

## NYS Transition of Children Placed in Foster Care into Managed Care:

**Essential BH Community Providers** 

July 1, 2021



## **Agenda**

- Overview of UnitedHealthcare
- Foster Care Transition Overview
- Care Coordination
- Member Eligibility/Member enrollment
- Covered Services by 29I Health Care Facilities/VFCAs
- Required Assessments
- Special Populations and Treatment Methods
- Pharmacy Resources
- Provider Directory
- Provider Portal and Resources







## **UnitedHealthcare Overview**

## **UnitedHealthcare Community Plan**

- Dedicated to providing benefits to the economically disadvantaged and medically underserved
- Manage benefits in 24 states, plus Washington D.C
- Serves more than 5 million beneficiaries
- Uniquely designed to address the complex the chronically ill, disabled, and people with higher risk medical, behavioral and social conditions





## **UnitedHealthcare: Our Organization**







#### **Our United Culture**

Our mission is to help people live healthier lives.
Our role is to make health care work for everyone.

## Integrity. Compassion. Relationships. Innovation. Performance.

Honor commitments
Never compromise ethics

Walk in the shoes of people we serve and those with whom we work

**Build trust through collaboration** 

Invent the future, learn from the past

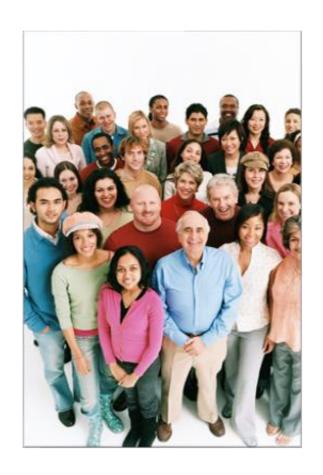
Demonstrate excellence in everything we do





## Awareness of Diversity and Culture in Clinical Settings

- Differences found in diverse cultures populations
- Individual differences affect assessment and response to treatment
- Personality, culture, lifestyle and other factors influence client behavior
- Culturally sensitive counseling methods improve outcomes
- Dynamics of family systems and lifestyles influence treatment response
- Client advocacy needs to be specific to diverse cultures







## Foster Care Transition Overview

#### **Transition Overview**

Effective July 1, 2021, children/youth placed in foster care, including those in direct placement in the 29-I Health Care Facilities/VFCA's statewide, will be enrolled in MMCPs unless the child/youth is otherwise exempt from enrollment.

MMCPs are responsible for providing all Benefit Package services to enrolled children/youth placed in foster care, promoting continuity of care, and ensuring health care services are delivered in a traumainformed manner and consistent with standards of care recommended for children in foster care.

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#### **Transition Goals**

This transition is an effort to support access to comprehensive, high quality health care that is essential to children/youth placed in foster care.

Compared to children/youth with similar socio-economic backgrounds outside of the foster care system, children/youth in the foster care system:

- Have higher rates of birth defects, developmental delays, physical disabilities, medical problems, and mental/behavioral health needs
- Utilize inpatient and outpatient mental health services at a rate 15–20 times higher than the general pediatric Medicaid population
- Experience profound consequences due to chronic trauma. For this
  reason, it is essential these children receive immediate access to
  services upon a child/youth's placement in foster care, and no
  interruption in the provision of ongoing services as a result of this
  transition
- Have not had access to traditional preventive health care services
- Require frequent health monitoring

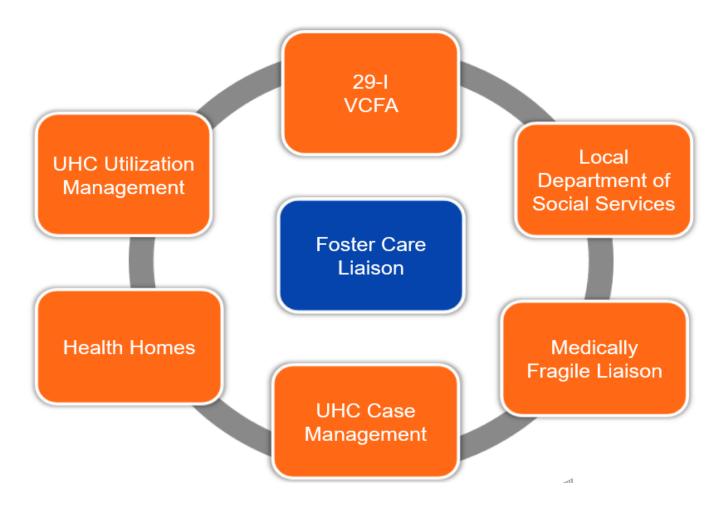






# **High Touch Care Coordination**

#### **Access to Care: Foster Care Liaison**







#### **Foster Care Liaison Role**

- UHC Foster Care Liaison is the direct contact for the LDSS and the 291
  Health Care Facility Managed Care Liaisons and will be responsible for
  monitoring access for children in foster care.
- Foster Care Liaison will assist with enrollment, disenrollment, and access to care issues.
- Foster Care Liaison is responsible for ensuring immediate issuance of a
   Welcome Letter or other temporary identification showing the effective date
   of enrollment or a replacement insurance identification.
- Foster Care Liaison will work to ensure that there are no gaps in services for foster care children, including facilitating Single Case Agreements (SCA) with OON providers with expertise treating children in foster care, when necessary.

After Hours Contact: Providers 1-866-362-3368 select option 8

Members 1-800-493-4647 select option 8





### **Case Management**

#### 29-I Health Care Facility / VFCA Care Coordination

29-I/VFCA facilitates the establishment of the child's permanency planning through collaboration with all service providers. 29-I/VFCA collaborates with LDSS Case Manager, HH Case Manager or UHC Case Manager to develop a comprehensive care plan.

#### Health Home Case Management

Health Home Care Manager to ensure that a comprehensive POC is completed, and authorization of services is efficient and provided in a timely manner for members that receive Health Home services. UHC is responsible for monitoring it.

#### **UHC Behavioral and Medical Case Management**

Members that are not in a Health Home are eligible for UHC case management services. Those services are voluntary. If accepted by 29-I/VFCA, member will be assisted with coordination of their behavioral health and physical health services and ensure they are linked with the appropriate services that meet their needs.





## **Member Eligibility**

### **Membership Cards:**

For Members: 1-800-493-4647 TTY 711

For Providers: UHCprovider.com 1-866-362-3368



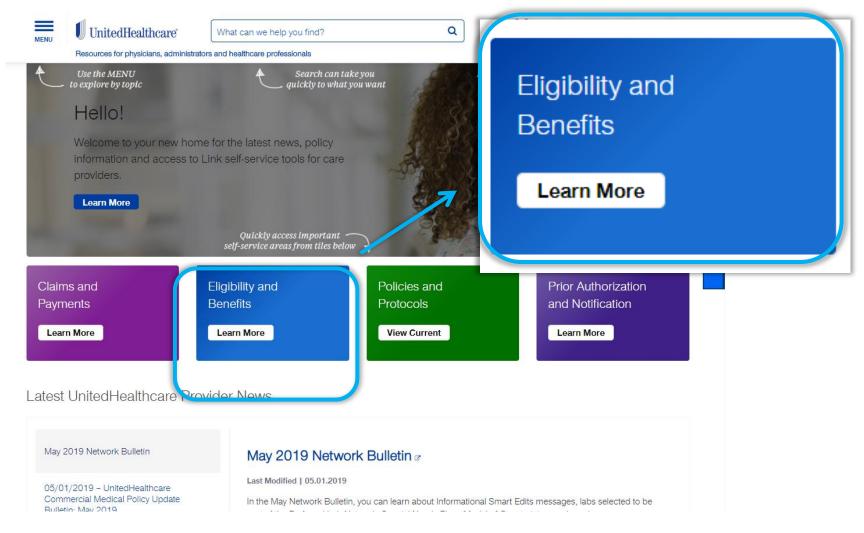
In an emergency go to nearest emergency room or call 911. This card does not guarantee coverage. For coordination of care call your PCP. To verify benefits or to find a provider, visit the website www.myuhc.com/communityplan or call. 800-493-4647 For Members: TTY 711 877-597-7801 NurseLine: TTY 711 Mental Health: 888-291-2506 TTY 711 UHCprovider.com 866-362-3368 For Providers: Medical Claims: PO Box 5240, Kingston, NY, 12402-5240 Pharmacy Claims: OptumRX, PO Box 29044, Hot Springs, AR 71903 For Pharmacists: 877-305-8952

After Hours Contact: Providers 1-866-362-3368 select option 8
After Hours Contact Members 1-800-493-4647 select option 8





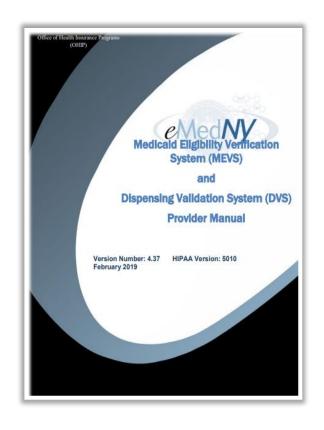
## Eligibility & Benefits: uhcprovider.com/eligibility







## **Additional Resource: Member Eligibility**



Medicaid Eligibility Verification (MEV) System:

- Telephone
- ePaces
- X12 270/271 Health Care Benefit Inquiry and Response
- eMedNY Call Center 1-800-343-9000





## Covered Services by 29I Health Care Facilities/VFCAs

## **Core Limited Health Related Services (CLHRS)**

All Licensed Article 29I Health Facilities are required to provide, or make available through a contract arrangement, all **Core Limited Health-Related Services.** 

Below are categories of services covered by Article 29I Health Care Facilities:

#### Core Limited Health-Related Services (Mandatory)

- Skill Building Licensed Behavioral Health Practitioner (LBHP)
- Nursing Supports and Medication Management
- Medicaid Treatment Planning and Discharge Planning
- Clinical Consultation and Supervision
- Managed Care Liaison/Administration

<u>uhcprovider.com/content/dam/provider/docs/public/admin-guides/comm-plan/NY-UHCCP-Dual-LTC-CHIP-Care-Provider-Manual.pdf</u>





### Other Limited Health Related Services (OLHRS)

Below are categories of services covered by Article 29-I Health Care Facilities:

Other Limited Health-Related Service (Optional)

- Screening, diagnosis, and treatment services related to physical health
- Screening, diagnosis, and treatment services related to developmental and behavioral health
- Children and Family Treatment and Support Services (CFTSS)
- Children's Home and Community Based Services (HCBS)

For more information about the services covered under the 29-I Health Facility / VFCA transition, refer to the UnitedHealthcare Provider Manual:

<u>uhcprovider.com/content/dam/provider/docs/public/admin-guides/comm-plan/NY-UHCCP-Dual-LTC-CHIP-Care-Provider-Manual.pdf</u>



#### **OLHRS Excluded Services**

#### OLHRS does not include the following services \*

- Surgical, Dental, Orthodontic, and Nursing Services
- General Hospital Services (Including Emergency Care)
- Birth Center Services
- Emergency Intervention for Major Trauma
- Treatment of Life-Threatening or Potentially Disabling Conditions
- Skill Building Activities
- Medicaid Treatment Planning and Discharge Planning



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<sup>\*</sup>These services are included in the Preventive or Rehabilitative Residential supports of the mandatory CLHRS



## **Required Assessments**

## **Required Initial Health Care Assessments**

Activity	Time Frame	Mandate Activities	Performed By	
Initial screening/screening for abuse/neglect	24 hours	Yes	Health practitioner (preferred) or child/youth welfare caseworker/health staff	
Initial medical assessment	30 days	Yes	Health Practitioner	
Initial dental assessment	30 days	Yes	Health Practitioner	
Initial mental health assessment	30 days	No	Mental Health practitioner	
Family Planning Education and Counseling and follow- up health care for youth age 12 and older (or younger as appropriate)	30 days	Yes	Health Practitioner	
Initial developmental assessment	45 days	No Health Practitioner		
Initial substance abuse assessment	45 days	No	Health Practitioner	
Follow-up health evaluation	60 days	No	Health Practitioner	

health.ny.gov/health\_care/medicaid/redesign/behavioral\_health/children/docs/29i\_billing\_manual\_final.pdf





#### **Initial Medical Assessment**

29-I/VFCAs must obtain an initial medical assessments for every child placed in foster care within **the first 30 days** of their placement. Those assessments are time sensitive and impact the child's health, safety, and well- being.

The 29-I/VFCA will collaborate with the Primary Care Provider to meet this requirement. The **Initial Medical Assessment** should include:

- Medical and Developmental History
- Unclothed Physical Examination (when clinically appropriate)
- Observation for abuse or neglect
- Problem list and treatment plan
- Preventive screening and intervention
  - Immunizations, health education and anticipatory guidance



#### **Initial Dental Assessment**

29-I/VFCAs must obtain an initial medical assessments for every child placed in foster care within **the first 30 days** of their placement.

If there is documentation that the child had an assessment within 90 days before placement, then it does not need to be repeated

The 29-I/VFCA will collaborate with the Dental Health Care Provider to meet this requirement. The **Initial Dental Assessment** should include:

- Dental history and screening
- Children under 3 referral for dental care when a medical provider finds problems upon examining mouth
- Children 3 and older diagnostic exam by a dentist

The Following are strongly recommended:

- X rays as indicated
- Routine prophylaxis
- Cleaning
- Topical fluoride
- Oral hygiene instruction to child and care giver
- Sealants on permanent molars





#### **Initial Mental Health Assessment**

29-I/VFCAs must obtain an initial medical assessments for children aged 3 and older placed in foster care within the first 30 days of their placement.

#### The assessment should include:

- Past psychiatric history, past and current medications.
- Identify strengths and needs
- Developmental, Academic, and Family History.
- Social, behavioral, Medical and substance abuse history
- Trauma or abuse history
- Risk of Antisocial behavior
- Assessment of safety, suicidality or self harm
- Risky sexual behavior
- Mental health assessment conducted by a qualified health care professional
- Development of a mental health needs list
- A list of the child's strengths
- Development of a treatment plan.



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#### **Initial Substance Abuse Assessment**

29-I/VFCAs must obtain an initial medical assessments for children aged 13 and older placed in foster care within the first 45 days of their placement.

The purpose of the assessment is to determine whether the child is currently using drugs, alcohol, or tobacco or is at risk of using them. A throughout assessments also considers substance use in the child's family.

Assessment Tools approved for adolescents by NY OASAS include:

- CRAFFT
- LOCADTRA-A
- GAIN
- AUDIT
- DAST-10

**Note:** "Substance" or "drug" includes all alcohol and chemicals, including prescribed pharmaceuticals, improperly used by either inhalation, smoking, ingestion or injection.



#### **Medical Consents**

- Consent for routine medical assessment is dependent upon many circumstances, PCP should communicate with the 29-I Health Care Facility / VFCA to understand who the youth's guardian is and/or who has the legal authority to grant consent for routine treatment and disclosure of information
- Children in Foster Care need special oversight because they are placed outside the home, possibly moving from one placement to another. Therefore, greater consideration is required by agency staff and health care providers involved with their care regarding medical consent.
- Primary Care Providers need to clearly document verification of consent and legal guardianship in order to treat and share medical information.

For more information refer to:

ocfs.ny.gov/main/sppd/health-services/docs/manual/Ch06-Consent.pdf







# **Special Populations and Treatment Methods**

## **Evidenced Based Care & Standards Children/ Youth in Foster Care**

UHC recognizes and encourages use of the following behavioral health treatment modalities as evidence-based practices:

Trauma-Focused Cognitive Behavioral Therapy: #1-3
Trauma Informed Child-Parent Psychotherapy #1-3
Multi-Dimensional Treatment Foster Care

Multi-systemic Therapy #1 & 2 Functional Family Therapy #1 -2 Dialectical Behavior Therapy

For more information about UHC Evidenced Based Training and Practice Guidelines go to Provider Express:

#### **Foster Care Toolkit:**

providerexpress.com/content/ope-provexpr/us/en/clinical-resources/FosterCareToolkit.html

#### **UHC Clinical Guidelines.**

uhcprovider.com/en/policies-protocols/clinical-guidelines.html

#### National Institute of Health Evidence Based Practices & Programs

prevention.nih.gov/research-priorities/dissemination-implementation/evidence-based-practices-programs





## Project Training and Education for the Advancement of Children's Health (TEACH)

- To strengthen and support the ability of New York's pediatric primary care providers (PCPs) to deliver care to children and families who experience mild-to-moderate mental health concerns
- Project TEACH provides specialized training, consultation, and linkage with mental health treatment for primary care physicians statewide
- Collaboration of OMH with the Department of Health (DOH), Conference of Local Mental Hygiene Directors, American Academy of Pediatrics (AAP), and the New York State Academy of Family Physicians (AAFP)
- The program seeks to provide ongoing training and consultation services to better meet the mental healthcare needs of some of the children seen in primary care practices
- To learn more about Project TEACH and how to access its resources, visit:

projectteachny.org/





### First Episode of Psychosis (FEP): Resources

#### OnTrackNY:

- Offers specialized clinical service for adolescents and young adults between the ages of 16 and 30 who have been experiencing psychotic symptoms for more than a week but less than 2 years
- To learn more or make a referral visit the OnTrackNY website and click on Providers tab:

ontrackny.org/

- NYC Supportive Transition and Recovery Team (START):
- Employs the evidence-based practice of Critical Time Intervention (CTI) to engage adolescents and young adults between the ages of 16 and 30 experiencing their first adult hospitalization for psychosis
- To learn more visit the NYC Start website:

1.nyc.gov/site/doh/health/health-topics/crisis-emergency-services-nyc-start.page





## **Transition Age Youth (TAY)**

- Transition Age Youth (TAY) are young people between the age of 16-25.
- Many major life changes happen during this time frame including:
  - Starting a First Job
  - Starting College
  - Moving away from home
  - Exploring New Relationships
  - Discovering Identity
- Several Resources for Transition Age Youth and for Providers working with that population include:

mhanys.org/transition-age-youth

- MHANYS Transition Age Youth Homepage:
- NYS OMH Transition Age Youth Resource Webpage:

omh.ny.gov/omhweb/consumer\_affairs/transition\_youth/resources/





#### **NYC Well**

Connects New Yorkers to free, confidential mental health support

Speak to a counselor via phone, text or chat and get access to mental health and substance misuse services, in more than 200 languages, 24/7/365:

- Suicide prevention and crisis counseling
- Peer support and short-term counseling via telephone, text and web
- Assistance scheduling appointments or accessing other mental health services
- Follow-up to check that you have connected to care and it is working for you
- Referral to NYC adult and children mobile crisis services

UHC partners with NYC Well if a caller identifies as a UnitedHealthcare member to assist that individual with non-crisis related inquiries: **1-888-NYC-WELL (1-888-692-9355)** 

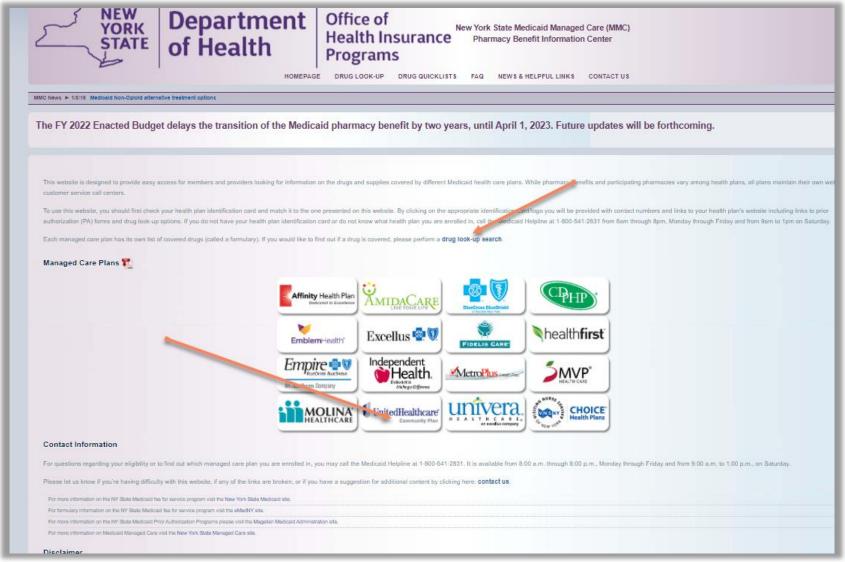






## **Pharmacy Resources**

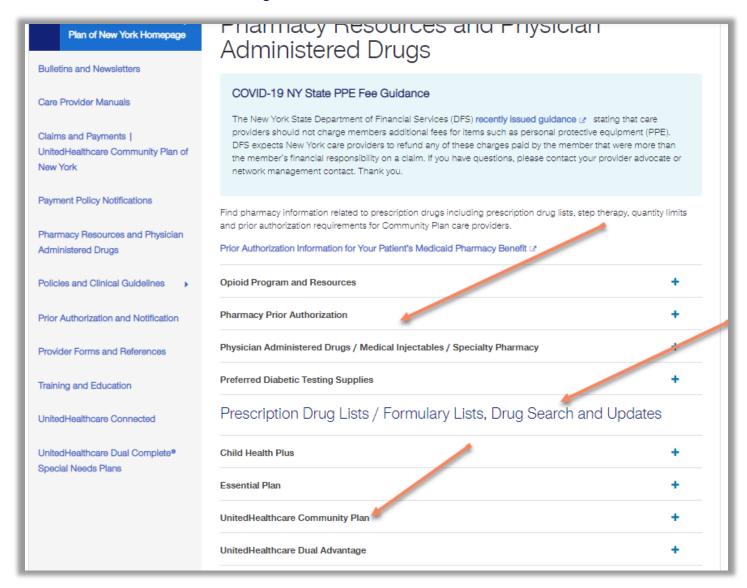
## **State Pharmacy Resource**







## **State Pharmacy Resource**









## **PreCheck My Script**





uhcprovider.com/content/provider/en/resource-library/link-provider-self-service/precheck-myscript.html?cid=none







## **Provider Directory**

## **Rally Member Resources:**

#### Medicaid insurance plans

Medicaid is health insurance that's available if you have a low income. Other people sometimes qualify for Medicaid, like:

- Pregnant women
- Children
- Older people
- People with a disability

Medicaid plans can be offered at a lower cost or sometimes at no cost to you. Medicaid is different in each state. It may be called different names depending on where you live.

#### Find Medicaid plans near you

Enter your ZIP code to see available Medicaid plans in your area.

Find plans 🗹

## Do you have Medicaid and Medicare?

If you're eligible for both Medicaid and Medicare, check into UnitedHealthcare Dual Complete,® which is a Dual Special Needs Plan (D-SNP).

These plans are available in some states. D-SNP can help you get more benefits and features than you can with Original Medicare, at no extra cost.

#### Already a Medicaid member?

Sign in for an easier way to see your plan information.



Don't have an account? Register now ☑¹





## **Rally Member Resources:**

#### Learn about Medicaid plans

With Medicaid, there may be several types of low cost or no cost plans available, depending on the state where you live. Learn about the types of plans below.

Plan type	What it covers
Medicaid	Low cost or no cost health insurance coverage that is managed by each state. Eligibility requirements can change from state to state. Your state may even have its own name for its Medicaid program.
Dual Special Needs Plans (D-SNP)	Insurance coverage for people who qualify for both Medicaid and Medicare. Most dual plans give you more benefits than you get with Original Medicare.
Children's Health Insurance Program (CHIP)	Low-cost or no-cost coverage for infants, children and teens.  Designed to help children get the care they need as they develop.

#### **Questions about Medicaid?**

Medicaid rules may change over time. So you may qualify even if you didn't before.

You can apply for and enroll in Medicaid or CHIP at any time of year. If you qualify, your coverage can begin right away.

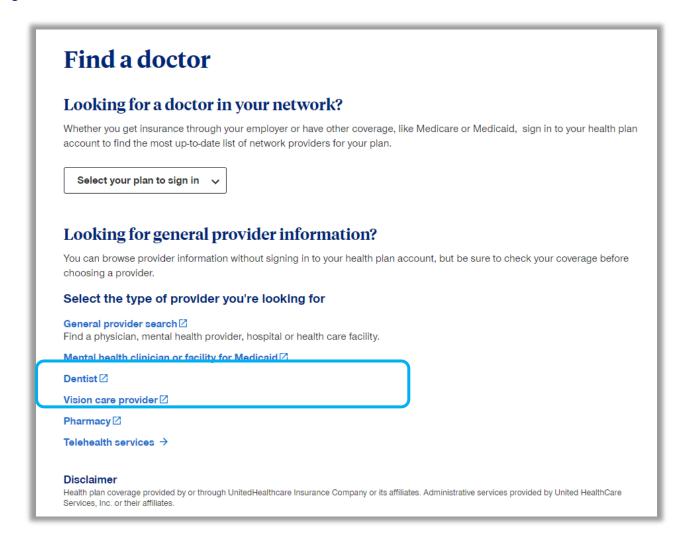
Learn if you may qualify for Medicaid [2]







### Rally Member Resource: Find a Doctor



uhc.com/find-a-physician







# **Provider Resources and Portals**

#### **UHC On-Line Resources**

#### uhcprovider.com

- ✓ Check member eligibility
- ✓ Check claim status and payments
- ✓ Claims Reconsideration
- Electronic Data Interchange (EDI) information
- ✓ Tools and Resources

#### providerexpress.com

#### New York State Page

- ✓ New York Medicaid Provider resources children under 21
- ✓ 29I Health Care Facilities/VFCA Resources
- ✓ Demographic Updates
- ✓ Clinical Guidelines and Policies
- ✓ PAAN Behavioral Health Guide
- ✓ Trainings & Resources
- ✓ Sentinel Events Reporting Form





#### **UHC On-Line Resources**

#### uhccommunityplan.com

- ✓ A website for Health Care Professionals, Community Organizations and Members
- ✓ For providers the links will direct you to important information in your state
- ✓ Directs you to our secure provider site UnitedHealthcare Online®

#### liveandworkwell.com

- ✓ Search for Providers in the Network
- ✓ Confidential Work/Life Resource Center
- ✓ Offers Interactive Assessments
- Medication Database
- ✓ Self Help Resources







## **Questions?**

## Thank you for your Participation.

Gayle Parker-Wright, LCSW-R, NY, LSW-NJ

**Network Trainer** 

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