesn't have to be. Learn how to make your transactions with us simple, effective and efficient.

**1 hour of your time = Many hours saved**

### Who should attend

Sessions are open to anyone – whether you're a new provider, have recently joined an office staff or have been working with us for a while and just need a refresher.

Sessions may be most beneficial to:

- Independent clinicians
- Admin staff (billing, prior auths, credentialing, etc.)
- Office and hospital managers

### What will be covered?

#### Working electronically with Optum 24/7

- Create a Provider Express secure portal account to:
  - Review member eligibility and benefits
  - Verify services requiring authorization/notification
  - Submit claims and check status
- Set up electronic payments
- Find online information, tools and training resources

#### Claims and billing

- Review reimbursement policies
- Improve the speed of claim processing
- Minimize denials and receive accurate payments

#### Helpful resources

- Network manuals
- Clinical criteria and guidelines

## Register Today

Select a session that fits your schedule, then click to register.

	Wednesdays 9 a.m. CT	Thursdays Noon CT
May	<a href="#">5/14/2025</a>	<a href="#">5/15/2025</a>
June	<a href="#">6/11/2025</a>	<a href="#">6/19/2025</a>
July	<a href="#">7/9/2025</a>	<a href="#">7/17/2025</a>
August	<a href="#">8/13/2025</a>	<a href="#">8/21/2025</a>
September	<a href="#">9/10/2025</a>	<a href="#">9/18/2025</a>
October	<a href="#">10/8/2025</a>	<a href="#">10/16/2025</a>
November	<a href="#">11/12/2025</a>	<a href="#">11/20/2025</a>
December	<a href="#">12/10/2025</a>	<a href="#">12/18/2025</a>



### Questions?

Contact Central Region Provider Relations:

[ohbs.centralregion@optum.com](mailto:ohbs.centralregion@optum.com)

**Together, we can make healthcare better for everyone.**

