

Indiana Hoosier Care Connect Behavioral Health Provider Training

UnitedHealthcare Community Plan



2020UHCCP_BEHAVIORALHEALTH_02 BH3103_122020

Agenda – Indiana Hoosier Care Connect

- 1. Intro to Integrated Behavioral Health
- 2. Coordination of Care Requirements
- 3. Substance Use Disorder and Opioid Treatment
- 4. Contracting with Optum
- 5. Provider Responsibilities
- 6. Coding, Billing and Reimbursement
- 7. Appeals and Complaints

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UnitedHealth Group Structure



Helping make the health system work better for everyone

Information and technologyenabled health services:

- Behavioral Health
- Technology solutions
- Pharmacy solutions
- Intelligence and decision support tools
- Health management and interventions
- Administrative and financial services

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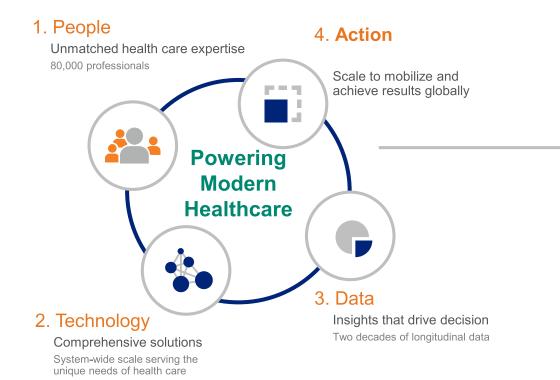


Helping people live healthier lives

Health care coverage and benefits:

- Employer & Individual
- Medicare & Retirement
- Community & State
- Military & Veterans
- Global

How Optum can uniquely help



Helping:

30 million people get the medicines they need

1 million people receive home visits to guide them to the right care

40 states

expand coverage and make the most of their budgets

3 million people utilize health savings

accounts

25 million people receive services in

international markets

18 federal agencies

deliver technology enabled health care

Process 500k documents

per day by computer-assisted coding

50% of Fortune 500 companies

increase employee wellness

2 million people access care at local care

delivery clinics

Tens of thousands

of physicians leverage our data platform to provide smarter care

⋓

Our foundational approach to helping people

Addressing individual needs is our focal point. We do this by creating systems of care that include strategies that empower people to achieve their wellness goals in ways that work most effectively for them.

Person-centered care

A relationship-based approach to care that honors and respects the voice of individuals

Whole-person health

- A focus on improving a person's health and well-being by addressing their physical health, mental/psychological health and the mind-body connection
- Also considers a person's living environment (housing and work status) and access to community supports

Meeting consumers where they are

Creating opportunities to help people access the knowledge, tools and services they need to achieve and maintain their well-being



Optum and You

- Achieving our Mission:
 - Starts with Providers
 - Serves Members
 - Applies global solutions to support sustainable local health care needs



From risk identification to integrated therapies, our mental health and substance abuse solutions help to ensure that people receive the right care at the right time from the right providers.

Specialty Network Services

Customers we serve:

- 50% of the Fortune 100 and 34% of the Fortune 500
- Largest provider of global Employee Assistance Programs (EAP), covering more than 19 million lives in over 140 countries
- Local, state and federal government contracts (Public Sector)

Serving almost 43 million Members:

- 1 in 6 insured Americans
- The largest network in the nation, delivering best in class density, discounts and quality segmentation
- More than 140,000 practitioners; 4,200 facilities with 9,000 facility locations

Simultaneous NCQA and URAC accreditation





Staff expertise:

 Multi-disciplinary team of 50 staff Medical Directors, including child and adolescent, medical/psychiatric, Board Certified Behavior Analysts, and addiction specialists, just to name a few

Optum Indiana Providers

UnitedHealthcare Community Plan of Indiana Hoosier Care Connect is privileged to help serve the most vulnerable members of the community through the Indiana Hoosier Care Connect program. We support the Indiana state goals of increased access, improved health outcomes and reduced costs for the following eligible members:

- Aged individuals, Blind individuals, Disabled individuals (ABD)
- Foster children and newly adopted children and youth
- Individuals receiving Supplemental Security Income (SSI)
- Individuals enrolled through M.E.D. Works

Indiana Hoosier Care Connect BH Services

With the introduction of Integrated Managed Care we ask that all Indiana Medicaid providers always prioritize access for services for Indiana Medicaid members.

These include but are not limited to - behavioral health screenings and assessments; referral and treatment services; outpatient services; inpatient psychiatric hospital services; inpatient drug and alcohol detoxification; inpatient drug and alcohol rehabilitation; residential treatment services for opioid use disorder (OUD) and substance use disorder (SUD)

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Behavioral Health Services

- On behalf of Indiana Hoosier Care Connect we ask that all providers address the needs of our members in an integrated way, with attention to the physical health and chronic disease contributions to behavioral health.
- Provider engagement is necessary to assist coordination of services for individuals with multiple diagnoses of mental illness, substance abuse and physical illness.

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Each BH provider working with our members must notify the UnitedHealthcare Community Plan of Indiana Hoosier Care Connect within 5 calendar days of the member's visit, and submit information about the treatment plan, the member's diagnosis, medications, and other pertinent information.

Behavioral Health Services

Facilities are required to contact MCO within 72 hours that a member has been seen for Emergency Treatment and/or within 72 hours of the hospital inpatient admission



Coordination of Care Requirements

- In order to serve each member in an integrated manner we ask that you be able to provide a written plan and evidence of ongoing, increased communication and coordination between the behavioral health and nonbehavioral health care providers.
- Please note that it is imperative that the unique behavioral health and developmental needs of wards, foster children and former foster children be documented clearly.

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- Each provider is asked to obtain a Release of Information (ROI) from the member upon entry into the practice to allow integration of care services to facilitate the reciprocal exchange of social, physical and behavioral health information between physical and behavioral health providers treating the member.
- This ROI should include permission to release substance abuse treatment information to United Healthcare Community Plan of Indiana Hoosier Care Connect and to the member's physical or behavioral health providers, if applicable.

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For each member receiving behavioral health treatment, the provider is required to document and coordinate care between behavioral and physical health providers and reciprocally share the following information for that member:

- Primary and secondary diagnoses;
- Findings from assessments;
- Medication prescribed;
- Psychotherapy prescribed; and
- Any other relevant information.

Updates should be provided at minimum on a quarterly basis.

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- Contractors must establish referral agreements and liaisons with both contracted and non-contracted CMHCs, following the ROI must provide physical health and other medical information to the appropriate CMHC for every member.
- The State is exploring implementation of new initiatives for behavioral and physical health integration for Indiana Medicaid members and must provide physical health and other medical information to the appropriate CMHC for every member.

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Substance Use Disorder and Opioid Treatment

Residential (SUD) Services

• Prior authorization (PA) is required for all residential SUD stays.

 Admission criteria for residential stays for OUD or other SUD treatment is based on the following American Society of Addiction Medicine (ASAM) Patient Placement Criteria:

ASAM Level 3.1 – Clinically Managed Low-Intensity Residential Services

ASAM Level 3.5 – Clinically Managed High-Intensity Residential Services

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Residential Substance Use Disorder (SUD) Services

 Short-term low-intensity and high intensity residential treatment for opioid use disorder (OUD) and other substance use disorder (SUD) in settings of all sizes, including facilities that qualify as institutes of mental disease (IMDs) are a covered benefit under the Hoosier Care Connect program.

Residential Substance Use Disorder (SUD) Services

- When residential services are determined medically necessary for a member, the Contractor will approve a minimum of 14 days for residential treatment, unless the facility requests fewer than 14 days.
- If a facility determines that a member requires more time than the initial 14 days, the facility should submit a PA update request showing that the member has made progress but can be expected to show more progress given more treatment time.
- An additional length of stay can be approved based on documentation of medical necessity.

Opioid Treatment Program (OTP)

Coverage of OTP services will be restricted as follows -

Individuals aged 18 and older seeking OTP services must meet the following medical necessity criteria:

- Must be dependent on an opioid drug
- Must have been dependent on for at least one year before admission to the OTP
- Must meet the criteria for the Opioid Treatment Services (OTS) level of care, according to all six dimensions of the American Society of Addiction Medicine (ASAM) Patient Placement Criteria

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Opioid Treatment Program (OTP)

Individuals under the age of 18 seeking OTP services must meet the following medical necessity criteria:

- Must be addicted to an opioid drug
- Must have two documented unsuccessful attempts at short-term withdrawal management or drug-free addiction treatment within a 12-month period preceding admission
- Must meet the criteria for the Opioid Treatment Services (OTS) level of care, according to all six dimensions of the ASAM Patient Placement Criteria

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Opioid Treatment Program (OTP)

The following individuals are exempt from the one-year addiction requirement:

- Members released from a penal institution If the individual seeks OTP services within six months of release
- Pregnant women
- Previously treated individuals If the individual seeks OTP services within two years after treatment discharge



Contracting with Optum



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Providers in our Behavioral Health Network

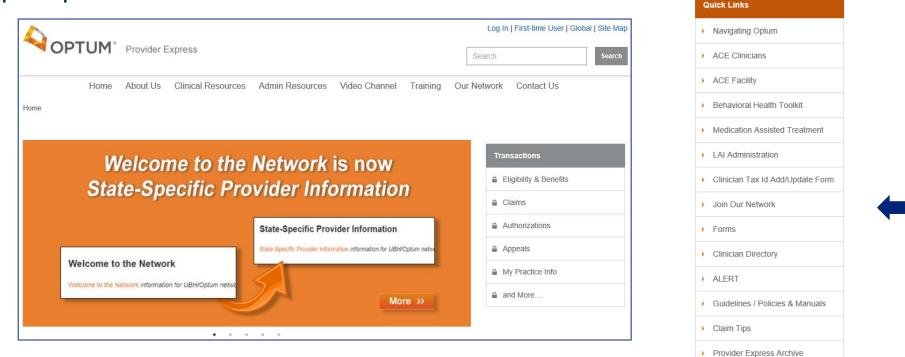
Network providers include:

- Psychiatrists
- Addictionologists
- Psychologists
- Master Level Clinicians
- Advanced Practice Registered Nurses (APRN)
- Community Mental Health Centers
- Rural Health Clinics
- •Federally Qualified Health Centers
- Substance Use Disorder Agencies
- Inpatient Facilities

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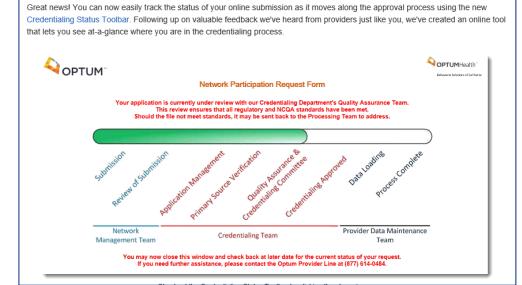
Applying to join the Optum Network

Providers begin the application process at providerexpress.com by selecting "Join Our Network" on the right-hand side of the page under "Quick Links" and following the prompts



Improve the Speed of Processing - Tips for Applying to the Network

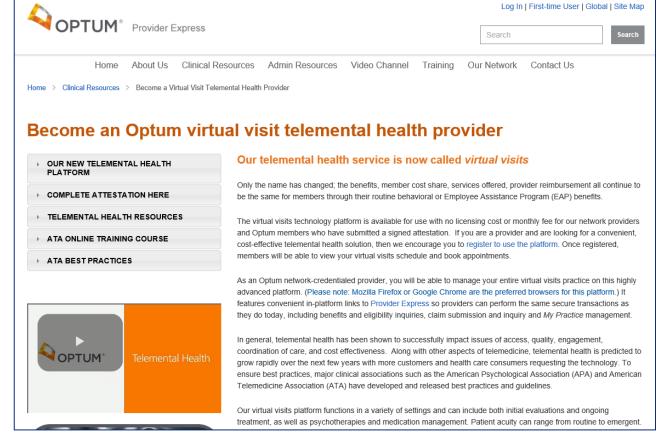
- Ensure your CAQH is accurate and up-to-date. You will need to enter your CAQH ID # on the credentialing application. If you need to update your CAQH profile, please contact <u>www.CAQH.org</u>.
- Missing documents from Optum are sent out via DocuSign. Sign and return as quickly as possible.
- Check the status of your application with the Credentialing Status Toolbar, available at providerexpress.com
 Provider Credentialing Status Toolbar



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Virtual Visit Telemental Health

Expand your access and client base potential by leveraging the latest in telemental health technology. Sign up at providerexpress.com to become a virtual visit telemental health provider with Optum.



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Provider Responsibilities



Eligibility

- Call the number on the back of the Member's insurance card to see if Member is
 eligible for your services or verify on provider portal <u>www.providerexpress.com</u>
- Check benefit coverage relating to both the service and the diagnosis on provider portal or by calling the number on the Member's insurance card.
- Make sure all services receive prior approval before beginning services
- When calling the Optum Care Advocate you must have:
 - Member's Name
 - ID#

- Date Of Birth
- Address

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Prior Authorization Requirements

No Authorization Required

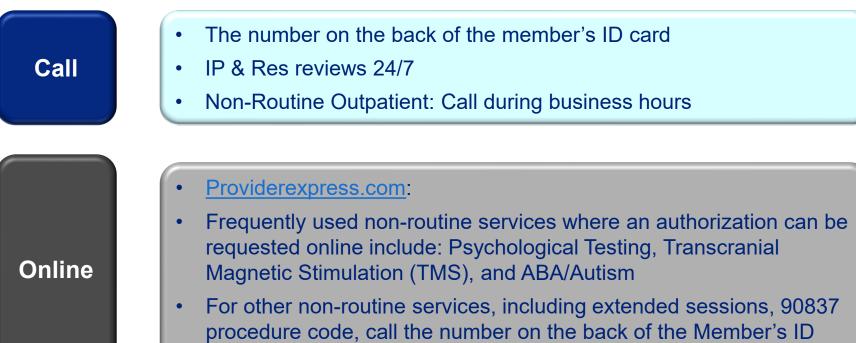
 Members shall be able to access most routine behavioral health outpatient services (mental health and substance use) without an authorization.

Authorization Required

- Request online or by Phone
 - Inpatient Mental Health and Substance Use Services (includes detoxification and residential treatment)
 - Partial Hospitalization
 - Intensive Outpatient
 - Frequently used non-routine services requiring an authorization: Psychological Testing, Transcranial Magnetic Stimulation (TMS), and ABA/Autism

Prior Authorization

How to Request a Prior Authorization



card to request authorization

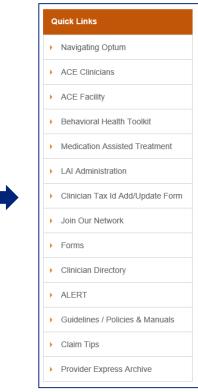
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Reporting Provider Changes/Updates

Providers must give notice at least 10 days in advance of any provider changes such as:

- Provider Terms
- Provider Adds/Updates
- Tax ID Changes
- Change of address

Updates should be made online at providerexpress.com under "Quick Links"





Coding, Billing and Reimbursement



Claims Submission

Electronic Claims Payer ID: 87726

Additional information regarding EDI is available on: providerexpress.com > About Us > Navigating Optum > Billing and Claims > <u>Electronic Data Interchange (EDI)</u>

ERA Payer ID: 04567

Claims/Customer Service # :

- Call the number on the back of the member's insurance card. If you do not have a copy of the member's ID card, the main Optum customer service numbers are listed below:
 - Health Plan Groups -- 1-800-557-5745
 - Employer Groups -- 1-800-333-8724

Required Claim Forms (if not submitting electronically)

• Form 1500 (CMS-1500 form)

Paper Claims:

When submitting behavioral claims by paper, please mail claims to the address on the back of the member's insurance card.

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Electronic Payment & Statements (EPS)

- With EPS, you receive electronic funds transfer (EFT) for claim payments and your Explanations of Benefits (EOBs) are delivered online:
 - Lessens administrative costs and simplifies bookkeeping
 - Reduces reimbursement turnaround time
 - Funds are available as soon as they are posted to your account
- To receive direct deposit and electronic statements through EPS you need to enroll at <u>myservices.optumhealthpaymentservices.com</u>.
- You'll need:

- Bank account information for direct deposit
- Either a voided check or a bank letter to verify bank account information
- A copy of your practice's W-9 form

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Claims Tips

- To ensure "clean claims" remember:
 - An NPI number is required on <u>all</u> claims
 - A complete diagnosis is also required on <u>all</u> claims
- Claims filing deadline
 - Providers should refer to their contract with United/Optum to identify the timely filing deadline that applies
- Claims processing
 - Clean claims, including adjustments, will be adjudicated within 14 days of receipt
- Balance billing

• The Member cannot be balance billed for behavioral services covered under the contractual agreement

Claims Tips (continued)

- Member Eligibility
- Provider is responsible to verify Member eligibility through DHS website
- Coding Issues
 - Coding issues including incomplete or missing diagnosis Invalid or missing HCPC/CPT examples:
 - Submitting claims with codes that are not covered services
 - Required data elements missing, (e.g., number of units)
- Provider information missing/incorrect
- Example: provider information has not been completely entered on the claim form or place of service
- Prior Authorization Required
 - Prior Authorization is required for all services or when additional units are being requested

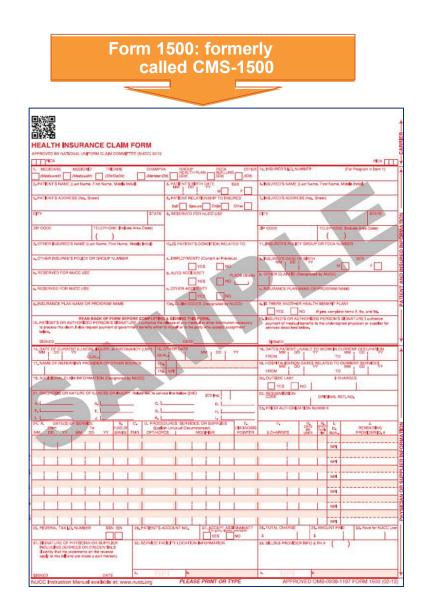
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1500 Claim Form

All billable services must be coded. Coding is dependent on several factors:

- Type of service (assessment, treatment, etc.)
- Use appropriate modifier for specific provider type
- Rate per unit
- Place of service (home or clinic)
- Duration of therapy (1 hr. vs. 15 min)
- One DOS per line



1500 Claim Form (continued)

The HCFA 1500 Form has 4 sections where provider information is stored, they have been highlighted for easy reference. The CRE Edit will review each section when a provider name and NPI number is populated.

- 17b Referring, Prescribing physician and NPI number
- 24J Rendering physician and NPI number
- 32A Service location and NPI number
- 33A Billing provider and NPI number

4. DATE OF CURRENT ILLNESS, INJ MM DD YY QUAL		OTHER DATE MM DD	YY 16. DATES FROM		WORK IN CURRE MM TO	NT OCCUPATION	
7 NAME OF REFERRING PROVIDER		a. NPI	18. HOSPI FROM	TALIZATION DATES R MM DD D	ELATED TO CURRE MM TO	DD YY	
9, ADDITIONAL CLAIM INFORMATIO		ES NO	\$ CHARGES				
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E. L Fi			23. PRIOF	23. PRIOR AUTHORIZATION NUMBER			
I J.] 4. A. DATE(S) OF SERVICE From To VIM DD YY MM DD		L. L. CEDURES, SERVICES, OR SUPPLIES xplain Unusual Circumstances) CPCS I MODIFIER	DIAGNOSIS	F. G. DAYS OR ARGES UNITS	H. I. EPSOT ID Family Plan QUAL.	J RENDERING PROVIDER ID #	
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5. FEDERAL TAX I.D. NUMBER	SSN EIN 26. PATIENT'S	SACCOUNT NO. 27. ACCEPT AS (For govt, claims YES	SIGNMENT? 28. TOTA see back) NO \$	L CHARGE 29.	AMOUNT PAID	30. BALANCE DUE	
I. SIGNATURE OF PHYSICIAN OR S INCLUDING DEGREES OR CREDE (I certify that the statements on the r apply to this bill and are made a par	ENTIALS	FACILITY LOCATION INFORMATION	33 <mark>BILU</mark>	NG PROVIDER INFO &	. ₽н#) ()		
IGNED [DATE	b	a.	b			



Appeals and Complaints



Appeals

- Must be requested as soon as possible and no later than 60 days after the adverse determination.
- Determination is made within 30 calendar days of request. Notification sent to provider and member.
- Appeals can be requested:
 - Via telephone at 1-866-556-8166
 - Via fax at 1-855-312-1470
 - Via mail at United Behavioral Health
 - Appeals & Grievances P.O. Box 30512 Salt Lake City, Utah 84130-0512

Appeal requests can be made orally or in writing; however, an oral request to appeal shall be followed up by a written, signed appeal.

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Complaints

- We strive for the best customer service, but if you have a complaint please contact us within 120 days and we will respond within 30 days:
- Call the number on the back of the member's insurance card and a Customer Service representative will assist with the complaint process
- Or send a written grievance to:

United Behavioral HealthAppeals & GrievancesP.O. Box 30512Salt Lake City, Utah 84130-0512

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Resources



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Provider Assistance

providerexpress.com	Provider Express is your primary resource for claim submittal, practice updates, information about new initiatives and programs, finding guidelines, Manual(s), newsletters, etc. Available 24 hours a day / 7 days a week
Provider Relations	1-877-614-0484
Line Contracting Assistance (for new providers who wish to join the network)	Calls are answered between 7 a.m. and 7 p.m. CST 1-877-614-0484
Provider Assistance (for existing providers)	<mark>1-877-614-0484</mark>

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Optum Provider Website

- <u>www.providerexpress.com</u>
- Secure Transactions Include:
 - Check eligibility and authorization or notification of benefits requirements
 - Submit professional claims and view claim status
 - Make claim adjustment requests
 - Register for Electronic Payments and Statements (EPS)
 - You may also obtain additional information through the help desk at 1-866-209-9320

To support physicians and encourage deeper collaborative care, we've developed a Behavioral Health Toolkit for medical practitioners

	Screening for Behavioral Healthcare Issues: What tools should I use?	Behavioral Health Resources
		Substance Use Disorder Helpli
	Each medical practice is unique in terms of who you serve and how your office operates. Therefore, we have catalogued a number of assessment tools to help you identify tools that best fit your practice	1-855-780-5955
the sales	and your patients.	A 24/7 helpline for providers and patients
> Substance Use - Adult		to.
	Screening tools	· Identify local MAT and behavioral
 Substance Use - Youth 	To the left you will find screening tools that are organized first	health treatment providers and provide targeted referrals for
Mental Health - Adult	by clinical category and age.	evidence-based care • Educate members/families about
Mental Health - Youth	Resources	substance use • Assist in Ending community
		support services
Older Adults	To the right you will find resources including behavioral health care guidelines, identifying in-network referrals and health information for	 Assign a care advocate to provide ongoing support for up to 6 months, when appropriate
Assessments	patients.	
Guidelines	CDC:Chronic Pain and Opioids	Medication assisted Treatment Opidoid Use Disorder Quick
> Other resources		Reference Guide for Clinicians
	Interactive Training Resources here	Quality of Care Initiatives
Early Childhood		 Second Generation Antipsychotics meds: Screening and Coordination of Care
Assessments		Coordination of Care
Guidelines		· Communication is key when
Other Resources		coordinating care with behavioral health providers
Comorbid with Chronic Pain		Additional Assessment Information
		 SBIRT (Screening, Brief Intervention, Referral to Treatment)
Assessments		 SAMSHA Treatment Improvement Protocol
Guidelines		(TIP) • Tip 24: A Guide to
> Other Resources		SA Services for
, Other Resources		Primary Care Clinicianis
		 Suicide SAFE-T (Suicide
		Assessment Five-Step Evaluation and Triage)
		Trauma
		 PC-PTSD-5 (Information & Tools for Primary Care
		from National Center for PTSD)
		Referrrals for Behavioral Health
		· Provider Search Online - Live and
		Work Well Directory • How to find a Medication-
		Assisted Treatment
		Provider • How to find an Express
		 How to the an Express Access or virtual visits Provider
		Health Information for your patients
		Live and Work Well Clinician web page (use access code "Clinician")
		Optum Guidelines
		Optum Guidelines • Behavioral Clinical Policies • Best Practice Guidelines • Coverage Determination Guidelines

- We designed the <u>Behavioral Health Toolkit</u> for physicians and other medical professionals with useful tools and best-practice guidance around the management of behavioral health conditions commonly seen in the Primary Care setting.
- Substance Use and Mental Health screening tools are located on left side of page under twirl-down buttons separated by age
- Older Adult, Early Childhood, and Comorbid with Chronic
 Pain resources are also located on the left side of the page under twirl-down buttons and we have a link to our new Intellectual and Developmental Disabilities (I/DD) Toolkit
- Additional resources are located on the right and cover a range of topics that help inform and direct behavioral health care and referrals

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Indiana Hoosier Care Connect ABA Program

- Optum has been selected by UnitedHealthcare Community Plan of Indiana Hoosier Care Connect to develop and manage the ABA network for Indiana members, effective 4/1/2021. Your participation in our network helps to ensure access to comprehensive quality care for covered behavioral health services for enrolled members.
- More Information can be found on <u>providerespress.com</u>: State Medicaid ABA Programs
- Contact Us/Request to Join the Network
- Specialty Network Manager

Intellectual and Developmental Disabilities Toolkit

New in 2019: I/DD health care resources for health care professionals

Health Care for Individuals with Intellectual and Developmental **Disabilities**



Developmental Disabilities Health Care E-Toolkit Resources²

The links below highlight just a few of the helpful resources available from the Vanderbilt Kennedy Center e-toolkit for Primary Care Providers: Health Care for Adults with Intellectual and Developmental Disorders

Physical Health

- · Communicating Effectively, Informed Consent in Adults and Preparing for Office Visits
- Patient Profile and Preventive Care Checklists for Adults
- · Health Watch Tables by Specific Syndromes

Behavioral and Mental Health

- Initial Management of Behavioral Crises
- Crisis Prevention and Management Planning
- Psychotropic Medication Issues & Checklists

Identifying the Health Needs of Individuals with I/DD

This site contains a variety of resources to assist health providers. To the left you will find different practice tools. In the middle key terms and resources related to supporting individuals with intellectual and/or developmental disabilities in your practice. On right we have included training and guidelines. Individuals with I/DD receive care from multiple providers and facilities. Coordination of care amongst providers is vital to support maximum well-being.

Intellectual disability is characterized by significant limitations both in intellectual functioning (reasoning, learning, problem solving) and in adaptive behavior, which covers a range of everyday social and practice skills. This disability originates before the age of 18.1

Developmental disabilities are severe, chronic disabilities attributable to mental and/or physical impairments, which manifests before age 22 and are likely to continue indefinitely. They result in substantial limitations in > 3 areas

- self-care mobility receptive and self-direction expressive language capacity for
- learning
 - independent living economic self-sufficiency

Additionally, these disabilities reflect the need for individually planned and coordinated

services and supports that are of lifelong or extended duration. (From 45 CFR 1385.3

I/DD training offering CE credits OptumHealth Education:

. Effective Communication, Healthcare & Aging Autism Spectrum Disorder

American Academy of Developmental Medicine and Dentistry Developmental Disabilities Physician

Education

Additional Training for Health Care Providers Archived Webinars (The Arc) Case Based Health Curriculum (LEND and

UCEDD resource)

Library (National Association of State Directors of Developmental Disabilities Services - NASDDDS) (AUCD) People with IDD- Webinar Recording

sponsored by American Association on Intellectual Disabilities (AAID) and NADD

Addtional Resources

The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) provides clinical criteria for I/DD conditions. This book is available for purchase in print or online

Resources

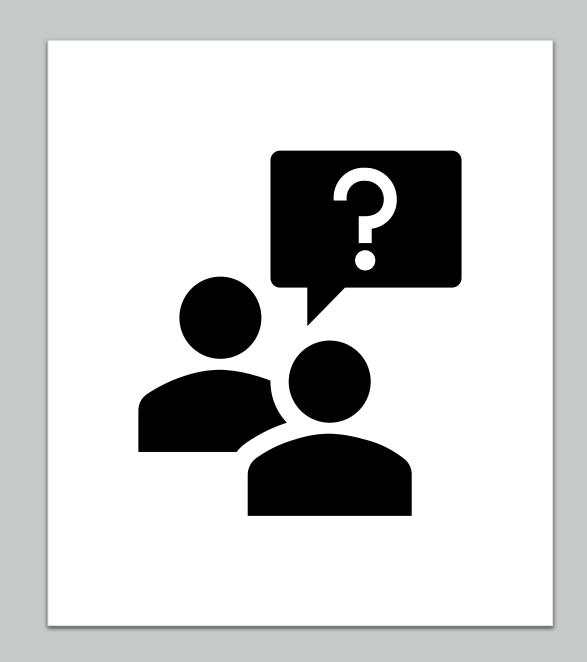
- Practice tools •
- Checklists
- Training
- **Trauma Informed Care**
- Guidelines

Provider Express Link

I/DD Toolkit

definitions)





Your Feedback and Questions

Thank you.

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