

Peer Recovery Support Specialist

Continuum of Care includes natural community supports

Optum welcomes the Nationally Certified Peer Recovery Support Specialists (NCPRSS) to the recovery team. NAADAC, the Association for Addiction Professionals, now offers a national certification for Peer Recovery Support Specialists. This credential standardizes qualifications and competencies associated with peer support services.

Bring the strength of lived experience to your recovery

The NCPRSS is an individual with lived experience who has achieved a minimum of one year of recovery from a substance use or co-occurring mental health and substance use condition. These individuals have completed specific training requirements and have experience in providing peer support in conjunction with therapeutic work and/or as a part of continuing care. The NCPRSS knows the challenges, the pitfalls and the joys of recovery.

Maintain and build upon gains and successes

The NCPRSS takes their experience, compassion and hope right into your community helping individuals and families to maintain and build upon gains made through treatment at all levels of care. The NCPRSS:

- Works with individuals and families in conjunction with and following clinical therapeutic services
- Is familiar with, and facilitates use of, community resources
- Builds on strengths

Learn more about recovery-oriented care

Online resources

- liveandworkwell.com: Links to [Hot Topics](#)
- NAADAC.org: [Recovery Resources](#)
- SAMHSA.gov:
[Recovery and Recovery Support](#)
[Peer Support and Social Inclusion](#)

