

NJ Medicaid Mental Health and Substance Abuse Provider Training 2024

Agenda

- NJ Medicaid Behavioral Health Benefit Design
- Provider Express
- Credentialing
- Clinical and Utilization Management Requirements
- Behavioral Health Case Management
- Billing and Claims
- Appeals
- Provider Portals and Other Resources



New Jersey Behavioral Health Benefit Design



NJ Medicaid Behavioral Health Benefit Design:

Existing NJ FamilyCare Medicaid Membership - Acute Inpatient BH, OBAT and ASD Benefits

- Acute Mental Health Inpatient Services
- Inpatient SUD Medical Detoxification Services
- Office Based Addiction Treatment (OBAT) Services

MAT prescriber that also has a "Navigator" on staff to do case management

Services provided by both Medical (PCP, Internist, etc) and BH (Psychiatrist, Advanced Practice Nurse) provider types

• Autism Spectrum Disorder (ASD) Services (EPSDT Benefit):

Applied Behavioral Analysis (ABA)

Developmental Services

- -DIR/Floortime
- -DRBI
- -NDBI/EDSM
- Developmental services are provided by both BH provider types, and Physical Health (OT, PT, ST) provider types

Current Additional MLTSS, DDD and FIDE-SNP Benefits

- Mental Health Services:
- Acute Mental Health Partial Hospitalization
- Adult Mental Health Rehabilitation (AMHR) long-term group home for SMI members
- Outpatient Mental Health Clinics and Practitioners
- Mental Health Partial Care (Social Clubhouse)
- Substance Use Disorder (SUD) Services:
 - Inpatient SUD Non-Medical Detoxification Services
 - Ambulatory Withdrawal Management
 - SUD Inpatient Rehabilitation
 - SUD Residential
 - SUD Partial Care
 - SUD Intensive Outpatient Program (IOP)
 - Outpatient SUD Clinics and Practitioners
 - Medication Assisted Treatment (MAT)
 - Opioid Treatment Programs (OTPs) / Methadone Clinics
 - Peer services in SUD Outpatient Clinics
 - Case Management Services in SUD Outpatient Clinics



Provider Express



providerexpress.com

Provider resource:

- State-Specific News
- Quick Links
- Clinical Resources
- Trainings
- Join Our Network
- Transactions (available to in-network providers only)



Public Pages



Private pages (in-network providers only)



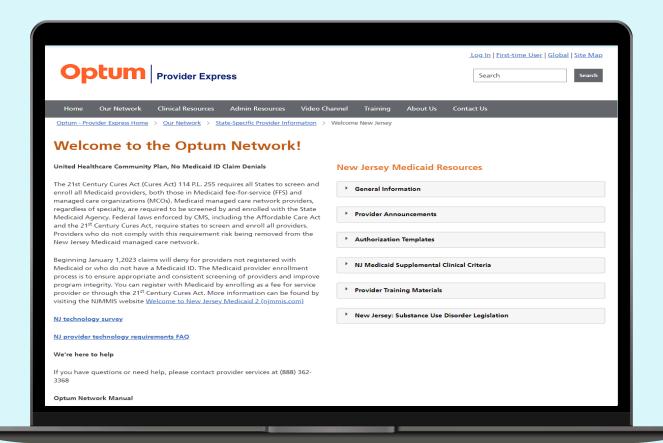
Navigate to NJ Page via Our Network

Optum - Provider Express Home





providerexpress.com NJ Page





NJ State-Specific Alerts and Information



Product Specific Information – QRGs, provider notifications and Training, Clinical Information



Links to Provider Manuals and Standard Clinical Criteria



New Jersey Quick Reference Guide



Behavioral Health Quick Reference Guide New Jersey FamilyCare & FIDE SNP		
Call Center for UnitedHealthcare	Appeals and Grievances Claims Coordination of Benefits Dual eligible members with Medicare Medicaid members with commercial coverage Billing concerns Office Base Addictions Treatment Services Behavioral Health Care Management Care Coordination	
Websites & What's Available	providerexpress.com New Provider Orientation "Navigating Optum" viewable on demand Network Manual Demographic Updates Guidelines / Policies & Manuals Clinical Resources Clinical Criteria Administrative Resources Recovery & Resiliency Toolkit Video Channel Webinars/Training Resources uhcprovider.com State-specific health plan information Check member eligibility Check claim status & payments Claims Reconsideration Electronic Data Interchange (EDI) information Tools & Resources Tutorials	
Claims Submission	Paper Claim submission: Optum Behavioral Health P.O. Box 30760 Salt Lake City, UT 84130-0760 Claims must be submitted within 180 days from the date of service If Coordination of Benefits (COB) is involved where UnitedHealthcare is considered a secondary payer, COB of claims should be submitted by mail within 60 days from the date of the primary insurer's Explanation of Benefits (EOB) or 180 days from the dates of service, whichever is later.	
Optum Pay	It's quick and easy, go to uhcprovider.com > Claims & Payments > Optum Pay Questions - 1-866-842-3278, option 5	

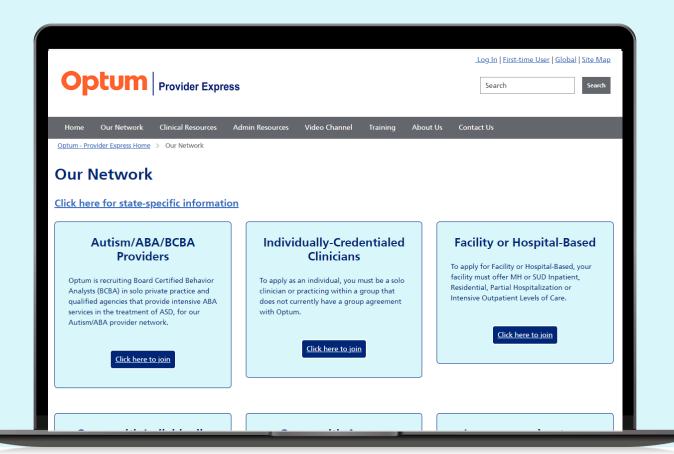
EDI	Claims Payer ID: 87726
	Electronic Remittance Advice (ERA) Payer ID: 86047
	EDI Support: 1-800-210-8315 or email ac_edi_ops@uhc.com
Clinical Appeals	NJ FamilyCare: Optum Appeals & Grievances P.O. Box 30512 Salt Lake City, UT 84130-0512
	Fide SNP: UnitedHealthcare Appeals Department P.O. Box 31364 Salt Lake City, UT 84131-0364
Utilization Management Guidelines	 Emergent admissions require notification within 24 hours of admission. Prior Authorization is required for all non-emergent inpatient Admissions. Comorbidity Diagnosis with a Medical and Behavioral Admission require both a Medical <u>AND</u> subsequent Behavioral Health Authorization or separate notification.
	 To obtain Prior Authorization call 1-888-362-3368 - Enter TIN #, select option 3 (intake), enter member ID/DOB, select option for "Mental Health" We do not accept faxes. A call is required.
Clinical Criteria	Clinical Criteria can be found at: providerexpress.com.> Clinical Resources > Guidelines/Policies & Manuals > Clinical Criteria UnitedHealthcare Community Plan uses ASAM Clinical Criteria for Alcohol and Drug Treatment and Substance Use Disorder (SUD) Reference: American Society of Addiction Medicine (ASAM) asam.org/resources/the-asam-criteria
Network Management Contacts	Kemal Kajtezovic, Network Manager for Facilities and Clinics Scheanell Holland, Network Manager for Individual Clinicians, OBAT prescribers and Groups Shailja Patel, Network Manager for Autism Services njnetworkmanagement@optum.com Provider Escalated Issues: 1-877-614-0484 Fax: 1-866-483-6254
Pharmacy	UnitedHealthcare Community Plan Pharmacy Services Department Fax: 1-866-940-7328 Phone: 1-800-310-6826 Link to Preferred Drug List: uhcprovider.com/content/dam/provider/docs/public/commplan/nj/pharmacy/NJ- Preferred-Drug-List-Provider.pdf
Provider Enrollment	To request to join the network, visit: provexpr/us/en/our-network.html The review and notification timeline of a clean application takes between 45-60 days. Email njnetworkmanagement@optum.com to inquire whether new provider applications are being accepted.



Credentialing



Credentialing





 Online credentialing requests, registration guide, tips for applying, links, credentialing plans



- Automated CAQH information
- Dedicated NJ Advocate support



Specific application link for each provider type; Facility, Agency, Group, Clinician



21st Century Cures Act: Medicaid Enrollment Requirements

- The 21st Century Cures Act (Cures Act) 114 P.L. 255 requires all States to screen and enroll all Medicaid providers, both those in Medicaid Fee-for-Service (FFS) and Managed Care Organizations (MCOs)
- Medicaid managed care network providers are required to be screened by and enrolled with the State Medicaid Agency.
- Providers who do not comply with this requirement risk being removed from the New Jersey
 Managed care network. All health care professionals and facilities must hold a current New
 Jersey Medicaid ID number.
- Beginning Jan. 1, 2023, claims will deny for providers not registered with Medicaid or who do not have a Medicaid ID.
- The Medicaid provider enrollment process is to ensure appropriate and consistent screening of providers and improve program integrity. You can register with Medicaid by enrolling as a fee for service provider or through the 21st Century Cures Act. More information can be found by visiting the NJMMIS website <u>Welcome to New Jersey Medicaid 2 (njmmis.com)</u>



Clinical and Utilization Management Requirements



Medical Necessity

Care Advocates use Level of Care Utilization System (LOCUS), Child and Adolescent Service Intensity Instrument (CALOCUS-CASII), Early Childhood Service Intensity Instrument (ECSII), and ASAM Clinical Criteria when making medical necessity determinations and as guidance when providing referral assistance.

Generally accepted standards of practice

- Based on credible scientific evidence
- Generally recognized by the relevant medical community
- Use evidenced-based outcomes to validate the practice

Clinically appropriate

- Type, frequency, extent, and duration of services
- Considered effective for the treatment of mental illness, substance use disorder, or associated symptoms

Determinations of medical necessity

- Informed by:
- Unique aspects of the case
- Member's benefit plan
- Available services:
 - Ability of provider to meet the member's immediate needs
 - Alternatives that exist in the service area



How to Obtain a Prior Authorization

Electronic Submission – Higher Levels of Care	 Electronic Prior authorization for higher levels of care can be submitted through providerexpress.com > Authorization Inquiry. Providers are required to log into the system and can search for members using member ID, name, and date of birth Existing Users: must log in with One Healthcare ID or Email address and password New Users: New User Registration can be found by selecting "First-time user" Once the authorization information is received, a UHCCPNJ BH UM Care Advocate will have the ability to review and process the information and authorize care via the portal as applicable. If additional information is needed the Care Advocate will outreach to the provider via phone or chat directly on the portal. 	
Electronic Submission – MH Partial Care	 Electronic Prior Authorization for partial care mental health can be submitted through a portal located on provider express. To access the request form, go to: providerexresss.com > Our Network > State-Specific Provider Information > New Jersey > authorization Templates Complete the online request form. Use the "Attesting Individual's Email Address to track where the request is in the authorization process. 	
Telephonic – Available for all requests	Call Toll-free Provider Line (from the back of the Member card): (888)-362-3368 Follow the below system prompts: Enter TIN# Select option 3 (intake) Enter member ID/DOB Select option for "Mental Health" After-hours care advocates available during evenings, weekends and holidays only for initial higher-level authorizations (e.g., IP MH, IP SUD, Residential Detox, IP Detox) 24 hours a day / 7 days a week.	



Behavioral Health Prior Authorization Requirements

Hospital based services

- Inpatient (MH and SUD)
- Mental Health Electroconvulsive therapy ECT (Inpatient/Outpatient)
- Mental Health Partial Hospitalization Program (PHP)
- Substance Use Disorder (SUD) Nonhospital based detoxification ASAM-3.7WM

Outpatient services

- Mental Health Intensive Outpatient Program
- Substance Use Disorder (SUD) Intensive Outpatient Program ASAM-2.1
- Ambulatory Withdrawal Management ASAM 2-WM
- Psychological Testing
- Mental Health Partial Care
- Substance Use Disorder (SUD) Partial Hospital ASAM -2.5

Residential services

- Substance Use Disorder (SUD) Short Term Residential ASAM -3.7
- Adult Mental Health Rehabilitation (AMHR)
- Long Term Residential (LTR) ASAM 3.5

Level of Care Guidelines for Mental Health and Substance Use Disorders found on provider express at: <u>Standard Clinical Criteria</u> (<u>providerexpress.com</u>); <u>ASAM Clinical Criteria Information (providerexpress.com</u>),

For more information regarding Authorization Requirements, please reference the Behavioral Health Benefits Table (pages 14-20)- 2024 New Jersey Provider Network Manual Addendum (providerexpress.com)



^{*}All Out of Network Services require Authorization

Administrative Days/Clinical

If the individual does not meet the discharge planning needs and cannot be safely discharged or transferred to an alternate level of care, an administrative level of reimbursement shall be offered:

- A separate authorization will be required from the IP acute stay
- When prior authorized, administrative days will be reimbursed by Optum/UHC through a Single Case Agreement-accommodation process
- The Clinical team will load a single case agreement authorization
- Rev code 0199 will be utilized



What happens with the Clinical Adverse Benefit Determination Appeal Process?

Peer to Peer Review will be scheduled to discuss the Adverse Benefit Determination:

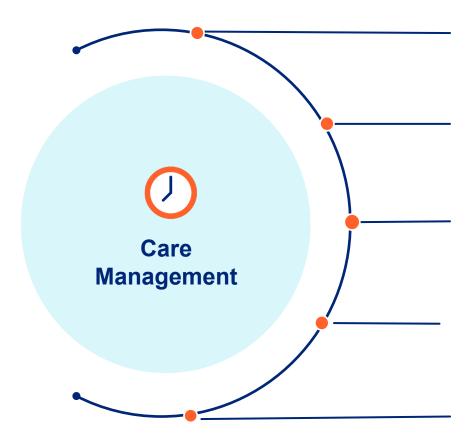
- For an inpatient case involving a clinical determination, the appeal reviewer will be a board-certified psychiatrist or addictionmedicine specialist (from the same or similar specialty area as the treating clinician) with an active, unrestricted license
- For an outpatient case involving a clinical determination, the appeal reviewer will be a doctoral-level psychologist or a boardcertified psychiatrist with an active, unrestricted license



Behavioral Health Case Management



Our Care Management Services



Determine Needs/Strengths

 Early identification of high-risk members in need of care coordination support.

Develop Individual Case Plan

 Comprehensive assessments completed to identify member strengths, risk factors, gaps in care and barriers to health access, including SDOH

Locate Community Resources

 Creating important linkages between members, providers, and community resources and other support services where needed

Develop Treatment Plan/Monitor

 Educating about complex behavioral health and basic medical issues in easy-to-understand language

Reassess/Measure Progress

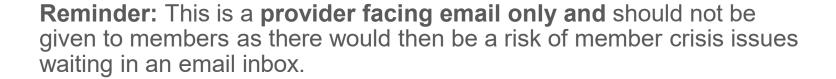
Monitoring and Continuity of Care



NJ Medicaid Behavioral Health Care Management Referral

The most direct way for **provider staff** to reach Behavioral Health Care Management is through direct email:

NECSBHCCA@UHC.com





Special Needs Hotline (877-704-8871)

The Hotline is **available to all members and providers**. All calls are routed to Behavioral Health **and** Medical Care Management for care coordination activities.







Billing and Claims



Claim and Contact Information

Clean Claim - A claim with no defect or impropriety (including any lack of any required substantiating documentation) or particular circumstance requiring special treatment that prevents timely payments from being made on the claim is considered a clean claim. All required fields must be complete & legible

Find Claim Tips on Provider Express website at: Claim Tips (providerexpress.com)

Topics include:

- Claim Entry through Provider Express
- Claim Corrections or Resubmission
- Claim Submission Hints
- Electronic Claim Submission (EDI)
- Optum Pay
- Improve the Speed of Processing
- · Where to Submit our Optum Claim
- · Frequently asked questions

Contact information:

- Provider Service 1-888-362-3368
- · Network Management (escalated issues)
 - Kemal Kajtezovic, Network Manager for Facilities and Clinics
 - Scheanell Holland, Network Manager for Individual Clinicians, OBAT prescribers and Groups
 - Shailja Patel, Network Manager for Autism Services
 - njnetworkmanagement@optum.com





Mental Health and Substance Use Disorder claims

- Inpatient claims should be submitted on a UB-04 claim form or 837i (electronic)
- using your contracted billing revenue codes.
- Contracted providers for the below services must submit claims on a UB-04 claim form or 837i (electronic) using the contracted revenue code(s) and HCPCS code(s) listed on your facility payment appendix document.
 - Detoxification
 - Intensive Outpatient Treatment (IOP)
 - Ambulatory Detoxification
 - Short-term Residential
- Outpatient claims must be billed on a 1500 claim form (version 02/12)
 - These are for the services listed on your group contracted fee schedule



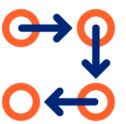
Claims filing made easy

Electronic submission through the Claim Entry feature on Provider Express or as an Electronic Data Interchange (EDI) transaction.

Benefits of Electronic Filing:

- It's fast Eliminate mail and paper processing delays
- It's convenient Easy set up and intuitive process
- It's secure Data security is higher than with paper-based claims
- It's efficient Electronic processing helps prevent errors
- It's cost-efficient You eliminate mailing costs, and the solutions are free or low-cost









Claim Entry on Provider Express



Registration for an Optum One Healthcare ID is required:

Get started by clicking this link <u>First-time User</u>

Benefits of Claim Entry:

- Free
- Available 24/7
- Intuitive and easy-to-use
- Real-time, quick claim processing
- Available to clinicians and groups
- Outpatient behavioral and EAP claims billed on a Form1500



Electronic Data Interchange

- Electronic Data Interchange (EDI) is an electronic-based exchange of information
- Transactions are conducted through a clearinghouse vendor
- Submit batches of claims electronically, right out your practice management system software:
 - Ideal for high volume providers
 - Can be configured for multiple payers
 - Clearinghouse may charge fee
- Payer ID 86047
- Electronic Remittance Advice (ERA) Payer ID 86047



Receive payments faster

Benefits of Electronic Payments and Statements (EPS):

- Easy set-up, free to use
- Payments deposited into your bank
- Simplified claims reconciliation
- 24/7 access to your information
- Secure payment and remittance advice

Registering for EPS is easy!

- Log in to Provider Express with your Optum One Healthcare ID
- Select "EPS" and provide the information necessary to enroll
- Contact Optum Financial Services for assistance: 1-877-620-6194

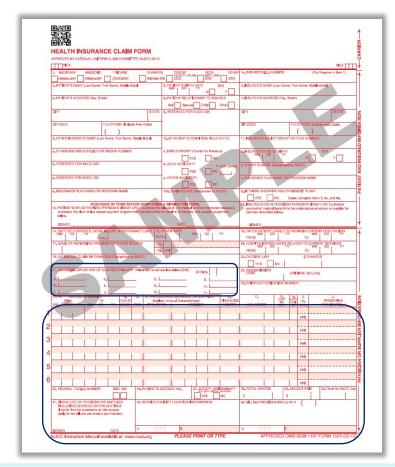


Filing paper claims

- Use an original 02/12 1500 Claim Form (no photocopies)
- Type information to ensure legibility
- Use a DSM-5 derived ICD-10 code for primary diagnosis (Hint: the DSM-5 includes ICD codes along with the DSM diagnostic info)
- Complete all required fields (including ICD indicator and NPI number)



Filing paper claims



Include the ICD indicator:

0 for ICD-10



There are two distinct fields for placement of an NPI number



Link to National Uniform Claim Committee (NUCC) 1500 Claim Form Reference Instruction Manual



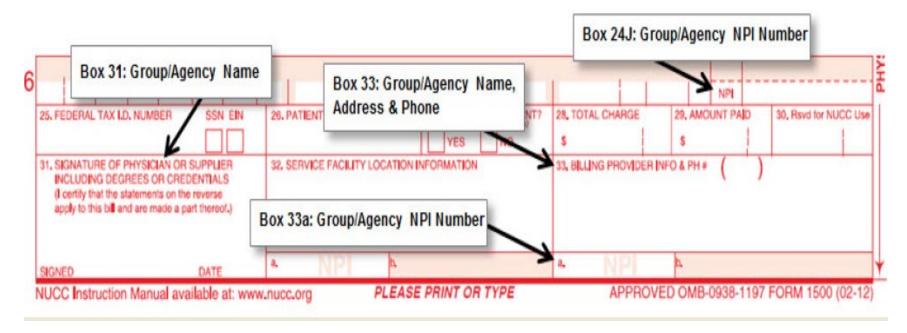
Important information related to claims payment for a non-rostered group entity

Your 1500 claim form should include the following information:

- 1) **Group/agency name** (Box 31)
- 2) The **NPI number** (Box 24J)
- 3) The group/agency name, address, and phone number (Box 33)
- 4) The group/agency NPI number (Box 33a)
- Do not put the name of the rendering clinician on the claim form
- It is important to bill with the CPT codes shown on the group/agency fee schedule for claims to be processed and paid correctly
- For Community Mental Health Centers/Licensed Outpatient Agencies (CMHCs) contracted and credentialed at the group/agency level for outpatient services, authorizations for services will be issued at the group/agency level, not under the specific treating clinician's name. The authorization will cover services rendered by any of the clinicians of the group



Important information related to claims payment for a non-rostered group entity (continued)



If your claims are not submitted following the guidelines above or if information is incomplete, you run the risk of receiving claim denials.



Encounters/Claims

- UnitedHealthcare recognizes accurate, timely and complete encounter data submissions are evidence that we are fulfilling our responsibilities to New Jersey DHS, allowing use of the data as the foundation for determining premium payments in the future.
- Our claims data is housed in our CSP Facets transaction processing system, which serves as the main data source for encounter data extracts. Based upon adjudicated claims data from CSP Facets, we collect encounter data in HIPAA transaction formats and code sets through our encounter data submission and reporting system, the National Encounter Management Information System (NEMIS). NEMIS processes encounters across the breadth of UnitedHealth Group's Medicaid businesses and initiates submission, tracks responses and provides error correction and resubmission of Medicaid encounters.



Administrative Days/Claims

Claims for Admin Days should be billed as indicated below:

- Optum/UHC will authorization Admin days through a Single Case Agreement-accommodation process
- Claims should be submitted on a UB04
- A separate authorization will be required from the IP acute stay
- The Clinical team will load a single case agreement authorization
- Rev code 0199 will be utilized



COB: Coordination Of Benefits

- Some members are eligible for coverage of allowable expenses under one or more additional health benefit plans. In these circumstances, payment for allowable expenses shall be coordinated with the other plan(s). It is your responsibility to inquire and collect information concerning all applicable health plans available to a member and communicate such information to United Healthcare Community Plan.
- If United Healthcare Community Plan is a secondary plan, you will be paid up to the Optum contracted rate. You may not bill members for the difference between your billed usual and customary charge and the amount paid by the primary plan(s) and United Healthcare Community Plan.
- If Coordination of Benefits (COB) is involved where UnitedHealthcare Community Plan is considered a secondary payer, COB of claims should be submitted within 60 days from the date of the primary insurer's Explanation of Benefits (EOB) or 180 days from the dates of service, whichever is later.



Additional Information

- Navigating Optum webinar on Provider Express
- Under the Quick Links section on Provider Express > Claim Tips
- National Uniform Claim Committee 1500 Claim Form Reference Instruction Manual
- For billing questions call UnitedHealthcare Community Plan, 1-866-362-3368
- Send paper claims to:

Optum Behavioral Health P.O. Box 30760 Salt Lake City, Utah 84130-0760



Appeals



What are my options if I get an adverse benefit determination?

There are two types of appeals for Adverse Benefit Determinations:

- Clinical Appeals If a clinical review results in a disagreement about treatment or level of care (full or partial) that results in an adverse benefit determination
- Administrative Appeals If you disagree with a clinical determination made on a claim you have the right to appeal



How do I start an appeal?



- Toll-Free Appeals Phone # 1-866-556-8166 or TTY-TDD 7
 - Use to check status of an appeal and verbally submit an appeal.
 Note: Any Appeal filed verbally must also be followed up with a written, signed Appeal
- Enrollees/Providers have 60 calendar days from the date of denial to request an appeal
- Only one internal appeal allowed.
- Clinical appeal turn around time is 72 hours



Provider Portals and Other Resources



Provider Express.com - Optum - Provider Express Home

Public Pages include general information and other useful resources:

- Download standard forms- Optum Forms (providerexpress.com)
- Provider Manual- <u>2024 New Jersey Provider Network Manual Addendum</u> (providerexpress.com)
- Clinical Guidelines Clinical Criteria and Guidelines (providerexpress.com)
- Training/webinar offerings- <u>Welcome New Jersey (providerexpress.com)</u>

Private Pages:

- Available only to In-Network Providers
 - Secure and require registration
 - Allows Providers to update information using the "My Practice Info" feature
 - To request a User ID, select the "First-time User" link in the upper right corer of home page
 - For assistance or questions about the registration process, call Provider Express Support Center toll free: 1-866-209-9320 from 8 a.m. – 10 p.m. Eastern Time, or chat with tech support online



Provider Directory: New Jersey page — NJ-Behavioral-Health-Provider-Search-Instructions.pdf (uhc.com)

Behavioral Health Provider Lookup Guide

This document will guide you through the step-by-step process on how to find a Behavioral Health Provider in our online directory.



Behavioral Health Provider Lookup Tool



Step 1:

Visit myuhc.com/CommunityPlan, scroll down and click on "Find a Doctor".



Step 2:

Select New Jersey as the state.



Step 3:

Select the plan of your choice.



Step 4:

Scroll down and click on the Mental Health Directory.



Step 5:

Confirm zip code, click Search.



Step 6:

Use the chart below to help find the specific provider type you are looking for:



Provider Directory: New Jersey page — NJ-Behavioral-Health-Provider-Search-Instructions.pdf (uhc.com)

Behavioral Health Provider Lookup Tool





Tip: You can use the Search Filters option to help narrow down your filters.

What to do if you can't find a Behavioral Health provider?

For members, call Member Services at 1-800-941-4647, TTY 711. For providers, call 1-888-362-3368. Or visit myuhc.com/CommunityPlan.



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