UnitedHealthcare Community Plan

Billing for Family Therapy Codes

Family psychotherapy is covered for UnitedHealthcare Community Plan members when there is a need to observe the member's interaction with family or assess the family's ability to assist with the member's care.

Please use the following CPT codes for family counseling when the primary purpose of the visit is the treatment of the member's condition, or for a brief update from the family regarding the member's behavior:

- 90846: Family psychotherapy without the patient present
- 90847: Family psychotherapy with the patient present

To avoid claims denial, please follow these guidelines when billing for family therapy visits:

- Only one UnitedHealthcare Community Plan member should be billed for a family therapy session.
- If both individual and family therapy codes are billed on the same date of service, the documentation should support two separate and distinct counseling sessions.

If you have questions, please call UnitedHealthcare Community Plan Behavioral Health at 877-972-8844. Thank you.