



Provider Alert

Maine Mandate - [House Bill 1355](#)

The intention of this mandate is to improve access to behavioral health services by limiting cost sharing.

Large group (commercial, fully Insured) health plan, with an effective date on or after January 1, 2023, must provide coverage without cost sharing for the first primary care office visit and first behavioral health office visit in each plan year. Behavioral health office visit is defined as “an office visit to address mental health and substance use conditions.”

An earlier mandate ([H-1425](#)) applicable to individual or small group, commercial, fully Insured, health plan with an effective date on or after January 1, 2021, requires coverage without cost sharing for the first primary care office visit and first behavioral health office visit in each plan year and may not apply a deductible or coinsurance to the 2nd or 3rd primary care and 2nd or 3rd behavioral health office visits in a plan year. Any copayments for primary care office visits and behavioral health office visits in a plan year count toward the deductible.

Applies to outpatient services only.

Note: There are no specific codes or modifiers to bill. The cost share adjustments will occur based on claim submission date.

