

SBIRT (Screening, Brief Intervention, and Referral to Treatment)

Helpful Reminders for Assessment & Billing Criteria:

- A SBIRT provider may provide any combination of 4 hours of individual and group treatment, and 2 hours of treatment coordination and 2 hours of peer support (not to exceed 6 hours total).
- An SBIRT client can only receive 6 hrs. of combined services per a 3-month span. After that they will need to get a new screening done.
- A recipient must complete the 6hrs of SUD services within a 3-month time span.
- A post payment audit will be conducted two years after implementation to determine how SBIRT and the six hours of services is being used.

There are no limits to the number of times a recipient can access the six hours of services that a positive SBIRT authorizes.

Billing Guidelines:

G2011 - Alcohol and/or substance abuse screening and brief intervention (5-14 mins)

G0396 - Alcohol and/or substance abuse screening and brief intervention (15-30 mins)

G0397 - Alcohol and/or substance abuse screening and brief intervention (greater than 30 mins)

H2035 U1-Individual Treatment

H2035 HQ U1-Group Treatment

T1016 U8 HN U1-Treatment Coordination

H0038 U8 U1-Peer Support

To Medica Behavioral Health 1-800-848-8327

What is SBIRT?

- SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders
- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care

