

## Immediate follow-up appointments available

(Children, Adolescent and Adults)

### Helping members get the care they need after discharge

You play an important role in ensuring that your members receive follow-up care for mental health and/or substance use after discharge.



7 Day follow-up appointments for both mental health and substance use disorders can help promote successful treatment outcomes, reduce hospital stays and increase members community tenure.\*\*

**Call Medica Behavioral Health at 1-800-848-8327 and Request to Speak to a Care Advocate.**

### Tools for follow-up appointments:

- Pre-Purchased Psychiatry and Medication Assisted Treatment Appointments through Medica Behavioral Health\*
- Optum Express Access Appointments via [LiveAndWorkWell.com](https://www.LiveAndWorkWell.com)
- Various case management programs
- Variety of telehealth options
- Independently licensed staff available 24/7

