



Quick Reference Guide

Idaho IMPlus & MMCP Medicaid Coverage Changes Required by the Department of Health and Welfare

What's happening



On April 3, 2026, the Idaho Department of Health and Welfare notified Optum Behavioral Health and other Medicaid managed health care organizations that the state is reinstating coverage of two behavioral health services:

- Mental Health Peer Support for adults aged 21+
- Assertive Community Treatment (ACT) as a unique bundled service

Optum Behavioral Health* administers behavioral health benefits for Idaho IMPlus and MMCP Medicaid members enrolled in the UnitedHealthcare Community Plan of Idaho.



No Action Required

Your existing Participation Agreement (contract) with Optum Behavioral Health covers all applicable terms and reimbursement rates for these services. No updates are needed.

Peer Support Services Program Details

Overview

Peer Support Services are designed to provide recovery-oriented, peer-to-peer assistance for individuals with mental health or substance use disorder (SUD) challenges. Services can be delivered individually or in groups, with specific facilitator-to-participation ratios for providers and family groups to ensure effective support.

Peer Support Specialists must be certified through Idaho's certifying bodies, such as BPA Health for Family Support Partners and the Idaho Board of Alcohol/Drug Counselor Certification for Peer Recovery Coaches.

Services reinstated and covered as of April 3, 2026

Code	Modifier 1	Modifier 2	Description	Reimbursement Rate
H0038	HM		Adult Peer Support	\$ 14.15
H0038	HM	HQ	Adult Peer Support	\$ 7.08
H0038	HC		Adult Peer Support	\$ 14.15
H0038	HC	HQ	Adult Peer Support	\$ 7.08

Assertive Community Treatment Program Details

Overview

Assertive Community Treatment (ACT) are rehabilitative services for eligible members diagnosed with serious and persistent mental illness. They are designed to restore, maintain and improve functional capacity, reduce reliance on institutional care and support individuals in living successfully in integrated community settings. The services are multi-disciplinary, intensive, comprehensive and individualized.

Services reinstated and covered as of a provider's fidelity effective date

Code	Description	Reimbursement Rate
H0040	Assertive Community Treatment Services, Per Diem	\$81.50

Your ACT fidelity effective date must be in place before services begin

The Idaho Department of Health and Welfare has established a fidelity model that all ACT service providers must adhere to. This includes required staffing ratios and team composition. The fidelity model is intended to ensure ACT program integrity and effectiveness.

Prior authorization is required

Prior authorization requests must be submitted for dates of service beginning on or after the provider's ACT fidelity effective date.

To request authorization, complete and submit the Idaho Medicaid ACT Authorization form.

- Navigate to [Providerexpress.com](https://www.providerexpress.com)
- Go to Our Network > State-Specific Provider Information > ID
- Look for Idaho Medicaid Plus (IMPlus) > Authorization Information
- Click [IMPlus Assertive Community Treatment Request Form](#)

Need Support?



We understand that these reimbursement changes may affect your operations. Optum Behavioral Health is committed to supporting you during this transition. If you have any questions or need further clarification, please contact our Provider Services team at idaho_bh_pr@optum.com.

Thank You!



We appreciate your continued partnership and your dedication to serving Idaho Medicaid members.