



Delivering Online Video-Based Mental Health Services

ATA Online Course June 2014

Credit CE:3.0

Description

The course covers a multitude of areas such as the history, evolution, models of care and benefits of telemedicine. In addition, the course provides a detailed overview of telemental health and online service delivery models, and instructs participants in how to develop an online mental health service or practice by outlining essential infrastructure and technology components for getting started. Legal, regulatory, and ethical considerations when delivering mental health services online are also included. Finally, reimbursement strategies, clinical, administrative and technical best practices for delivering online video-based mental health services and tactics on how to best plan and respond to patient emergencies in an online setting are covered.

Faculty

Carolyn Turvey, PhD

Associate Professor of Psychiatry
University of Iowa Hospitals and Clinics

Peter Yellowlees, MD, MBBS

Director of Informatics
UC Davis Health System

Jay H. Shore, MD, MPH

Associate Professor
University of Colorado Denver, Anschutz Medical Campus

Peter Shore, PsyD

Director of Telehealth
Department of Veterans Affairs

The online course is comprised of the four learning modules:

Module 1: Overview of Telemental Health and Online Services Delivery

- History of telemental health from the 1950s to present
- Terminology used with telemedicine and telemental health
- Benefits of telemedicine and telemental health
- Evolution of telemedicine and telemental health and the models of care used today from traditional telemental health to online telemental health

Module 2: Technical Considerations

- Key features to consider when selecting the best technology to use
- Technical specifications including video bandwidth and resolution
- Privacy and encryption standards, including HIPAA
- Administrative considerations, such as billing and jurisdiction laws
- Cultural differences in patients

Module 3: Guidelines and Best Practices - Clinical Considerations

- Best practice guidelines for delivery telemental health
- Patient acceptance and satisfaction with telemental health care
- Clinical skills for telemedicine encounters
- Different types of prescribing models in telemental health
- Clinical assessment for special groups, such as children, the elderly and populations in rural areas

Module 4: Emergency Management

- Basic education including suicide prevention
- Jurisdictional law and review
- Patient expectations in an emergency
- Identification of suitable patients for telemental health
- Key components of an emergency plan

Continuing Education Credits

Jointly Provided by the University of South Florida and the American Telemedicine Association

USF Health will provide continuing education credits for the *Delivering Online Video Based Mental Health Services* online course, including credit for physicians, psychologists, as well as Florida-licensed clinical social workers, licensed marriage and family therapists, mental health counselors. Any attendee wishing to obtain continuing education credits will receive CE certificate upon completion of the course and must receive 75% or higher on the final test.

OBJECTIVES

After taking this online course, participants should be able to:

1. Identify key legal, regulatory, and ethical considerations when delivering mental health services online
2. Evaluate reimbursement strategies
3. Implement recommended clinical, administrative and technical best practices for delivering online video-based mental health services
4. Plan and respond appropriately to patient emergencies in an online setting

Target Audience

ATA's educational courses are designed for clinical, technical and administrative professionals who work in the field of telemedicine. No prerequisite knowledge or skills are required to participate in these activities. The target audience includes physicians, psychologists as well as Florida-licensed clinical social workers, licensed marriage and family therapists, and mental health counselors.

Faculty Disclosure

The course faculty has nothing to disclose and submitted their disclosures during course planning process.

USF Health adheres to the Accreditation Council for Continuing Medical Education (ACCME) Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflicts of interest are resolved and that speakers disclose any unlabeled/unapproved use of drugs or devices during their presentation.

Disclaimer

The information provided for this online activity is for continuing education purposes only and not meant to substitute for the independent medical/clinical judgment of a health care provider relative to diagnostic and treatment options of a specific patient's medical condition.

USF Health Privacy Policy

USF Health Office of Continuing Professional Development (OCPD) has created a privacy policy to demonstrate its commitment to guarding the privacy of its clients. The following statements disclose its practices on gathering and disseminating information for its web site. The OCPD has security measures in place to protect the loss, misuse, and alteration of the information under its control. The OCPD does not share or sell any individual's contact information, financial information, or unique identifiers to any commercial supporter, advertiser, or third party without the specific permission of the individual. For questions about this privacy policy, please contact USF Health OCPD, at cpdsupport@health.usf.edu.

To Obtain Your CE Certificate Online:

1. View all online course modules; modules become green upon completion
2. Complete the test and survey in the My Learning section
3. Upon satisfactory completion of the final test (75% or higher) and survey, the CE certificate will be available to download in the Grades tab of My Learning section.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider ship of USF Health and the American

Telemedicine Association. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of *3.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

USF Health is approved by the American Psychological Association to sponsor continuing education for psychologists. USF Health maintains responsibility for this program and its content. This activity is approved for up to 3.0 credit hours. Full course completion is required and partial credit will not be awarded.

Florida Licensed Clinical Social Workers, Licensed Marriage and Family Therapists, Licensed Mental Health Counselors

USF Health is an approved provider of continuing education credits for clinical social work, marriage and family therapy, and mental health counseling. This program has been reviewed and approved for up to 3.5 credits.

Online Course Continuing Education Credits Available

Physicians: 3.0

Psychologists: 3.0

Social Work: 3.5

Course Information

Course release date: June 2014

Course expiration date: June 2016

Estimated time to complete: 3 hours

Course Format

Interactive self-paced online course in SCORM format.

CE Contact Information

For questions about obtaining CE, please contact ATA:

Email: learn@americantelemed.org

Phone: 202-223-3333

No commercial support was obtained for the online course.

USF is an Equal Opportunity/Equal Access/Affirmative Action Institution.