#### **Provider Orientation:**





# Neighborhood Health Plan of Rhode Island

Go Live: January 1, 2019

Thank you so much for joining today!

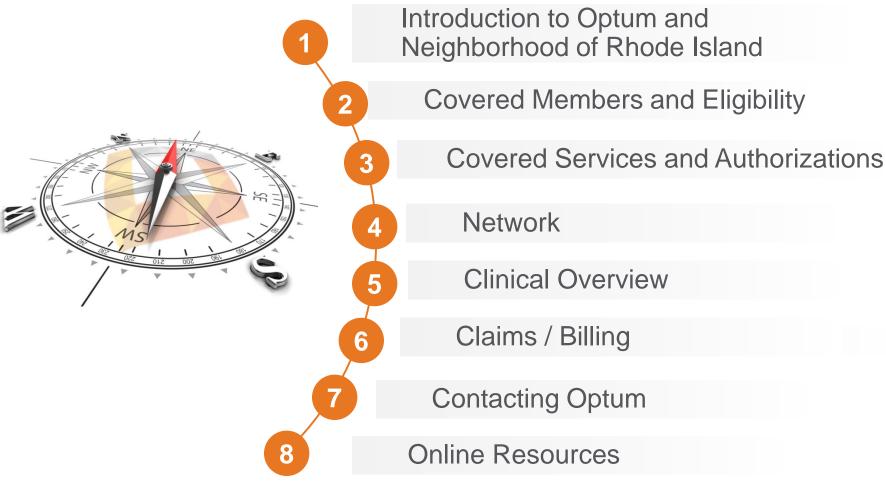
We will be getting started momentarily.





#### Welcome to Optum

#### **Webinar Topics**





#### About Neighborhood

- Founded with the support of Rhode Island's Community Health Centers and began serving members in 1994
- More than 200,000 members (one in five Rhode Islanders)
- Over 500 diverse employees including nurses, social workers, customer service
- First community health center based health plan in the country to be rated "Excellent" by the National Committee for Quality Assurance for 18 consecutive years



#### Who is Optum?

Optum is a leading health services organization dedicated to making the system work better for everyone



Our core values:

Integrity | Compassion | Relationships | Innovation | Performance



#### UnitedHealth Group structure

#### **UNITEDHEALTH GROUP®**



# Making the health system work better for everyone

#### Information and technologyenabled health services:

- Technology solutions
- Pharmacy solutions
- Intelligence and decision support tools
- Health management and interventions
- Administrative and financial services



# UnitedHealthcare®

# Helping people live healthier lives

# Health care coverage and benefits:

- Employer & Individual
- Medicare & Retirement
- Community & State
- Global



# Covered Members and Eligibility



#### **Covered Members**

- Neighborhood Health Plan of Rhode Island was contracted with Optum to manage the behavioral Health and Substance Abuse benefits for the following membership groups:
- Commercial
- Medicare/Medicaid (Integrity)
- Medicaid for adults and children



#### Member Identification Card - Integrity (front)



Member Name: Cardholder Name

Member ID: Cardholder ID#

**Health Plan (80840):** 7104829339

Effective Date: Coverage Start Date

**PCP Name:** PCP Name **PCP Phone:** PCP Phone

MEMBER CANNOT BE CHARGED

Copays: PCP/Specialist: \$0 ER: \$0 Rx: \$0

H9576 001



**RxBIN:** 004336

**RxPCN: MEDDADV** 

RxGRP: RX2322





#### Member Identification Card - Integrity (back)



In an emergency, call 911 and ask for help or go directly to the nearest hospital emergency room.

**Member Services:** 1-844-812-6896 (TTY 711)

**24-Hour Nurse Advice:** 1-844-617-0563

**Behavioral Health:** 1-401-443-5995 (TTY 711)

**Pharmacy Help Desk:** 1-866-693-4620

Website: www.nhpri.org/INTEGRITY

Send Claims To: Neighborhood Health Plan of Rhode Island

P.O. Box 28259

Providence, RI 02908

**Provider Inquiry:** 1-800-963-1001



#### Member Identification Card - Medicaid (front)

Member ID #: 107765511

Plan: MED

Member: JOHN Q SAMPLE

PCP Name: KELVIN D GILLMAN

PCP Site: Childrens Healthcare PCP Phone #: (401) 383-6776 Neighborhood Health Plan

Copays:

Office Visit: \$0 Pharmacy/RX: \$0

ED. co

ER: \$0



www.nhpri.org



#### Member Identification Card - Medicaid (back)

# Members: Bring this ID card whenever you go to the doctor or the pharmacy.

- Member Services: 1-401-459-6020 1-800-459-6019 (TTY/TDD: 711)
- 24-Hour Nurse Advice Line: 1-844-617-0563
- Mental Health and Substance Use: 1-401-443-5997
- In an emergency, call 911 and ask for help or go directly to the nearest hospital emergency room.
- Providers: To verify eligibility/benefits go to: connect.navinet.net
- Durable Medical Equipment: 1-866-205-2122
- Rx BIN/Rx PCN/Rx Group: 004336/ADV/RX6437
- Pharmacy Help Desk: 1-800-364-6331



#### Member Identification Card - Commercial (front)



Member ID#: 13503758600

Plan: 20003-01

Member: JOHN Q SAMPLE

PCP: LISA M MENARD-MANLOVE

**PCP Site:** Wood River HC **PCP Phone#:** (401) 539-2461

Rx BIN / PCN / Group: 004336 / ADV / RX2323

STANDARD (

\*PCP/\*Specialist: 20%/20% \*Pharmacy: \$15/\$40/\$75/20% \*Urgent Care/\*ER: 20%/20%

\*Deductibles apply: \$5,600/\$11,200

Commercial • www.nhpri.org



#### Member Identification Card - Commercial (back)

Bring this ID card whenever you go to the doctor or the pharmacy.

Member Services: 1-855-321-9244 (TTY/TDD: 711)

24-Hour Nurse Advice Line: 1-844-617-0563

Mental Health and Substance Use: 1-833-470-0578

In an emergency, call 911 and ask for help or go directly to the nearest hospital emergency room.

- Providers: To verify eligibility/benefits go to: connect.navinet.net
- Durable Medical Equipment: 1-866-205-2122
- Pharmacy Help Desk: 1-800-364-6331

This card is for identification only and does not certify coverage



#### Eligibility Verification

#### Member eligibility can be confirmed in 2 ways:

#### 1. Calling into 800 #

Product	NHP of RI	
INTEGRITY	1-401-443-5995	
Medicaid	1-401-443-5997	
Commercial	1-833-470-0578	

#### 2. Utilizing Provider Express



### Eligibility & Benefits – Provider Express...Where to Start

Eligibility & Benefits allow users to search for a Member's eligibility by using My Patients list, Member ID Search or the Name/DOB Search.

The My Patients list is also built using this transaction.

Home Eligibility & Benefits Auth Request Auth Inquiry Claim Entry Claim Inquiry EPS ALERT Provider Reports My Provider Express My Practice Info Message Center Contact Us

Eligibility & Benefits



#### Eligibility & Benefits – Three Search Options

#### Eligibility & Benefits

#### **Step 1: Member Search**

- Member ID Search
- Name/DOB Search
- My Patients Search

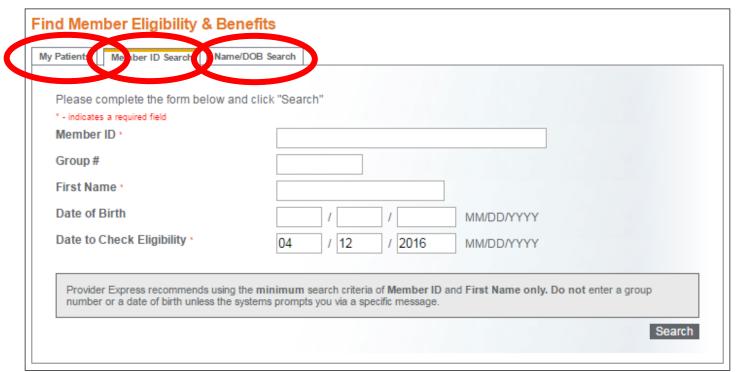


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#### Eligibility & Benefits – Member Search

#### Provider Express offers three methods for searching eligibility:

- 1. Member ID
- 2. Name/DOB
- 3. My Patients (a list you build yourself)





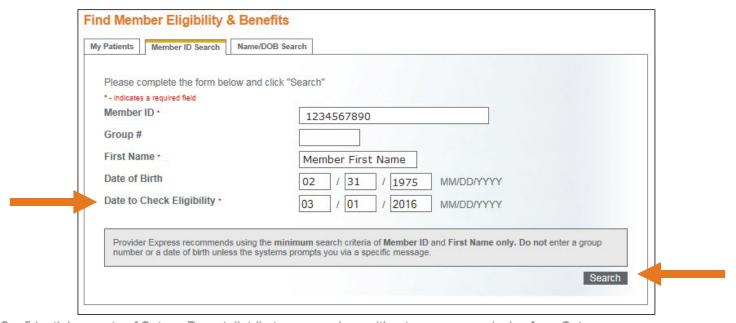
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#### Eligibility & Benefits – Member ID Search

Using the Member ID Search tab, the user must provide required information indicated with an asterisk.

The Date to Check Eligibility will default to the current date, but this may be altered up to a year in the past.

When all the required information is provided, click the **Search** button to begin the Member search.

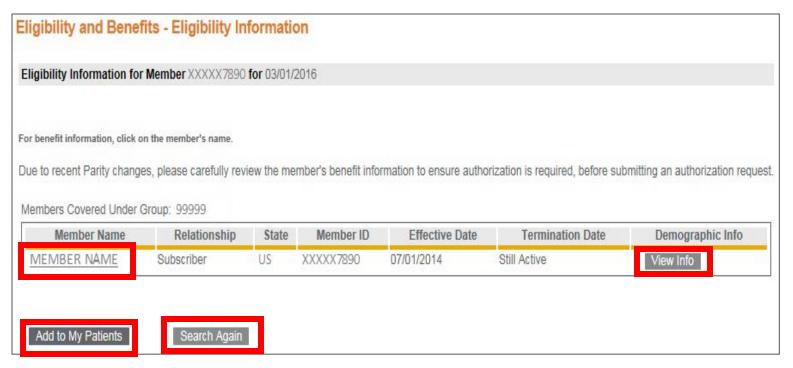




#### Eligibility & Benefits - Eligibility Information

# Regardless of the search method, if a matching Member record is found, the eligibility information will display:

 Here you will find the group number, relationship, the most recent effective date of coverage, and the termination date (if applicable)

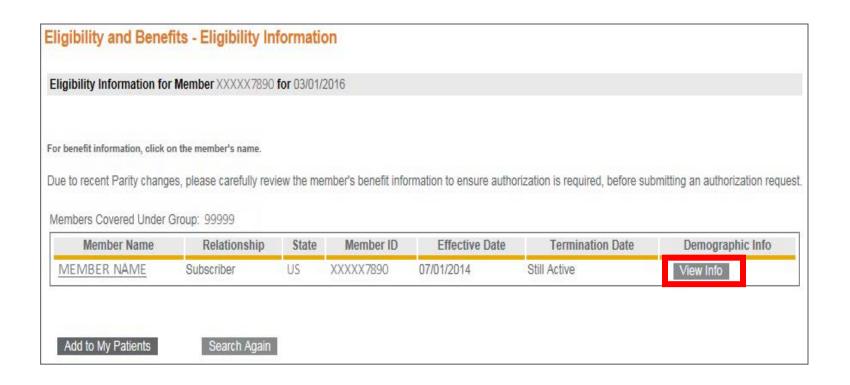




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#### Eligibility & Benefits – Viewing Demographic Information

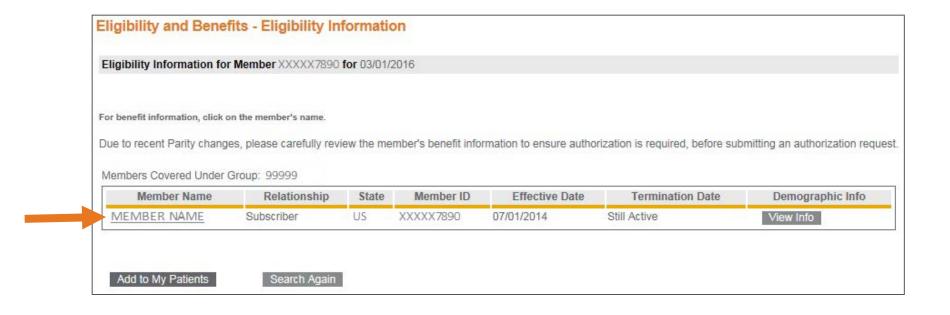
Clicking on the *View Info* button will bring up a display of demographic information that is available for that Member.





#### Eligibility & Benefits – Benefits Information

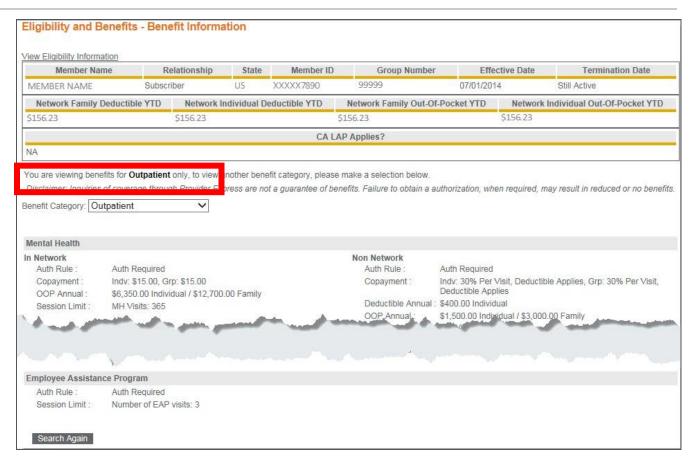
From the Eligibility Information page, you can click on the Member's name (which is an underlined link) to get to the benefits page.





#### Eligibility & Benefits – Benefits Information (continued)

The benefit information page displays eligibility information, along with year-to-date accumulators for both deductible and out-of-pocket (if applicable) and benefit details.



The Benefit Category drop-down list supports look up of other benefits such as deductibles, copays, etc.



# Covered Services and Authorizations



#### Understanding covered benefits



Coverage Determination Guidelines standardize the interpretation and application of terms of the Member's Benefit Plan including terms of coverage, exclusions and limitations



Coverage Determination Guidelines can be found on *Provider Express* 



Optum Members have a variety of benefits available to them



Check a Member's benefits and eligibility on Provider Express through secure Transactions



#### Covered Services - Higher Levels

## Commercial

- Inpatient Mental Health and Substance Use inclusive of:
  - Residential Services Mental Health and Substance Use( does not include MHPRR)
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use

## Integrity

- Inpatient Mental Health and Substance Use inclusive of:
  - Residential Services Mental Health and Substance Use (does not include MHPRR)
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use

- Inpatient Mental Health and Substance Use inclusive of:
  - Residential Services Mental Health and Substance Use (does not include MHPRR)
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use



#### Covered Services - Outpatient Levels

## Commercial

- Intensive Outpatient Services
- Autism Services
- Standard therapeutic services
- Crisis Stabilization
- Electroconvulsive therapy
- Psychological testing
- Transcranial magnetic stimulation
- Medication Assisted Therapy
- Community Based Detox
- Enhanced Outpatient Services
- Day/Evening Treatment

## Integrity

- Intensive Outpatient Services
- Standard therapeutic services
- Crisis Stabilization
- Electroconvulsive therapy
- Psychological testing
- Transcranial magnetic stimulation
- Medication Assisted Therapy
- Enhanced Outpatient Services
- Integrated Health Homes
- Peer Supports
- Assertive Community Treatment
- OTP Health Homes
- Clubhouse
- Community Based Detox
- Mental Health Psychiatric Rehabilitative Residence MHPRR\*
- Sober Living
- Day/Evening treatment

- Intensive Outpatient Services
- Standard therapeutic services
- Crisis Stabilization
- Electroconvulsive therapy
- Psychological testing
- Transcranial magnetic stimulation
- Medication Assisted Therapy
- Enhanced Outpatient Services
- Integrated Health Homes
- Peer Supports
- Assertive Community Treatment
- Home based Therapeutic Services
- OTP Health Homes
- Personal Assistance Services and Supports (PASS)
- Clubhouse
- Respite
- Community Based Detox
- Mental Health Psychiatric Rehabilitative Residence MHPRR\*
- Sober Living/Halfway House



# Authorization/Notification Requirements - Higher Levels of Care

### Commercial

- Inpatient Mental Health and Substance Use inclusive of :
  - Residential Services Mental Health and Substance Use
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use

# Integrity

- Inpatient Mental Health and Substance Use inclusive of:
  - Residential Services Mental Health and Substance Use
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use

- Inpatient Mental Health and Substance Use inclusive of:
  - Residential Services Mental Health and Substance Use
  - Inpatient Substance Use Detox
  - Electroconvulsive therapy
- Partial Hospitalization Mental Health and Substance Use



### Authorization Requirements - Outpatient Levels

## Commercial

- Intensive Outpatient Services
- Autism Services
- Crisis Stabilization Unit/Observation
- Electroconvulsive therapy
- Psychological testing
- Transcranial magnetic stimulation

# Integrity

- Assertive Community Treatment\*
- OTP Health Homes\*
- Mental Health Psychiatric Rehabilitative Residence MHPRR\*
- Integrated Health Homes\*

- Intensive Outpatient Services
- Crisis Stabilization Unit/Observation
- Electroconvulsive therapy
- Psychological testing
- Transcranial magnetic stimulation
- Integrated Health Homes\*
- Assertive Community Treatment\*
- OTP Health Homes\*
- Mental Health Psychiatric Rehabilitative Residence MHPRR\*
- Community Based Detox
- Day/Evening Treatment



<sup>\*</sup>Authorization must be obtained from Department of Behavioral Healthcare and Developmental Disabilities and Hospitals

#### Important authorization information

Routine outpatient services do <u>not</u> require prior authorization. The following frequently-used procedure codes are considered routine services:

90791	90832	90834	90846	90847
90849	90853	99241	99242	99243

Non-routine services <u>do</u> require an authorization for Commercial and Medicaid



Use providerexpress.com to request authorization for the following:

- Psychological Testing
   Transcranial Magnetic Stimulation (TMS)
  - Applied Behavior Analysis

Login to *Provider Express*: Auth Request >> click appropriate link OR without logging in: Clinical Resources >> Forms >> Clinical Forms



Please call the number on the back of the Member's ID card to authorize all other non-routine services



#### Check authorization status online



Once you have obtained authorization for clinical services, you have the capability in the secure Transactions on *Provider Express* to:

- Look up authorizations, even if the authorization was not generated through Provider Express
- View authorization details



#### Transition of Care Benefits

Neighborhood Health Plan of Rhode Island is working with Beacon to obtain a file of authorized services:

- Inpatient Services extending beyond January 1, 2019 will have an authorization entered into Optum's clinical system to support clinical reviews and claims payment for dates of service greater than January 1, 2019
- Outpatient services that require authorization will be entered into Optum's clinical system to support clinical reviews and claims payments



# Network



#### Types of Providers in the Behavioral Health Network

#### **Licensed Mental Health Professionals**

- Psychiatrist
- Advanced Psychiatric Nurse Practitioner
- Doctor of Osteopathic Medicine
- Licensed Behavior Analyst (Commercial ABA Network)
- Medical Doctor
- Physician Assistant
- Licensed Psychologist
- Licensed Independent Clinical Social Worker
- Licensed Clinical Mental Health Counselor
- Licensed Addiction Counselor
- Licensed Marriage and Family Therapist
- Licensed Chemical Dependency Professional
- Licensed Chemical Dependency Clinical Supervisor

#### Other Types of Providers

- Peer Support Specialist (Medicaid)
- Case Manager (Medicaid)



#### Types of Organizations in the Behavioral Health Network

- Federally Qualified Health Centers (FQHCs)
- Agencies and CMHC (Community Mental Health Centers)
- Groups
- Free Standing Psychiatric Facilities



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#### Provider Responsibilities

- Render services to Members in a non-discriminatory manner:
  - Maintain availability for a routine level of need for services
  - Offer routine non-urgent appointments within 10 days of the request for services
  - Provide after-hours coverage
  - Support Members in ways that are culturally and linguistically appropriate
- Determine if Members have benefits through other insurance coverage
- Advocate for Members as needed
- Notify us at <u>providerexpress.com</u> within ten (10) calendar days whenever you
  make changes to your office location, billing address, phone number, Tax ID
  number, entity name, or active status (e.g., close your business or retire); this
  includes roster management



#### Join Our Network – Clinicians

- The participation process begins with submission of the provider application:
  - Clinicians contracting on an individual basis complete the CAQH universal application online at <u>caqh.org</u>
  - Providers complete Network Request form
  - Agencies pursuing group contracts complete the Optum Agency application
- Additional required application materials include:
  - Signed Optum Provider Agreement
  - State required credentialing documents (attestation forms, licensures)
- Approval by Optum Credentialing Committee Credentialing requirements can be found at <u>providerexpress.com</u> under "Join Our Network"
- Orientation to Optum clinical and administrative protocols via webinars or review of provider resources posted on <u>providerexpress.com</u>



#### Join Our Network, (continued)

#### FQHCs, Agencies and Groups:

- For FQHC agencies that employ licensed professional staff to render services under the umbrella of the agency, Optum will execute group contracts with the agency as the contracting entity
- Agencies must submit the Optum agency application, indicating the services being provided and the licensed clinical professionals on the staff roster
- The individual licensed clinicians on staff do not need to submit CAQH applications or be individually credentialed when they work for the agency under an Optum group contract



#### Recredentialing

- Recredentialing is completed every 36 months (3 years):
  - Time line is established by NCQA
- Several months prior to the recredentialing date, a recredentialing packet will be sent to the primary address on file for the provider
- Completion of the entire recredentialing packet is required for the recredentialing process to be completed
- Site audits will be completed for organizational providers as indicated by Optum policy
- Failure to complete the recredentialing paperwork or participate in the recredentialing site audit (when applicable) will impact the provider's status in the network



## Supervisory Protocol Addendum

The Supervisory Protocol addendum allows for non-credentialed clinicians to render services while under the supervision of an independently licensed clinician:

- Clinicians rendering psychotherapy services must have a minimum of a master's degree
- All services that are rendered must be within the scope of the clinician's training
- Supervision must:
  - Occur regularly on a one-to-one basis
  - Be documented
- Protocol is reflective of requirements outlined by the State for OTP HH, IHH and ACT oversight



## Attestation for Integrity

#### Welcome to the Optum Network!

#### Rhode Island Provider Resources

Optum Network Manual

Network Manual

Level of Care Guidelines

LOC Guidelines

Best Practice Guidelines

BP Guidelines

Algorithms for Effective Reporting and Treatment (ALERT)

- Intro to ALERT
- ALERT Resources

Coordination of Care (COC)

- COC Flyer
- COC Checklist

Additional information and forms are available, including psych/neuropsych testing guidelines, credentialing plans, and Disability Solutions Manual, on the Provider Express Guidelines/Policies & Manuals and Optum Forms pages.

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#### Rhode Island Medicaid-Specific Resources

General Information

#### Neighborhood Health Plan of Rhode Island

NHP of RI training information

We are providing links to support required training for providers serving Neighborhood Health Plan of Rhode Island (NHP of RI) INTEGRITY members.

Click here for to learn about training and attestation requirements and to access links to training provided by NHP of RI.

After completing the trainings, you will be asked to attest to having completed those and, at that time, will also be asked to attest to information related to these topics:

- · Standards of Conduct, Compliance Policies, and Compliance Information
- · Fraud, Waste and Abuse Training
- · Reporting Fraud, Waste, Abuse and Compliance Issues
- · OIG and GSA Exclusion Screening



#### Attestation for Integrity (continued)

#### Rhode Island Neighborhood Health Plan Provider Training

#### Medicare Training and Attestation Information

#### Attestation Requirements

In order to serve Neighborhood Health Plan of Rhode Island (NHP) Members, you and/or your organization must complete the following attestations:

- 1. Standards of Conduct, Compliance Policies, and Compliance Information
- 2. Fraud, Waste and Abuse Training
- Reporting Fraud, Waste, Abuse and Compliance Issues
- 4. OIG and GSA Exclusion Screening
- Completion of Neighborhood Health Plan of Rhode Island's INTEGRITY Medicare Medicaid Plan (MMP) Training

#### Training Links for NHP INTEGRITY MMP

NHP and Optum must ensure that First Tier, Downstream and Related Entities (FDRs) and Affiliates that we contract with are in compliance with applicable state and federal regulations and meet Neighborhood's requirements for training. The required trainings are as follows:

- 1. Introduction to INTEGRITY
- 2. Enrollee Rights and Protections
- Culture Competence, Disability Literacy and the ADA
- 4. Model of Care, Assessment and Care Planning
- 5. Putting Cultural and Disability Competence into Practice
- 6. Integration of Behavioral Health and Long Term Services and Supports

#### Action Steps to Complete All Requirements

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- Complete each of the 6 NHP INTEGRITY MMP trainings
- Complete all required attestations here (coming soon)

Rhode Island Neighborhood Health Plan Provider Training

#### Register Now

After completing registration, you will receive emailed instructions for joining the meeting

#### **November Webinars**

- Wednesday, November 14, 2018 8:30 a.m., EST
- Friday, November 16, 2018 11:00 a.m., EST
- Tuesday, November 27, 2018 8:30 a.m., EST
- Thursday, November 29, 2018 3:00 p.m., EST

#### **December Webinars**

- Monday, December 3, 2018 2:30
   p.m., EST
- Friday, December 7, 2018 11:00 a.m., EST
- Tuesday, December 11, 2018 8:30
   a.m., EST
- Wednesday, December 12, 2018 4:00 p.m., EST
- Monday, December 17, 2018 8:00
   a.m., EST
- Wednesday, December 19, 2018 -10:00 a.m., EST

#### **January Webinars**

- Tuesday, January 8, 2019 8:30 a.m.,
   EST
- Friday, January 11, 2019 11:00 a.m.,
   EST



#### Importance and Value of Cultural Competence

- Service settings and approaches should be culturally sensitive to engage individuals from diverse backgrounds to access services
- Promoting open discussions about mental health or substance abuse issues is an important step to reduce the stigma many individuals experience
- Emphasizing individualized goals and self-sufficiency encourages Members to live their lives to the fullest



## Cultural Competency

# As a health care provider, it is important for you to remember to be culturally sensitive to the diverse population you serve:

- All services should be conducted in accordance with Title VI of the Civil Rights
  Act of 1964 and should be provided in a manner that respects the Member's
  cultural heritage and appropriately utilizes natural supports in the Member's
  community
- Providers are required to deliver services in a culturally competent manner to all Members, including those with limited English proficiency and diverse cultural and ethnic backgrounds, and to provide for interpreters in accordance with 42 CFR §438.206
- All providers shall comply with any state or federal law which mandates that all persons, regardless of race, creed, color, religion, sex, age, income, sexual orientation, gender identity, national origin, political affiliation, or disability, shall have equal access to employment opportunities, and all other applicable federal and state laws, rules and regulations, including the Americans with Disabilities Act and Title VI



#### Cultural Competency, (continued)

- Some cultural preferences to remember include:
  - Ask what language the Member prefers to help eliminate communication barriers and, when necessary, use the interpretation services available to you
  - Understand the Member's religious and health care beliefs
  - Understand the role of the Member's family and their decision-making process
- Providers should collect Member demographic data, including, but not limited to ethnicity, race, gender, sexual orientation, religion, and social class:
  - Members must be given the opportunity to voluntarily provide this information, it cannot be required



#### Cultural Competency, (continued)

#### Some additional resources for information on Cultural Competency are:

- www.cms.hhs.gov/ocr Office of Civil Rights
- <u>www.LEP.gov</u> Promotes importance of language access to federal programs and federally assisted programs
- www.diversityrx.org Promotes language and cultural competency to improve the quality of health care for minorities
- www.ncihc.org Organization to promote culturally competent health care



# Clinical Overview



#### Behavioral Health Clinical Model

# Six key principles behind the Behavioral Health Clinical Model center on a change from traditional to integrated care:

- Moving from a disease-centric model to a Member-Driven, Medical-Behavioral-Social Health Model by operating with a collaborative team approach to deliver care using a standardized protocol
- 2. Treating Members in a holistic manner by using a single Member driven treatment plan, including helping the Member access their natural community supports based on their strengths and preferences
- 3. Use of clinical systems and claims platforms that allow for a seamless coordination across inter-disciplinary care teams of the Member's needs
- Focused on multimorbidities in patients with chronic clinical conditions to improve health outcomes and affordability
- Improved screening and treatment of Mental Health and Substance Use Disorder diagnoses
- 6. Treating individuals at the point of care where they are comfortable



#### **Utilization Management Statement**

Care Management decision-making is based only on the appropriateness of care as defined by:

- Optum Level of Care Guidelines
- Optum Psychological and Neuropsychological Testing Guidelines
- Behavioral Health Clinical Policies
- American Society of Addiction Medicine (ASAM) Criteria

Level of Care Guidelines can be found at providerexpress.com



## Behavioral and Medical Integration

#### Our Goal: Increase medical and behavioral health care integration

 Providers are asked to refer Members with known or suspected and untreated physical health problems or disorders to their Primary Care Physician for examination and treatment

# Our Goal: Increase integration of treatment for mental health and substance use disorder conditions

- Our care management program assists Members with complex medical and/or behavioral health needs in the coordination of their care
- All Members are expected to be treated from a holistic standpoint, including high-risk, high-service utilizers with complex needs



#### Discharge Planning

- Effective discharge planning addresses how a Member's needs are met during a level of care transition or change to a different treating provider
- Discharge planning begins at the onset of care and should be documented and reviewed over the course of treatment
- Discharge planning will focus on achieving and maintaining a desirable level of functioning after the completion of the current episode of care
- Discharge instructions should be specific, clearly documented and provided to the Member prior to discharge:
  - Members discharged from an acute inpatient program must have a follow-up appointment scheduled prior to discharge for a date that is within seven (7) days of the date of discharge
- Throughout the treatment and discharge planning process, it is essential that Members be educated regarding:
  - The importance of enlisting community support services
  - Communicating treatment recommendations to all treating professionals
  - Adhering to follow-up care



#### **Documentation Standards**

- Information regarding **documentation standards** for behavioral health providers can be located in 3 places:
  - Optum National Network Manual (located on providerexpress.com): from the home page, choose Clinical Resources > Guidelines/Policies & Manuals > National Network Manual
  - Rhode Island Provider Manual (located on providerexpress.com): from the home page choose Clinical Resources > Guidelines/Policies & Manuals > Manuals > State-Specific Manuals and Addendums
  - Audit tools



#### Highlights of documentation standards:

- A psychiatric history, including the presenting problem, is documented
- A medical history, including the presenting problem, is documented
- Risk assessments (initial and on-going), including safety planning when applicable are present
- A substance abuse screening is completed
- For children and adolescents, a complete developmental history is documented



- Treatment planning documentation includes:
  - Short-term and long-term goals that are objective and measurable
  - Time frames for goal attainment
  - Updates to the plan when goals are achieved or new issues are identified
  - Modifications to goals if goals are not achieved
- For Members that are prescribed medications documentation includes:
  - The date of the prescription, along with dosage and frequency
  - Rationale for medication adjustments
  - Informed consent for medications
  - Education regarding the risks/benefits/side-effects/alternatives



- Discharge planning should be on-going and a discharge summary is documented when services are completed
- Record must be legible
- All entries must be signed by the rendering provider
- Entries must include the start and stop time or length of time spent in the session (for timed sessions)
- Medical necessity for services that are rendered is clearly documented



#### Reminders: Release of Information (42 CFR §431.306):

- Providers must have criteria outlining the conditions for release of information about Members
- Providers must have a signed release of information to respond to an outside request for information
- All staff members within the provider agency/group are subject to the same confidentiality requirements
- A release of information should be obtained to allow communication and collaboration with other treating providers (including previous treating providers)

Optum expects that all state and federal guidelines related to confidentiality are followed. For more information regarding documentation and storage of records, refer to the Optum National Network Manual.



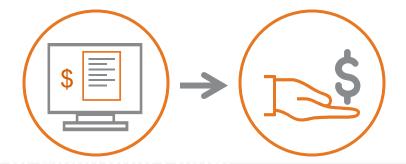
# Claim Overview



## Claims filing made easy

File your claim electronically for a fast, secure and convenient claims

experience



- It's fast eliminates mail and paper processing delays
- It's convenient easy set-up and intuitive process
- It's secure data security is higher than with paper-based claims
- It's efficient electronic processing helps prevent errors
- It's cost-efficient eliminates mailing costs and the solutions are free or low-cost
- It's complete receive feedback that your claim was received by the payer; provides claim error reports for claims that fail submission



#### Claims Submission - Option 1 - Online

#### Entry through providerexpress.com:

- Secure HIPAA-compliant transaction features streamline the claim submission process
- Performs well on all connection speeds
- Submitting claims closely mirrors the process of manually completing a Form 1500
- Allows claims to be paid quickly and accurately
- Submission of claims via this option is free to providers

You must have a registered user ID and password to gain access to the online claim submission function:

To obtain a user ID, call toll-free 1-866-842-3278



## Quick and accurate electronic claim entry

Our network clinicians report the highest level of satisfaction when they submit claims online through *Provider Express:* 



- Free
- Available 24/7
- Intuitive and easy-to-use
- Real-time, quick claims processing
- Available to clinicians and groups
- Outpatient behavioral and EAP claims

#### **Get started today with your Optum ID:**

- Register for an Optum ID today by clicking this First-time User link
- Need help registering for an Optum ID? Watch this <u>quick video</u>



## Claims Submission Option 2 – EDI/Electronically

#### Electronic Data Interchange (EDI) is an exchange of information:

- You may use any clearinghouse vendor to submit claims
- Payer ID for submitting claims is 87726
- Additional information regarding EDI is available on: <u>uhcprovider.com/en/resource-library/edi/edi-companion-guides.html</u>.



## What to know about Electronic Data Interchange (EDI)

Submit batches of claims electronically, right out your practice management system software:



- Ideal for high volume providers
- Can be configured for multiple payers
- Clearinghouse may charge small fee

To learn more about EDI, visit *Provider Express*. From the Home Page, select Admin Resources > Claim Tips > EDI/Electronic Claims



## Tips for timely and accurate payment

#### Filing electronically can help prevent these common errors:

# Missing or incomplete information

Provider Express "Claim Entry" prevents the submission of claim if required fields are blank

Examples: NPI number, ICD10 diagnosis code

# Member demographic info has errors

Member information is auto-populated when you use "Claim Entry" on Provider Express

Examples: Name, DOB, ID number

# Unclear or illegible information

The Claim Entry form on Provider Express ensures legibility

Examples: Provider or Member information illegible, diagnosis code unclear



## Filing paper claims

If you are unable to file electronically, follow these tips to ensure smooth processing of your paper claim:

- Use an original 02/12 Form 1500 claim form (no photocopies)
- Type information to ensure legibility
- Use a ICD-10 code for primary
- Complete all required fields (including ICD indicator and NPI number)





## Claims Submission Option 3 – Paper

#### Use the Form 1500 claim form:

- Claim elements include but are not limited to diagnosis (ICD10)
- Member name, Member date of birth, Member identification number, dates of service, type and duration of service, name of clinician (e.g., individual who actually provided the service), provider credentials, tax ID and NPI numbers
- Paper claims submitted via U.S. Postal Service should be mailed to:

United Behavioral Health
PO Box 30760
Salt Lake City, Utah 84130-0760

Institutional claims must be submitted using the UB-04 claim form



#### Receive payments faster

#### Benefits of Electronic Payments and Statements (EPS):



- Easy set-up, free to use
- Payments deposited into your bank
- Simplified claims reconciliation
- 24/7 access to your information
- Secure payment and remittance advice

#### Registering for EPS is easy!

- Login to Provider Express with your Optum ID
- Select "EPS" under the "More" heading and follow the prompts to enroll
- Contact Optum Financial Services for assistance: 1-877-620-6194



## Electronic Payment & Statements (EPS)

With EPS, you receive electronic funds transfer (EFT) for claim payments, plus your Provider Remittance Advice (PRA) is delivered online:

- Lessens administrative costs and simplifies bookkeeping
- Reduces reimbursement turnaround time
- Funds are available as soon as they are posted to your account

To receive direct deposit and electronic statements through EPS you need to enroll at <u>myservices.optumhealthpaymentservices.com</u>. Here's what you'll need:

- Bank account information for direct deposit
- Either a voided check or a bank letter to verify bank account information
- A copy of your practice's W-9 form

If you're already signed up for EPS with UnitedHealthcare Commercial or UnitedHealthcare Medicare Solutions, you will automatically receive direct deposit and electronic statements through EPS for Neighborhood Health Plan of Rhode Island



## Timely filing of claims

- Providers contracted with Optum are required to submit claims for services rendered to Optum Members within 90 days of the date of service
- Corrected claims can be submit up to 365 days from the denial
- Services that span 2018-2019 dates of service must be split with dates of service prior to and including December 31, 2018 submitted to Beacon, and those post January 1, 2019 submitted to Optum



# Medicaid Claim Submission for HBTS, IHH, OTP and ACT Services

The following services only must be billed referencing the group/agency name and the organization NPI # in order to ensure proper processing. Please work directly with your EDI clearinghouse to ensure they are aware of the distinction between the billing of these services and the remaining codes contained within your fee schedule.

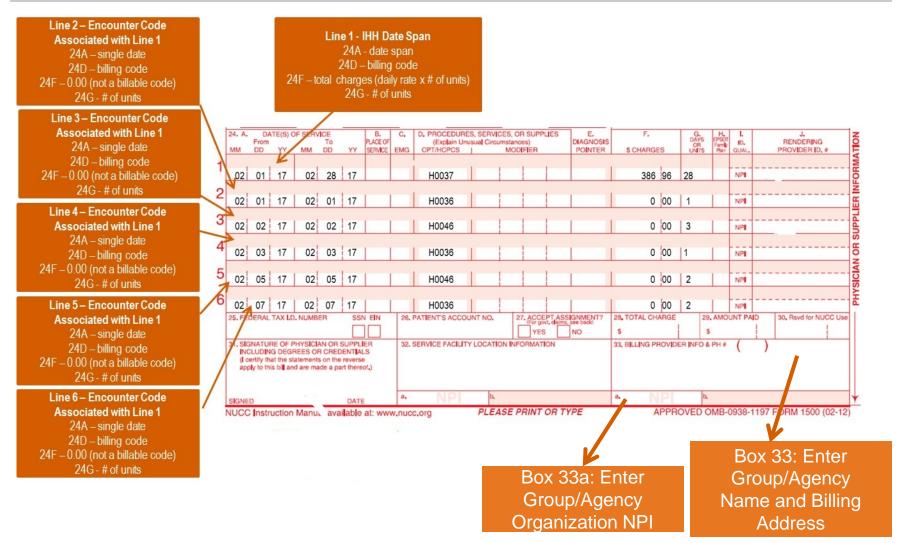
Code	Service Description		
H0001	Alcohol and / or drug assessment		
H0005	SA Group Counseling by Clinician		
	3.7		
H0014	SA Ambulatory Detox Per diem		
H0020	Methadone Treatment Program		
H0032	MH Service Plan Development by Non-Physician		
H0036	Community Psychiatric Services per 15 minute EOS Level		
H0036 HN	Integrated Dual Diagnosis Treatment (15 minutes - max 4 units)		
H0037	Integrated Health Home Services for Adults		
H0038	MH Self Help Peer Svc Per 15 min		
H0038 HQ	MH Self Help Peer Group Svc Per 15 min		
H0040	Assertive Community Treatment		
H0046	Mental Health Services, Not Otherwise Specified (60 Min)		
H0046 HO	HBTS- Clinical Supervision – Master's level		
H0046 HP	HBTS - Clinical Supervision - Doctoral Level Clinician		
H0047	OTP Health Homes		
H2011 U1	Crisis Intervention (15 minutes - max 4 units)		
H2012	Behavioral Health Day Treatment, per Hour - Child/Adolescent		
H2014 HO	Skills Training and Development (15 Min) Master Level Clinician		
H2014 HP	Skills Training and Development (15 Min) Doctoral Clinician		
H2016	PASS - Service Plan Implementation/Day		

Code	Service Description		
H2017	Psychiatric Rehabilitation (15 minutes)		
H2019	Therapeutic Behavioral Services (15 Min)		
H2021	In-Home Intervention/Community-Based Wrap Around		
П2021	Services		
H2023	Supported Employment		
H2024	Intensive Psychiatric Support Services		
H2031	Mental Health Clubhouse services, per diem		
T1005	Respite (Under age 21)		
T1005 UN	Respite (Under age 21)		
T1005 UP	Respite (Under age 21)		
T1016	Case Management (15 Min)		
T1016 U1	Case Management, each 15 minutes formerly known as		
	Service Plan Implementation - Direction Coordination		
T1019	PASS - Direct Services, Personal Care Services		
T1019 TF			
	PASS - Direct Services, Personal Care Services		
T1019 TG	PASS - Direct Services, Personal Care Services		
T1023 U1	PASS - Assessment and Service Plan Development		
T1024	HBTS - Home Based - Treatment Support/specialized		
	treatment		
T1027			
	PASS - Clinical Consultation		
T2024	Respite (Under age 21) Service assessment		

United Behavioral Health operating under the brand Optum



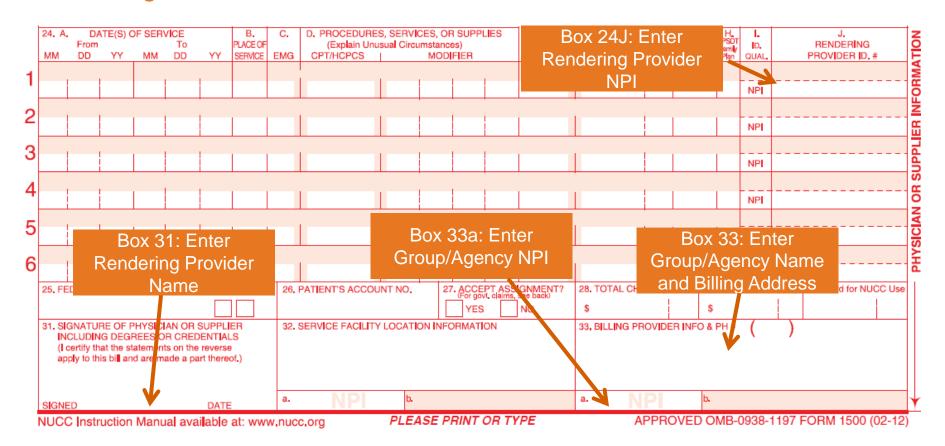
# Example of Date Span Billing for Health Home-IHH services Billed on a Form 1500





# Billing for all other Outpatient service codes (not HBTS, IHH, OTP and ACT Services)

All other service codes bill under individual clinician, include 24 J Rendering Provider information





#### Clean claims

#### Required Fields

Field Number	Notes	Examples
1. Claim Receiver Type	Optum requires you check "Other"	Other (ID)
1a. Insured's ID#	Typically the number is on the Member's ID card, usually 9 digits in length, and consisting of an alternate ID or the subscriber's SSN, note it may begin with a letter	123456789
2. Patient's Name	Last name, First name, Middle Initial Last name must be at least 2 characters	Doe, John, J
<ol><li>Patient's DOB Patient's Sex</li></ol>	Enter DOB as 8 digits: MM   DD   YYYY Check box to indicate Male or Female	01   01  1901 M x F
4. Insured's Name	Last name, First name, Middle Initial The insured is the person who holds the policy	Doe, Jane J
5. Patient Address	First line is for the street address Second line is for city and state Third line is for the zip code Do not include punctuation (periods or commas)	321 E Elm St Anytown, NY 55555
6. Relationship to Insured	Must choose one to reflect the patient's relationship to the insured: Self, Spouse, Child or Other	Self Spouse Child



#### Clean claims

#### Required Fields

Field Number	Notes	Examples	
11. Insured's Policy, Group or FECA number	Enter the number as it appears on the card, including zeros, if number is less than 5 digits, add leading zeros	00123	
13. Insured's or Authorized Person's Signature	Must either have the legal signature or note that signature is on file meaning that the provider has authorization on file authorizing payment of medical benefits	Signature on File or SOF	
21. Diagnosis	ICD-10 diagnostic billing codes are typically alphanumeric and 5-6 digits in length	Major depressive disorder, recurrent, severe is:	
24A. Date of Service	Enter date span of service: single day or consecutive days of service  Enter the industry standard Place of Service (POS) code based on where care is delivered	Example: client received services daily from Feb 1 through Feb 7, 2018:	
		02   01   18 to 02   07   18	
24B. Place of Service		Community Mental Health Centers POS is: 53	



73

#### Clean claims

#### Required Fields

Field Number	Notes	Examples	
24D. Procedures/ Services	Must be a valid CPT or HCPCS Code and include industry standard modifiers as indicated by the service provided	Example Code: H0046 Possible Modifiers: HN, HO or HP (use as indicated)	
24E. Diagnosis Pointer	Enter the line letter(s) from Field 21 (A-L) that relate to the reason services were provided, may enter up to 4 letters	Alpha character A would "point" to the first/primary diagnosis list	
24F. Charges	Enter the charge amount for each listed service; no dollar signs, enter 00 to the right of the line if charges are a whole number	Enter fee without dollar signs for example a charge amour of \$50 would be entered:  50   00	
24J. Rendering Provider	Enter the 10-digit NPI number of person or organization providing (As required by service rendered)	Example: 1234567890	
24G. Days/Units	Enter the number of units/days of service for each service line; the number of days should correspond to date spans listed in 24A for each line of service	Example:  If 24A has date span 02 01   18 to 02 28 18, then 24G  would be 28	



#### Clean claims

#### Required Fields

Field Number	Notes	Examples	
25. Federal TIN, SSN or EIN	Enter the Tax ID number (SSN or EIN) of the billing provider as listed in Field 33; put an "X" in the SSN or EIN box indicating which your are reporting	Enter without hyphens, for example: 987654321  SSN EIN X	
31. Clinical Signature Date	Enter legal name with degree or credential ( As required by service)	First Name Last Name MD 02/07/18	
33. Billing Provider	Enter the Address in this way:  1st Line: Billing Provider Name  2nd Line: Address  3rd Line: City, State and Zip Code	Billing Agency/Provider Name 123 Main Street Anytown, RI 11111-1111	
33a. Billing Provider's NPI	Billing Provider/Agency NPI	Example: 1234567890	



#### Corrected claim submission

Corrected claims are typically submitted when the original claim had an error in data supplied

When submitting a corrected claim, enter "7" to indicate "Replacement of prior claim"

#### Paper Form 1500

Enter "7" in Field 22 (highlighted)

16. DATES PATIENT UNABLE TO WORK IN CURRENT OCCUPATION MM   DD   YY MM   DD   YY				
FROM		ТО		
18. HOSPITALIZATION DATES RELATED TO CURRENT SERVICES MM				
FROM		ТО		
20, OUTSIDE LA	B?	\$ CHARGE	S	
YES	NO			
22. RESUBMISSION CODE ORIGINAL REF. NO.				
23. PRIOR AUTHORIZATION NUMBER				

#### Electronic/EDI Transaction

Enter "7" in Box 12A



#### Claims Payment Timelines

EFT funding is 2x per week (Tuesday and Saturday)

Paper checks are cut on a daily basis (Tuesday through Saturday)



# Oversight Programs



#### Optum Program & Network Integrity (PNI) Department

- A dedicated group responsible for working with providers to prevent, detect, investigate and ultimately resolve potential issues of fraud, waste, abuse and error (FWAE)
- Skilled and trained investigators, clinicians, data analysts and medical coding personnel

The department consists of three main investigative pathways:

#### **Prospective (Pre-Pay)**

- Analyze member, provider and claims data
- Identify trends, current/ upcoming schemes or unusual behavior
- Stop potentially fraudulent or defective claims from being paid

#### Retrospective (Post Pay)

- Analyze Member, provider and claims data
- Identify trends, schemes or unusual behavior, then investigate
- Work with state and federal agencies to stop fraud, waste and abuse consistently across the industry

#### Intelligence

- Anonymous TIP line
- Email / PO Box
- Internal and external training
- Provider Education



#### What PNI (FWAE) looks for...



Inconsistent coding patterns within a group practice

Coding at high levels for Evaluation and Management (E&M) Services Services not rendered due to no records submitted, incorrect name of Member, incorrect date of service or illegible records

Unbundling of procedures and services

Diagnosis concerns - does diagnosis
make sense to
documentation
studied?

Inadequate
documentation -missing pages, no
Member name on
every page
submitted, dates of
service are missing
or appear altered

Misrepresentation of rendering provider -different provider then billing provider

Misrepresentation of non-covered services as covered

Double billing

Improper use of modifiers



(Medical Record Auditor, AMA 3<sup>rd</sup> Edition, 2011)

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#### FWAE market research and collaboration



#### General Market Research (all markets)

#### **Prospective Flagging & Retro Investigations**

- Identification of "hot spot" trends in claims data on nationwide, state-by-state, or plan basis
- Specific analytics are created from research trends, pooling potential FWAE providers & Members
- Provider flags / tips placed based on outcome of provider and Member reviews, thereby requiring the provider submit additional documentation
- Projects revamped on periodic basis to adjust for current trends and market asks

#### **Algorithms and Analytics**

- Specific activities identified by policy or code that should not occur are placed into an algorithm to either prospectively prevent such actions from occurring, or retrospectively identify and recoup
- These actions do not require additional records, as they are a strict deny or recoup activity



#### **Customer Collaboration**

- Program and Network Integrity works alongside of the customer to assist in identifying potential FWAE activity in schemes or trends that may be specific to the market
- Insight and referrals from the customer are put through our due diligence process to validate and identify if actual FWAE potential exists
- A PNI specific point of contact will be given for all FWAE concerns and questions, should any arise at any point



#### **ALERT Program**

#### Member identification

- Claims data
- Service combinations
- Frequency and/or duration that is higher than expected

#### Licensed care advocate reach out telephonically to treating provider to:

- Review eligibility for the service(s)
- Review the treatment plan/plan of care
- Review the case against applicable medical necessity guidelines

#### Potential outcome of review:

- Close case (Member is eligible, treatment plan/plan of care is appropriate, care is medically necessary)
- Modification to plan
   (e.g., current care is not
   evidence- based but there is
   agreement to correct)
- Referral to Peer Review (e.g., Member appears ineligible for service; treatment does not appear to be evidence based; duration/frequency of care does not appear to be medically necessary)



#### Practice Management Program

As an alternative to requiring precertification for routine and community-based outpatient services, we will provide oversight of service provision through our practice management program.

#### **Program Components**

- Regular and comprehensive analysis of claims data by provider/provider group
  - Service/diagnostic/age distribution
  - Proper application of eligibility criteria
  - Appropriate frequency of service/duration of service
- Outreach to provider group when appropriate to discuss any potential concerns that arose from the claims analysis
- Potential outcomes from discussion:
  - No additional action necessary
  - Program audit including record review
  - Corrective Action Plan (CAP)
  - Targeted precertification as part of CAP



#### **Provider Quality Audits**

#### Provider audits are completed for a variety of reasons:

- At the time of Credentialing and Recredentialing for organizational providers without a national accreditation (for example, The Joint Commission or CARF)
- Quality of Care (QOC) and Sentinel Event investigations
- Investigation of Member complaints regarding the physical environment of an office or agency



#### Provider Quality Audits, (continued)

#### Elements reviewed during audits:

- Physical environment
- Policies and procedures
- Member treatment records
- Personnel files

#### Scoring of audits:

- 85% and higher is passing
- Scores between 80 84% require a Corrective Action Plan (CAP)
- Scores below 79% require a CAP and re-audit



#### Provider Quality Audits, (continued)

#### Feedback to providers:

- Feedback is provided verbally at the conclusion of the audit
- A written feedback letter is mailed within 30 days for routine audits; for Quality of Care audits, the feedback letter is mailed after the requesting committee reviews the audit results
- When a Corrective Action Plan is required, it must be submitted within 30 days of the request
- Re-audits are completed within 3-6 months of acceptance of the Corrective Action Plan



#### **Audit Tools**

#### There are four (4) audit tools for Medicaid:

- 1. Organizational Provider Site Tool
- Case Management Record Audit Tool
- Psychosocial Rehab Record Audit Tool
- Treatment Record Audit Tool

The audit tools are posted to providerexpress.com: from the home page, choose Our Network > Welcome to the Network

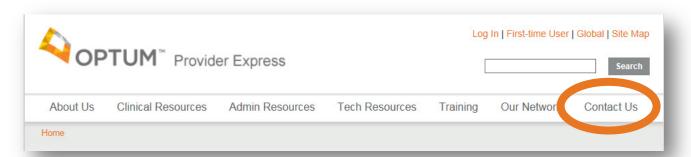


## Contacting Optum



#### Best way to contact Optum

#### Go to Provider Express and click on "Contact Us"



From the "Contact Us" page you can get help with claims, Network Management or website support

#### Need help? Chat now

Our normal chat hours are: Monday–Friday: 9:00 a.m.–6:00 p.m. (EST)

Live Chat is available for website technical support



Check out our brief Contact Us video

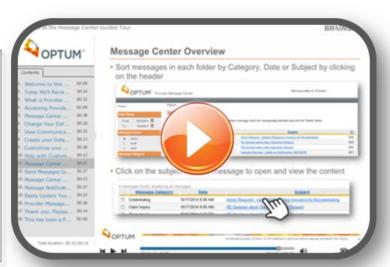


#### Send secure communications on "Message Center"



- "Message Center" is an online tool that enables you and Optum staff to communicate with one another within a secure channel
- The "Message Center" is located within the secure Transactions area

# Message Center Categories Authorizations/Notifications Previously submitted claims Your contract Previously submitted demographic changes/Tax ID number changes Credentialing status Member Eligibility and/or benefits Inquires for Network Management Use of the Provider Express Web portal



Check out our brief Message Center video



#### Your Network Manager is here to help

As a new Provider to the network, your Network Manager is your local guide to Navigating Optum

#### Your Network Manager can:

- Act as your Optum liaison
- Answer important questions
- Facilitate ongoing process improvement
- Keep you abreast of changes that impact your practice
- Provide useful tools and resources





#### **Optum Contacts**

#### **Wendy Hamel Sherzer**

**Network Manager** 

Phone: 1-401-732-7120

Email: wendy.hamel.sherzer@optum.com

#### **Alec Ward**

**Associate Director Provider Service** 

Phone: 1-781-419-8321

Email: alec.ward@optum.com

#### **Colleen Chesney**

**Regional Vice President Provider Services** 

Phone: 1-612-1632-5069

Email: colleen.chesney@optum.com



#### Optum and Neighborhood Escalation Process

	Issue Type	Issue Type(s) Examples	Contact	Response
	Standard Inquires	<ul> <li>Claims payments no more than 30 days for electronic claims</li> <li>Credentialing of new Providers up to 45 days</li> <li>Claims reprocessing post phone call 7-10 business days</li> </ul>	INTEGRITY 1-401-443-5995 Medicaid 1-401-443-5997 Commercial 1-833-470-0578	On Call
2	Non- Standard Inquiries	<ul> <li>Single claims issue impacting greater than 25 claims</li> <li>Delayed claims payments (greater than 30 days for electronic submissions or 40 days for paper)</li> <li>Credentialing applications greater than 45 days</li> </ul>	Network Manager: Wendy Hamel-Sherzer 1-401-732-7120 Email: wendy.hamel.sherzer@optum.com	Within 48 hours
	Unresolved Issues	Issue remains unresolved after engaging contacts for standard and non-standard inquiries	Optum Executive Director Dee Tavares 1-763-595-3480 Email: dolores.tavares@optum.com	Within 24 hours
	NHPRI Escalation	Contact the NHPRI Ombudsman for issues that are not resolved after working through previous 3 resolution channels	NHPRI Ombudsman	Within 24 hours

<sup>\*</sup> At each step of the escalation process providers will be supplied with an estimated resolution timeframe, which if not met moves the provider to the next stage of escalation



### Provider Resources



#### Member Website and Resources

#### www.nhpri.org makes it simple for Members to:

- Identify participating providers:
  - Geographic location
  - Provider specialty type/areas of expertise
  - License type
- Locate community resources
- Find articles on a variety of wellness and work topics
- Complete self-assessments

The website has an area designed to help Members manage and take control of life challenges



#### Optum Provider Website

#### providerexpress.com

- Secure transactions for Medicaid include:
  - Check eligibility and authorization or notification of benefits requirements
  - Submit professional claims and view claim status
  - Make claim adjustment requests
  - Register for Electronic Payments and Statements (EPS)
  - To request a user ID to the secure transactions on the <u>providerexpress.com</u> select "First-time User" from the Home Page; you may obtain additional information through the Help Desk at 1-866-842-3278
- Customer Service for website support: 1-866-209-9320



#### Provider Resources

Provider Express - providerexpress.com

Our industry-leading provider website includes both public and secure pages for behavioral health providers. Public pages include general updates and useful information. Secure pages require registration and are available only to network providers. The password-protected "secure transactions" provides **Neighborhood Health Plan of RI** providers access to provider-specific information.



#### Provider Resources, (continued)

#### Public Pages include general updates and other useful information:

- Download standard forms (e.g., provider demographic updates, authorization forms, psych testing authorization forms)
- Find network contacts
- Review clinical guidelines
- Access archived issues of Network Notes, the provider newsletter
- Level of Care Guidelines
- Training/Webinar offerings
- Rhode Island page (from the Home Page, choose Our Network > Welcome to the Network > Rhode Island)

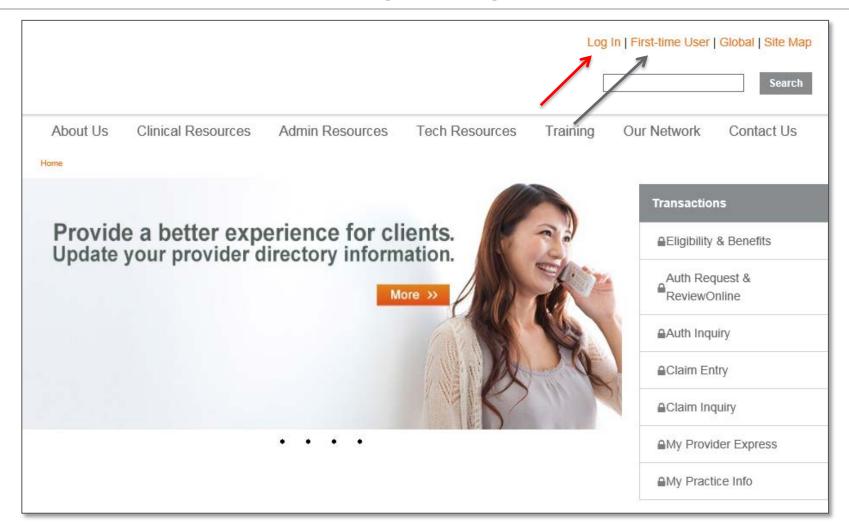


#### Provider Resources, (continued)

- Secure pages are available only to Optum in-network providers and require registration
- Providers will be able to update their practice information using the "My Practice Info" feature
- To request a User ID, select the "First-time User" link in the upper right corner of the home page
- If you need assistance or have questions about the registration process, call the Provider Express Support Center at **1-866-209-9320** (toll-free) from 8 a.m. to 10 p.m. Eastern time, or chat with a tech support representative online



#### Provider Express Home Page – Log In





## Thank you.

