



New behavioral health copay regulation

Starting Jan. 1, 2021, we eliminated the behavioral health copay when a fully insured commercial plan member sees a behavioral health specialist and a primary care physician:

- On the same day
- At the same Rhode Island location that is a Qualifying Integrated Behavioral Health Primary Care Practice (QIBHPCP)
 - Even if one of the visits is a telehealth visit

This is to help better integrate behavioral health services into the primary care delivery system, as well as meet the new single-member copay requirements in Rhode Island.

QIBHPCPs certified as such by the Rhode Island Office of the Health Insurance Commissioner are subject to the single-member copay requirements.

More information on this regulation will be forthcoming shortly. Please see the [Rhode Island page](#) on *provider.express.com* for a copy of this notice and future updates.

To confirm if your practice is a certified QIBHPCP, go to ohic.ri.gov.

Questions?

Please contact your Optum Provider Relations representative or call the number on the member's ID card.