



# Massachusetts Annual Preventative Mental Health Wellness Exam [Bulletin 2023-05](#)

Effective March 31, 2024, the Massachusetts Division of Insurance requires coverage of one (1) preventative mental health wellness exam annually by either a licensed mental health professional or primary care provider.

## Who does this apply to?

- Both in- and out-of-network providers who are eligible to perform wellness exams
- Members with fully insured Commercial benefits whose accounts are situated (issued) in the state of Massachusetts

## What do I need to know?

- Provider visits do not require prior authorization
- Member will not incur a cost share; however, cost sharing is required if the applicable plan is governed by the Federal Internal Revenue Code and would lose its tax-exempt status because of the prohibition on cost-sharing for this service
- Billing - the 33 modifier identifies this service as a mental health wellness exam and must be included when billing for this service

## Commercial Coding/Billing Requirements:

### Mental Health Wellness Exams

Service Code and Description	ICD 10	Line of Business
90791-33 Psychiatric diagnostic evaluation without medical services	Z13.3 Encounter for screening examination for mental health and behavioral disorders	Commercial

## Need additional assistance?

- For **Benefit or Clinical questions**, please call the phone number on the back of the member's insurance card.
- For **Contract or Credentialing questions**, please contact Provider Services at **1-877-614-0484**.