



Some Prior Authorization Requirements to be Eliminated for Behavioral Health Care

First phase – effective Nov. 1, 2023 – targets 3 CPT/Revenue Codes for Electroconvulsive Therapy (ECT)

To improve timely access to care for our members and reduce administrative burden on our providers, Optum Behavioral Health has eliminated prior authorization requirements across our health plans for the following codes, beginning Nov. 1, 2023:

Codes

- Revenue Code 901 – Outpatient ECT (Facilities)
- CPT Code 90870 – Outpatient ECT (Groups)
- CPT Code 00104 – Anesthesia for ECT

Health Plans

- Commercial – All plans / All states
- Medicare Advantage – All plans / All states
- Medicaid/Community Plan – 17 states
Arizona, District of Columbia, Florida, Hawaii, Indiana, Kansas, Maryland, Michigan, Missouri, New Jersey, New York, Rhode Island, Texas, Virginia, Washington and Wisconsin

Note: For Medicaid/Community Plan, prior authorization requirements for these 3 codes will be eliminated in 7 additional states in early 2024: Louisiana, Massachusetts, Mississippi, Nebraska, Ohio, Pennsylvania and Tennessee. You'll be notified in advance of the effective date for these states.

For Kentucky and North Carolina, there is no change as these states did not require prior authorization for these 3 ECT codes. Health plans in Colorado and Nevada are not included in the prior authorization changes at this time.

New – Prior authorization reference page on Provider Express website

Check out the new [prior authorization webpage](#) – We've made it easier for you to review the services that require prior authorization or notification. Information is available for Medicaid and Individual and Family (Exchange) plans. Code lists for Commercial and Medicare Advantage plans will be added over the next few months.

You'll also find requirements for Applied Behavior Analysis treatment, instructions for submitting requests online via our secure portal, clinical criteria and other resources.

Questions?

Contact your Network Advocate or call the Provider Services Line at **(877) 614-0484**.