

Mass General Brigham Health Plan 2026 D-SNP Expansions: Senior Care Options and One Care Available in 8 Counties

Beginning Jan. 1, 2026, Optum will manage behavioral health services for members enrolled in two Massachusetts dual-eligible special needs plans (D-SNP): Mass General Brigham Senior Care Options (SCO) and Mass General Brigham One Care.

- What's happening:** Beginning Jan. 1, 2026, Optum will manage behavioral health services for members enrolled in two new Massachusetts dual-eligible special needs plans
- Which plans:** Mass General Brigham Senior Care Options (SCO) and Mass General Brigham One Care
- Where:** These plans will now be available for members in 8 counties: Bristol, Dukes, Essex, Middlesex, Nantucket, Norfolk, Plymouth and Suffolk

Not familiar with these plans?

Both Mass General Brigham Health Plan and Optum Behavioral Health have scheduled one-hour training sessions to help you prepare to work with these new members next year.

Senior Care Options/One Care Training Sessions

MGBHP staff will give a comprehensive overview of the Dual Eligible Special Needs Plan (D-SNP) program, including key updates and eligibility criteria for both plans. Whether you're new to the program or need a refresher, this is a great opportunity to gain valuable insights and ask questions.

All sessions are scheduled for Noon – 1 pm ET. Each session will cover the same information.

- [Wednesday, Nov. 19](#)
- [Tuesday, Nov. 25](#)
- [Wednesday, Dec. 3](#)
- [Wednesday, Dec. 10](#)
- [Wednesday, Dec. 17](#)
- [Tuesday, Dec. 23](#)
- [Tuesday, Dec. 30](#)

Optum Behavioral Health Training

Attend to find out more about the administrative processes you'll follow to check member eligibility, request prior authorization, submit claims and appeals, review reimbursement policies, find Massachusetts-specific information and more. Optum staff will be on hand to answer questions.

- [Wednesday, Dec. 3 / 11 am – Noon ET](#)
- [Wednesday, Dec 10 / 1 – 2 pm ET](#)



Register Today!

Pick a date for each training that works best with your schedule. Then, just click the link to register.