STATE-BY-STATE DIRECTORY OF PEER RECOVERY COACHING TRAINING AND CERTIFICATION PROGRAMS

SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.
ACKNOWLEDGMENTS

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DISCLAIMER

The views, opinions, and content of this document are those of the authors and do not necessarily reflect the views, opinions, or policies of SAMHSA or HHS.
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ABOUT THIS DIRECTORY

Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) created this directory based on information obtained from state certification boards for alcohol and substance use professionals, state mental health and substance use disorder authorities, sources identified by the International Certification & Reciprocity Consortium (IC&RC), local and statewide recovery community organizations, and the National Association of State Alcohol and Drug Abuse Directors.

The information sources for each state are noted. All italicized text is a direct quote from the source noted. The information in this directory was current as of June 24, 2020. If you encounter information that needs to be updated, please send details to BRSSTACS@c4innovates.com.
The directory uses a format similar to that of the *Peer Specialist Training and Certification Programs: A National Overview*, published by The University of Texas at Austin. Each state table includes the following information, as available:

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<td>The requirement for a person to have lived experience of recovery before applying to become a recovery coach and/or length of time in recovery</td>
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<td>Yes: ☐  No: ☐  Years in Recovery:</td>
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<td>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</td>
<td>The rule regarding whether a family member, friend, or recovery ally can be a recovery coach</td>
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<tr>
<td>Family Member: ☐  Friend: ☐  Recovery Ally: ☐  No: ☐</td>
<td></td>
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<td></td>
</tr>
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<td>Integrated Training Curriculum (Mental Health and Substance Use)</td>
<td>Information regarding the integration of training curriculum for both mental health peer specialists and recovery coaches</td>
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</table>
# State-by-State Information

## Alabama

<table>
<thead>
<tr>
<th><strong>Website(s)</strong></th>
<th><a href="https://mh.alabama.gov/">https://mh.alabama.gov/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program Description</strong></td>
<td>In Alabama a Certified Recovery Support Specialist is a person in recovery from substance use disorder, working within an agency or organization, who has been trained to use their personal recovery story to assist others in developing their personal plan for recovery. This person must meet the Alabama Department of Mental Health’s requirements to provide peer supportive services. For more information, please visit <a href="https://mh.alabama.gov/">https://mh.alabama.gov/</a>.</td>
</tr>
</tbody>
</table>
| **Setting(s)** | - Peer-run organizations  
- Treatment providers  
- Courts  
- Other community agencies |
| **Credential** | Certified Recovery Support Specialist |
| **Credentialing Agency** | Alabama Department of Mental Health Office of Peer Programs |
| **Certification Requirements** | - 2 years of documented recovery  
- HS Diploma or GED  
- Current driver’s license  
- Two written references  
- 40 hours of training  
  Pass exam with a minimum score of 70 |
| **Personal Recovery Required** | Yes: ☒  No: ☐  Years in Recovery: 2  |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐  Friend: ☐  Recovery Ally: ☐  No: ☒  |
| **Code of Ethics** | Alabama has Ethical Standards that all CRSS must abide by, as well as an ethical committee that oversees any violations or complaints. |
| **Exam Criteria** | Written exam, consisting of 125 questions. |
| **Fees** | The Alabama Department of Mental Health will pay for the training, as well as for hotel accommodations and meals. |
| **Recertification/CEUs** | 16 hours of education provided by Alabama Department of Mental Health |
| **Financing for Recovery Coaching Services** | The state’s method for funding the positions  
- Medicaid: ☒  
- Block Grants: ☒  
- Access to Recovery Grant: ☐  
- State General Revenue: ☐  
- Foundations: ☐  
- Additional Funding: SOR |
<p>| <strong>Training Requirements</strong> | 40-hour training provided by the Alabama Department of Mental Health |</p>
<table>
<thead>
<tr>
<th>Competencies</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>▪ Lived experience from a substance use disorder</td>
<td></td>
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<tr>
<td>▪ Defining a peer specialist</td>
<td></td>
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<tr>
<td>▪ Defining the role of a peer specialist</td>
<td></td>
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<tr>
<td>▪ How to connect individuals to needed resources</td>
<td></td>
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<tr>
<td>▪ Trauma-informed care</td>
<td></td>
</tr>
<tr>
<td>▪ Recovery-oriented systems of care</td>
<td></td>
</tr>
<tr>
<td>▪ Cultural Competence</td>
<td></td>
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<tr>
<td>▪ Motivational Interviewing</td>
<td></td>
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<tr>
<td>▪ Utilizing your personal story</td>
<td></td>
</tr>
<tr>
<td>▪ Advocacy</td>
<td></td>
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<tr>
<td>▪ Ethics/boundaries</td>
<td></td>
</tr>
<tr>
<td>▪ Recovery dialogue</td>
<td></td>
</tr>
<tr>
<td>▪ Stages of change</td>
<td></td>
</tr>
<tr>
<td>▪ Communication skills</td>
<td></td>
</tr>
<tr>
<td>▪ Problem-solving</td>
<td></td>
</tr>
<tr>
<td>▪ Conflict resolution</td>
<td></td>
</tr>
<tr>
<td>▪ Negative self-talk</td>
<td></td>
</tr>
<tr>
<td>▪ Documentation</td>
<td></td>
</tr>
</tbody>
</table>

<p>| Training Provider/Organization                                              | Alabama Department of Mental Health: Office of Peer Programs     |
| Supervisory Training                                                       | Not available                                                   |
| Training Curriculum for Recovery Coach Supervisors                          | Not available                                                   |
| Is Training Curriculum Integrated (Mental Health and Substance Use)?        | Not available                                                   |
| <strong>ALASKA</strong> |
|-----------------|----------------------------------|
| <strong>Website(s)</strong> | In development. Anticipate beginning January 2021. |
| <strong>Program Description</strong> | In development. Anticipate beginning January 2021. |
| <strong>Setting(s)</strong> | Primarily Community Behavioral Health Organizations but also peer-run organizations |
| <strong>Credential</strong> | To be determined |
| <strong>Credentialing Agency</strong> | Alaska Commission on Behavioral Health Certification |
| <strong>Certification Requirements</strong> | To be determined |
| <strong>Personal Recovery Required</strong> | The requirement for a person to have lived experience of recovery before applying to become a recovery coach and/or length of time in recovery Yes: ☒ No: ☐ Years in Recovery: Choose an item. Additional Comments: Requirement for years in recovery still being discussed |
| <strong>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</strong> | The rule regarding whether a family member, friend, or recovery ally can be a recovery coach Family Member: ☒ Friend: ☐ Recovery Ally: ☐ No: ☐ Additional Comments: |
| <strong>Code of Ethics</strong> | To be determined |
| <strong>Exam Criteria</strong> | To be determined |
| <strong>Fees</strong> | Yes, but amounts to be determined |
| <strong>Recertification/CEUs</strong> | To be determined |
| <strong>Financing for Recovery Coaching Services</strong> | The state’s method for funding the positions Medicaid: ☒ Block Grants: ☐ Access to Recovery Grant: ☐ State General Revenue: ☒ Foundations: ☐ Additional Funding: |
| <strong>Training Requirements</strong> | Yes, but not yet finalized |
| <strong>Competencies</strong> | Yes, but not yet finalized |
| <strong>Training Provider/Organization</strong> | Anticipate multiple training providers will receive state approval |
| <strong>Supervisory Training</strong> | To be determined |
| <strong>Training Curriculum for Recovery Coach Supervisors</strong> | To be determined |
| <strong>Integrated Training Curriculum (Mental Health and Substance Use)</strong> | Yes |</p>
<table>
<thead>
<tr>
<th><strong>ARIZONA</strong></th>
</tr>
</thead>
</table>
https://azahcccs.gov/AHCCCS/HealthcareAdvocacy/OIFA.html 
https://azahcccs.gov/AHCCCS/Downloads/PeerRecoverySupportSpecialist.pdf |
| **Program Description** | **AHCCCS Medical Policy Manual 963** – Peer and Recovery Support Service Provision Requirements (AMPM 963)  
(Most recent update 10/1/2019; currently under revision)  
*The Arizona Health Care Cost Containment System (AHCCCS) is Arizona’s Medicaid Program. This policy establishes training, supervision and credentialing requirements for individuals delivering peer support services reimbursable through Medicaid. The policy is overseen by the AHCCCS Office of Individual and Family Affairs (OIFA). There are multiple peer support training programs operating in the state which meet the requirements of AMPM 963. A PRSS credential from any AHCCCS compliant program is transferrable statewide. The PRSS credential is non-exclusive to mental health or substance use; it is inclusive of both.* |
| **Setting(s)** | Self-Help/Peer Services (Peer Support) is provided in a variety of settings, the most common being licensed outpatient providers (77) and Community Service Agencies (A3). |
| **Credential** | Peer and Recovery Support Specialist (PRSS) |
| **Credentialing Agency** | Individuals are credentialed by the agency through which they completed training and passed a competency exam.  
List of approved training agencies:  
https://azahcccs.gov/Members/Downloads/BehavioralHealthServices/PeerSupportTrainingAgencies.pdf  
AHCCCS recognizes credentials issued through these programs as valid compliance with CMS regulations. |
| **Certification Requirements** | **AMPM 963 Section B**  
*Self-identify as an individual who is or has been a recipient of behavioral health and/or substance use treatment and have an experience of recovery to share.*  
*Meet the requirements to function as a behavioral health paraprofessional, behavioral health technician, or behavioral health professional.* |
| **Personal Recovery Required** | Yes: ☒  No: ☐  
Additional Comments: No specific amount of time in recovery is required. |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☒  Friend: ☒  Recovery Ally: ☒  No: ☐  
Additional Comments: Anyone may be a PRSS. As long as an individual meets the requirements listed in **AMPM 963, Section B**, they are eligible to be trained. (See above in “Certification Requirements.”) |
| **Code of Ethics** | - Currently in development  
- All PRSS are bound by the same professional standards for ethical conduct as any other behavioral health worker. |
### Exam Criteria

**AMPM 963 Section C**

Upon completion of required training, individuals seeking credentialing and employment as a PRSS shall also complete and pass a competency exam with a minimum score of 80%. Each PSETP has the authority to develop a unique competency exam. However, all exams shall include at least one question related to each of the curriculum core elements as specified in this Policy. If an individual does not pass the competency exam, the provider of the exam may allow the individual to retake or complete additional training prior to taking the competency exam again.

### Fees

No fees are set by the state for taking an exam.

### Recertification/CEUs

**AMPM 963 Section F**

1) AHCCCS Contracted MCOs shall develop and make available to providers policies and procedures describing requirements for individuals employed as PRSS to obtain a minimum of two hours of Continuing Education and Ongoing Learning relevant to Peer Support, per year.

2) AHCCCS Contracted MCOs shall ensure providers and individuals employed as a PRSS have access to a minimum of two hours of Continuing Education and Ongoing Learning, relevant to Peer Support, per year.

Continuing Education and Ongoing Learning is defined as: Activities of professional development intended to enhance relevant knowledge and build skills within a given practice. These activities are not limited to acquiring traditional Continuing Education Units.

### Financing for Recovery Coaching Services

- Medicaid: ☒
- Block Grants: ☒
- Access to Recovery Grant: ☐
- State General Revenue: ☒
- Foundations: ☐

### Training Requirements

For purposes of accessibility, no specific number of hours, course schedule or training format/structure is required. Required topics and areas to be covered by trainings can be found below under “Competencies.”

### Competencies

**AMPM 963 Section H**

**a. Concepts of Hope and Recovery**

I. Instilling the belief that recovery is real and possible

II. The history of recovery movements (e.g. Self-Help, Consumer/ Survivor/Ex-Patient, Neurodiversity)

III. Varied ways that behavioral health issues have been viewed and treated over time and in the present

IV. Appreciating different perspectives of recovery and other ways of thinking about behavioral health (e.g., Harm Reduction and 12-Step Recovery)

V. Knowing and sharing one’s story of a recovery journey and how one’s story can assist others in many ways

VI. Holistic approach to recovery addressing behavioral, emotional, and physical health

VII. Overview of the Service Plan and its purpose

**b. Advocacy and Systems Perspective**

I. Overview of state and national behavioral health system infrastructure and the history of Arizona’s behavioral health system

II. Effective stigma elimination strategies: Countering self-stigma, role modeling recovery, and valuing the lived experience

III. Introduction to organizational change: How to utilize person-first language and energize one’s agency around recovery, hope, and the value of peer support

IV. Creating a sense of community in a safe and supportive environment
<table>
<thead>
<tr>
<th>Training Provider/Organization</th>
<th>All AHCCCS compliant programs are listed here: <a href="https://azahcccs.gov/AHCCCS/Downloads/PeerRecoverySupportSpecialist.pdf">https://azahcccs.gov/AHCCCS/Downloads/PeerRecoverySupportSpecialist.pdf</a></th>
</tr>
</thead>
</table>
| Supervisory Training          | AMPM 963 Section G-2  
Contractors shall develop and make available to the providers policies and procedures to ensure supervisors of PRSSs have access to training and ongoing learning relevant to the provision of Peer Support Services and supervision of PRSSs. |
| Training Curriculum for Recovery Coach Supervisors | RE: 963-G2  
RELIAS and https://www.azpfca.org/supervisor-course-info |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Yes, the curriculum always has been integrated in Arizona. |
# Arkansas

## Website(s)
- Arkansas Department of Human Services Division of Behavioral Health Services: [https://humanservices.arkansas.gov/about-dhs/daabhs/behavioral-health-services](https://humanservices.arkansas.gov/about-dhs/daabhs/behavioral-health-services)
- Arkansas Substance Abuse Certification Board (ASACB): [www.asacb.com](http://www.asacb.com)

## Program Description
The following information comes from the Arkansas Department of Human Services’ Peer Support Specialist, Family Support Partner, and Youth Support Specialist Standards:

A Peer Support Specialist (PSS) models recovery and resiliency for individuals with behavioral health care needs. PSSs are individuals who self-identify as someone who has received or is receiving behavioral health services and is able to provide expertise not replicated by professional training. They use their lived experiences, training, and skills to promote recovery and resiliency. PSSs provide support and build relationships through their shared experiences.


## Setting(s)
- Drug courts
- U.S. Department of Veterans Affairs
- Treatment centers
- Hospital emergency departments
- Jails
- Reentry centers
- Recovery community organizations
- State agencies

## Credential
- Certification and the IC&RC Peer Recovery Credential
- National Certified Peer Recovery Support Specialist (NCPRSS)

## Credentialing Agency
- Arkansas Substance Abuse Certification Board (ASACB)
- National Association for Alcoholism and Drug Abuse Counselors

## Certification Requirements
### Peer in training:
- Completion of an Arkansas Department of Human Services-approved PRSS training program
- Supervision by a Peer Recovery Peer Supervisor (PRPS)

### Peer recovery:
- 500 hours of supervised work experience
- 25 hours of supervision in the domains
- 46 hours of education specific to the domains of advocacy, mentoring/education, recovery/wellness support, and ethical responsibility
- Passing score on an examination
- Agreement to comply with the ASACB Code of Ethical Behavior

## Personal Recovery Required
Yes: ☒ No: ☐ Years in Recovery: 2
- Additional Comments:

## Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?
- Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒
- Additional Comments:
<table>
<thead>
<tr>
<th>Code of Ethics</th>
<th>The Arkansas Substance Abuse Certification Board’s <em>Code of Ethical Behavior</em> is available at <a href="https://www.asacb.com/ethics">https://www.asacb.com/ethics</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam Criteria</td>
<td>Computer-based examination</td>
</tr>
<tr>
<td>Fees</td>
<td>Testing fee: $100 (peer recovery)</td>
</tr>
<tr>
<td>Recertification/CEUs</td>
<td>Peer Recovery Support Specialist: 18 hours (6 of which must be in ethics) of continuing education every 2 years</td>
</tr>
<tr>
<td>Training Requirements</td>
<td>Peer Recovery Support Specialist: Arkansas Department of Human Services-approved PR training program  Peer recovery: 46 hours of education:  - 10 hours in advocacy  - 10 hours in mentoring/education  - 10 hours in recovery/wellness support  - 16 hours in ethical responsibility</td>
</tr>
<tr>
<td>Competencies</td>
<td>Peer recovery:  - Advocacy  - Mentoring/education  - Recovery/wellness support  - Ethical responsibility</td>
</tr>
<tr>
<td>Training Provider/Organization</td>
<td>University of Arkansas Little Rock (UALR) Midsouth School of Social Work <a href="https://www.midsouth.ualr.edu/daabhs/">https://www.midsouth.ualr.edu/daabhs/</a></td>
</tr>
</tbody>
</table>

### Supervisory Training

**Advanced Peer Recovery Training (A.PR) The Arkansas Model**

Advanced Peer Recovery Support Specialist:
- Arkansas Department of Human Services-approved PR training program
- Advanced Peer Recovery:
  - 5-day training
  - 500 hours of supervised work experience *under Peer Recovery Peer Supervisor (PRPS)*
  - 25 hours of supervision in the domains
  - Passing score on advanced examination

### Training Curriculum for Recovery Coach Supervisors

**Peer Recovery Peer Supervisory (PRPS) Training The Arkansas Model**

Peer Recovery Peer Supervisor (PRPS)
Advanced Peer Recovery Support Specialist:
- Arkansas Department of Human Services-approved PR training program
- Advanced Peer Recovery:
  - 5-day training
  - 250 hours of supervised work experience *under Peer Recovery Peer Supervisor (PRPS)*
  - 250 hours of providing supervision *under Peer Recovery Peer Supervisor (PRPS)*
  - 25 hours of supervision in the domains
  - Passing score on the advanced examination
<p>| <strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong> | Not available |</p>
<table>
<thead>
<tr>
<th>CALIFORNIA</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
</tbody>
</table>
| **Program Description** | The following description comes from the CCAPP website:  
_The Certified Peer Recovery (PR) credential is designed for individuals with personal, lived experience in their own recovery from addiction, mental illness, or co-occurring substance and mental disorders._  
For more information, please visit https://ccappcredentialing.org/index.php/career-ladder/recovery-related-credentials/cprs. |
| **Setting(s)** | - Businesses  
- Community coalitions  
- Criminal justice settings  
- Educational settings  
- Faith-based organizations  
- Government agencies  
- Healthcare organizations  
- Human assistance agencies  
- Mental health treatment facilities  
- Military and veterans organizations  
- Nonprofits  
- Prevention organizations  
- Public health agencies  
- Treatment facilities  
- Tribal entities |
| **Credential** | IC&RC Peer Recovery Credential  
There is no state-sanctioned substance use peer support worker certification program in California |
| **Credentialing Agency** | California Consortium of Addiction Programs and Professionals |
| **Certification Requirements** | - 500 hours of paid or volunteer experience  
- 25 hours of supervised work experience  
- 100 hours of approved training/education  
- Passing score on the IC&RC Peer Recovery Examination |
| **Personal Recovery Required** | Yes: ☒  
No: ☐  
Years in Recovery: 1  
Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | The rule regarding whether a family member, friend, or recovery ally can be a recovery coach  
Family Member: ☒  
Friend: ☒  
Recovery Ally: ☒  
No: ☐  
Additional Comments: |
<p>| <strong>Code of Ethics</strong> | The California Consortium of Addiction Programs and Professionals <em>Certified Peer Recovery Specialist Code of Conduct</em> is available at <a href="https://www.ccapp.us/site_media/media/attachments/flatblocks_flatblock/58/peer%20application%202_1_2016.pdf">https://www.ccapp.us/site_media/media/attachments/flatblocks_flatblock/58/peer%20application%202_1_2016.pdf</a> |
| <strong>Exam Criteria</strong> | IC&amp;RC Peer Recovery Examination |</p>
<table>
<thead>
<tr>
<th><strong>Fees</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>- Certification fee: $65</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Portfolio review (members): $65</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Portfolio review (nonmembers): $80</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Written exam (members): $100</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Written exam (nonmembers): $110</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Recertification/CEUs</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>Every 2 years:</td>
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<tr>
<td>- Renewal fee</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Signature on the <em>PRS Code of Conduct</em></td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>- Signature on the <em>PRS Scope of Practice</em></td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>- 10 approved hours of education, with at least 6 hours in ethics</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<thead>
<tr>
<th><strong>Financing for Recovery Coaching Services</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>Medicaid: ☒</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>Block Grants: ☒</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>Access to Recovery Grant: ☐</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>State General Revenue: ☒</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>Foundations: ☐</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<thead>
<tr>
<th><strong>Training Requirements</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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<tbody>
<tr>
<td>100 hours of training and education:</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- 46 hours that are specific to the domains</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>10 hours in advocacy</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>10 hours in mentoring</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>10 hours in recovery support</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>16 hours in professional responsibility</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<td>54 hours in any of the domains</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<tr>
<th><strong>Competencies</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>- Advocacy</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Professional responsibility</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Mentoring</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
<tr>
<td>- Recovery support</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Training Provider/Organization</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>All training is conducted by CCAPP</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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</table>

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<thead>
<tr>
<th><strong>Supervisory Training</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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<tbody>
<tr>
<td>No information available at this time</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<table>
<thead>
<tr>
<th><strong>Training Curriculum for Recovery Coach Supervisors</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
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</thead>
<tbody>
<tr>
<td>No information available at this time</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
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<table>
<thead>
<tr>
<th><strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong></th>
<th><img src="https://via.placeholder.com/150" alt="Image" /></th>
</tr>
</thead>
<tbody>
<tr>
<td>Separate training curricula are available for mental health and substance use peer programs.</td>
<td><img src="https://via.placeholder.com/150" alt="Image" /></td>
</tr>
</tbody>
</table>
## COLORADO

| Website(s) | Colorado Peer and Family Specialist Credential: [http://copeercert.com](http://copeercert.com)  
Colorado Providers Association: [https://www.coprovidersassociation.org/](https://www.coprovidersassociation.org/) |
| --- | --- |
| Program Description | The following description comes from the Colorado Providers Association website:  
*Peers and family advocates gain significant benefits by achieving and maintaining a CPFS. Not only are they able to demonstrate practice competencies in their daily work, but they become part of an international cadre of advocates for quality service delivery. Through the continuing education required for renewal of certification, practitioners are able to maintain their knowledge, skills and abilities while staying abreast of new and emerging trends in the field. Continued skill development often leads to an enhanced career standing and the potential for greater advancement.*  
For more information, please visit [http://coprovidersassociation.org/](http://coprovidersassociation.org/) |
| Setting(s) |  
- Peer-run organizations  
- Treatment providers  
- Emergency departments  
- Criminal justice settings/courts  
- Other community agencies |
| Credential | Certification and the IC&RC Peer Recovery Credential |
| Credentialing Agency | Colorado Providers Association |
| Certification Requirements |  
- 500 hours of volunteer or paid work experience within 6 months  
- 25 hours of supervision  
- 60 hours of education  
- Passing score on the IC&RC Peer Recovery Examination |
| Personal Recovery Required | Yes: ☒  
No: ☐  
Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | The rule regarding whether a family member, friend, or recovery ally can be a recovery coach  
Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
Additional Comments: |
| Code of Ethics | The [Colorado Certified Peer and Family Support Specialist Code of Ethical Conduct](https://static1.squarespace.com/static/5cd323987a1fbd227991d925b/5d941c72b11bfa2735235049/1569987699279/CO_Peer_Code_of_Ethics.pdf) can be found at [https://static1.squarespace.com/static/5cd323987a1fbd227991d925b/5d941c72b11bfa2735235049/1569987699279/CO_Peer_Code_of_Ethics.pdf](https://static1.squarespace.com/static/5cd323987a1fbd227991d925b/5d941c72b11bfa2735235049/1569987699279/CO_Peer_Code_of_Ethics.pdf) |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees |  
- Fee to start application: $50  
- Fee to complete the application: $245  
- Fee for renewal (every 2 years): $200 |
| Recertification/CEUs | Every 2 years:  
|----------------------|---------------------------------|
|                      | • 30 hours of continuing education (including 6 hours in ethics)  
|                      | • Renewal fee  
| Financing for Recovery Coaching Services | Medicaid: ☒  
|                      | Block Grants: ☒  
|                      | Access to Recovery Grant: ☒  
|                      | State General Revenue: ☒  
|                      | Foundations: ☒  
|                      | Additional Funding:  
| Training Requirements | Total of 60 hours of education:  
|                      | • 10 hours in advocacy  
|                      | • 10 hours in recovery/wellness support  
|                      | • 10 hours in mentoring and education  
|                      | • 16 hours in ethical responsibility  
|                      | • 14 hours of additional training must include trauma-informed care, cultural sensitivity, whole health, substance use, mental health, and family support (if not already covered).  
| Competencies | • Advocacy  
|              | • Mentoring and education  
|              | • Recovery/wellness support  
|              | • Ethical responsibility  
| Training Provider/Organization | Advocates for Recovery Colorado  
|                      | Community Reach Center  
|                      | Connecticut Community for Addiction Recovery (CCAR)  
|                      | Intentional Peer Support  
|                      | Mind Springs Health  
|                      | Peer Coach Academy Colorado  
|                      | Recovering Spirit, LLC  
|                      | Rocky Mountain Crisis Partners  
|                      | Springs Recovery Connection  
|                      | Colorado Mental Wellness Network  
| Supervisory Training | Not available  
| Training Curriculum for Recovery Coach Supervisors | Not available  
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Not available |
## CONNECTICUT

| Website(s) | Connecticut Certification Board, Inc.: [http://www.ctcertboard.org](http://www.ctcertboard.org)  
Connecticut Community for Addiction Recovery: [http://www.ccar.us](http://www.ccar.us) |
|------------|-------------------------------------------------------------------------------------------------|
| Program Description | The following description comes from the Connecticut Certification Board, Inc.’s Certified Peer Recovery Specialist Application:  
_The Connecticut Certification Board defines a CPRS—Certified Peer Recovery Specialist a practitioner who has demonstrated their knowledge and skills in the 4 CPRS performance domains identified in the Peer Recovery Job Analysis (JA) & IC&RC Peer Recovery Candidate Guide (2014)._  
For more information, please visit [http://www.ctcertboard.org/files/pdfs/CPRS%20Application.pdf](http://www.ctcertboard.org/files/pdfs/CPRS%20Application.pdf) |
| Setting(s) | Department of Corrections  
Emergency departments  
Private settings  
Recovery community centers  
Recovery houses  
Treatment settings |
| Credential | Certification and the IC&RC Peer Recovery Credential |
| Credentialing Agency | Connecticut Certification Board, Inc. (CCB) |
| Certification Requirements | 500 hours of volunteer work, paid work, or both, specific to the domains  
25 hours of supervision specific to the domains  
50 hours of Certified Addiction Recovery Coach-specific training  
Passing score on the IC&RC Peer Recovery Examination  
Adherence to the Peer Recovery Code of Ethics |
| Personal Recovery Required | Yes: ☐  
No: ☒ |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  
Friend: ☒  
Recovery Ally: ☒  
No: ☐ |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees | Application fee: $150  
Exam fee: $150  
Recertification fee: $50 per year (discount for multiple-year purchase) |
| Recertification/CEUs | Every year:  
10 hours of continuing education specific to peer recovery, including 3 hours of ethics |
|------------------------------------------|----------------------------------------------------------|
| Training Requirements                    | 50 hours of training:  
- 10 hours in advocacy  
- 10 hours in mentoring/education  
- 10 hours in recovery/wellness support  
- 16 hours in ethical responsibility  
- 4 hours in mental or substance use disorder recovery electives |
| Competencies                             |  
- Advocacy  
- Mentoring/education  
- Recovery/wellness support  
- Ethical responsibility |
| Training Provider/Organization           | Center for Addiction Recovery Training  
Connecticut Community for Addiction Recovery  
Additional information is available at:  
http://www.ctcertboard.org/approved-training-providers  
https://advocacyunlimited.org/program/rss-training/ |
| Supervisory Training                     | Coachervision: Recovery Coach Oversight  
https://addictionrecoverytraining.org/coachervision/ |
| Training Curriculum for Recovery Coach Supervisors | https://addictionrecoverytraining.org/coachervision/  
https://advocacyunlimited.org/program/rss-training/  
CCAR, a recovery organization in Connecticut offers several trainings including “Recovery Coach Academy” and “Recovery Coaching in an Emergency Department.” Many people who have taken the Recovery Coach Academy have been employed by mental health & addiction organizations throughout Connecticut. |
<p>| Is Training Curriculum Integrated (Mental Health and Substance Use)? | <a href="https://advocacyunlimited.org/program/rss-training/">https://advocacyunlimited.org/program/rss-training/</a> |</p>
<table>
<thead>
<tr>
<th>Program Description</th>
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</table>
| Delaware Certification Board (DCB): [http://www.delawarecertification-board.org](http://www.delawarecertification-board.org)  
Delaware Health and Social Services: [https://www.dhss.delaware.gov/dhss/dsamh/peerservices.html](https://www.dhss.delaware.gov/dhss/dsamh/peerservices.html)  
The following description comes from the Delaware Certification Board’s CPRS Application:  
*The Certified Peer Recovery Specialist (CPRS) is designed for individuals with personal, lived experience in their own recovery or experience as a family member or loved one. Peer support services are an important component in a recovery-oriented systems of care. By offering insight into the recovery process based on their own experience, peers are able to provide a unique perspective to those with similar life issues. The role of the CPRS reflects a collaborative and strengths-based approach, with the primary goal being to assist individuals and family members in achieving sustained recovery from the effects of addiction and/or mental health issues. CPRSs are not clinicians; they serve in a supportive role within the community and/or treatment setting. They do not replace other professional services; they complement the existing array of support services. The peer is not a sponsor, case manager or a therapist but rather a role model, mentor, advocate and motivator. Services provided by the CPRS are a permanent critical component of the continuum of care services that will substantially improve an individual’s ability to sustain recovery and wellness. The primary function of the CPRS is to provide individuals and family members in recovery with a support system to develop and learn healthy skills and gain access to needed community resources. CPRSs serve people in the recovery process by supporting them in accessing community-based resources, implementing self-directed recovery/wellness plans and navigating state and local systems (including addiction and mental health treatment systems). They encourage individuals to develop a strong foundation in recovery (e.g., establishing support systems, self-care, independence/self-sufficiency, healthy coping skills) that support long-term wellness and recovery.*  
For more information, please visit: [https://www.decertboard.org/sites/default/files/applications/DCB_CPRS_Application_19.pdf](https://www.decertboard.org/sites/default/files/applications/DCB_CPRS_Application_19.pdf)  
The following information comes from the Delaware Health and Social Services website:  
*A Peer Recovery Specialist is an individual who has lived experience with mental illness, addiction, co-occurring conditions, AND recovery. Peer Recovery Specialists are specially trained professionals who support others going through similar life challenges they once experienced. They assist individuals in developing the skills and resources they need to live an independent and product life in the community.*  
For more information, please visit: [https://www.dhss.delaware.gov/dhss/dsamh/peerservices.html](https://www.dhss.delaware.gov/dhss/dsamh/peerservices.html)
| Setting(s) | • Assertive community treatment teams  
• Peer resource centers  
• Detox programs  
• Emergency departments  
• Intensive care management teams  
• Group homes  
• Inpatient/treatment facilities  
• Veterans Administration program  
• Intensive outpatient programs |
| --- | --- |
| Credential | Certification and the IC&RC Peer Recovery Credential  
• Certified Peer Recovery Specialist (CPRS)  
• Certified Supervisor of Recovery Specialists (CSPS) |
| Credentialing Agency | Delaware Certification Board |
| Certification Requirements | • 1,000 hours of volunteer or paid experience specific to the domains  
• 25 hours of supervision specific to the domains  
• 46 hours of education relevant to the domains  
• Passing score on the IC&RC Peer Recovery Examination  
• Signature on the *DCB Code of Ethical Conduct*  
• Signed, notarized release  
• Current job description that is dated and signed by a supervisor |
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: N/A  
• Additional Comments: Statement of Personal Lived Experience, a minimum of 1,000 words in length, describing their experience with recovery and their history of sustained recovery |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒ Friend: ☐ Recovery Ally: ☐ No: ☐  
• Additional Comments: The Certified Peer Recovery Specialist (CPRS) is the credential for individuals with personal, lived experience in their own recovery or experience as a family member or loved one. |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees | • Certification fee: $150  
• Retest fee: $50  
• Exam cancellation fee: $50  
• Scholarships are available if cost is a barrier |
| Recertification/CEUs | Every 2 years:  
• Current and valid certificate issued by DCB  
• 20 hours of DCB-approved education, including 6 hours in professional ethics and responsibilities  
• Review of the DCB Code of Ethical Conduct for professional behavior  
• Application: Please refer to the [Recertification Application](https://www.decertboard.org/sites/default/files/files/DCBCodeofEthicalConduct.pdf)  
• Recertification fee: $100 – DSAMH has scholarship funds for the recertification fee if the cost is a barrier |
| **Financing for Recovery Coaching Services** | The state’s method for funding the positions  
Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☒  
Foundations: ☐  
Other: State Opioid Response Grant |
| **Training Requirements** | 46 hours of education relevant to domains:  
• 10 hours in advocacy  
• 10 hours in mentoring/education  
• 10 hours in recovery/wellness support  
• 16 hours in ethical responsibility |
| **Competencies** | • Advocacy  
• Mentoring/education  
• Recovery/wellness support  
• Ethical responsibility |
| **Training Provider/Organization** | The Mental Health Association in Delaware  
Additional information is available at [https://www.decertboard.org/education/approved](https://www.decertboard.org/education/approved). |
| **Supervisory Training** | Experience: 2 years of full-time employment or 4000 hours of part-time employment in the behavioral health field, of which 1 year of full-time employment or 2000 hours must be as a supervisor in the behavioral health field. |
| **Training Curriculum for Recovery Coach Supervisors** | DSAMH has created a standardized training that is required.  
Education: 8-hour standardized DSAMH peer supervision training |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | All of Delaware’s training is integrated via the IC&RC model. |
### DISTRICT OF COLUMBIA

#### Website(s)
DC Department of Behavioral Health: [https://dbh.dc.gov/service/peer-specialist-certification-program](https://dbh.dc.gov/service/peer-specialist-certification-program)

#### Program Description
The following information comes from the DC Department of Behavioral Health website:

_A certified peer specialist is an individual living in recovery with mental illness and/or substance use disorder or a family member who has been trained and certified by the Department of Behavioral Health to assist others in recovery and wellness. A certified peer specialist is a model for personal recovery and performs a wide range of tasks to assist individuals to regain control over their lives and their own recovery process._

For more information, please visit [https://dbh.dc.gov/service/peer-specialist-certification-program](https://dbh.dc.gov/service/peer-specialist-certification-program).

#### Setting(s)
- Emergency departments
- Crisis stabilization programs
- Inpatient/outpatient treatment programs
- Detoxification programs
- Recovery residences
- Supported housing programs

#### Credential
- Certification and the IC&RC Peer Recovery Credential
- Certified Peer Specialist

#### Credentialing Agency
DC Department of Behavioral Health

#### Certification Requirements
- Completion of a 6-week course
- Completion of an 80-hour unpaid field practicum with a District of Columbia-based mental health or substance use disorder provider
- Passing score on the certification examination
- Agreement to comply with the _DBH Certified Peer Specialist Code of Ethics_

#### Personal Recovery Required
Yes: ☒ No: ☐ Years in Recovery:
- Additional Comments:

#### Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?
Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒
- Additional Comments:

#### Code of Ethics
The _DBH Certified Peer Specialist Code of Ethics_ is available at [https://dbh.dc.gov/sites/default/files/dc/sites/dmh/publication/attachments/Peer-SpecialistCodeEthics_0.pdf](https://dbh.dc.gov/sites/default/files/dc/sites/dmh/publication/attachments/Peer-SpecialistCodeEthics_0.pdf).

#### Exam Criteria
Certification examination
<table>
<thead>
<tr>
<th>Fees</th>
<th>No associated costs</th>
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</thead>
<tbody>
<tr>
<td>Recertification/CEUs</td>
<td>None</td>
</tr>
</tbody>
</table>
| Financing for Recovery Coaching Services | Medicaid: ☒  Block Grants: ☐  Access to Recovery Grant: ☐  
State General Revenue: ☒  Foundations: ☐  
Additional Funding: |
| Training Requirements | 4-week CPS training course                                                           |
| Competencies         | - Assessment                                                                          |
|                      | - Mental health and substance use disorders                                          |
|                      | - Skills to help people develop competencies                                          |
|                      | - Documentation of services                                                           |
|                      | - Computer skills                                                                     |
|                      | - Role of the peer                                                                    |
|                      | - Ethics and professionalism                                                          |
|                      | - Wellness and Recovery Action Planning                                               |
|                      | - Advocacy                                                                            |
|                      | - Cultural competency and sensitivity                                                  |
| Training Provider/Organization | Department of Behavioral Health: Consumer Advocacy and Peer Support  
[https://dbh.dc.gov/service/consumer-advocacy-and-peer-support](https://dbh.dc.gov/service/consumer-advocacy-and-peer-support) |
| Supervisory Training | Not available                                                                         |
| Training Curriculum for Recovery Coach Supervisors | Not available |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Not available |
| **FLORIDA** |
|-----------------|--------------------------------------------------|
| **Website(s)** | The Florida Certification Board (FCB): [http://www.flcertificationboard.org](http://www.flcertificationboard.org) |
| **Program Description** | The following description comes from the Florida Certification Board website:  
*The CRPS credential is for people who use their lived experience and skills learned in training to help others achieve and maintain recovery and wellness from mental health and/or substance use conditions.*  
For more information, please visit [https://flcertificationboard.org/certifications/certified-recovery-peers-specialist/](https://flcertificationboard.org/certifications/certified-recovery-peers-specialist/). |
| **Setting(s)** | - Assisted living facilities  
- Community action teams  
- Comprehensive Community Service teams  
- Crisis stabilization programs  
- Day treatment  
- Detoxification programs  
- Family Intensive Treatment teams  
- Florida Assertive Community Treatment teams  
- Jail diversion programs  
- Outpatient programs  
- Outreach  
- Peer-run respite centers  
- Recovery residences  
- Self-help centers  
- Supported housing programs  
- Recovery community organizations |
| **Credential** | A two-phase certification program has been developed, which allows applicants to learn and demonstrate competency while on the job: Certified Recovery Peer Specialist (CRPS) and CRPS-Provisional (CRPS-P). The first phase is to earn provisional certification, which requires applicants to meet education, training, and testing requirements. A provisional credential is issued for a 12-month period.  
Phase two occurs during the provisional period. Provisionally certified peers must 1) complete all on-the-job supervision and work experience requirements; and 2) submit an application for upgrade to the CRPS credential before the provisional credential expires.  
When all requirements are met, the CRPS credential is awarded. Available credential endorsements are:  
- Adult (A): Lived experience as an adult in recovery for a minimum of 2 years from a mental health and/or substance use condition.  
- Family (F): Lived experience as a family member or caregiver to another person who is living with a mental health and/or substance use condition.  
- Veteran (V): Lived experience as a veteran of any branch of the armed forces who is in recovery for a minimum of 2 years from a mental health and/or substance use condition.  
- Youth (Y): Is between the ages of 18 and 29 at the time of application; has lived experience as a person who, between the ages of 14 and 25, experienced a significant life challenge; and is now living a wellness and/or recovery-oriented lifestyle for at least 2 years. |
<table>
<thead>
<tr>
<th>Credentialing Agency</th>
<th>The Florida Certification Board</th>
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</table>
| Certification Requirements | CRPS:  
- Applicants must attest to the type of lived experience that makes them eligible to serve as a peer to others. This attestation determines the endorsement(s) applied to the CRPS credential.  
- Applicants must select a primary endorsement and complete at least 50% of the required work experience with others with a similar lived experience. |
| Personal Recovery Required | Yes: ☒  No: ☐  Years in Recovery: 2  
Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  Friend: ☐  Recovery Ally: ☐  No: ☐  Additional Comments: |
| Exam Criteria | The Florida Certified Recovery Peer Specialist (CRPS) exam is a 100-item, multiple-choice test. The test is designed to measure applicants’ competency in the following performance domains:  
- Advocacy  
- Mentoring  
- Recovery support  
- Professional responsibilities  
Test takers have 2 hours to complete the exam. |
| Fees |  
- Certification application: $100  
- Provisional CRPS Credential: $165 (includes exam fee)  
- Annual renewal fee: $75 |
| Recertification/CEUs | Every year:  
- 10 CEUs in at least one of the domains |
| Financing for Recovery Coaching Services | Medicaid: ☒  Block Grants: ☒  Access to Recovery Grant: ☐  
State General Revenue: ☐  Foundations: ☐  
Additional Funding: Individual financing |
| Training Requirements | CRPS:  
- Applicants must attest to the type of lived experience that makes them eligible to serve as a peer to others. This attestation determines the endorsement(s) applied to the CRPS credential.  
- Applicants must select a primary endorsement and must complete at least 50% of the required work experience with others with a similar lived experience;  
- Applicants must complete **40 total clock hours of training divided among the following content areas**:  
**CORE REQUIREMENTS: MINIMUM 28 HOURS**  
- Advocacy: 4 hours minimum  
- Mentoring: 6 hours minimum  
- Recovery Support: 6 hours minimum  
- Cultural and Linguistic Competence: 2 hours minimum |
- Motivational Interviewing: 4 hours minimum
- Vicarious Trauma/Self-Care: 2 hours minimum
- Professional Responsibility: 4 hours minimum

**WHOLE HEALTH REQUIREMENT: 8–16 HOURS**

Applicants must complete one of the following whole health training programs:
- WRAP (16 hours), or
- WHAM (8 hours), or
- Peer Whole Health and Resilience (8 to 16 hours, depending on provider).

**ELECTIVES: 0–4 HOURS**

- The content for elective training hours may relate to any of CRPS performance domains/training topics listed above.

**Related Work Experience:**

Applicants must complete 500 hours of supervised work and/or volunteer experience. At least 250 hours of that must be specific to providing peer support to others with similar lived experience, as indicated by your primary endorsement selection.

Work and/or volunteer experience must be directly related to the core competencies of the credential and must have occurred within the last 5 years.

**On-the-job Supervision:**

16 hours of on-the-job supervision of the applicant’s performance of peer support services in paid or volunteer capacity. Of the 16 hours, a minimum of 4 hours of supervision must be provided and documented in each of the following categories:
- Advocacy
- Mentoring
- Recovery support
- Professional responsibilities

<table>
<thead>
<tr>
<th>Competencies</th>
<th>CRPS:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>- Advocacy</td>
</tr>
<tr>
<td></td>
<td>- Mentoring</td>
</tr>
<tr>
<td></td>
<td>- Recovery support</td>
</tr>
<tr>
<td></td>
<td>- Professional responsibility</td>
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</tbody>
</table>

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<tbody>
<tr>
<td></td>
<td>Approved training provider information is available at <a href="https://flcertificationboard.org/education-training/providers/?fwp_types=peer-services">https://flcertificationboard.org/education-training/providers/?fwp_types=peer-services</a>.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Supervisory Training</th>
<th>Currently in development</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The following content will be included (at a minimum):</td>
</tr>
<tr>
<td></td>
<td>1. Role of peer support</td>
</tr>
<tr>
<td></td>
<td>2. Navigating self-disclosure</td>
</tr>
<tr>
<td></td>
<td>3. Boundaries, and ethics for peer support</td>
</tr>
<tr>
<td></td>
<td>4. Integration of peer support within multidisciplinary teams</td>
</tr>
<tr>
<td></td>
<td>5. Effective supervision skills for peer support supervisors</td>
</tr>
<tr>
<td></td>
<td>6. Supporting professional and growth development opportunities for peer support specialists</td>
</tr>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>No information is available at this time.</td>
</tr>
<tr>
<td>---------------------------------------------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>Yes, currently under further review and in development</td>
</tr>
</tbody>
</table>
## GEORGIA

| Website(s) | Georgia Council on Substance Abuse: [https://www.gasubstanceabuse.org](https://www.gasubstanceabuse.org)  
Provides curriculum and certification process on behalf of the Department of Behavioral Health and Developmental Disabilities (DBHDD) |
| --- | --- |
| Program Description | The following description comes from the Georgia Council on Substance Abuse website:  
*The Certified Addiction Recovery Empowerment Specialist Academy was developed by the Georgia Council on Substance Abuse to create a workforce of peers to provide recovery support services to the communities of Georgia. Funded by Georgia’s Department of Behavioral Health and Developmental Disabilities, the CARES Academy is the first of its kind in the country to be Medicaid billable.*  
For more information, please visit [https://www.gasubstanceabuse.org/cares](https://www.gasubstanceabuse.org/cares). |
| Setting(s) | • Community-based organizations  
• Drug treatment centers  
• Georgia Department of Behavioral Health and Developmental Disabilities  
• Recovery community organizations |
| Credential | • Certification and the IC&RC Peer Recovery Credential  
• Certified Peer Specialist–Addictive Disease Services |
| Credentialing Agency | [Georgia Council on Substance Abuse](https://www.gasubstanceabuse.org) |
| Certification Requirements | Initial requirements:  
• 2 years of abstinent recovery  
• High school diploma or GED  
• Acceptance into the CARES Academy  
Certified Addictions Recovery Empowerment Specialist:  
• Writing sample  
• Two reference letters  
• Group interview  
• 40-hour CARES Academy  
• Passing score on a written examination |
| Personal Recovery Required | Certified Addictions Recovery Empowerment Specialist:  
Yes: ☒  
No: ☐  
Years in Recovery: 2  
Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
Additional Comments: |
| Exam Criteria | Certified Addictions Recovery Empowerment Specialist: Written examination is required. |
| Fees | Certified Addictions Recovery Empowerment Specialist:  
|      | ▪ No tuition 
|      | Certified Peer Recovery Coach:  
|      | ▪ Application fee: $150  
|      | ▪ Exam fee: $180  
|      | ▪ Recertification fee: $150 |
| Recertification/CEUs | Certified Addictions Recovery Empowerment Specialist:  
|                      | ▪ 16 CEUs per year |
| Financing for Recovery Coaching Services | Medicaid: ☒  
|                                           | Block Grants: ☒  
|                                           | Access to Recovery Grant: ☐  
|                                           | State General Revenue: ☐  
|                                           | Foundations: ☐  
|                                           | Additional Funding: |
| Training Requirements | Certified Addictions Recovery Empowerment Specialist:  
|                       | ▪ 40 hours of training |
| Competencies | Certified Addictions Recovery Empowerment Specialist:  
|               | ▪ Ethical responsibility  
|               | ▪ Advocacy  
|               | ▪ Mentoring/education  
|               | ▪ Recovery support |
| Training Provider/Organization | Georgia Council on Substance Abuse, Certified Addition Recovery Empowerment Specialist (CARES) training  
|                          | International Association of Professional Recovery Coaches  
|                          | Additional information is available at  
|                          | https://www.gasubstanceabuse.org/cares-academy  
|                          | http://www.adacbga.org/ce |
| Supervisory Training | Georgia currently provides only the CARES-AD that is billable by the state for Medicaid and state-funded services (BG funds). |
| Training Curriculum for Recovery Coach Supervisors | CARES-AD:  
|            | ▪ Advocacy For Peers You Support  
|            | ▪ Strengths-Based Peer Support  
|            | ▪ Ethics & Boundaries  
|            | ▪ Group Facilitation  
|            | ▪ Culturally Informed Peer Support  
|            | ▪ Relationship Building  
|            | ▪ Suicide Safe Peer Support  
|            | ▪ Advocating For Yourself At Work  
|            | ▪ Documentation  
|            | ▪ Wellness & Balance For You & The Peers You Support  
|            | ▪ Trauma-Informed Peer Support  
|            | ▪ Telling Your Story |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | A portion of the curriculum is integrated between mental health and substance use. |
HAWAII

Hawaii’s peer specialist certification programs focus on mental health issues and co-occurring disorders. All applicants must have a primary diagnosis of mental illness. Peers in this field would be applicable to the Hawai‘i Certified Peer Specialist (HCPS). There are currently no statewide peer certification programs that focus on substance use.
### IDAHO

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Idaho Board of Alcohol/Drug Counselor Certification, INC. (IBADCC): <a href="http://www.ibadcc.org/index.shtml">http://www.ibadcc.org/index.shtml</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program Description</strong></td>
<td>The following description comes from the 2017 IBADCC Certified Peer Recovery Coach (CPRC) Manual and Application Forms: <strong>The CPRC was designed as a peer-based level certification for applicants in recovery from a substance use disorder (the applicant must have a minimum 12 months abstinence from drugs and alcohol), who want to work with those seeking recovery, and who have proven professional competency to work as a CPRC in the alcohol and drug abuse field.</strong> For more information, please visit <a href="http://www.ibadcc.org/new_web/certification/cprc/cprc.shtml">http://www.ibadcc.org/new_web/certification/cprc/cprc.shtml</a> from the 2017 IBADCC Certified Recovery Coach (CRC) Manual and Application Forms: <strong>The CRC [Certified Recovery Coach] was designed as a certification for applicants who want to work with those seeking recovery, and who have proven professional competency to work as a CRC in the alcohol and drug abuse field.</strong> For more information, please visit <a href="http://www.ibadcc.org/new_web/certification/crc/crc.shtml">http://www.ibadcc.org/new_web/certification/crc/crc.shtml</a>.</td>
</tr>
</tbody>
</table>
| **Setting(s)** | - Drug courts  
- Experimental program with the Idaho Department of Correction is starting  
- Local emergency rooms  
- Mental health courts  
- Recovery community centers  
- Substance use treatment and service providers |
| **Credential** | - Certification and IC&RC Peer Recovery Credential  
- Certified Peer Recovery Coach (CPRC)  
- Certified Recovery Coach (CRC) |
<p>| <strong>Credentialing Agency</strong> | Idaho Board of Alcohol/Drug Counselor Certification, INC. |</p>
<table>
<thead>
<tr>
<th>Certification Requirements</th>
<th>CPRCs:</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 hours of volunteer or paid work experience specific to the domains</td>
<td></td>
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<tr>
<td>25 hours of supervision specific to the domains</td>
<td></td>
</tr>
<tr>
<td>46 hours of training in the performance domains</td>
<td></td>
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<tr>
<td>Self-identification as a person in recovery for at least 12 months</td>
<td></td>
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<tr>
<td>Agreement to abide by the <em>Idaho Code of Ethics for Recovery Coaches</em></td>
<td></td>
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<tr>
<td>Three letters of reference</td>
<td></td>
</tr>
<tr>
<td>Passing score on the IC&amp;RC Peer Recovery Examination</td>
<td></td>
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<tr>
<td>Background check</td>
<td></td>
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</tbody>
</table>

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<th>Certification Requirements</th>
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<td>Agreement to abide by the <em>Idaho Code of Ethics for Recovery Coaches</em></td>
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<td>Three letters of reference</td>
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<td>Passing score on the IC&amp;RC Peer Recovery Examination</td>
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<tr>
<td>Background check</td>
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</table>

<table>
<thead>
<tr>
<th>Personal Recovery Required</th>
<th>CPRC:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes: ☒ No: ☐ Years in Recovery: 1</td>
<td></td>
</tr>
<tr>
<td>Applicants must identify as an individual in recovery from a substance use disorder and meet the average abstinence requirements for recovering staff in alcohol and other drug treatment programs, which is a minimum of 12 months of continuous abstinence from alcohol and/or illicit drugs</td>
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<thead>
<tr>
<th>Personal Recovery Required</th>
<th>CRC:</th>
</tr>
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<tbody>
<tr>
<td>Yes: ☐ No: ☒ Years in Recovery:</td>
<td></td>
</tr>
<tr>
<td>Additional Comments:</td>
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<table>
<thead>
<tr>
<th>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</th>
<th>Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒ Additional Comments:</th>
</tr>
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<table>
<thead>
<tr>
<th>Exam Criteria</th>
<th>IC&amp;RC Peer Recovery Examination</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Fees</th>
<th>Application fee: $50</th>
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<tbody>
<tr>
<td>Exam fee: $145</td>
<td></td>
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<tr>
<td>Recertification fee (every 2 years): $108</td>
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</table>

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<tr>
<th>Recertification/CEUs</th>
<th>Every 2 years:</th>
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<tbody>
<tr>
<td>20 hours of IBADCC-approved continuing education, including 6 hours of face-to-face ethics training</td>
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<tr>
<td>96 hours of supervision in the domains</td>
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<tbody>
<tr>
<td>Additional Funding: Grants; State funds; Federal grants; Donations; Department of Corrections</td>
<td></td>
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<thead>
<tr>
<th>Training Requirements</th>
<th>46 hours of training:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 hours in advocacy</td>
<td></td>
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<tr>
<td>10 hours in mentoring/education</td>
<td></td>
</tr>
<tr>
<td>10 hours in recovery/wellness support</td>
<td></td>
</tr>
<tr>
<td>16 hours in ethical responsibility</td>
<td></td>
</tr>
<tr>
<td>Competencies</td>
<td></td>
</tr>
<tr>
<td>------------------------------</td>
<td></td>
</tr>
</tbody>
</table>
| • Screening  
| • Intake  
| • Orientation  
| • Assessment  
| • Treatment planning  
| • Counseling  
| • Case management  
| • Crisis intervention  
| • Education  
| • Referral  
| • Report and record keeping  
| • Consultation with other professionals in regard to treatment/services |

<table>
<thead>
<tr>
<th>Training Provider/Organization</th>
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</table>
| Idaho Department of Health and Welfare  
| Recovery Idaho  
| Additional information is available at [http://ibadcc.org](http://ibadcc.org). |

<table>
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<tr>
<th>Supervisory Training</th>
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<tbody>
<tr>
<td>There must be documentation of 25 hours of supervision within the 500 experience hours.</td>
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<tr>
<th>Training Curriculum for Recovery Coach Supervisors</th>
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</table>
| Minimum of 5 hours in each of the CPRC domains:  
| • Advocacy  
| • Mentoring/Education  
| • Ethical Responsibility  
| • Recovery Wellness/Support |

<table>
<thead>
<tr>
<th>Is Training Curriculum Integrated (Mental Health and Substance Use)?</th>
</tr>
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<tbody>
<tr>
<td>Not currently</td>
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</tbody>
</table>
## Program Description

The following description comes from the ICB’s 2018 *The Illinois Model for Certified Peer Recovery Specialist (CPRS)*:

*CPRS professionals perform a unique function in the specialty of healthcare and human services and can work in a variety of settings, using various approaches to provide supportive services with a wide range of consumer populations. In recognition of the need to assure quality care for consumers, the International Certification and Reciprocity Consortium (IC&RC) developed the CPRS Model (Model). This voluntary system evaluates professional competency for recovery support specialists, and grants certification only to persons who meet specified minimum professional standards. The Model identifies the functions, responsibilities, knowledge, and skill bases required by the professional CPRS in the performance of his/her job, regardless of the setting in which the work is performed or through which previous professional training and orientation has been received.*

*The Model recognizes CPRS professionals may have received education and/or training in a wide range of disciplines, therapeutic approaches and techniques and may have experience in a number of healthcare settings/fields. Therefore, the certification for the CPRS is specifically designed to measure CPRS professionals’ competency, to define their role and function and identify a unique place for CPRS professionals among other health/human service providers. The certification is uniquely designed to accommodate and evaluate professionals who have been previously academically and/or experientially trained.*

*The Model is intended to be utilized by a wide range of individuals. It is designed for individuals whose primary professional identification is professional peer-provided services for persons in recovery. The Model is accountable to other professionals. The credentials are independent, private, freestanding and self-supporting. The profession determines, monitors and maintains its own standards.*

For more information, please visit [http://www.iaodapca.org/credentialing/certified-peer-recovery-specialist-cprs](http://www.iaodapca.org/credentialing/certified-peer-recovery-specialist-cprs).

### Setting(s)
- Recovery community organizations
- Hospital emergency departments
- Outpatient/inpatient treatment programs
- Drug courts, jails, probation
- Drop-in centers

### Credential
- Certification and the IC&RC Peer Recovery Credential

### Credentialing Agency
- Illinois Certification Board, Inc.
| Certification Requirements | ▪ 2,000 hours of work experience  
▪ 100 hours of supervision in the CPRS domains  
▪ 100 hours of training  
▪ Passing score on the IC&RC Peer Recovery Examination  
▪ Payment of the appropriate fees |
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: 2  
▪ Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒ Friend: ☒ Recovery Ally: ☒ No: ☐  
▪ Additional Comments: |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees | ▪ Application fee: $75  
▪ Examination: $125  
▪ Annual certification fee: $60 |
| Recertification/CEUs | Every 2 years:  
30 CEUs (15 per year), with a minimum of 6 hours of ethics training |
| Financing for Recovery Coaching Services | The state’s method for funding the positions  
Medicaid: ☐ Block Grants: ☒ Access to Recovery Grant: ☐  
State General Revenue: ☐ Foundations: ☐ |
| Training Requirements | 100 hours of training  
▪ 40 hours in CPRS-specific topics  
▪ 16 hours in professional ethics and responsibility  
▪ 44 hours in core competencies (including 5 hours that are specific to family and 5 hours that are specific to youth) |
| Competencies | ▪ Advocacy  
▪ Ethical responsibility  
▪ Mentoring and education  
▪ Recovery/wellness support |
| Training Provider/Organization | ▪ Information about training providers/organizations is available at http://www.iaodapca.org/?page_id=257. |
| Supervisory Training | In progress |
| Training Curriculum for Recovery Coach Supervisors | In progress |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | The curriculum is not integrated. |
## INDIANA

| Website(s) | Indiana Counselors Association on Alcohol and Drug Addiction (ICAA- DA): [https://icaada.org](https://icaada.org)  
Peer Network Indiana: [https://peernetworkindiana.org/about](https://peernetworkindiana.org/about) |
| --- | --- |
| Program Description | The following descriptions come from the ICAADA website:  
ICAADA Certified Peer Addiction Recovery Coach I (CAPRC I) is a credential for individuals who lived through a recovery experience and desire to help peers in addiction recovery. CAPRC I is recognized in Indiana only and is recognized for reimbursement by Recovery Works and Indiana State Medicaid. CAPRC I skills domains are advocacy, mentoring and education, recovery and wellness support, and ethical responsibility.  
For more information, please visit [https://icaada.org/CAPRC-I.php](https://icaada.org/CAPRC-I.php).  
The following description comes from Peer Network Indiana’s website:  
A certified recovery specialist (CRS) is an individual who can use their own lived life experiences to help others (peers) through treatment and toward the path of sustained recovery from mental illness and/or substance abuse. A CRS must have firsthand experience with a mental illness and/or substance abuse challenge as well as have lived in recovery for at least one year. CRSs work very closely with case management staff in order to assist clients in maintaining long-term recovery. The primary focus of a CRS is maintained support in the recovery process.  
For more information, please visit [https://peernetworkindiana.org/about](https://peernetworkindiana.org/about). |
| Setting(s) | ▪ Quick Response Teams  
▪ Recovery Cafés  
▪ Recovery community organizations  
▪ Emergency rooms  
▪ Inpatient settings  
▪ Outpatient settings |
| Credential | ▪ Certification and the IC&RC Peer Recovery Credential |
| Credentialing Agency | [Indiana Division of Mental Health and Addiction](https://www.in.gov/dmha)  
[Indiana State Department of Health](https://www.in.gov/doh)  
ICAADA  
Peer Network Indiana |
| Certification Requirements | CAPRC I:  
- 30 hours of education specific to the domains  
- Passing score on the IC&RC Peer Recovery Examination  
- Signature on the ICAADA Peer Recovery Code of Ethics statement  

CAPRC II:  
- 500 hours of paid or volunteer work experience specific to the domains  
- 25 hours of supervision specific to the domains  
- 46 hours of education specific to the domains  
- Passing score on the IC&RC Peer Recovery Examination  
- Signature on the ICAADA Peer Recovery Code of Ethics Statement  

CHW:  
- 3-day training (for CHW; 5-day training for CHW/CRS)  
- Passing score on the final examination  

| Personal Recovery Required | Yes: ☒  
No: ☐  
- Additional Comments: No years required  

| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  
Friend: ☒  
Recovery Ally: ☒  
No: ☐  
- Additional Comments:  

| Code of Ethics | Applicants are required to abide by the ICAADA Certified Addiction Peer Recovery Coach Code of Ethics.  

| Exam Criteria | ▪ CAPRC I and II: IC&RC Peer Recovery Examination  
▪ CRS: Certification exam  

| Fees | ▪ ICAADA membership (student/volunteer): $62.50  
▪ ICAADA membership (regular): $125  
▪ CAPRC exam: $150  
▪ CAPRC application: $100  
▪ CRS training and certification: $335  

| Recertification/CEUs | ▪ CAPRC I and II: 40 hours of continuing education, including 6 hours in peer recovery ethics – every 2 years  
▪ CRS: 14 hours of continuing education – every year  

| Financing for Recovery Coaching Services | Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☐  
Foundations: ☒  
- Additional Funding:  
  CRS Credential: 60 scholarships offered annually through Recovery Works; covers all fees, tuition  
  CAPRC I and II: Scholarships available through ICAADA  

| Training Requirements | CAPRC I:  
- 30 hours of training:  
- Advocacy  
- Mentoring and education  
- Recovery and wellness support  
- Ethical responsibility  

CAPRC II:  
- 46 hours of training:  

-
### Competencies

**CAPRC domains include the following:**
- Advocacy
- Mentoring and education
- Recovery and wellness support
- Ethical responsibility

The CHW/CRS training schedule includes the following topics:
- Core CHW and CHW/CRS skills
- Ethics
- Cultural competency
- Conflict management
- Technology
- Communication skills
- Practices that promote health and wellness
- Physical health/chronic disease overview
- Behavioral health overview
- Substance use disorders
- Integrated care model
- Motivational interviewing
- Coaching consumers for positive health outcomes
- Tobacco treatment
- Group facilitation skills
- Advocacy, collaboration, and teamwork
- Building your recovery story
- Role of peer support
- Personal safety
- Home visits
- Securing employment as a CHW/CRS
- Personal supports
- Managing finances
- Mental illness
- Substance use disorder overview
- Co-occurring disorders and recovery
- Wellness recovery action plan
- Telling your recovery story

### Training Provider/Organization

- Mental Health America of Northeast Indiana  
  [https://peernetworkindiana.org/](https://peernetworkindiana.org/)
- International Association of Professional Recovery Coaches
<table>
<thead>
<tr>
<th><strong>Supervisory Training</strong></th>
<th>▪ Additional information is available at <a href="https://icaada.org">https://icaada.org</a>.</th>
</tr>
</thead>
</table>
| **Training Curriculum for Recovery Coach Supervisors** | ▪ ICAADA Peer Supervision Training, DMHA Peer Recovery Core Competency Standards  
▪ Supervisor Training offered for Peer Recovery Coaches  
The ICAADA Peer Recovery Supervision training is a 2-day, 14 CEU interactive educational training that is in a transition phase. DMHA has identified a Peer Recovery Coach supervision competency paper which includes the following core competencies.  
▪ **Supervision Competencies for Effective and Ethical Peer Recovery Coach Supervision**  
1. Understanding the Peer Recovery Coach Role  
2. Recovery Advocacy  
3. Supports Ethical and Effective Implementation of the Peer Recovery Coach Role  
4. Ethical Practice  
5. Encourages Professional Growth  
6. Facilitate Team Building  
7. Strength-Based Approach  
8. Quality and Quantity of Supervision  
9. Employment Policy and Practice  
10. Self-Care  
Is Training Curriculum Integrated (Mental Health and Substance Use)? | No information available at this time |
## IOWA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Iowa Board of Certification: <a href="http://www.iowabc.org">http://www.iowabc.org</a></th>
</tr>
</thead>
</table>
| **Program Description** | The following description comes from the Iowa Board of Certification’s 2017 Application Handbook for Certified Peer Recovery Specialist:  

*The Certified Peer Recovery Specialist (PRS) credential is for those individuals who provide peer support services within a licensed mental health or substance abuse agency/organization. Becoming certified as a PRS demonstrates additional training and proficiency in the mental health or addictions field as well as a commitment to adhering to IBC’s Code of Ethics.*  

*The PRS is designed for individuals in recovery, with the primary goal being to assist individuals in achieving sustained recovery from addiction and/or mental health issues. PRS’s serve in a supportive role within the community and/or treatment setting, and are trained in the domains of Advocacy, Mentoring/Education, Recovery/Wellness Support and Ethical Responsibilities to better support individuals in achieving recovery and resiliency. Services provided by the PRS become a permanent critical component of the continuum of care services that will substantially improve an individual’s ability to sustain recovery/wellness. By offering insight into the recovery process based on their own experience, peers are able to provide a unique perspective to those with similar life issues. This credential is reciprocal with other IC&RC states that carry the PR credential.*  

| **Setting(s)** | • Peer-run organizations  
• Treatment providers (inpatient/outpatient)  
• Recovery community organizations  
• Hospitals  
• Courts  
• Other community agencies |
| **Credential** | • IC&RC Peer Recovery Credential  
• Certified Peer Recovery Specialist (PRS) |
| **Credentialing Agency** | Iowa Board of Certification |
| **Certification Requirements** | • High school diploma or GED  
• Support specialist training provided by the University of Iowa, the Georgia Model training (IPSTA), Life Connections, or an equivalent model approved by IBC (46 hours), in the domains of:  
   1. Advocacy: 10 hours minimum  
   2. Mentoring/education: 10 hours minimum  
   3. Recovery support/wellness: 10 hours minimum  
   4. Ethical responsibility: 16 hours minimum  
• Experience/Practicum Requirement: A minimum of 500 hours of work/practicum/volunteer experience specific to the domains.  
• Supervision Requirement: 25 hours of direct supervision |
| **Personal Recovery Required** | Yes: ☐ No: ☒  
Additional Comments: |
|-------------------------------|----------------------|
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒  
Additional Comments: |
| **Exam Criteria** | IC&RC Peer Recovery Examination |
| **Fees** | ▪ Application fee: $165  
▪ Recertification fee: $50 |
| **Recertification/CEUs** | Every 2 years:  
▪ Application for recertification  
▪ 20 hours of continuing education, including 6 hours in ethics |
| **Financing for Recovery Coaching Services** | Medicaid: ☒ Block Grants: ☐ Access to Recovery Grant: ☒ State General Revenue: ☐ Foundations: ☐ |
| **Training Requirements** | 46 hours of training:  
▪ 10 hours in advocacy  
▪ 10 hours in mentoring/education  
▪ 10 hours in recovery support/wellness  
▪ 16 hours in ethical responsibility |
| **Competencies** | ▪ Advocacy  
▪ Mentoring/education  
▪ Recovery support/wellness  
▪ Ethical responsibility |
<p>| <strong>Training Provider/Organization</strong> | Information about training providers/organizations is available at <a href="http://www.iowabc.org/education">http://www.iowabc.org/education</a>. |
| <strong>Supervisory Training</strong> | No specific supervisor training is provided beyond the 25 hours of supervision required to obtain certification. |
| <strong>Training Curriculum for Recovery Coach Supervisors</strong> | Not available |
| <strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong> | The PRS credential is for individuals who provide peer support services within a licensed mental health or substance abuse agency/organization. As a result, there is some overlap in the curriculum. |</p>
<table>
<thead>
<tr>
<th><strong>KANSAS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
</tbody>
</table>
| **Program Description** | The following description comes from the Kansas Department for Aging and Disability Services website:  

*Kansas Certified Peer Mentoring (Support) is provided by people who are in long-term recovery and have been trained in providing recovery support. The purpose of providing this service is to help build recovery capacity for persons new to recovery by connecting them to recovery by connecting them to naturally occurring resources in the community, assist in reduction of barriers to fully engaging in recovery, and providing support in skill development for maintaining a recovery lifestyle.*

For more information, please visit  
| **Setting(s)** | ▪ Criminal justice settings  
▪ Healthcare organizations  
▪ Mental health treatment facilities  
▪ Public health agencies  
▪ Treatment facilities |
| **Credential** | ▪ Kansas Certified Peer Mentoring Certification (SUD) |
| **Credentialing Agency** | Kansas Department for Aging and Disability Services, Behavioral Health Services (BHS) |
| **Certification Requirements** | ▪ Completion of a certified peer mentor training  
▪ Signature on the BHS *Code of Ethics for Kansas Certified Peer Mentors and Kansas Peer Mentors in Training.*  
▪ Signature on the Merit of Public Trust |
| **Personal Recovery Required** | Yes: ☒  
No: ☐  
Years in Recovery: 1  
▪ Additional Comments:

**Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** |
| Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
▪ Additional Comments: Peer Mentors will not enter into dual relationships or commitments that conflict with the interests of people utilizing peer support services. |
| **Code of Ethics** | The *Code of Ethics for Kansas Certified Peer Mentors and Kansas Peer Mentors in Training* is available at  
| **Exam Criteria** | Level 1 Training Requirements:  
▪ A score 70% or higher on the quizzes and final exam is required to earn a Certificate of Completion and become an SUD Peer Mentor in Training for one year.  
▪ During that year, completion of a 2-day training is required to become a Kansas Certified Peer Mentor (KCPM) and to continue to working as an SUD Peer Mentor. |
<table>
<thead>
<tr>
<th>Fees</th>
<th>None</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recertification/CEUs</td>
<td>The agency where work is being completed is responsible for maintaining supervision hours, evaluation records, and providing continuing education opportunities for KCPMs.</td>
</tr>
<tr>
<td>Training Requirements</td>
<td>• Kansas Peer Mentors in Training: 6 hours  • Kansas Certified Peer Mentors: 15 hours</td>
</tr>
<tr>
<td>Competencies</td>
<td>• Informed choice  • Partnership  • Person-centered  • Strength-based  • Trauma-informed</td>
</tr>
<tr>
<td>Training Provider/Organization</td>
<td>Kansas Department for Aging and Disability Services, Behavioral Health Services</td>
</tr>
<tr>
<td>Supervisory Training</td>
<td>Not available</td>
</tr>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>• Ethics and confidentiality in peer mentoring  • Roles of and differences between peer mentorship, counseling, and 12-step sponsorship  • Mentoring with individuals  • Mentorship within the agency  • Mentorship within the context of the community  • Mentorship and the role of supervision in the agency</td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>The curriculum combines addictions, co-occurring disorders, and trauma.</td>
</tr>
</tbody>
</table>
### Kentucky

<table>
<thead>
<tr>
<th><strong>Website(s)</strong></th>
<th>Kentucky Cabinet for Health and Family Services, Department for Behavioral Health, Developmental and Intellectual Disabilities: <a href="http://dbhdid.ky.gov/kdbhdid">http://dbhdid.ky.gov/kdbhdid</a></th>
</tr>
</thead>
</table>
| **Program Description** | The following description comes from the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities:  
  
  “Adult peer support” means emotional support that is provided by an adult peer support specialist to others with similar mental health, substance use, or co-occurring mental health and substance use disorders in order to achieve a desired social or personal change.  
  
  (2) “Adult peer support specialist” means a self-identified consumer of mental health, substance use, or co-occurring mental health and substance use disorder services who has successfully completed the adult peer support specialist training.  
  
  (3) “Adult peer support specialist services” means structured and scheduled non-clinical, therapeutic activities provided to a consumer by an adult peer support specialist in accordance with this administrative regulation.  
  
| **Setting(s)** |  
  - Residential treatment programs  
  - Crisis programs  
  - Housing programs  
  - Employment programs  
  - Peer-operated programs  
  - Outpatient clinic settings  
  - Public Health Departments (in limited capacity) |
| **Credential** |  
  - Certification and the IC&RC Peer Recovery Credential |
| **Credentialing Agency** |  
  - [Kentucky Cabinet for Health and Family Services, Department for Behavioral Health, Developmental and Intellectual Disabilities](http://dbhdid.ky.gov/kdbhdid)  
  - [Kentucky Board of Alcohol and Drug Counselors](http://dbhdid.ky.gov/kdbhdid) |
| **Certification Requirements** | Requirements per Kentucky Board of Alcohol and Drug Counselors:  
  - 500 hours of work experience  
  - Completion of the Peer Support Specialist Supervisory Agreement  
  - 25 hours of direct supervision  
  - 60 hours of board-approved curricula  
  - Passing score on Alcohol & Drug Peer Support Specialist exam  
  - Two letters of reference  
  - Have current or past diagnosis of a mental health condition, substance use disorder, or co-occurring disorders  
  - Have been in treatment or are in treatment  
  - Have a demonstrated pattern of recovery  
  - Have successfully completed the approved certification training |
| **Personal Recovery Required** | Yes: ☒ No: ☐ Years in Recovery: 2  
  - Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☒ Friend: ☐ Recovery Ally: ☐ No: ☐  
  Additional Comments: We have Family Peer Specialists in Kentucky. |
| **Code of Ethics** | Both the Kentucky certification and the certification offered by the Kentucky Board of Drug and Alcohol Counselors cover the *Code of Ethics* as part of the certification curriculum. |
| **Exam Criteria** | IC&RC Peer Recovery Examination |
| **Fees** | Fees associated with the Kentucky Board of Drug and Alcohol Counselors:  
  - Peer support specialist registration application fee: $50  
  - Peer support specialist written examination fee: $150  
  - Peer support specialist initial registration fee: $100  
  Fees for the Kentucky Peer Support Training can vary slightly dependent on the provider, but the course fee is generally $350. |
| **Recertification/CEUs** | A total of 6 hours of related training or education each year and the minimum monthly supervisory requirements |
| **Financing for Recovery Coaching Services** | Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☐  
  State General Revenue: ☐ Foundations: ☐  
  Additional Funding: Individual financing |
| **Training Requirements** | 60 hours of training through the Kentucky Board of Drug and Alcohol Counselors includes the following:  
  - 16 hours in ethics  
  - 3 hours in domestic violence  
  - 2 hours in HIV  
  - 10 hours in advocacy  
  - 10 hours in mentoring and education  
  - 10 hours in recovery support  
  30 hours of training through the Kentucky Certification training includes coursework on the following:  
  - Problem-solving  
  - Stages of recovery  
  - Effective listening  
  - Establishing recovery goals  
  - Using support groups to sustain recovery |
| **Competencies** |  
  - Ethics  
  - Domestic violence  
  - Knowledge of transmission, control, treatment and prevention of the human immunodeficiency virus (HIV)  
  - Advocacy  
  - Mentoring and education  
  - Recovery support |
| **Training Provider/Organization** |  
  - [Kentucky Board of Alcohol and Drug Counselors](http://dbhdid.ky.gov/dbh/documents/pss/approved-adult.pdf)  
| Supervisory Training | Kentucky offers a 13-hour SUD Peer Supervisor Training that includes the following:  
|▪ Integrating PSS in Multi-Disciplinary Teams  
|▪ Supporting the Role of Peers in Person-Centered Planning  
|▪ Trauma-Informed Supervision  
|▪ Using Motivational Interviewing in Supervision  
|▪ Supporting the PSS around Ethics and Boundaries |
| Training Curriculum for Recovery Coach Supervisors | We have an approved curriculum for SUD Peer Supervisors. |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | The state certification for Peer Support Specialist is currently geared toward both mental health and substance use disorder recovery support. |
### LOUISIANA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Louisiana Department of Health: <a href="http://ldh.la.gov/index.cfm/page/2578">http://ldh.la.gov/index.cfm/page/2578</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Description</td>
<td>Louisiana has a 76-hour training program for Peer Support Specialists that Recovery Innovations of Arizona developed. At present, Louisiana is in the process of developing a more robust Peer Support framework that is aligned with national best practices. Peer support services (PSS) are an evidence-based behavioral healthcare model that consists of a qualified peer support provider who assists individuals with their recovery from mental illness, substance use disorder, or both. PSSs are behavioral health rehabilitative services recommended by a physician or other licensed mental health professional (LMHP) to reduce the disabling effects of an illness or disability. They help to restore the beneficiary to the best possible functional level in the community. PSSs are person-centered and recovery-focused. Their purpose is to inspire hope in beneficiaries that recovery from behavioral health conditions is not only possible, but probable. For more information, please visit <a href="http://ldh.la.gov/index.cfm/page/2578">http://ldh.la.gov/index.cfm/page/2578</a>.</td>
</tr>
</tbody>
</table>
| Setting(s) | - Primary and acute care hospitals and emergency departments  
- Mobile behavioral health response teams  
- Mobile crisis units  
- Specialty courts (i.e., behavioral health courts, drug courts, homeless courts, Veteran Courts, etc.)  
- Outpatient behavioral health programs  
- A peer warm line or crisis hotline  
- A crisis provider agency  
- A mental health rehabilitation provider agency  
- A behavioral health clinic  
- Support team for housing programs  
- Peer-run respite apartment or other housing programs  
- Day reporting centers  
- Drop-in centers  
- Living Room Model programs  
- Inpatient and residential settings for mental illness, substance use, or both. |
| Credential | Certificate received from the Office of Behavioral Health certifying successful completion of the required coursework. Currently Louisiana is working to establish a formal credentialing process. |
| Credentialing Agency | [Louisiana Department of Health-Office of Behavioral Health oversees peer trainings in the state](http://ldh.la.gov/index.cfm/page/2578). Currently, Louisiana is working to establish a formal credentialing process. |
| Certification Requirements | Requirements include 76 hours of classroom training and successfully completing the course with an average score of 80% or higher. |
| Personal Recovery Required | Yes: ☒   No: ☐   Years in Recovery: 1  
- Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐   Friend: ☐   Recovery Ally: ☐   No: ☒   
- Additional Comments: Currently there is not a coach. The inclusion of family members is in the office’s long-term plan. |
### Code of Ethics
- 6 hours of initial ethics training in ethics is provided within the training curriculum.
- 3 units of ethics-specific CEUs are required every year for ongoing certification.

### Exam Criteria
- An overall score of at least 80% is required for successful completion of the course and state certification. The mid-term exam is composed of 6 take-home quizzes. Fifty percent of the final exam grade is based on skill-based role play and 50% on a written exam.

### Fees
- $500 fee for training.
- Fees are waived for Louisiana Department of Health employees.

### Recertification/CEUs
- 10 CEUs are required every year, with 3 units specifically in ethics. These requirements must be submitted to the Office of Behavioral Health for review and approval.

### Financing for Recovery Coaching Services
- Medicaid: ☐  Block Grants: ☒  Access to Recovery Grant: ☐
- State General Revenue: ☒  Foundations: ☐

### Training Requirements
- Requirements: 6 hours of classroom training and successfully meeting the following the exam criteria:
  - An overall score of at least 80% is required for successful completion of the course and state certification.
  - The mid-term exam is composed of 6 tests.
  - The final exam consists of 50% graded skill-based role play and 50% written questions.

### Competencies
- The training includes a peer support skill competency manual which covers the following competencies for Louisiana:
  - Engages recipient in collaborative and caring relationships
  - Provides support
  - Shares lived experiences of recovery
  - Personalizes peer support
  - Supports recovery planning
  - Values communication
  - Promotes leadership and advocacy
  - Promotes growth and development
  - Links recipients to resources, services, and supports
  - Provides information about skills related to health, wellness, and recovery
  - Helps recipients to manage crises
  - Supports collaboration and teamwork

### Training Provider/Organization
- Louisiana Department of Health-Office of Behavioral Health
<table>
<thead>
<tr>
<th>Supervisory Training</th>
<th>Louisiana Office Department of Health-Office of Behavioral Health sponsors supervisory training on an annual basis.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>Recovery Innovations International developed the curriculum, and the Louisiana Department of Health-Office of Behavioral Health facilitated.</td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>Yes, the curriculum focuses on delivering the service of peer support and meeting the core principles regardless of background.</td>
</tr>
</tbody>
</table>
**MAINE**

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<tbody>
<tr>
<td>Program Description</td>
<td>Formal Recovery Coach certification is presently unavailable. The Maine Department of Health and Human Services’ Office of Behavioral Health (DHHS/OBS) is developing the certification in collaboration with a local service provider. Certification is based on industry best practices. The training services use models developed by the Connecticut Center for Addiction Recovery. Recovery Coaching training has grown significantly throughout 2018 and 2019, with funding support from DHHS/OBH. More than 200 individuals were trained in the CCAR Recovery Coach Academy in SFY19. DHHS/OBH has worked with two statewide providers to develop supportive infrastructure and ensure that high-quality recovery coaching services are available in-person and remotely via training, recruitment, supervision, networking, and outcome measurement. In addition, professional coaches have delivered services in emergency departments at 10 hospitals throughout the state. The services are supported through agreements with qualified vendors.</td>
</tr>
</tbody>
</table>
| Setting(s) | • Recovery coach coordination organizations  
• Substancce use peer support recovery centers  
• Hospital emergency departments  
• Outpatient treatment programs  
• County jails  
• Inpatient treatment programs |
| Credential | At this time, Maine DHHS/OBH strongly recommends seeking recovery coaching through a state-supported recovery coach coordination organization and/or their subsidiary providers. This is recommended for quality assurance purposes, as these programs feature the five-point infrastructure described above. |
| Credentialing Agency | None |
| Certification Requirements | Not Applicable |
| Personal Recovery Required | Yes: ☐ No: ☒  
Additional Comments: Maine DHHS/OBH recognizes the contributions of recovery allies who have lived experience of supporting family members or loved ones with substance use disorder in addition to those in active recovery themselves. |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  
Friend: ☒  
Recovery Ally: ☒  
No: ☐ |
<p>| Code of Ethics | • Recovery coaches who are employed under state agreements are required to complete CCAR Ethics Training. |
| Exam Criteria | Not applicable |</p>
<table>
<thead>
<tr>
<th><strong>Fees</strong></th>
<th>Training and coordination services are funded by DHHS/OBH and provided at no cost to participants.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Recertification/CEUs</strong></td>
<td>Not applicable</td>
</tr>
<tr>
<td><strong>Financing for Recovery Coaching Services</strong></td>
<td>Medicaid: ☐ Block Grants: ☐ Access to Recovery Grant: ☐ State General Revenue: ☒ Foundations: ☐</td>
</tr>
<tr>
<td></td>
<td>Additional Funding: Opioid-specific federal grant funding, including State Targeted Response and State Opioid Response grants, has been used for program development.</td>
</tr>
<tr>
<td><strong>Training Requirements</strong></td>
<td>See above</td>
</tr>
<tr>
<td><strong>Competencies</strong></td>
<td>Not available</td>
</tr>
</tbody>
</table>
| **Training Provider/Organization** | Healthy Acadia  
Portland Recovery Community Center |
| **Supervisory Training** | Healthy Acadia  
Portland Recovery Community Center |
<p>| <strong>Training Curriculum for Recovery Coach Supervisors</strong> | CCAR Coachervision |
| <strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong> | Not applicable |</p>
<table>
<thead>
<tr>
<th><strong>MARYLAND</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
</tbody>
</table>
| **Program Description** | The following description comes from the Maryland Addiction and Behavioral-health Professionals Certification Board’s Certified Peer Recovery Specialist Manual and Application:  

*This classification is viewed as the title for the peer recovery support worker primarily involved in providing recovery support services to individuals living with behavioral health disorders. This is a reciprocal credential offered at the international level.*  
*There are certain knowledge areas and skills that are required to provide effective peer recovery support services to individuals living with behavioral health disorders. Certified Peer Recovery Specialists must demonstrate the ability to provide effective services including advocacy, mentoring, education, recovery support, and engage in ethical responsibility. In addition, Certified Peer Recovery Specialists must provide services [which] they have experiential expertise and be knowledgeable of the integrated services provided by the behavioral health systems.*  

For more information, please visit https://mapcb.wordpress.com/cprs. |
| **Setting(s)** | • Detention centers  
• Local health departments  
• Local recovery residences  
• Drug courts  
• Hospital emergency departments  
• Behavioral health community-based treatment programs  
• Behavioral health residential treatment programs  
• Local nonprofits  
• Recovery community centers  
• Wellness recovery centers  
• Supportive housing  
• Department of Social Services  
• Behavioral Health Administration |
| **Credential** | • IC&RC Peer Recovery Credential |
| **Credentialing Agency** | Maryland Addiction and Behavioral-health Professionals Certification Board |
| **Certification Requirements** | • 500 hours of paid/volunteer peer recovery experience  
• 25 hours of supervision, with at least 5 hours in each domain  
• Personal peer recovery specialist statement that documents 2 years of sustained recovery  
• 46 hours of specialized training  
• 3 references  
• Signature on the Code of Ethics  
• Passing score on the IC&RC Peer Recovery Examination |
**Personal Recovery Required**

Yes: ☒  No: ☐  Years in Recovery: 2
- Additional Comments: Integrated focus inclusive of mental and substance use disorders, and gambling

**Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?**

Family Member: ☒  Friend: ☐  Recovery Ally: ☐  No: ☐
- Additional Comments: Specific training has been developed to support training family members and caregivers into a credential peer status.

**Code of Ethics**

The *Maryland Addiction and Behavioral-health Professionals Certification Board’s Code of Ethics* is available at [https://mapcb.wordpress.com/about/](https://mapcb.wordpress.com/about/).

**Exam Criteria**

IC&RC Peer Recovery Examination

**Fees**

- Certification fee: $125
- Recertification fee: $125

**Recertification/CEUs**

Every 2 years:
- Application
- 20 hours of continuing education, including 6 hours in ethics
- Signature on the *Principles and Guidelines* document
- Payment of $125

**Financing for Recovery Coaching Services**

Medicaid: ☐  Block Grants: ☒  Access to Recovery Grant: ☒  State General Revenue: ☒  Foundations: ☒

**Training Requirements**

Training for Initial Certification:
A. The Applicant must complete 46 total hours of training within the following four (4) Domains:
   i. Advocacy Domain – 10 hours
   ii. Ethical Responsibility Domain – 16 hours
   iii. Mentoring/Education Domain – 10 hours
   iv. Recovery/Wellness Domain – 10 hours

B. Applicants are allowed 12 in-service training hours as part of the 46 hours of training.

C. In-service training must be provided within an agency by an agency employee.
   - Training provided within an agency by an outside consultant or professional is not considered to be in-service and is measured by the same standards as other general training hours.
   - In-service training must be domain relevant.
   - All applicants are required to complete a minimum of one CORE training.

D. All trainings for initial certification must be completed within the last 10 years. Domain-specific college courses may qualify for CEU approval upon submission of CEU.

E. Needed every 2 years for for Recertification:
   - Application
   - 20 hours of continuing education, including 6 hours in ethics
   - Signature on the “Principles and Guidelines” document
   - Payment of $125

**Competencies**

- Advocacy
- Ethical responsibility
- Mentoring/education
- Recovery/wellness support

**Training Provider/Organization**

- Local and state behavioral health authorities
| Local nonprofits | | |
| Recovery community centers | | |
| Wellness recovery centers | | |
| The Danya Institute | | |
| Magellan Health | | |
| Maryland Addiction and Behavioral-health Professionals Certification Board | | |
| On Our Own of Maryland, Inc. | | |
| Additional information is available at [http://bha.dhmh.maryland.gov/Pages/Peer-Training-Information.aspx](http://bha.dhmh.maryland.gov/Pages/Peer-Training-Information.aspx) and [https://mapcb.wordpress.com/trainings](https://mapcb.wordpress.com/trainings). |

| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Yes, it is also inclusive of gambling disorders. |
# Massachusetts

| Website(s) | Massachusetts Access to Recovery: [https://www.ma-atr.org](https://www.ma-atr.org)  
Careers of Substance: [https://careersofsubstance.org/resources/training-search/bsas-recovery-coach-trainings](https://careersofsubstance.org/resources/training-search/bsas-recovery-coach-trainings) |
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</thead>
<tbody>
<tr>
<td>Program Description</td>
<td>The Recovery Coach Academy (RCA), developed by Connecticut Community for Addiction Recovery (CCAR) in 2008, is a 5-day intensive training delivered in a retreat-like environment, focusing on providing skills needed to guide, mentor, and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs.</td>
</tr>
</tbody>
</table>
| Setting(s) | ▪ Moms Do Care program  
▪ Outpatient centers  
▪ Private entities  
▪ Opioid urgent care centers  
▪ Emergency departments  
▪ Drug courts  
▪ State Response to Opioid/Access to Recovery program  
▪ Coalitions  
▪ Police departments |
| Credential | ▪ Certified Addiction Recovery Coach (CARC) |
| Credentialing Agency | [Massachusetts Board of Substance Abuse Counselor Certification, Inc.](https://www.massachusettsboardofsubstanceabusecounselorcertification.org/). |
| Certification Requirements | ▪ 500 hours of supervised work experience specific to the domains  
▪ 35 hours of supervision specific to the domains  
▪ 60 hours of education  
▪ Signature on the *Code of Ethical Conduct*  
▪ Passing score on the IC&RC Peer Recovery Examination |
| Personal Recovery Required | Yes: ☒  
No: ☐ Years in Recovery: 2  
▪ Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
▪ Additional Comments: |
| Code of Ethics | The [Massachusetts Board of Substance Abuse Counselor Certification, Inc.](https://www.massachusettsboardofsubstanceabusecounselorcertification.org/) has a *Code of Ethical Conduct* that is available at [https://docs.wixstatic.com/ugd/d5f6ac_f85d40a459d14324abf1583f5cd6b1f4.pdf](https://docs.wixstatic.com/ugd/d5f6ac_f85d40a459d14324abf1583f5cd6b1f4.pdf) |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees | Application fee: $250 |
| Recertification/CEUs | Every 2 years:  
▪ 30 hours of approved continuing education  
▪ Recertification application  
▪ Recertification fee |
| Additional Funding: Massachusetts Department of Public Health, Bureau of Substance Abuse Services; Health Policy Commission; MassHealth; Massachusetts Behavioral Health Partnership; private funders; public funders; SAMHSA |
| Training Requirements | 60 hours of training:  
- 10 hours in advocacy  
- 10 hours in mentoring/education  
- 10 hours in recovery/wellness support  
- 16 hours in ethical responsibility  
- 3 hours in cultural competency  
- 5 hours in substance use disorders  
- 3 hours in mental health  
- 3 hours in Motivational Interviewing |
| Competencies | Advocacy  
Mentoring/education  
Recovery/wellness support  
Ethical responsibility  
Cultural competency  
Substance use disorders  
Mental health  
Motivational interviewing |
| Training Provider/Organization | Information about training providers/organizations is available at [https://careersofsubstance.org/resources/training-search/bsas-recovery-coach-trainings](https://careersofsubstance.org/resources/training-search/bsas-recovery-coach-trainings) |
| Supervisory Training | BSAS Peer Recovery Coach Supervisor Training |
| Training Curriculum for Recovery Coach Supervisors | Training (3 days)  
Independent work (one-month organizational assessment and Recovery Coach observations)  
Coaching  
Collaborative review  
Two webinars (keeping fidelity to the model and advocacy) |
<p>| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Training curriculum covers the scope of mental health and substance use. |</p>
<table>
<thead>
<tr>
<th><strong>Website(s)</strong></th>
<th>Michigan Department of Health &amp; Human Services: <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_4877_48561-84396--,00.html#coach">https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_4877_48561-84396--,00.html#coach</a></th>
</tr>
</thead>
</table>
| **Program Description** | The following description comes from the Michigan Department of Health & Human Services (MDHHS) website:  

*A peer recovery coach is an individual who has lived experience in receiving services and/or supports for a substance use condition. They serve as a guide to initiate, achieve and sustain long-term recovery from addiction including medication assisted, faith based, 12 step and other pathways to recovery. Recovery coaches provide connections in navigating recovery supportive systems and resources including professional and non-professional services.*  

For more information, please visit [https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_4877_48561-84396--,00.html#coach](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_4877_48561-84396--,00.html#coach). |
| **Setting(s)** | ▪ Drug courts  
▪ Emergency room departments  
▪ Outpatient providers  
▪ Recovery community  
▪ Treatment centers |
| **Credential** | MDHHS Certification |
| **Credentialing Agency** | Michigan Department of Health & Human Services |
| **Certification Requirements** | ▪ Employment (at least 10 hours per week) at a licensed substance use disorder treatment organization, a PIHP, a community mental health services program, or another organization that provides substance use treatment or recovery support services  
▪ Two letters of reference  
▪ Current job description  
▪ Peer-to-peer telephone interview  
▪ Completion of the MDHHS Peer Recovery Coach Training  
▪ Passing score on the certification examination |
| **Personal Recovery Required** | Yes: ☒  
No: ☐  
Years in Recovery: 2  
▪ Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
▪ Additional Comments: |
| **Code of Ethics** | Code of Ethical Standards: [https://www.mcbap.com/ethics/peer-recovery-code-ethics/](https://www.mcbap.com/ethics/peer-recovery-code-ethics/)  
▪ Principle 1: Nondiscrimination  
▪ Principle 2: Responsibility  
▪ Principle 3: Competence  
▪ Principle 4: Legal and moral standards  
▪ Principle 5: Public statements  
▪ Principle 6: Publication credit  
▪ Principle 7: Client welfare  
▪ Principle 8: Confidentiality |
<table>
<thead>
<tr>
<th>Exam Criteria</th>
<th>Certification examination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fees</td>
<td>Registration fee: $450</td>
</tr>
<tr>
<td>Recertification/CEUs</td>
<td>Not at this time; under development</td>
</tr>
<tr>
<td>Training Requirements</td>
<td>MDHHS Peer Recovery Coach training</td>
</tr>
<tr>
<td>Competencies</td>
<td>Indicated in state application and Medicaid Provider Manual</td>
</tr>
<tr>
<td>Training Provider/Organization</td>
<td>Michigan Department of Health &amp; Human Services</td>
</tr>
<tr>
<td>Supervisory Training</td>
<td>Provided regionally with Certified Peer Recovery Coaches, supervisors, and agency staff</td>
</tr>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>State Developed with information from the SAMHSA toolkit</td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>Somewhat, however MDHHS offers separate mental health certification for those with lived experience of substance use disorder only. Individuals who have co-occurring disorders may have two certifications if they meet criteria.</td>
</tr>
</tbody>
</table>
### MINNESOTA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>The following description comes from the Minnesota Certification Board website:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minnesota Certification Board: <a href="https://www.mcboard.org">https://www.mcboard.org</a></td>
<td></td>
</tr>
<tr>
<td>Minnesota Recovery Connection: <a href="https://minnesotarecovery.org">https://minnesotarecovery.org</a></td>
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</tbody>
</table>

**Program Description**

Peer Recovery Specialists help a person become ready and willing to seek treatment (if needed) and enter recovery by helping the person explore their options for recovery or treatment. Peer Recovery Specialists ask questions, offer insight, and help service recipients as they become whole, resourceful, and capable of choosing what is best for them.

Peer Recovery Specialists use a strengths-based approach helping service recipients find and utilize their values, assets, and strengths while supporting them in achieving success. They recognize that it is normal for recovering service recipients to have gaps in their skills or development. The role of the specialist is to help service recipients recognize and fill these gaps with the skills needed. Peer Recovery services focus on the present and future and are based on partnership with the recipient.

The role of Peer Recovery Specialists can be viewed on a continuum of services and falls between the role of recovery support individuals/recovery sponsor and the substance abuse or mental health counselors. The role of the Peer Recovery Specialist has emerged from the recognition of a need to reconnect substance abuse and mental health treatment to the larger continuum of recovery management. The peer is not a sponsor or a therapist but rather a role model, mentor, advocate, and motivator.

The Certified Peer Recovery Specialist Reciprocal credential is a reciprocal credential. This credential demonstrates competency for advanced peer recovery specialists that have accrued sufficient supervised experience. Individuals who possess the CPRSR credential may supervise individuals with the CPRS credential.

For more information, please visit [http://www.mcboard.org/peer-recovery-specialist/certifications/peer-recovery-specialist](http://www.mcboard.org/peer-recovery-specialist/certifications/peer-recovery-specialist).

| Setting(s) | • Child protection  
|            | • Community settings  
|            | • Drug courts  
|            | • Homes  
|            | • Recovery community centers  
|            | • Recovery housing |

| Credential | Certification and the IC&RC Peer Recovery Credential |

| Credentialing Agency | Minnesota Certification Board |
| Certification Requirements | Certified Peer Recovery Specialist (CPRS):  
|                           |   1 hour of supervision for every 20 hours of service provision in the peer recovery domains  
|                           |  40 hours of training in the peer recovery domains  
|                           |  Passing score on the IC&RC Peer Recovery Examination  
|                           |  Signature on the Code of Ethics  
|                           |  Consent and Release Form  
|                           |  Appropriate fees  
|                           | Certified Peer Recovery Specialist Reciprocal (CPRSR):  
|                           |  500 hours of volunteer or paid work experience specific to the domains  
|                           |  25 hours of supervision specific to the domains  
|                           |  46 hours of training specific to the domains  
|                           |  Passing score on the IC&RC Peer Recovery Examination  |
| Personal Recovery Required | Yes: ☐ No: ☒ Years in Recovery: Choose an item.  
| Additional Comments:     |   |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒ Friend: ☐ Recovery Ally: ☒ No: ☐  
| Additional Comments:     |   |
| Exam Criteria             | IC&RC Peer Recovery Examination  
| Fees                      |   1st time certification: $150  
|                           |  1st annual renewal of certification: $75  
|                           |  All subsequent recertifications/renewals: $150  
|                           |  Retest fee: $125  
| Recertification/CEUs      | Participants must renew their certification 1 year after their initial certification. After that, in order to maintain certification, CPRSs and CPRSRs must meet the following requirements every 2 years:  
|                           |   20 hours of continuing education, including 6 hours of ethics  
|                           |  Recertification application  
|                           |  Verification that one has reviewed the current MCB Code of Ethical Conduct for Certified Peer Recovery Specialists  
|                           |  Verification that one has “practiced within the scope of all relevant statutes, rules, and standards relevant to the provision of peer recovery services”  
|                           |  Required supervision  
|                           |  Recertification fee  
| Financing for Recovery Coaching Services | The state’s method for funding the positions  
| Medicaid: ☐ Block Grants: ☒ Access to Recovery Grant: ☐  
| State General Revenue: ☐ Foundations: ☒  
| Additional Funding: Volunteers and federal grants |
| Training Requirements     | CPRS:  
|                           |  40 hours of training:  
|                           |   8 hours in advocacy  
|                           |  8 hours in mentoring/education  
|                           |  8 hours in recovery support  

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<table>
<thead>
<tr>
<th>Competencies</th>
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<tbody>
<tr>
<td>▪ Advocacy</td>
<td></td>
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<tr>
<td>▪ Mentoring/education</td>
<td></td>
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<tr>
<td>▪ Recovery support</td>
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<tr>
<td>▪ Ethical responsibility</td>
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<thead>
<tr>
<th>Training Provider/Organization</th>
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<tbody>
<tr>
<td>▪ Minnesota Recovery Connection</td>
<td></td>
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<tr>
<td>▪ Recovery Is Happening</td>
<td></td>
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<tr>
<td>▪ Additional information about training is available at <a href="http://www.mc-board.org">http://www.mc-board.org</a>.</td>
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<tr>
<th>Supervisory Training</th>
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</thead>
<tbody>
<tr>
<td>▪ Certified Peer Recovery Specialist Approved Supervisor</td>
<td></td>
</tr>
<tr>
<td>▪ <a href="https://www.mcboard.org/peer-recovery-specialist/certifications/peer-recovery-specialist">https://www.mcboard.org/peer-recovery-specialist/certifications/peer-recovery-specialist</a></td>
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<table>
<thead>
<tr>
<th>Training Curriculum for Recovery Coach Supervisors</th>
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<tbody>
<tr>
<td>▪ Advocacy</td>
<td></td>
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<tr>
<td>▪ Mentoring/education</td>
<td></td>
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<tr>
<td>▪ Recovery support</td>
<td></td>
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<tr>
<td>▪ Ethical responsibility</td>
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</table>

<p>| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Not available |</p>
<table>
<thead>
<tr>
<th><strong>MISSISSIPPI</strong></th>
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<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
</tbody>
</table>
| **Program Description** | The following information comes from the Mississippi Department of Mental Health website:  

A Certified Peer Support Specialist (CPSS) is a family member and/or individual who has self-identified as having received or is presently receiving behavioral health services. Additionally, a CPSS has successfully completed formal training recognized by the Mississippi Department of Mental Health (DMH) and is employed by a DMH-Certified Provider.  

These individuals use their lived experience in combination with skills training to support peers and/or family members with similar experiences. CPSSs support their peers both individually and in groups. Under general supervision, a CPSS performs a wide range of tasks to assist individuals to regain control of their lives and their own recovery and resiliency journey. CPSSs provide varying supports, some of which might be offered by others in the behavioral health system, but CPSSs contribute something unique. They are living proof that recovery is possible. CPSSs share lived experiences and are willing to share their stories to benefit others.  

CPSS training is an intensive, 34-hour course followed by a written exam. Upon completion of the training, successfully passing the CPSS examinations, and obtaining employment by a DMH-certified provider, participants become Certified Peer Support Specialists. The training and certification process prepares CPSSs to promote hope, personal responsibility, empowerment, education, and self-determination in the communities in which they serve.  

The first CPSSs with a designation of a Parent/Caregiver completed their training at DMH in March 2017. The Parent/Caregiver designation is an expansion of the CPSS Program. This designation of peers focuses on those who will be working with children with behavioral health issues. The training is a customized, two-day block within the current CPSS training program.  

In June 2019, DMH completed the first training for people with a designation of Youth and Youth Adult CPSS. A Youth/Young Adult Peer Support Specialist is a person between the ages of 18-26 with lived experience with a behavioral health or substance use diagnosis. A CPSS-R for substance use has also recently been developed.  

| Setting(s) | • Community living programs  
• Court diversion programs  
• Crisis stabilization programs  
• Day programs  
• Drop-in centers  
• Emergency departments  
• Hospitals  
• Inpatient settings  
• Outpatient settings  
• Programs for people experiencing homelessness  
• Psychosocial rehabilitation programs  
• Recovery community organizations  
• Mobile response teams  
• PACT teams  
• Supported employment pilot sites |
<table>
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<tbody>
<tr>
<td>Credential</td>
<td>• Certified Peer Support Specialist</td>
</tr>
<tr>
<td>Credentialing Agency</td>
<td>Mississippi Department of Mental Health</td>
</tr>
</tbody>
</table>
| Certification Requirements | • Employment in Mississippi’s public mental health system  
• 250 hours of peer work experience  
• Completion of the 4-day Certified Peer Support Specialist training  
• Passing score on the Certified Peer Support Specialist examination  
• 2 references |
| Personal Recovery Required | Yes: ☒  No: ☐  Years in Recovery: Choose an item.  
• Additional Comments: A minimum of 6 months of recovery is required. The individual can also be a family member of a person in recovery. |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  Friend: ☐  Recovery Ally: ☐  No: ☐ |
| Exam Criteria | Certified Peer Support Specialist examination |
| Fees | Fees have been waived. |
| Recertification/CEUs | Recertification with CEUs is required every 4 years. |
| Financing for Recovery Coaching Services | Medicaid: ☐  Block Grants: ☒  Access to Recovery Grant: ☐  
State General Revenue: ☒  Foundations: ☐  
Additional Funding: |
| Training Requirements | Requisite online courses totaling 3 hours and a 4-day training program |
| Competencies | Listed in the CPSS Training Manual |
| Training Provider/Organization | Mississippi Department of Mental Health |
| Supervisory Training | Supervisor training is required. This 8-hour training takes place four times a year. |
| Training Curriculum for Recovery Coach Supervisors | The focus is on how to integrate CPSSs into the workforce. Topics include caseloads, supervision, job descriptions, support, etc. |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | The supervisor training curriculum is integrated for mental health, substance use, young adults, and parents/caregivers. |
### MISSOURI

<table>
<thead>
<tr>
<th><strong>Website(s)</strong></th>
<th>Missouri Credentialing Board (MCB): <a href="https://missouricb.com">https://missouricb.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program Description</strong></td>
<td>Peer support services are delivered to individuals who have been successful in recovery from mental or substance use disorders or co-occurring disorders, deliver peer support services to help others who are experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support services help people become and stay engaged in the recovery process and reduce the likelihood of relapse. Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process. For more information, please visit <a href="https://dmh.mo.gov/mental-illness/peer-support-services">https://dmh.mo.gov/mental-illness/peer-support-services</a>.</td>
</tr>
</tbody>
</table>
| **Setting(s)** | ▪ Mental health and substance use treatment programs  
▪ Recovery support services  
▪ Emergency rooms  
▪ Recovery community centers  
▪ Drop-in centers and peer phone support warm lines |
| **Credential** | ▪ Certified Peer Specialist (CPS), Certified Reciprocal Peer Recovery (CRPR), and Missouri Recovery Support Specialist (MRSS) |
| **Credentialing Agency** | Missouri Credentialing Board (MCB) |
| **Certification Requirements** | CPS:  
▪ Lived experience of recovery  
▪ Completion of the state-approved MCB CPS training program  
▪ Passing score on the CPS online exam  
▪ Completion of application to MCB  
CRPR:  
▪ 500 hours of work or volunteer experience  
▪ 25 hours of supervision in the IC&RC peer recovery domains  
▪ 46 hours of training  
▪ Passing score on the IC&RC Peer Recovery examination  
▪ Professional reference form  
MRSS:  
▪ 1,000 hours of applicable work experience within the last 10 years  
▪ Completion of the MRSS 3-day training program  
▪ Professional reference form |
| **Personal Recovery Required** | Yes: ☒  No: ☐  Years in Recovery: Choose an item.  
Additional Comments:  
▪ The CPS credential requires personal recovery.  
▪ The CRPR and MRSS credentials do not require personal recovery. The CPS credential is the only credential that the State of Missouri, Department of Mental Health approves for billing peer support services and recovery coaching. |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☒  Friend: ☒  Recovery Ally: ☒  No: ☐  
Additional Comments: The MRSS credential is for family members, friends, and allies. |
|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Exam Criteria  | ▪ Pass the IC&RC International Peer Recovery examination  
▪ Pass the CPS online exam                                                                                                                                  |
| Fees           | ▪ CPS application fee: $75  
▪ CRPR application fee: $200  
▪ MRSS application fee: $75                                                                                                                                    |
| Recertification/CEUs | Requires 20 total hours; 6 live ethics hours for recertification every 2 years |
| Financing for Recovery Coaching Services | The state’s method for funding the positions  
Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☒  
Foundations: ☐  
Additional Funding: State Opioid Response Grant |
| Training Requirements | CPS: State-approved MCB CPS 5-day training program  
CRPR:  
46 hours of training:  
▪ 10 hours in advocacy  
▪ 10 hours in mentoring/education  
▪ 10 hours in recovery/wellness support  
▪ 16 hours in ethical responsibility  
MRSS: MRSS 3-day training program |
| Competencies   | CPS:  
▪ Substance Abuse and Mental Health Services Administration Core Competencies for Peer Workers in Behavioral Health Services  
CRPR:  
▪ Advocacy  
▪ Mentoring/education  
▪ Recovery/wellness support  
▪ Ethical responsibility  
MRSS:  
▪ Recovery mentoring/coaching  
▪ Recovery support services |
| Training Provider/Organization | Missouri Credentialing Board Peer Specialist website is available at [https://mopeerspecialist.com/](https://mopeerspecialist.com/) |
| Supervisory Training | A 1-day training for Peer Specialist Supervisors is strongly encouraged |
| Training Curriculum for Recovery Coach Supervisors | The Training curriculum for Peer Specialist Supervisors includes, but is not limited to, the following:  
▪ Peer support role, core competencies, and training  
▪ Supervision qualities, functions, roles, and modalities  
▪ Supervision methods  
▪ Supervisory alliance self-inventory  
▪ Building a supervisory alliance  
▪ Creating a professional development plan |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Yes, our curriculum is integrated. |
# MONTANA

| Website(s) | Montana Board of Behavioral Health: [http://boards.bsd.dli.mt.gov/bbh](http://boards.bsd.dli.mt.gov/bbh)  
| Montana’s Peer Network: [http://mtpeernetwork.org](http://mtpeernetwork.org) |
| --- | --- |
| Program Description | The following description comes from the Montana Board of Behavioral Health website:  

*To qualify as a Certified Behavioral Health Peer Support Specialist, you are required to have a “behavioral health disorder” and be engaged in “behavioral health disorder recovery” or “recovery from a behavioral health disorder.”*  

“Behavioral health disorder recovery” or “recovery from a behavioral health disorder” means a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”  

Eligibility for certification is contingent on the applicant’s behavioral health disorder recovery that does not include any period of incarceration, or hospitalization or any inpatient admission related to a behavioral health disorder that exceeds 72 hours, within the two years immediately preceding application for certification.  


| Setting(s) | Recovery community organizations  
Services are being provided by RCOs, but they cannot bill Medicaid or Block Grant.  

The following can bill for peer support:  
- State Approved SUD providers (SUD diagnosis)  
- Federally Qualified Health Centers (SUD or MH diagnosis)  
- Rural Health Clinic (SUD or MH diagnosis)  
- Indian Health Services/Tribal 638 (SUD or MH diagnosis)  

Also, Medicaid only reimburses for individual services. Block Grant contracts pay for individual and group peer support. |
| Credential | Certified Behavioral Health Peer Support Specialist |
| Credentialing Agency | Montana Board of Behavioral Health |
| Certification Requirements | • Recovery from a mental or substance use disorder  
|                           | • Must have been diagnosed with a behavioral health disorder and received treatment.  
|                           | • 40-hour peer support education program  
|                           | • Passing score on an examination  
|                           | • Background check  
|                           | • Supervision forms  
|                           | • Fee  
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: 2  
|                           | Additional Comments:  
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒ Friend: ☐ Recovery Ally: ☐ No: ☒  
|                           | Additional Comments:  
| Exam Criteria | Peer Support Specialist exam  
|                           | (The exam is part of the training course. There is not a separate exam.)  
| Fees | Application fee: $125  
|                           | Annual renewal fee: $110  
| Recertification/CEUs | Supervision requirements: <http://www.mtrules.org/gateway/RuleNo.asp?RN=24%2E219%2E422>  
|                           | An approved supervisor must provide the post-certification supervision. There is no longer a minimum hourly requirement.  
| Financing for Recovery Coaching Services | Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☐  
|                           | State General Revenue: ☐ Foundations: ☒  
|                           | Additional Funding: Federal grants; fee for service; Opioid State Targeted Response grants; return on investment; state grants; trusts  
| Training Requirements | 40 hours of training in Montana Board of Behavioral Health-approved courses:  
|                           | • SAMHSA core competencies  
|                           | • Boundaries and ethics  
|                           | • Confidentiality  
|                           | • Scope of practice  
|                           | • Communication skills  
|                           | • Self-care  
|                           | • Suicide awareness  
|                           | • Stages of change  
|                           | • Trauma-informed care  
|                           | • Cultural awareness  
|                           | • Pathways of recovery  
|                           | • Recovery story  
|                           | • Clinical supervision  
|                           | • Community resources  
|                           | • Emotional intelligence  
|                           | • Supporting others in recovery  
|                           | • One-on-one session skills  
|                           | • Support group facilitation  
|                           | • Recovery planning  
|                           | Master list of training courses:  

### Competencies

- SAMHSA core competencies
- Boundaries and ethics
- Confidentiality
- Scope of practice
- Communication skills
- Self-care
- Suicide awareness
- Stages of change
- Trauma-informed care
- Cultural awareness
- Pathways of recovery
- Recovery story
- Clinical supervision
- Community resources
- Emotional intelligence
- Supporting others in recovery
- One-on-one session skills
- Support group facilitation
- Recovery planning

### Training Provider/Organization

Approved CBHPSS training courses:

### Supervisory Training

- Candidate must be a Licensed Clinical Social Worker (LCSW), Licensed Clinical Professional Counselor (LCPC), Licensed Addictions Counselor (LAC), Licensed Marriage Family Therapist (LMFT), physician, psychologist, or advanced practice registered nurse with a clinical specialty in psychiatric mental health nursing.


- Candidate must have one semester of graduate education focused on supervision or 20 hours of board approved training. See the link below for those trainings.

### Training Curriculum for Recovery Coach Supervisors

Approved Supervisor training courses:

### Is Training Curriculum Integrated (Mental Health and Substance Use)?

Montana indicates behavioral health and provides no distinction between substance use disorder and mental health for any training courses (40-hour peer or supervisor).
| **NEBRASKA** |
|-----------------|---------------------------------|
| **Website(s)** | Nebraska Department of Health and Human Services: [http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx](http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx) |
| **Program Description** | The Certified Peer Support Specialist (CPSS) Certification process was developed by the DBH OCA in collaboration with consumers, educators, providers and peers. It is structured to meet or exceed the standards prepared by the International Certification & Reciprocity Consortium (IC&RC) as appropriate and aligned with the Substance Abuse Mental Health Services Administration (SAMHSA) core competencies for peer support. The purpose of peer support professional certification is to promote consumer protection and public confidence by assuring that peer support services are being provided by trained and qualified individuals. For the provider, peer certification gives recognition to the unique experience, education and skills of the peer support provider, encouragement for continued professional growth and development, and a recognized and billable professional certificate. For more information please visit the Office of Consumer Affairs: [http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx](http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx) |
| **Setting(s)** | • Substance use disorder treatment facilities  
• Emergency rooms  
• Family and youth agencies  
• Hospital diversion services  
• Hospitals  
• Mental health programs  
• Outpatient care facilities  
• Police departments  
• Support groups |
| **Credential** | • Certification: Renewable every 2 years |
| **Credentialing Agency** | Nebraska Department of Health and Human Services [http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx](http://dhhs.ne.gov/Pages/Consumer-Advocacy.aspx) |
| **Certification Requirements** | • 2 years of documented recovery  
• High school diploma or GED  
• Current driver’s license  
• 2 written references  
• 40 hours of training  
• Pass exam with a minimum score of 70 |
| **Personal Recovery Required** | Yes: ☒ No: ☐ Years in Recovery: 1 Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☒ Friend: ☒ Recovery Ally: ☒ No: ☒ Additional Comments: |
| Code of Ethics | Peer Support Code of Ethics  
|---|---|
| Exam Criteria | IC&RC Peer Recovery Examination  
https://internationalcredentialing.org/takinganexam |
| Fees | $100 testing fee |
| Recertification/CEUs | 20 CEUs every 2 years |
| Financing for Recovery Coaching Services | The state’s method for funding the positions  
Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☒  
Foundations: ☒  

Additional Funding: |
| Training Requirements | State of Nebraska DBH-Office of Consumer Affairs-approved Peer Support Core Curriculum Training  
http://dhhs.ne.gov/Pages/Peer-Support-Trainer-Curriculum-Requirements.aspx  
http://dhhs.ne.gov/Pages/Peer-Support-Training-Certification.aspx |
| Competencies | - Engagement  
- Support  
- Lived experience  
- Personalizes peer support  
- Recovery planning  
- Resources, services, and supports  
- Health, wellness, and recovery skills  
- Crisis management  
- Communication  
- Collaboration and teamwork  
- Leadership and advocacy  
- Professional growth and development  
- Ethics |
| Training Provider/Organization | Information about training providers/organizations  
http://dhhs.ne.gov/Pages/Peer-Support-Approved-Core-Curriculum.aspx |
| Supervisory Training | Not Available |
| Training Curriculum for Recovery Coach Supervisors | Not Available |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Yes - Peer Support Core Curriculum Minimum Training Standards  
http://dhhs.ne.gov/Pages/Peer-Support-Trainer-Curriculum-Requirements.aspx |
### NEVADA

**Website(s)**
- Foundation for Recovery: [http://www.forrecovery.org](http://www.forrecovery.org)
- Nevada Certification Board: [https://www.nevadacertboard.org](https://www.nevadacertboard.org)

**Program Description**

The following description comes from the Foundation for Recovery website:

*The word peer refers to all individuals who share the experiences of addiction and recovery, either directly or as family members or significant others. In a peer-helping-peer relationship, a peer leader/coach, who is in stable recovery provides social supports designed to fill the needs of people in or seeking recovery. The services are called peer recovery support services and, as the word peer implies, they are designed and delivered by people who have experienced both substance use disorder and/or behavioral health challenges and are now in their own recovery.*

For more information, please visit [http://www.forrecovery.org/recovery-support-services/peer-support](http://www.forrecovery.org/recovery-support-services/peer-support)

The following description comes from the Nevada Certification Board’s website:

*While non-certified and IC&RC Certified Peers both use lived experience to guide individuals through the recovery process, only IC&RC Certified Peers are equipped with a scope of practice and peer core competencies. They are bound by ethical guidelines which protect the Peer, the individual, and the public. In addition, IC&RC Certified Peers are required to:*

- Participate in peer specific training in the competency areas of:
  - Advocacy
  - Recovery and Wellness
  - Mentoring and Education
  - Ethical Responsibility
- Apply for certification through a formal application process
- Sign and adhere to a peer-specific code of ethics
- Take and pass the IC&RC Peer Recovery examination
- Pursue continuing education credits to stay current on emerging trends and best practices

For more information, please visit [https://www.nevadacertboard.org/peer-recovery-support-certification](https://www.nevadacertboard.org/peer-recovery-support-certification)

**Setting(s)**
- Treatment programs (mental health and substance use disorder)
- Emergency rooms
- Jail, drug courts
- Recovery community centers
- Drop-in centers
- Peer phone support warm lines

**Credential**
- IC&RC Peer Recovery Credential

**Credentialing Agency**
- Nevada Certification Board
### Certification Requirements
- 500 hours of work experience
- 25 hours of supervision
- 46 hours of training
- Passing score on the IC&RC Peer Recovery Examination
- Signed Code of Ethics
- Initial fee: $165

### Personal Recovery Required
- Yes: ☒
- No: ☐
- Additional Comments:

### Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?
- Family Member: ☐
- Friend: ☐
- Recovery Ally: ☐
- No: ☒
- Additional Comments:

### Code of Ethics
The Nevada Certification Board of Ethical Conduct for Certified Peer Recovery and Support Specialists [https://www.nevadacertboard.org/peer-recovery-support-certification](https://www.nevadacertboard.org/peer-recovery-support-certification)

### Exam Criteria
IC&RC Peer Recovery Examination

### Fees
- Initial certification fee: $165
- Renewal fee (every two years): $100

### Recertification/CEUs
- 20 hours of continuing education every 2 years, including 6 hours of ethics

### Financing for Recovery Coaching Services
- Medicaid: ☒
- Block Grants: ☐
- Access to Recovery Grant: ☐
- State General Revenue: ☐
- Foundations: ☐

### Training Requirements
- 46 hours of training:
  - 10 hours in advocacy
  - 10 hours in mentoring/education
  - 10 hours in recovery/wellness support
  - 16 hours in ethical responsibility

### Competencies
- Advocacy
- Mentoring/education
- Recovery/wellness support
- Ethical responsibility

### Training Provider/Organization
Approved training for the NCB PRSS initial certification includes both the Foundation for Recovery’s Peer Support Specialist training and the Center for the Application of Substance Abuse Technology (CASAT)’s online, self-paced course: [Peer Support Specialist 101](https://www.nevadacertboard.org/peer-recovery-support-certification).

### Supervisory Training
Nevada doesn’t have formal supervisory training or a training curriculum for supervisors at this time.

### Training Curriculum for Recovery Coach Supervisors
Not available

### Is Training Curriculum Integrated (Mental Health and Substance Use)?
The DBH is integrated at the administrative level, and the certification and training is integrated (mental health and substance use).
# NEW HAMPSHIRE

## Website(s)
New Hampshire Board of Licensing for Alcohol and Other Drug Use Professionals: [https://www.oplc.nh.gov/alcohol-other-drug](https://www.oplc.nh.gov/alcohol-other-drug)

Training websites are subject to change as of July 2020.

## Program Description
New Hampshire Recovery Coaches are people with lived experience of addiction and recovery who guide people in the development of recovery plans, help them remove barriers and access community services, and provide support as they strive to implement their recovery plans. To work in an official capacity as a Recovery Coach, they must become Certified Recovery Support Workers (CRSW) and attend an intensive Recovery Coach training approved by the New Hampshire Department of Health & Human Services.

Recovery Community Organizations (RCOs) have led this effort. They use Recovery Coaches in their centers and contract with other community organizations for service provision. Recovery Coaches are also employed by some of the agencies listed below.

## Setting(s)
- Recovery centers throughout the state
- Faith-based communities
- Hospitals
- Mental healthcare facilities
- Recovery housing
- Substance use counseling programs
- Substance use treatment programs
- Rehabilitative facilities
- Transitional living programs
- Criminal justice diversion programs
- Social service agencies
- Employee assistance programs

## Credential
Certified Recovery Support Worker (CRSW)

## Credentialing Agency
New Hampshire Board of Licensing for Alcohol and Other Drug Use Professionals

## Certification Requirements
- No fraud or deceit
- No “sexual relations, abuse or solicitation of past or current client”
- No impairment of functioning by alcohol
- No felony convictions (unless waived by the board)
- No disciplinary action against substance use license
- No failures to maintain confidentiality
- No false or misleading advertising
- No mental issues that impair functioning
- 500 hours of paid or volunteer work experience
- 25 hours of supervision
- 46 hours of training
- Passing score on the IC&RC Peer Recovery Examination

## Personal Recovery Required
- Yes: ☒
- No: ☐

### Additional Comments:
Lived experience as a family member or ally is also acceptable.
<table>
<thead>
<tr>
<th><strong>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</strong></th>
<th>Family Member: ☒ Friend: ☒ Recovery Ally: ☒ No: ☐ Additional Comments:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Exam Criteria</strong></td>
<td>IC&amp;RC Peer Recovery Examination</td>
</tr>
<tr>
<td><strong>Fees</strong></td>
<td>$110</td>
</tr>
</tbody>
</table>
| **Recertification/CEUs** | Every 2 years:  
▪ 12 hours of continuing education  
▪ 2 hours per month of supervision by approved supervisor  
▪ Attestation to the code of ethics  
▪ Renewal fee |
| **Financing for Recovery Coaching Services** | Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☒  
Foundations: ☒  
Additional Funding: State agencies; public-private collaborations; and contracts with drug courts, hospitals, law enforcement, insurers, businesses, and other agencies |
| **Training Requirements** | ▪ 46 hours of training in four domains of recovery support  
▪ Ethics/confidentiality  
▪ HIV/AIDS  
▪ Suicide prevention |
| **Competencies** | ▪ 4 domain areas of recovery support  
▪ Ethics/confidentiality  
▪ HIV/AIDS  
▪ Suicide prevention |
| **Training Provider/Organization** | ▪ [NAADAC](https://www.naadac.org/)  
▪ [New Hampshire Training Institute on Addictive Disorders](https://www.nhtraining.com/)  
▪ [New Hampshire Center for Excellence](https://www.nhce.org/)  
▪ [New England Institute of Addiction Studies](https://www.neiads.org/)  
▪ [New Hampshire Alcohol & Drug Abuse Counselors Association](https://www.nhadca.org/)  
Training websites are subject to change as of July 2020. Additional information is available at [https://www.dhhs.nh.gov/dcbcs/bdas/training.htm#regiona](https://www.dhhs.nh.gov/dcbcs/bdas/training.htm#regiona). |
| **Supervisory Training** | ▪ Combination of 6 hours of supervisory training and 6 hours of practical training for experienced CRSWs approved as supervisors  
▪ 6 hours of training on CRSW domains for supervising Licensed Alcohol Drug Abuse Counselors and Master Licensed Alcohol Drug Abuse Counselors |
| **Training Curriculum for Recovery Coach Supervisors** | No specific curriculum as long as it meets supervisory training requirements |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | There is coordination with New Hampshire Mental Health Peer Support Centers to cross-train, share training resources, and develop joint training opportunities. |
## NEW JERSEY

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>The Certification Board, Inc.: <a href="http://certbd.org">http://certbd.org</a></th>
</tr>
</thead>
</table>

### Program Description

The following description comes from the Certification Board, Inc. website:

*The Certified Peer Recovery Specialist is designed as an entry-level credential. Courses required for the CPRS will not count towards a LCADC or CADC. The CPRS is not a clinical practice credential and cannot substitute for the LCADC or CADC in State regulations. Private practice counselors must have a license approved by the Division of Consumer Affairs to provide independent counseling. The CPRS may be used for those who work in Addiction and Co-Occurring related settings, but do not perform the duties of a CADC. The CPRS does not allow you to act independently, but rather, under agency supervision.*

For more information, please visit [http://certbd.org/product/certified-peer-recovery-specialist](http://certbd.org/product/certified-peer-recovery-specialist).

| Setting(s) | ▪ Treatment centers  
▪ Recovery centers  
▪ Faith-based institutions  
▪ Community settings |
|------------|---------------------------------------------------------------|

| Credential | ▪ IC&RC Peer Recovery Credential  
▪ There is no state-sanctioned substance use peer support worker certification program in New Jersey. |
|------------|---------------------------------------------------------------|

<table>
<thead>
<tr>
<th>Credentialing Agency</th>
<th>The Certification Board, Inc.</th>
</tr>
</thead>
</table>

| Certification Requirements | ▪ 500 hours of peer recovery work or volunteer experience  
▪ 25 hours of supervision  
▪ 46 hours of pre-approved CPRS training  
▪ Signature on the *Code of Ethics*  
▪ Certification fee: $206 |
|---------------------------|---------------------------------------------------------------|

<table>
<thead>
<tr>
<th>Personal Recovery Required</th>
<th>Yes: ☒ No: ☐</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</th>
<th>Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒</th>
</tr>
</thead>
</table>

### Code of Ethics

The Certification Board, Inc.’s Ethical Standards for Certified Peer Recovery Specialists is available at [https://certbd.org/applications/ethical-standards-for-certified-peer-recovery-specialists](https://certbd.org/applications/ethical-standards-for-certified-peer-recovery-specialists).

<table>
<thead>
<tr>
<th>Exam Criteria</th>
<th>IC&amp;RC general exam</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Fees</th>
<th>$206</th>
</tr>
</thead>
</table>
| **Recertification/CEUs** | Every 2 years:  
- 20 hours of training in advocacy, ethical responsibility, mentoring and education, or recovery/wellness support  
- Payment of the fee |
| --- | --- |
| **Financing for Recovery Coaching Services** | Medicaid: ☒  
Block Grants: ☐  
Access to Recovery Grant: ☐  
State General Revenue: ☐  
Foundations: ☐ |
| **Training Requirements** | 46 hours of training:  
- 10 hours in advocacy  
- 16 hours in ethical responsibility  
- 10 hours in mentoring and education  
- 10 hours in recovery/wellness support |
| **Competencies** | • Advocacy  
• Ethical responsibility  
• Mentoring and education  
• Recovery/wellness support |
| **Training Provider/Organization** | Information about training providers/organizations is available at https://certbd.org/education/. |
| **Supervisory Training** | Not currently available |
| **Training Curriculum for Recovery Coach Supervisors** | Not currently available |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | Not currently available |
## NEW MEXICO

### Website(s)
State of New Mexico Behavioral Health Services:
http://newmexico.networkofcare.org/mh/content.aspx?cid=6509

### Program Description
The following description comes from the New Mexico Certified Peer Support Worker (CPSW) training application:

*CPSWs are individuals in recovery with mental health and/or substance use conditions who self-attest to being in long term recovery (more than two (2) years) and have successfully completed a training class and passed a certification exam. Certified Peer Support Workers use their experience to inspire hope and instill in others a sense of empowerment. They are trained to deliver an array of support services and to help others identify and navigate systems to aid in recovery.*

For more information, please visit https://nmpeers17.wufoo.com/forms/m186ziq19b6fkk.

### Setting(s)
- Core service agencies
- Managed care organizations
- Peer-run wellness centers
- Treatment centers
- Institutions

### Credential
- Certification

### Credentialing Agency
New Mexico Credentialing Board for Behavioral Health Professionals

### Certification Requirements
- Completion of a telephone interview
- 40 hours of training
- Passing score on the certification examination provided through the New Mexico Credentialing Board for Behavioral Health Professionals
- 40 hours of pre-exposure

### Personal Recovery Required
Yes: ☒ No: ☐ Years in Recovery: 2
- Additional Comments:

### Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?
Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒
Additional Comments: CPSWs are individuals who self-attest to being in long-term recovery for two (2) or more years.

### Code of Ethics
Certified Peer Support Workers must agree to adhere to the New Mexico Certified Peer Support Worker’s Code of Ethics.

### Exam Criteria
Certification examination provided through the New Mexico Credentialing Board for Behavioral Health Professionals

### Fees
- $150 one-time fee
- $50 every two years for recertification

### Recertification/CEUs
- 40 hours of continuing education every 2 years
- 40 hours must include 6 hours in ethics and 6 hours in cultural competency

### Financing for Recovery Coaching Services
Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☐
State General Revenue: ☒ Foundations: ☐
| **Training Requirements** | • 40 hours over 5 days  
• 40 hours of pre-exposure with an approved organization/agency |
| **Competencies** | • Professionalism  
• Ethics  
• Components of recovery and resiliency  
• Mental health and substance use disorders  
• Communication skills  
• Stress management  
• Supportive housing |
<p>| <strong>Training Provider/Organization</strong> | Office of Peer Recovery &amp; Engagement through the Behavioral Health Services Division of the New Mexico Human Services Department |
| <strong>Supervisory Training</strong> | No information is currently available. |
| <strong>Training Curriculum for Recovery Coach Supervisors</strong> | No information is currently available. |</p>
<table>
<thead>
<tr>
<th><strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong></th>
<th>The curriculum is combined for behavioral health and substance use certification.</th>
</tr>
</thead>
</table>
| **Program Description** | The following descriptions come from the New York Certification Board’s (NYCB) Certified Addiction Recovery Coach Application:  

*The New York Certification Board (NYCB) defines a CARC-Certified Addiction Recovery Coach as anyone committed to promoting recovery from addiction by connecting recoverees with recovery support services designed to build recovery capital, generate individualized recovery options and assist recoverees to remove barriers to recovery. The CARC role is intended to be non-clinical since it does not involve counseling or treatment interventions; diagnosis and assessment; or other medical, psychiatric or psychological services. The CARC role focuses on the tasks, skills and knowledge required to provide helpful and effective recovery coaching and emphasizes linking recoverees with individualized recovery support services to enhance recovery.*  

All individuals can play an important role in promoting recovery from addiction and as a result, the CARC credential is not limited to only those in recovery from addiction. Personal recovery, lived experiences, and wellness bring a unique and significant benefit to recovery coaching. Since the recoveree should be the decisionmaker in all aspects of the coaching relationship, it is ultimately up to the recoveree to determine the background, experience and recovery status of a CARC supporting their recovery.  


The following information comes from NYCB’s Certified Peer Recovery Advocate Application:  

*The New York Certification Board defines a Certified Recovery Peer Advocate (CRPA) as a person who provides outreach, advocacy, mentoring and recovery support services to those seeking or sustaining recovery. For the purpose of certification, a Certified Recovery Peer Advocate is defined as a professional who has demonstrated competence in performing a range of activities as defined in the Recovery Coach Job Task Analysis Report.*  


The following information comes from the NYCB’s Certified Recovery Peer Advocate-Provisional Application:  

*The New York Certification Board defines a Certified Recovery Peer Advocate (CRPA) as a person who provides outreach, advocacy, mentoring and recovery support services to those seeking or sustaining recovery. For the purpose of certification, a Certified Recovery Peer Advocate is defined as a professional who has demonstrated competence in performing a range of activities as defined by the IC&RC Peer Recovery Job Task Analysis (2013) and the IC&RC Peer Recovery Candidate Guide (2015).*  

| **Setting(s)** | • Home- and community-based services  
• Outpatient clinics  
• Recovery community and outreach centers  
• Recovery support services  
• Treatment facilities |
<table>
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<tr>
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</thead>
<tbody>
<tr>
<td><strong>Credential</strong></td>
<td>Certified Addiction Recovery Coach (CARC)</td>
</tr>
<tr>
<td><strong>Credentialing Agency</strong></td>
<td>The New York Certification Board (NYCB)</td>
</tr>
</tbody>
</table>
| **Certification Requirements** | CARCs:  
• 60 hours of training specific to the recovery coaching domains  
• Signature on the *NYCB Code of Ethical Conduct*  
CPRAs:  
• 500 hours of work experience specific to the domains  
• 25 hours of supervision specific to the domains  
• 46 hours of training in the peer recovery domains  
• Passing score on the NYCB/IC&RC Peer Recovery Examination  
• Signature on the *NYCB Code of Ethical Conduct*  
CPRA-Ps:  
• Current work or volunteer experience in the domains  
• 46 hours of training specific to the domains  
• Signature on the *NYCB Code of Ethical Conduct* |
| **Personal Recovery Required** | Yes: ☐ No: ☑ |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☑ Friend: ☑ Recovery Ally: ☑ No: ☐ |
| **Exam Criteria** | • CPRAs must pass the NYCB/IC&RC Peer Recovery Examination;  
• No exam is required for CARCs |
| **Fees** | CARCs:  
• Application filing fee: $100  
• 3-year renewal fee: $100  
CPRAs:  
• Application filing fee: $100  
• Computer-based test fee: $75  
• Renewal fee: $100  
CPRA-Ps:  
• Application filing fee: $100  
• Computer-based test fee: $75  
• Upgrade fee: $50 |
| **Recertification/CEUs** | CARCS:  
• Annually: 6 hours of peer recovery-specific training, including 1 hour of NYCB-approved ethics |
| **Financing for Recovery Coaching Services** | CPRAs:  
- Annually: 8 hours of peer recovery-specific training, including 1.35 hours of NYCB-approved ethics  
- Medicaid: ☐  
- Block Grants: ☐  
- Access to Recovery Grant: ☒  
- State General Revenue: ☒  
- Foundations: ☐  

Additional Funding: The Alcoholism and Substance Abuse Providers of New York State (ASAP) |
| **Training Requirements** | CARCs:  
- 60 hours of training:  
  - 20 hours in recovery from substance use disorders (with at least 4 hours related to medication-assisted treatment)  
  - 20 hours in recovery coaching  
  - 5 hours in recovery education  
  - 15 hours in ethical responsibility  

CPRAs:  
- 46 hours of training:  
  - 10 hours in advocacy  
  - 10 hours in mentoring and education  
  - 10 hours in recovery and wellness  
  - 16 hours in ethical responsibility  

CPRA-Ps:  
- 46 hours of training:  
  - 10 hours in advocacy  
  - 10 hours in mentoring and education  
  - 10 hours in recovery and wellness  
  - 16 hours in ethical responsibility |
| **Competencies** | Recovery coaching domains:  
- Recovery from substance use disorder  
- Recovery coaching  
- Recovery education  
- Ethical responsibility  

Peer recovery domains:  
- Advocacy  
- Mentoring and education  
- Recovery and wellness  
- Ethical responsibility |
| **Training Provider/Organization** | Friends of Recovery New York (FOR-NY) |
| **Supervisory Training** | NY OASAS: Peer Integration Tool Kit  
<p>| <strong>Training Curriculum for Recovery Coach Supervisors</strong> |<br />
| <strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong> | ASAP has a dual curriculum and certification. |</p>
<table>
<thead>
<tr>
<th><strong>NORTH CAROLINA</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
</tbody>
</table>
| **Program Description** | The following description comes from the North Carolina’s Certified Peer Support Specialist Program website:  
  
  *Peer Support Specialists are people living in recovery with mental illness and/or substance use disorder and who provide support to others who can benefit from their lived experiences. The North Carolina Certified Peer Support Specialist Program provides acknowledgment that the peer has met a set of requirements necessary to provide support to individuals with mental health or substance use disorder.*  
  
  For more information, please visit https://pss.unc.edu. |
| **Setting(s)**      | - Emergency departments  
  - Jails  
  - Private mental health and substance use disorder treatment providers  
  - Public managed care organizations for mental illness or substance use disorder, or both  
  - Recovery housing  
  - Recovery meeting rooms  
  - State psychiatric hospitals |
| **Credential**      | - North Carolina Certified Peer Support Specialist (NCCPSS) |
| **Credentialing Agency** | University of North Carolina at Chapel Hill School of Social Work/Behavioral Health Springboard, North Carolina’s Certified Peer Support Specialist Program |
| **Certification Requirements** | - Division of Mental Health, Developmental Disabilities, and Substance Abuse Services-approved, 40-hour Peer Support Specialist training curriculum  
  - Additional 20 hours of training  
  - Two personal reference forms  
  - Signature on the NCCPSS Values and Code of Ethics form  
  - Evidence of education (diploma, transcript, etc.) |
| **Personal Recovery Required** | Yes: ☒  
  No: ☐  
  Years in Recovery: 1  
  Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐  
  Friend: ☐  
  Recovery Ally: ☐  
  No: ☒  
  Additional Comments: |
| **Code of Ethics** | The NCCPSS Values and Code of Ethics is available at http://pss.unc.edu/?q=certification#downloads. |
| **Exam Criteria** | No exam required |
| **Fees** | Application fee: $20  
  Recertification fee: $20 |
| **Recertification/CEUs** | Every 2 years:  
  - Personal reference forms |
| Training Requirements | 40 hours of Peer Support Specialist training curricula, as well as an additional 20 hours of training |
| Training Provider/Organization | The approved 40-hour curricula for the training required for certification is available at [https://pss.unc.edu/courses](https://pss.unc.edu/courses) |
| Supervisory Training | There is no supervisor credential.  For Medicaid and state-funded mental and substance use disorder services, supervisory training requirements are  ▪ 3 hours of Peer Support Supervisor training;  ▪ 12 hours of person-centered thinking (PCP); and  ▪ 3 hours of PCP instructional elements with comprehensive prevention and intervention crisis plan training. |
| Training Curriculum for Recovery Coach Supervisors | Not available |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Yes, the curriculum is integrated. |
## NORTH DAKOTA

<table>
<thead>
<tr>
<th><strong>Website(s)</strong></th>
<th>North Dakota’s Certified Peer Support Specialist Training: <a href="https://www.behavioralhealth.nd.gov/bh-events/nd-peer-support-specialist-training">https://www.behavioralhealth.nd.gov/bh-events/nd-peer-support-specialist-training</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program Description</strong></td>
<td>The North Dakota Department of Human Services’ Behavioral Health Division has brought in Appalachian Consulting Group’s (ACG) curriculum for peer specialist training, which is a person-centered, goals-oriented, strengths-based curriculum. It is based on the belief that setting a person-centered goal is the heart of the recovery process. Recovery is the process of gaining and maintaining control over one’s life – and the direction one wants that life to go – on the other side of a diagnosis of mental or substance use disorder and all of the losses associated with those challenges. Attendees will learn the core competencies, roles, and tools of conducting Peer Support Specialist work in their communities.</td>
</tr>
<tr>
<td><strong>Setting(s)</strong></td>
<td>▪ Hospitals&lt;br▪ Transitional youth services&lt;br▪ Residential treatment programs&lt;br▪ Recovery housing</td>
</tr>
<tr>
<td><strong>Credential</strong></td>
<td>▪ Certified Peer Support Specialist</td>
</tr>
<tr>
<td><strong>Credentialing Agency</strong></td>
<td>North Dakota’s Division of Mental Health and Substance Abuse (DMHSA) of the Department of Human Services</td>
</tr>
<tr>
<td><strong>Certification Requirements</strong></td>
<td>▪ Complete the DMHSA Certification Training Requirements&lt;br▪ One personal letter and one professional letter of recommendation for certification&lt;br▪ Personal statement&lt;br▪ Signed statement agreeing to follow the Code of Ethics&lt;br▪ Satisfactory completion of the exams/quizzes included in the required training modules&lt;br▪ Background check process completed through an employment agency</td>
</tr>
<tr>
<td><strong>Personal Recovery Required</strong></td>
<td>Yes: ☒  No: ☐  Years in Recovery: Choose an item. Additional Comments: Anyone living or working in North Dakota, who is over the age of 18, self-identifies as an individual in recovery from a mental health disorder, substance use disorder, brain injury, or any combination thereof.</td>
</tr>
<tr>
<td><strong>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</strong></td>
<td>Family Member: ☒  Friend: ☐  Recovery Ally: ☐  No: ☐  Additional Comments:</td>
</tr>
<tr>
<td><strong>Exam Criteria</strong></td>
<td>No exam required</td>
</tr>
<tr>
<td><strong>Fees</strong></td>
<td>$50  There is no registration cost for the training.</td>
</tr>
</tbody>
</table>
| **Recertification/CEUs** | ▪ 10 CEUs annually; each hour of attendance at the Clinical Forum, Consumer Conference, or other training relevant to Mental Health, Substance Use, Recovery or Peer Support will count as 1 CEU.  
▪ To renew certification, the certified individual must submit the completed Continuing Education Unit (CEU) Documentation form to the DMHSA annually. The submission should be made within 30 days following the completion of a 12-month time period from the date of the initial certification or subsequent renewal date.  
▪ Failure to provide the CEU Documentation may result in immediate termination of certification. |
| **Financing for Recovery Coaching Services** | Medicaid: ☐  
Block Grants: ☐  
Access to Recovery Grant: ☐  
State General Revenue: ☒  
Foundations: ☐  
Additional Funding: |
| **Training Requirements** | Supervisor verification of 1500 direct service hours as a peer support specialist, including dates on which the peer provided services. |
| **Competencies** | [https://www.behavioralhealth.nd.gov/bh-events](https://www.behavioralhealth.nd.gov/bh-events) |
| **Training Provider/Organization** | [https://www.behavioralhealth.nd.gov/bh-events](https://www.behavioralhealth.nd.gov/bh-events) |
| **Supervisory Training** | Supervising Peer Support Specialists in the Behavioral Health System (online training) |
| **Training Curriculum for Recovery Coach Supervisors** | Not available |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | Not available |
## OHIO

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>The following description comes from the Ohio Mental Health and Addiction Services website: OhioMHAS Peer Recovery Supporter (PRS) Training teaches individuals in recovery from a mental health and/or substance use issue to use their experience to help their peers who are also in recovery. To attend training, you must personally be in recovery from an addiction and/or a mental health issue. For more information, please visit <a href="https://mha.ohio.gov/Health-Professionals/About-Mental-Health-and-Addiction-Treatment/Peer-Support">https://mha.ohio.gov/Health-Professionals/About-Mental-Health-and-Addiction-Treatment/Peer-Support</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Description</td>
<td>The following description comes from the Ohio Mental Health and Addiction Services website: OhioMHAS Peer Recovery Supporter (PRS) Training teaches individuals in recovery from a mental health and/or substance use issue to use their experience to help their peers who are also in recovery. To attend training, you must personally be in recovery from an addiction and/or a mental health issue. For more information, please visit <a href="https://mha.ohio.gov/Health-Professionals/About-Mental-Health-and-Addiction-Treatment/Peer-Support">https://mha.ohio.gov/Health-Professionals/About-Mental-Health-and-Addiction-Treatment/Peer-Support</a></td>
</tr>
<tr>
<td>Setting(s)</td>
<td>Recovery housing, Behavioral Health Provider Organizations, Peer Run Organizations, Recovery Community Organizations, Homeless Shelters, Group Homes, Domestic Violence Shelters, Human Trafficking Victims Agencies, Prisons, Parole and Probation Programs, Child Welfare System, Medical, and Social Services Centers</td>
</tr>
<tr>
<td>Credential</td>
<td>Certification</td>
</tr>
<tr>
<td>Credentialing Agency</td>
<td>Ohio Mental Health and Addiction Services</td>
</tr>
</tbody>
</table>
| Certification Requirements | • OhioMHAS Certification Application  
• Two (2) references  
• Background check  
• 40 hours of peer services training or 3 years of work/volunteer experience  
• 16 hours of eBasedAcademy courses  
• Signature on the Code of Ethics  
• Passing score of 70% on the Ohio Peer Supporter Exam |
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: Choose an item.  
Additional Comments: State does not specify length of time for recovery. |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒  
Additional Comments: To be certified as a Peer Recovery Supporter in Ohio, individuals must have a direct lived experience of mental health and/or substance use issues. Direct lived experience means that the individual is personally in recovery from a mental health and/or substance use issue. |
| Exam Criteria | The Ohio Peer Supporter Certification Exam may be taken after the completion of  
• 40-hour Peer Recovery Supporter Training; OR  
• proof of 3 years of work experience as a Peer Recovery Supporter. |
## Fees

There are no fees associated with certification.

## Recertification/CEUs

<table>
<thead>
<tr>
<th>Period</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every 2 years</td>
<td>Recertification application&lt;br&gt;30 CEUs, including hours on trauma-informed care, ethics and boundaries, work incentives or benefits planning, human trafficking, and diversity competency</td>
</tr>
</tbody>
</table>

## Financing for Recovery Coaching Services

<table>
<thead>
<tr>
<th>Source</th>
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</thead>
<tbody>
<tr>
<td>Medicaid: ☒</td>
</tr>
<tr>
<td>Block Grants: ☐</td>
</tr>
<tr>
<td>Access to Recovery Grant: ☐</td>
</tr>
<tr>
<td>State General Revenue: ☐</td>
</tr>
<tr>
<td>Foundations: ☐</td>
</tr>
</tbody>
</table>

Additional Funding: Local levy funds

## Training Requirements

Approved 40-hour peer services training or 3 years of experience as a peer supporter, recovery coach, peer specialist, or peer navigator

## Competencies

16 hours of online course work on eBasedAcademy: [http://www.ebasedacademy.org/learn/signin](http://www.ebasedacademy.org/learn/signin)

- Introduction to Peer Recovery Support
- History of Substance Use Disorders for Peer Recovery Supporters
- Ethics and Boundaries for Peer Recovery Supporters
- History of the Consumer/Survivor/Ex-Patient (CSX) Movement for Peer Recovery Supporters
- Helpful Tips for Peer Recovery Supporters Entering the Workforce
- Health and Wellness in Peer Recovery Support
- Cultural Competence in Mental Health and Substance Use Disorder Recovery
- Human Trafficking Training for Peer Recovery Supporters
- Supervision for Peer Recovery Supporters
- Trauma-Informed Care in Peer Recovery Support
- Ohio S-BIRT 101: An Introduction to Screening, Brief Intervention and Referral to Treatment (SBIRT) practices, and Motivational Interviewing

## Training Provider/Organization

Ohio Mental Health and Addiction Services: [http://mha.ohio.gov](http://mha.ohio.gov)

## Supervisory Training

- Supervisors must complete the 16 hours of eBasedAcademy courses specific to peer services and the 4-hour, in-person OhioMHAS Effective Supervision of Peers Training.

- Individuals interested in supervising Peer Recovery Supporters may begin taking the eBased Academy online courses by visiting [http://www.ebasedacademy.org/lms/](http://www.ebasedacademy.org/lms/)

- Please visit the OhioMHAS training calendar for scheduled trainings.

## Training Curriculum for Recovery Coach Supervisors

16 hours of online course work on eBasedAcademy: [http://www.ebasedacademy.org/learn/signin](http://www.ebasedacademy.org/learn/signin)

- Introduction to Peer Recovery Support
- History of Substance Use Disorders for Peer Recovery Supporters
- Ethics and Boundaries for Peer Recovery Supporters
- History of the Consumer/Survivor/Ex-Patient (CSX) Movement for Peer Recovery Supporters
- Helpful Tips for Peer Recovery Supporters Entering the Workforce
- Health and Wellness in Peer Recovery Support
- Cultural Competence in Mental Health and Substance Use Disorder Recovery
- Human Trafficking Training for Peer Recovery Supporters
- Supervision for Peer Recovery Supporters
- Trauma-Informed Care in Peer Recovery Support
- Ohio S-BIRT: An Introduction to Screening, Brief Intervention and Referral to Treatment (SBIRT) practices, and Motivational Interviewing
<table>
<thead>
<tr>
<th>Is Training Curriculum Integrated (Mental Health and Substance Use)?</th>
<th>Training curriculum is integrated for dual certification in mental health and substance use disorder.</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Supervisors must complete an additional 4-hour in-person supervisory training</td>
<td></td>
</tr>
</tbody>
</table>
## OKLAHOMA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Oklahoma Department of Mental Health and Substance Abuse Services: <a href="https://www.ok.gov/odmhsas/Mental_Health/Certified_Peer_Recovery_Support_Specialist/">https://www.ok.gov/odmhsas/Mental_Health/Certified_Peer_Recovery_Support_Specialist/</a></th>
</tr>
</thead>
</table>
| Program Description | The following description comes from the Oklahoma Department of Mental Health and Substance Abuse Services website:  

*The Certified Peer Recovery Support Specialist (PRSS) fulfills a unique role in the support and recovery from mental illness and substance abuse disorders. A PRSS is a person in recovery from a mental illness and/or substance abuse disorder, who has been trained to work with others on his/her individual road to recovery. This training incorporates the PRSS’s recovery experience as a means of inspiring hope in those they serve, as well as providing a positive role model to others. A PRSS works in collaboration with the people we serve as well as clinical staff in the best interests of the individual’s recovery process. There are many positive roles that a PRSS can fulfill in an organization based on their individual skills, experience, education, and desires. Peer Recovery Support Specialists offer the advantage of lived experience from serious mental illness and/or substance abuse. They know the journey to recovery is real and attainable because they have traveled the path.* |
| Setting(s) | ▪ Multiple - including inpatient, outpatient, drop-in centers, etc. |
| Credential | ▪ Certified Peer Recovery Support Specialist |
| Credentialing Agency | Oklahoma Department of Mental Health and Substance Abuse Services |
| Certification Requirements | ▪ 5-day, 40-hour PRSS training program  
▪ Respect for the PRSS Code of Ethics  
▪ Passing score on the competency exam  
▪ Successfully demonstrate ability to self-disclose personal recovery |
| Personal Recovery Required | Yes: ☒  
No: ☐ |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐  
Friend: ☐  
Recovery Ally: ☐  
No: ☒  
Additional Comments: Must identify as being in recovery |
| Code of Ethics | The [Oklahoma Peer Recovery Support Specialist Code of Ethics](https://www.ok.gov/odmhsas/Mental_Health/Certified_Peer_Recovery_Support_Specialist/) is based on SAMSHA’s Ethical Guidelines & Practice Standards and focuses on the notion of “Recovery First, Do No Harm.” |
| Exam Criteria | The exam includes true/false, multiple-choice, and essay questions. |
| Fees | Application fee: $25 |
| Recertification/CEUs | Every year:  
▪ 12 CEUs, including 3 in ethics  
▪ Online renewal form |
<table>
<thead>
<tr>
<th>Financing for Recovery Coaching Services</th>
<th>Medicaid: ☒</th>
<th>Block Grants: ☒</th>
<th>Access to Recovery Grant: ☐</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>State General Revenue: ☒</td>
<td>Foundations: ☐</td>
<td></td>
</tr>
</tbody>
</table>

| Training Requirements                  | 40 hours over 5 days |

### Competencies

- The following list of competencies comes from the Oklahoma Department of Mental Health and Substance Abuse Services: [https://www.ok.gov/odmhsas/Mental_Health/Certified_Peer_Recovery_Specialist/](https://www.ok.gov/odmhsas/Mental_Health/Certified_Peer_Recovery_Specialist/)

#### 1. An understanding of the skills to provide recovery support to their peers

- a. Understand possible RSS job activities (which vary based on where you are employed).
- b. A clear understanding of the RSS Code of Ethics.
- c. Understand the meaning of peer support and the role of Credentialed Recovery Support Specialists including an understanding of dual relationships.
- d. Understand the difference in treatment goals and recovery goals and promote recovery goals and personal life goals.
- e. Be able to facilitate a variety of activities that support and strengthen recovery including starting and maintaining self-help/mutual support groups.
- f. Be able to help problem-solve and help a person learn to self-advocate, the meaning of self-determination, teach others to advocate for the services that they want and to use naturally occurring community supports.
- g. Be able to help a person served articulate, set and accomplish their personal life goals.
- h. Be able to assist in the facilitation of recovery plans and plans of action, i.e., WRAP, Psychiatric Advanced Directives, etc.

#### 2. An understanding of the recovery process and how to use their own recovery story to help others

- a. Understand the recovery process and what is helpful and not helpful.
- b. Understand the role of peer support in the recovery process.
- c. Understand the power of beliefs/values and how they support or work against recovery.
- d. Understand the basic definition and dynamics of empowerment and self-directed recovery.
- e. Be able to articulate what has been helpful and what is not helpful in their own recovery in services and interventions.
- f. Be able to use their recovery story as it relates to the peer relationship as well as the needs of the mental health system in the provision of services.

#### 3. An understanding of and the ability to establish healing relationships

- a. Understand the meaning and importance of cultural competency and spirituality in the recovery environment.
- b. Be able to interact thoughtfully and successfully with people of other cultures and belief systems.
- c. Be able to personally cope with conflict and difficult interpersonal relations in the workplace.
<table>
<thead>
<tr>
<th>Training Provider/Organization</th>
<th>Oklahoma Department of Mental Health and Substance Abuse Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supervisory Training</td>
<td>Required and provided as part of the training</td>
</tr>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>Not currently available</td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>Yes. Training, testing, and the certification are under the auspices of the Mental Health Recovery Division of the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS).</td>
</tr>
</tbody>
</table>
OREGON

Website(s)
The Mental Health and Addiction Counseling Board of Oregon: https://www.mhacbo.org/en
Oregon Health Authority: http://www.oregon.gov/oha

Program Description
The Mental Health and Addiction Certification Board of Oregon’s Certified Addictions Recovery Mentor Application:

A Certified Recovery Mentor (CRM) is an addiction treatment and/or recovery consumer who has been trained and certified to help other consumers identify and achieve self-determined goals of recovery. The CRM cultivates the consumer’s ability to make informed, independent choices, and assists consumers in gaining information and support from the community.

As a CRM, an individual accepts and agrees that his or her experience as an addiction consumer of treatment or broader recovery community self-help or other recovery-oriented services will be known by their colleagues, consumers and others with whom s/he may share that s/he has achieved this certification.

“Certified Recovery Mentor - Peer Delivered Services” means an array of agency or community-based services and supports provided by Certified Recovery Mentors, to individuals or family members with similar lived experience, that are designed to support the needs of individuals and families as applicable.

“Certified Recovery Mentor” means a person providing peer delivered services to an individual or family member with similar life experience. A CRM must complete an AMH approved addiction training program (peer delivered services) and be: A self-identified person in recovery from a substance use disorder, who meets the abstinence requirements for recovering staff in alcohol and other drug treatment programs (2 years of abstinence).

The Mental Health and Addiction Certification Board of Oregon’s Certified Peer Recovery Addiction Counselor Application:

A Certified Peer Recovery Addiction Counselor (PRC) is an addiction treatment and/or recovery consumer who has been trained and certified to help other consumers identify and achieve self-determined goals of recovery. The PRC cultivates the consumer’s ability to make informed, independent choices, and assists consumers in gaining information and support from the community.

As a PRC, an individual accepts and agrees that his or her experience as an addiction consumer of treatment or broader recovery community self-help or other recovery-oriented services will be known by their colleagues, consumers and others with whom s/he may share that s/he has achieved this certification.

“Certified Peer Recovery Addictions Counselor - Peer Delivered Services” means an array of agency or community-based services and supports provided by Certified Peer Recovery Addiction Counselor, to individuals or family members with similar lived experience, that are designed to support the needs of individuals and families as applicable.

“Certified Peer Recovery Addictions Counselor” means a self-identified person in recovery from a substance use disorder, who meets the abstinence requirements for recovering staff in alcohol and other drug treatment programs (2 years of abstinence).

The following description is taken from the Oregon Health Authority website:

A Peer Support Specialist (PSS) is any [range of] individuals who provide supportive services to a current or former consumer of mental health or addiction treatment. (From ORS 414.025).
| Setting(s) | Long-term recovery support services  
|           | Drop-in centers  
|           | Hospitals  
|           | Community organizations  
|           | Licensed behavioral health care clinics, jails, in reach and outreach  
|           | Criminal justice settings |
| Credential | Certification and the IC&RC Peer Recovery Credential  
|           | Certified Recovery Mentor  
|           | Certified Peer Recovery Addiction Counselor  
|           | Peer Support Specialist |
| Credentialing Agency | The Mental Health and Addiction Counseling Board of Oregon  
|           | Oregon Health Authority |
| Certification Requirements | Certified Recovery Mentor:  
|           | ▪ Proof of the completion of an Addiction and Mental Health (AMH)-approved substance use disorder training program  
|           | ▪ Recovery from substance use  
|           | ▪ Signature on the Ethical Standards of ACCBO Recovery Mentors  
|           | Certified Peer Recovery Addiction Counselor:  
|           | ▪ 500 hours of supervised experience in the domains  
|           | ▪ 25 hours of direct supervision  
|           | ▪ 80 hours of training  
|           | ▪ Passing score on the Peer Recovery National Psychometric Exam  
|           | Peer Support Specialist:  
|           | ▪ Approved training program or documentation of certification by a group that requires completion of an approved training program and at least 20 hours of continuing education every 3 years; OR  
|           | ▪ documentation of employment or volunteer experience as a peer support specialist for at least 2,000 hours in Oregon from January 1, 2004 to June 30, 2014.  
|           | ▪ Criminal background check |
| Personal Recovery Required | Yes: ☐  
|          | No: ☒  
|          | Years in Recovery: Choose an item.  
|          | Additional Comments: Personal recovery cannot be legally enforced; however, most organizations will set a minimum of 2 years of recovery. |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐  
|                      | Friend: ☐  
|                      | Recovery Ally: ☐  
|                      | No: ☒  
|                      | Additional Comments: No, we want lived experience to match. Peer support specialists can work and limit the vicarious drama and pathology. |
| Exam Criteria | ▪ Certified Recovery Mentor: None  
|               | ▪ Certified Peer Recovery Addiction Counselor: Peer Recovery National Psychometric Exam |
| Fees | ▪ Application fee: $100  
|       | ▪ Recertification fee: $100 |
| Recertification/CEUs | Certified Recovery Mentor and Certified Peer Recovery Addiction Counselor: Every 2 years:  
|                      | ▪ 20 clock hours of continuing education in Recovery Mentor continuing education topics, including a minimum of 6 hours of ethics, boundaries, or |
**Training Requirements**

<table>
<thead>
<tr>
<th>Financing for Recovery Coaching Services</th>
<th>Training Requirements</th>
</tr>
</thead>
</table>
| Medicaid: ✒  Block Grants: ✒  Access to Recovery Grant: ☐ | Certified Recovery Mentor:  
  - AMH-approved substance use disorder training program |
| State General Revenue: ☐  Foundations: ☐ | Certified Peer Recovery Addiction Counselor:  
  - 40-hour OHA-approved Addiction Peer Curriculum plus 40 hours of additional training |
| Additional Funding: | Peer Support Specialist:  
  - Approved training program or documentation of certification by a group that requires completion of an approved training program; AND  
  - At least 20 hours of continuing education every 3 years or documentation of employment or volunteer experience as a peer support specialist for at least 2,000 hours in Oregon from January 1, 2004 to June 30, 2014. |

**Competencies**

<table>
<thead>
<tr>
<th>Training Provider/Organization</th>
<th>Supervisory Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>Information about training providers/organizations is available at <a href="https://www.mhaeb.org/en">https://www.mhaeb.org/en</a> and <a href="https://www.oregon.gov/oha/HSD/AMH-PD/Pages/Training-Approved-Programs.aspx">https://www.oregon.gov/oha/HSD/AMH-PD/Pages/Training-Approved-Programs.aspx</a>.</td>
<td>No information available</td>
</tr>
</tbody>
</table>

**Training Curriculum for Recovery Coach Supervisors**

| Is Training Curriculum Integrated (Mental Health and Substance Use)? | No information available |

Training curriculum integration varies across 70 different peer-run organizations, with the majority offering dual certification in mental health and substance use.
### PENNSYLVANIA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Pennsylvania Certification Board: <a href="https://www.pacertboard.org">https://www.pacertboard.org</a></th>
</tr>
</thead>
</table>

**Program Description**

The following information comes from the Pennsylvania Certification Board’s Certified Recovery Specialist Application:

> The Certified Recovery Specialist (CRS) is a credential for individuals with personal, lived experience in their own recovery. Recovery services are an important component in recovery-oriented systems of care. By offering insight into the recovery process based on their own experience, recovery specialists are able to provide a unique perspective to those with similar life experiences. As a CRS, an individual accepts and agrees that their experience as a person in recovery from a substance use disorder will be known by their colleagues, persons served, and others with whom they may share that they have achieved this credential. The role of the CRS reflects a collaborative and strength-based approach, with the primary goal being to assist individuals in achieving sustained recovery. CRS’s serve in a support role within the community and/or treatment setting. They do not replace other professional service; they complement the existing array of support services. The CRS is not a sponsor, case manager or a therapist but rather a role model, mentor, advocate, and motivator. Services provided by the CRS are a critical component of services that substantially improve an individual’s ability to sustain recovery and wellness.

> Recovery is highly individualized; requires abstinence from all mood and mind-altering substances; and may be supported by using medication that is appropriately prescribed and taken.

The following information comes from the Pennsylvania Certification Board’s Certified Family Recovery Specialist Application:

> The Certified Family Recovery Specialist (CFRS) is a credential for adults who have been directly impacted by their own family member or loved one’s substance use disorder. The CFRS shares their lived experience with other families to provide recovery support services and understands the stigma associated with substance use disorder and its impact on the family. As a CFRS, an individual accepts and agrees that his/her experience will be known by their colleagues, persons served, and others with whom he/she may share that they have achieved this credential. CFRS’s are trained to help families move into and through the recovery process.

For more information, please visit [https://www.pacertboard.org/sites/default/files/applications/PCB_CFRS_Application_19.pdf](https://www.pacertboard.org/sites/default/files/applications/PCB_CFRS_Application_19.pdf).
| Setting(s) | • Children and youth services  
• Drug courts  
• Emergency rooms (warm hand-off programs)  
• Probation departments  
• Recovery community centers  
• Single County Authorities (SCAs)  
• Treatment programs |
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Credential</td>
<td>• CRS and CFRS</td>
</tr>
<tr>
<td>Credentialing Agency</td>
<td>Pennsylvania Certification Board</td>
</tr>
</tbody>
</table>
| Certification Requirements | Certified Recovery Specialists:  
• 54 hours of specialized CRS training  
• Passing score on the Examination for Certified Recovery Specialists  
• Minimum high school diploma or GED  
• Statement of lived experience (1000 word minimum)  
• Signed attestation of 18 continuous months of personal lived recovery experience  
• Notarized release/code of ethics  
• Required fee  
Certified Family Recovery Specialists:  
• 60 hours of specialized CFRS training  
• Three letters of reference/character  
• Minimum high school diploma/GED  
• Statement of lived experience (1000 word minimum)  
• Signed attestation of the impact their own family member or loved one with a substance use disorder had on them  
• Notarized release/code of ethics  
• Required fee |
| Personal Recovery Required | Yes: ☒  
No: ☐  
Years in Recovery: 1.5  
Additional Comments:  
• Certified Recovery Specialists: Yes, 18 months  
• Certified Family Recovery Specialists: Yes |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  
Friend: ☐  
Recovery Ally: ☐  
No: ☐  
Additional Comments:  
• Certified Recovery Specialists: No  
• Certified Family Recovery Specialists: Yes |
| Code of Ethics | The Pennsylvania Certification Board’s CRS Code of Ethical Conduct is available at [https://www.pacertboard.org/sites/default/files/applications/PCB_CRS%20Application_0.pdf](https://www.pacertboard.org/sites/default/files/applications/PCB_CRS%20Application_0.pdf).  
| Exam Criteria | The examination for Certified Recovery Specialists is taken after CRS application is submitted and approved. It is a 50-question, multiple-choice exam. |
| Fees | • Certification fee: $125 for CRS or CFRS  
• Retest fee (for Certified Recovery Specialists): $75 |
<table>
<thead>
<tr>
<th><strong>Recertification/CEUs</strong></th>
<th>Certified Recovery Specialists and Certified Family Recovery Specialists: 30 hours of relevant training (including 6 hours in ethics and 3 hours in confidentiality) every 2 years</th>
</tr>
</thead>
</table>
| **Financing for Recovery Coaching Services** | Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☐ State General Revenue: ☐ Foundations: ☒  
Additional Funding: SCAs; Department of Drug and Alcohol Programs; SAMHSA Grants; contracts with other state agencies |
| **Training Requirements** |  
**Certified Recovery Specialists:** 54 hours of education:  
- 18 hours in recovery management  
- 12 hours in education and advocacy  
- 6 hours in professional ethics and responsibility  
- 6 hours in confidentiality  
- 12 additional hours relevant to SUD  
**Certified Family Recovery Specialists:** 60 hours of education:  
- 24 hours in family recovery and wellness  
- 12 hours in advocacy and support  
- 6 hours in professional ethics  
- 6 hours in confidentiality  
- 12 additional hours relevant to SUD |
| **Competencies** |  
**Certified Recovery Specialists:**  
- Recovery management  
- Education and advocacy  
- Professional ethics and responsibility  
**Certified Family Recovery Specialists:**  
- Communication  
- Family recovery and wellness  
- Advocacy and support  
- Crisis and safety planning  
- Ethical responsibilities, confidentiality, and professional skills |
| **Training Provider/Organization** | Pennsylvania has over 20 CRS/CFRS training provider organizations, including colleges/universities. For a list of these training organizations, contact PCB at info@pacerboard.org |
| **Supervisory Training** | NOTE: A CRS supervisor credential will be developed in late 2020 |
| **Training Curriculum for Recovery Coach Supervisors** | Not currently available |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | NOTE: A standardized CRS/CFRS 75-hour curricula is in the process of being developed. It will be required for all new CRSs/CFRSs as of January 1, 2021, and will include both mental health and substance use disorder. |
# RHODE ISLAND

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Rhode Island Certification Board (RICB): <a href="http://www.ricertboard.org">http://www.ricertboard.org</a></th>
</tr>
</thead>
</table>
| **Program Description** | The following description comes from the Rhode Island Certification Board’s Certified Peer Recovery Specialist Application:  

  *The Certified Peer Recovery Specialist (CPRS) credential is designed for individuals with personal, lived experience in their own recovery or experience as a family member or loved one. Peer support services are an important component in a recovery oriented system of care. By offering insight into the recovery process based on their own experience, peers are able to provide a unique perspective to those with similar life issues.*  

  *The role of the CPRS reflects a collaborative and strengths-based approach, with the primary goal being to assist individuals and family members in achieving sustained recovery from the effects of addiction and/or mental health issues. Peer Recovery Specialists are not clinicians; they serve in a supportive role within the community and/or treatment setting. They do not replace other professional services; they complement the existing array of support services. The peer is not a sponsor, case manager or a therapist but rather a role model, mentor, advocate and motivator. Services provided by the PRS are a permanent critical component of the continuum of care services that will substantially improve an individual’s ability to sustain recovery and wellness.*  

  *The primary function of the CPRS is to provide individuals and family members in recovery with a support system to develop and learn healthy skills and gain access to needed community resources. CPRS serve people in the recovery process by supporting them in accessing community-based resources, implementing self-directed recovery/wellness plans and navigating state and local systems (including addiction and mental health treatment systems). They encourage individuals to develop a strong foundation in recovery (e.g. establishing support systems, self-care, independence/self-sufficiency, healthy coping skills) that support long-term wellness and recovery.*  

  For more information, please visit [https://www.ricertboard.org/sites/default/files/applications/RICB_CPRS_Application_19_0.pdf](https://www.ricertboard.org/sites/default/files/applications/RICB_CPRS_Application_19_0.pdf). |
| **Setting(s)** | ▪ Emergency rooms  
▪ Recovery centers  
▪ Integrated health homes  
▪ Treatment programs  
▪ Mobile outreach |
| **Credential** | ▪ Certification and the IC&RC Peer Recovery Credential |
| **Credentialing Agency** | Rhode Island Certification Board |
| Certification Requirements | • 500 hours of volunteer or paid experience specific to the domains  
• 25 hours of supervision specific to the domains  
• 46 hours of education relevant to the domains  
• Passing score on the IC&RC examination for Certified Peer Recovery Specialists |
| Personal Recovery Required | Yes: ☒  
No: ☐  
Years in Recovery: 2  
Additional Comments: Lived experience as a friend or family member is acceptable. Please note: The 2 years in recovery is more of a recommendation than a requirement. |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☒  
Friend: ☒  
Recovery Ally: ☐  
No: ☐  
Additional Comments: |
| Exam Criteria | IC&RC Peer Recovery Examination |
| Fees | • Certification fee: $175  
• Retest fee: $150  
• Recertification fee: $75 |
| Recertification/CEUs | Every 2 years:  
• 20 hours of RICB-approved education, including 6 hours in ethics  
• Review of the RICB Code of Ethical Conduct for Professional Behavior  
• Application  
• Recertification fee |
| Financing for Recovery Coaching Services | Medicaid: ☒  
Block Grants: ☒  
Access to Recovery Grant: ☐  
State General Revenue: ☐  
Foundations: ☐  
Additional Funding: Contracts with insurers |
| Training Requirements | 46 hours of education:  
• 10 hours in advocacy  
• 10 hours in mentoring/education  
• 10 hours in recovery/wellness support  
• 16 hours in ethical responsibility |
| Competencies | • Advocacy  
• Mentoring/education  
• Recovery/wellness support  
• Ethical responsibility |
| Training Provider/Organization | • For information, please visit: RICARES  
• Additional information is available at [http://www.ricertboard.org](http://www.ricertboard.org).  
• Rhode Island has multiple contractors to provide training that peers can apply toward their credential. They include RICARES; The Substance Use Mental Health Leadership Council, which is our general behavioral health training and technical assistance contractor, and Parent Support Network, which delivers the 46-hour integrated Behavioral Health Peer Recovery Specialist training. |
<p>| Supervisory Training | Rhode island has Medicaid Certification Standards for the Delivery of Peer-Based Recovery Support Services, which are divided between licensed and non-licensed providers. The state does not yet have a Peer Supervisor Credential. |</p>
<table>
<thead>
<tr>
<th>Training Curriculum for Recovery Coach Supervisors</th>
<th>Supervisor to CPRS ratio is 1:10 (Full-time equivalents).</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong></td>
<td>A supervisor can either be a licensed behavioral health professional or a CPRS with a minimum of 2 years of experience as a peer recovery specialist. All supervisors are required to complete a Department of Behavioral Healthcare, Developmental Disabilities and Hospitals-approved core competency training.</td>
</tr>
</tbody>
</table>
### SOUTH CAROLINA

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>South Carolina Certified Peer Support Specialist Program: <a href="http://www.scpeersupport.org">http://www.scpeersupport.org</a>.</th>
</tr>
</thead>
</table>
| **Program Description** | The following description comes from the South Carolina Certified Peer Support Specialist program website:  

*A CPSS is a trained professional providing individualized recovery focused services. We offer hope, support, and advocacy to others through sharing our own experiences of living in recovery with mental illness and/or substance use disorder.*  

For more information, please visit [http://www.scpeersupport.org](http://www.scpeersupport.org). |
| **Setting(s)** | - South Carolina Department of Alcohol and Other Drug Services  
- South Carolina Department of Mental Health  
- Mental health centers  
- Jails  
- Substance use facilities  
- Transitional housing  
- Homeless outreach  
- Veterans hospitals  
- Nonprofit organizations |
| **Credential** | - IC&RC Peer Recovery Credential |
| **Credentialing Agency** | South Carolina Certified Peer Support Specialist Program |
| **Certification Requirements** | - Demonstrated flexibility, organizational skills, self-motivation, interpersonal and communication skills, and judgment skills  
- 100 hours of work experience  
- Completion of a 40-hour training  
- Passing score on a written competency exam  
- Agreement to follow the Certified Peer Specialist Code of Conduct |
| **Personal Recovery Required** | Yes: ☒ No: ☐ Years in Recovery: 1 |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒ |
| **Code of Ethics** | The *South Carolina Certified Peer Support Specialist Program Code of Ethics* is available at [http://www.scpeersupport.org/Home/Ethics](http://www.scpeersupport.org/Home/Ethics). |
| **Exam Criteria** | Passing score on the IC&RC AADC written exam or the NAADAC |
| **Fees** | - Candidates from the Department of Alcohol or Other Drug Abuse Services: $25  
- Candidates from the Veterans Administration: $25  
- In-state rate: $25  
- Out-of-state rate: $75 |
<table>
<thead>
<tr>
<th><strong>Recertification/CEUs</strong></th>
<th>20 hours (of which 12 must be face-to-face) of continuing education every year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Training Requirements</strong></td>
<td>40 hours of training</td>
</tr>
</tbody>
</table>
| **Competencies** | Recovery-oriented  
▪ Many pathways  
▪ Person-centered  
▪ Voluntary  
▪ Relationship-focused  
▪ Trauma-informed |
| **Training Provider/Organization** | ▪ [Faces and Voices of Recovery (FAVOR) Greenville](http://www.scpeersupport.org/)
▪ [FAVOR SC Recovery Training Academy (RTA)](http://www.scpeersupport.org/)
▪ Additional information is available at [http://www.scpeersupport.org/Home/Education](http://www.scpeersupport.org/Home/Education). |
| **Supervisory Training** | No information available |
| **Training Curriculum for Recovery Coach Supervisors** | No information available |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | South Carolina has recovery support training for alcohol, drug use, and mental illness. |
South Dakota offers peer recovery services under two programs funded by State Opioid Response grants. Face It Together provide 32 hours of training on 17 core competencies through a combination of in-person and online training and shadowing. Another provider is Project Recovery, which has peer specialists complete the online training/certification program through CASAT.
# Tennessee Certification and Training Program

| Website(s) | The following description comes from the Tennessee Department of Mental Health and Substance Abuse Services Certified Peer Specialist Program Handbook of Guidelines, Standards, and Procedures:
Tennessee’s Certified Peer Recovery Specialist program provides State certification for individuals who provide direct peer-to-peer support services to others who have mental illness, substance abuse, or co-occurring disorders. Because of their lived experience, Certified Peer Recovery Specialists (CPRS’s) can, with specialized training and guidance, draw from their own journey of recovery to inspire hope and provide support to others who are facing similar situations. The certification defines the minimum standards of competency, which are the knowledge and the skills required of the position.
This certification does not imply that Tennessee Certified Peer Recovery Specialists are qualified to diagnose an illness, prescribe medication, or provide clinical services. Tennessee Certified Peer Recovery Specialists do not provide treatment of any kind. Tennessee’s Certified Peer Recovery Specialist program is not an offer of employment or job placement by the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS). Certification in no way guarantees employment. Each person certified as a Peer Recovery Specialist should apply for positions available in his or her community. Each Certified Peer Recovery Specialist must be under supervision as defined by the state.
For more information, please visit [https://www.tn.gov/behavioral-health/cprs.html](https://www.tn.gov/behavioral-health/cprs.html) |
| Setting(s) | • Peer support centers  
• Crisis stabilization units  
• Licensed alcohol and drug use treatment centers  
• Alcohol and drug use recovery support services centers  
• Detoxification centers  
• Psychosocial rehabilitation programs  
• Inpatient hospital settings  
• Community mental health agencies  
• Recovery courts  
• Veterans hospitals |
| Credential | • IC&RC Peer Recovery Credential |
| Credentialing Agency | [Tennessee Department of Mental Health and Substance Abuse Services](https://tn.gov/behavioral-health) |
| Certification Requirements | • Minimum of 75 hours of supervised, paid, or volunteer work providing peer recovery services  
• Demonstrated competency through testing and evaluation as required by the state Certified Peer Recovery Specialist Training  
• Three (3) letters of reference  
• Agreement to the CPRS Scope of Activities and Code of Ethics |
| **Personal Recovery Required** | Yes: ☒  No: □  Years in Recovery: 2  
| Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: □  Friend: □  Recovery Ally: □  No: ☒  
| Additional Comments: |
| **Code of Ethics** | The Tennessee Department of Mental Health and Substance Abuse Services “Certified Peer Recovery Specialist Code of Ethics” is available at [https://www.tn.gov/behavioral-health/cprs.html](https://www.tn.gov/behavioral-health/cprs.html) |
| **Exam Criteria** | Examinations during the training |
| **Fees** | There is no fee for the training. |
| **Recertification/CEUs** | Every year:  
| • Renewal application  
| • 10 hours of continuing education, with at least 1 hour in ethics  
| • Minimum of 25 hours of peer recovery services with at least 1 hour of supervision from a mental health professional or qualified substance use treatment professional |
| **Financing for Recovery Coaching Services** | Medicaid: ☒  Block Grants: ☒  Access to Recovery Grant: □  
| State General Revenue: ☒  Foundations: □  
| Additional Funding: |
| **Training Requirements** | 40-hour Certified Peer Recovery Specialist Training |
| **Competencies** | • Ethics  
| • Communication  
| • Problem-solving  
| • Values  
| • Motivation  
| • Wellness |
| **Training Provider/Organization** | Additional information is available at [https://www.tn.gov/behavioral-health/cprs.html](https://www.tn.gov/behavioral-health/cprs.html) |
| **Supervisory Training** | Recovery Within Reach [https://recoverywithinreach.org/blog/online-webinar/](https://recoverywithinreach.org/blog/online-webinar/) |
| **Training Curriculum for Recovery Coach Supervisors** | Not currently available |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | Yes |
# Texas

## Website(s)

- Behavioral Health Services Providers, Peer Support Services  
  [https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/peer-support-services](https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/peer-support-services)
- Texas Administrative Code – Peer Specialist Services  

## Program Description

HHSC created a stand-alone medical policy, which is outlined in Texas Administrative Code, for Medicaid reimbursement eligibility applicable to both mental health and substance use peer services.

## Setting(s)

- Collegiate recovery programs
- Consumer-operated service providers
- Clubhouses
- Crisis services
- Emergency rooms/hospitals
- Extended care treatment
- Family drug courts
- Intensive outpatient programs
- Jails
- Mental health programs
- Private settings
- Recovery community organizations
- Recovery high schools
- Recovery housing
- Residential recovery centers
- State hospitals
- Treatment centers
- Youth recovery communities

## Credential

- Mental Health Peer Specialist (MHPS) - for a person with lived experience in recovery from a mental health condition
- Recovery Support Peer Specialist (RSPS) - for a person with lived experience in recovery from a substance use disorder
- Peer Supervisor Certification (PSS)
- Training Entity Certification

## Credentialing Agency

Texas Health and Human Service Commission (HHSC) has designated two entities to certify peers, peer supervisors, and peer/peer supervisor training entities. New applicants for certification as peer specialists, peer specialist supervisors, or training entities should reach out to either organization listed below.

- Texas Certification Board of Addiction Professionals:  
  [https://www.tcbap.org/default.aspx](https://www.tcbap.org/default.aspx)
- Texas Peer Specialist Certification Board (Wales Education Services):  
  [https://texaspeers.org/](https://texaspeers.org/)
Peer Recovery Support Specialists (PRSS) requirements:
- 500 hours of volunteer or paid work experience specific to the domains
- Support Specialist

Mental Health Peer Specialist (MHPS) & Recovery Support Peer Specialist (RSPS) requirements:
- Be at least 18 years of age
- Have lived experience with a mental health condition, substance use disorder, or both
- Have a high school diploma or general equivalency degree (GED)
- Appropriately share his/her own recovery story
- Demonstrate current self-directed recovery
- Pass criminal history and registry checks.
- 250 hours of supervised work experience under the supervision of a certified Peer Specialist Supervisor (PSS).

Peer Supervisor Certification (PSS)
Be a Certified Peer Specialist and have one of the following combinations:
- High school diploma or GED and at least:
  - 4 years of work experience as a peer specialist or peer recovery coach; or
  - 2 years of work experience as a peer specialist or peer recovery coach and at least 2 years of work experience supervising others; or
  - an associate’s degree from an accredited college or university and at least 2 years of work experience as a peer specialist or peer recovery coach.

Options:
- Qualified Credentialed Counselor (QCC)
- Licensed Practitioner of the Healing Arts (LPHA)
- Qualified Mental Health Professional (QMHP), with a QCC or LPHA supervising the QMHP
- Qualified Peer Supervisor (QPS), with a QCC or LPHA supervising the QPS

Training Entity Certification
A training entity must have:
- a physical location in Texas;
- experience in training or sponsoring training for paraprofessionals;
- experience in training or sponsoring training that uses adult learning principles;
- experience in training or sponsoring training related to elements of peer specialist services;
- a plan to provide training for at least one of the following:
  - peer specialists, including:
    - core training; and
  - at least one type of supplemental training; or
  - peer specialist supervisors under §354.3163 of this division (relating to Supervisor Training);
- if the training entity is an organization, rather than a single individual, a plan to approve each instructor who will provide training under the organization, per §354.3153(a)(2) of this division (relating to Instructor Requirements);
A training entity must be certified by a certification entity to provide training under this subchapter.

A training entity must use training curricula pre-approved by HHSC, including the knowledge assessment(s) required by §354.3159(e) (relating to Core and Supplemental Training) and §354.3163(b) (relating to Supervisor Training) of this division.

All training must:

- provide reasonable accommodation for a person with a disability;
- provide reasonable accommodation for a person who speaks a prevalent language; and
- be culturally sensitive.

A training entity must maintain the following documentation for each individual who is trained:

1. application;
2. date of each training attended and length of each training; and
3. results of each knowledge assessment.

A non-approved application must be retained for at least 2 years.

Documentation of each individual who is trained must be retained for at least 5 years.

### Personal Recovery Required

| Yes: ☒ | No: ☐ | Years in Recovery: 1 |

Additional Comments: Requirements: lived experience and the ability to demonstrate current self-directed recovery

- Lived experience: When an individual has experienced a significant life disruption due to their own mental or substance use disorder (or both) and is now in recovery.
- Self-directed recovery: The point at which an individual takes proactive steps to plan and implement their own recovery.

### Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?

| Family Member: ☐ | Friend: ☐ | Recovery Ally: ☐ | No: ☒ |

Additional Comments: Must have lived experience
<table>
<thead>
<tr>
<th>Code of Ethics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer specialists are required to read, understand and commit to the <em>Code of Ethics</em>.</td>
</tr>
</tbody>
</table>

The principles in the following *Code of Ethics* guide Texas Certified Peer Specialists in their roles, relationships, and levels of professional responsibility.

1. The primary responsibility of Certified Peer Specialists is to help individuals achieve their own needs, wants, and goals. Certified Peer Specialists will be guided by the principle of self-determination for all.

2. Certified Peer Specialists will maintain high standards of personal conduct. Certified Peer Specialists will also conduct themselves in a manner that fosters their own recovery.

3. Certified Peer Specialists will openly share their recovery stories, and will likewise be able to identify and describe the supports that promote their recovery.

4. Certified Peer Specialists will, at all times, respect the rights and dignity of those they serve.

5. Certified Peer Specialists will never intimidate, threaten, harass, use undue influence, physical force or verbal abuse, or make unwarranted promises of benefits to the individuals they serve.

6. Certified Peer Specialists will not practice, condone, facilitate or collaborate in any form of discrimination on the basis of ethnicity, race, gender, gender identity, gender expression, sexual orientation, age, religion, national origin, marital status, political belief, mental or physical disability, military status, or any other preference or personal characteristic, condition or state.

7. Certified Peer Specialists will advocate for those they serve that they may make their own decisions in all matters when dealing with other professionals.

8. Certified Peer Specialists will respect the privacy and confidentiality of those they serve.

9. Certified Peer Specialists will advocate for the full integration of individuals into the communities of their choice and will promote the inherent value of these individuals to those communities. Certified Peer Specialists will be directed by the knowledge that all individuals have the right to live in the least restrictive and least intrusive environment.

10. Certified Peer Specialists will not enter into dual relationships or commitments that conflict with the interests of those they support.

11. Certified Peer Specialists will not engage in sexual/intimate activities with those to whom they are currently providing support, or have worked with in a professional role in the past two years.

12. Certified Peer Specialists will not provide services to another when under the influence of alcohol or when impaired by any substance, whether or not it is prescribed.

13. Certified Peers Providers will keep current with emerging knowledge relevant to recovery, and openly share this knowledge with their colleagues.

14. Certified Peer Specialists will not accept gifts of significant value from those they serve. A peer specialist may not:
   - practice psychotherapy, make clinical or diagnostic assessments, or
<table>
<thead>
<tr>
<th>Exam Criteria</th>
<th>Knowledge assessment completed at the end of each training</th>
</tr>
</thead>
</table>
| Fees          | • Application fee: $60  
• Background check (cost varies)  
• Recertification fee: $60 |
| Recertification/CEUs | Peer Specialist Certification Renewal  
• Renewal required every two years.  
• No ethical or malpractice violations  
• 20 hours of peer recovery support continuing education, including 6 hours of ethics training  
• Application  
• Recertification fee |
|               | Peer Specialist Supervisor Certification Renewal  
• 6 hours of training per certification period on topics related to peer specialist supervision and leadership  
• Application or other form required by the certification entity  
• Documentation of the peer specialist supervisor's recertification training hours  
• Results of the certification entity's criminal history and registry background |
<table>
<thead>
<tr>
<th>Financing for Recovery Coaching Services</th>
<th>Medicaid: ☒</th>
<th>Block Grants: ☒</th>
<th>Access to Recovery Grant: ☒</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>State General Revenue: ☐</td>
<td>Foundations: ☒</td>
<td></td>
</tr>
<tr>
<td>Additional Funding: Self-pay; agency payment; Federal grants; contracts with businesses; contracts with other agencies; block grant funding</td>
<td></td>
<td></td>
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<tr>
<td>Training Requirements</td>
<td>▪ 8-hour core training</td>
<td></td>
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<tr>
<td></td>
<td>▪ 46-hour supplemental training consistent with the person’s lived experience and area of specialization (mental health condition or substance use disorder)</td>
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<tr>
<td>Competencies</td>
<td>▪ All peer specialist services must be recovery-oriented, person-centered, relationship-focused, and trauma-informed.</td>
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<tr>
<td></td>
<td>▪ Peer specialist services may include:</td>
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<td></td>
<td>▪ recovery and wellness support, which includes providing information on and support with planning for recovery;</td>
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<tr>
<td></td>
<td>▪ mentoring, which includes serving as a role model and providing assistance in finding needed community resources and services; and</td>
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<tr>
<td></td>
<td>▪ advocacy, which includes providing support in stressful or urgent situations, and helping to ensure that the recipient’s rights are respected</td>
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<tr>
<td></td>
<td>▪ Services may be provided individually or in a group.</td>
<td></td>
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<tr>
<td>Participation in peer specialist services is voluntary.</td>
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</tr>
<tr>
<td>Training Provider/Organization</td>
<td>Behavioral Health Services Providers, Peer Support Services: <a href="https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/peer-support-services">https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/peer-support-services</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supervisory Training</td>
<td>Peer specialist supervisors must be certified by successfully completing training from a certified training entity on peer specialist services and the recovery model. Successful completion of supervisor training must be documented by means of a knowledge assessment that each participant completes at the end of each training.</td>
<td></td>
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</tr>
<tr>
<td>Training Curriculum for Recovery Coach Supervisors</td>
<td>Peer Support Supervision adapted from eTraining (Café TA Center)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is Training Curriculum Integrated (Mental Health and Substance Use)?</td>
<td>The preliminary 8-hour core training is integrated. The 46-hour supplemental training is consistent with the person’s lived experience and area of specialization (mental health condition or substance use disorder).</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>UTAH</strong></td>
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</tr>
</tbody>
</table>
| **Website(s)** | State of Utah  
Division of Substance Abuse and Mental Health (DSAMH)  
Certified Peer Support Specialist Information: [https://dsamh.utah.gov/education/certification/peer-support](https://dsamh.utah.gov/education/certification/peer-support) |
| **Program Description** | The following information comes from the Utah Department of Human Services Substance Abuse and Mental Health website:  
*A Certified Peer Support Specialist is an individual who uses their lived experience in recovery from mental illness and/or substance use disorder, in addition to skills learned in a formal training, to deliver services promoting recovery and resiliency.*  
For more information, please visit [https://dsamh.utah.gov/education/certification/peer-support](https://dsamh.utah.gov/education/certification/peer-support). |
| **Setting(s)** | ▪ Local mental health/substance use disorder centers (outpatient programs, day programs)  
▪ Clubhouses  
▪ Recovery treatment centers  
▪ Mobile crisis outreach teams  
▪ Warm lines  
▪ Emergency rooms/hospitals  
▪ Drug courts/mental health courts  
▪ Jails/halfway houses/forensic transitions  
▪ Assertive community treatment teams  
▪ Nonprofit recovery community organizations  
▪ Utah State Hospital |
| **Credential** | State Certification |
| **Credentialing Agency** | [Utah Department of Human Services](https://dsamh.utah.gov) |
| **Certification Requirements** | ▪ 40-hour certification training with a DSAMH-approved trainer  
▪ Passing score on the exam (70% or higher) |
| **Personal Recovery Required** | Yes: ☒ No: ☐ Years in Recovery: At least 1 year is recommended  
Additional Comments: |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒  
Additional Comments: Family members are encouraged to apply as Family Resource Facilitators: [https://dsamh.utah.gov/education/certification/family-resource-facilitators](https://dsamh.utah.gov/education/certification/family-resource-facilitators) |
<p>| <strong>Code of Ethics</strong> | The <em>Utah Peer Support Specialist Code of Ethics</em> is available at <a href="https://dsamh.utah.gov/education/certification/peer-support">https://dsamh.utah.gov/education/certification/peer-support</a> |</p>
<table>
<thead>
<tr>
<th><strong>Exam Criteria</strong></th>
<th>Passing score on the exam (70% or higher)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fees</strong></td>
<td>No fees (funded by DSAMH)</td>
</tr>
</tbody>
</table>
| **Recertification/CEUs** | Every 2 years, 20 hours of continuing education:  
  - 2 hours: Ethics training  
  - 6 hours: Peer support services  
  - 1 hour: Suicide prevention  
  - 11 hours: General health or substance use disorder topics |
| **Financing for Recovery Coaching Services** | Medicaid: ☒  
  Block Grants: ☒  
  Access to Recovery Grant: ☒  
  State General Revenue: ☒  
  Foundations: ☐  
  Additional Funding: Temporary Assistance for Needy Families (TAN-F) |
| **Training Requirements** | 40-hour certification training with a DSAMH-approved trainer |
| **Competencies** | • Mental illness and substance use disorders  
  • Stages of recovery  
  • Relapse prevention  
  • Negative self-talk  
  • Role of peer support in the recovery process  
  • Dynamics of change  
  • Ethics of peer support  
  • Professional relationships  
  • Scope of peer support  
  • Cultural competence  
  • Labeling  
  • Community resources  
  • Recovery goals  
  • Coach, mentor, and role model recovery  
  • Formal and informal supports  
  • Stress management  
  • Educational and vocational goals  
  • Crisis prevention  
  • Physical health |
| **Training Provider/Organization** | • Optum Health  
  • Utah State University  
  • VA Salt Lake City Health Care System |
| **Supervisory Training** | • Yes, the Division of Substance Abuse and Mental Health provides supervisory training (train the trainer)  
  • The providers listed above provide community supervisory training |
| **Training Curriculum for Recovery Coach Supervisors** | Principles of recovery; discovering strengths; using your recovery story; motivational interviewing; ethics and boundaries; the role of trauma; culture and worldview; working with groups; crisis prevention and intervention; self-care and maintaining personal wellness; preparing for employment |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | The curriculum covers mental health and substance use disorders equally. |
## VERMONT

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Recovery Vermont: <a href="http://www.recoveryvermont.org">http://www.recoveryvermont.org</a> (a program of the Vermont Association for Mental Health and Addiction Recovery)</th>
</tr>
</thead>
</table>
| **Program Description** | The Vermont Certified Recovery Coach program is composed of  
▪ The Vermont Recovery Coach Academy, which provides a comprehensive 46-hour evidence-based training for Vermont’s recovery workforce; and  
▪ The Vermont Recovery Coach Certification Board, which oversees the certification and professional development of Vermont’s Recovery Coaches. |
| **Setting(s)** | ▪ Emergency departments  
▪ Recovery centers  
▪ Recovery groups  
▪ Recovery residences  
▪ Correctional facilities and other health care facilities  
▪ Virtual sessions |
| **Credential** | The credential “CRC: Certified Recovery Coach” has been approved as Vermont’s national and reciprocal certification through the International Certification & Reciprocity Consortium (IC&RC) and will roll-out after COVID-19. |
| **Credentialing Agency** | Vermont Association for Mental Health and Addiction Recovery |
| **Certification Requirements** | ▪ Completion of the Vermont Recovery Coach Academy  
▪ Agreement and compliance with professional ethics, etc.  
▪ Completion of the IC&RC certification exam or grandparenting exemption  
▪ Completion of supervision hours |
| **Personal Recovery Required** | Yes: ☐ No: ☒ Years in Recovery: 1  
Additional Comments: The majority of Vermont’s coaches are peers (individuals or family members with lived experience), although friends and allies are welcome. We ask that peers have a minimum of 1 year of continuous sobriety before attending the academy. |
| **Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?** | Family Member: ☒ Friend: ☒ Recovery Ally: ☒ No: ☐ |
| **Code of Ethics** | The [Vermont Recovery Coach Certification Principles: Ethics, Conduct and Standards](https://recoveryvermont.org/recovery-coaching/) can be found at [https://recoveryvermont.org/recovery-coaching/](https://recoveryvermont.org/recovery-coaching/). |
| **Exam Criteria** | None for the state-level certification, but there will be a required examination for the IC&RC Peer Recovery Credential. |
| **Fees** | ▪ Vermont Certified Recovery Coach Training: $750.  
▪ Scholarships are available. Email [info@recoveryvermont.org](mailto:info@recoveryvermont.org) for more information |
| **Recertification/CEUs** | In development |
| **Financing for Recovery Coaching Services** | Medicaid: ☐ Block Grants: ☒ Access to Recovery Grant: ☒  
State General Revenue: ☐ Foundations: ☒ |
<table>
<thead>
<tr>
<th><strong>Training Requirements</strong></th>
<th>46-hour training</th>
</tr>
</thead>
</table>
| **Competencies** | • Motivational Interviewing  
• Resource provision  
• Wellness plan development  
• Advocacy  
• Ethical responsibility  
• Mentoring and education  
• Recovery/wellness supports |
| **Training Provider/Organization** | Vermont Association of Mental Health and Addiction Recovery  
Information is available at [https://vamhar.org/](https://vamhar.org/) and [www.recoveryvermont.org](http://www.recoveryvermont.org). |
| **Supervisory Training** | Training is in development and is targeted for completion in June 2020.  
Visit [www.recoveryvermont.org](http://www.recoveryvermont.org) for information. |
| **Training Curriculum for Recovery Coach Supervisors** | Training is in development and is targeted for completion in June 2020.  
Visit [www.recoveryvermont.org](http://www.recoveryvermont.org) for information. |
| **Is Training Curriculum Integrated (Mental Health and Substance Use)?** | Yes one of the competencies of this and the national credential is in co-occurring areas: substance use disorder and mental health. |
## VIRGINIA

**Website(s)**


Virginia Certification Board: [https://www.vacertboard.org](https://www.vacertboard.org)

### Program Description

The following description comes from the Virginia Certification Board’s *Certified Peer Recovery Specialist Application*:

*The Certified Peer Recovery Specialist (CPRS) is designed for individuals with personal, lived experience in their own recovery or experience as a family member or loved one. Peer support services are an important component in a recovery-oriented systems of care. By offering insight into the recovery process based on their own experience, peers are able to provide a unique perspective to those with similar life issues.*

*The role of the CPRS reflects a collaborative and strengths-based approach, with the primary goal being to assist individuals and family members in achieving sustained recovery from the effects of addiction and/or mental health issues. CPRSs are not clinicians; they serve in a supportive role within the community and/or treatment setting. They do not replace other professional services; they complement the existing array of support services. The peer is not a sponsor, case manager or a therapist but rather a role model, mentor, advocate and motivator. Services provided by the CPRS are a permanent critical component of the continuum of care services that will substantially improve an individual’s ability to sustain recovery and wellness.*

*The primary function of the CPRS is to provide individuals and family members in recovery with a support system to develop and learn healthy skills and gain access to needed community resources. CPRSs serve people in the recovery process by supporting them in accessing community-based resources, implementing self-directed recovery/wellness plans and navigating state and local systems (including addiction and mental health treatment systems). They encourage individuals to develop a strong foundation in recovery (e.g. establishing support systems, self-care, independence self-sufficiency, healthy coping skills) that support long-term wellness and recovery.*

For more information, please visit [https://www.vacertboard.org/sites/default/files/applications/VCB_CPRS_Application.pdf](https://www.vacertboard.org/sites/default/files/applications/VCB_CPRS_Application.pdf).

### Setting(s)

- Recovery community organizations
- Recovery housing
- Public behavioral health organizations

### Credential

- Certified Peer Recovery Specialist (CPRS) from the Virginia Certification Board (a member board of the International Certification & Reciprocity Consortium (IC&RC)).

### Credentialing Agency

Virginia Certification Board
### Certification Requirements
- 500 hours of supervised paid/volunteer experience hours
- 25 hours of supervised work experience specific to the domains
  - Advocacy
  - Mentoring and education
  - Recovery/wellness support
  - Ethical responsibility
- 72-hour DBHDS Peer Recovery Specialist Training Curriculum
- Passing score on the IC&RC Peer Recovery Examination
- Current job description
- 1 year of recovery
- Signed *Code of Ethical Conduct for CPRS*
- Signed release
The National Certified Peer Recovery Support Specialist credential from NAADAC is also accepted if the individual has completed the DBHDS 72-hour Peer Recovery Specialist Training curriculum.

### Personal Recovery Required
- Yes: ☒
- No: ☐
- Years in Recovery: 1

### Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?
- Family Member: ☒
- Friend: ☐
- Recovery Ally: ☐
- No: ☐

### Code of Ethics
The Virginia Certification Board’s *CPRS Code of Ethical Conduct* is available at [https://www.vacertboard.org/sites/default/files/CPRS_Code%20of%20Ethics%202019.pdf](https://www.vacertboard.org/sites/default/files/CPRS_Code%20of%20Ethics%202019.pdf).


### Exam Criteria
IC&RC Peer Recovery Examination

### Fees
- Application fee: $25 (until October 2020)
- Exam cancellation fee: $50
- Recertification fee: $75

### Recertification/CEUs
- Every 2 years:
  - 20 hours of education, including 6 hours in ethics;
  - Application
  - Recertification fee

### Financing for Recovery Coaching Services
- Medicaid: ☒
- Block Grants: ☐
- Access to Recovery Grant: ☐
- State General Revenue: ☐
- Foundations: ☐

Additional Funding: Self-pay by individuals/families; insurance

### Training Requirements
72-hour DBHDS Peer Recovery Specialist Training Curriculum

### Competencies

### Training Provider/Organization
Information about training providers is available at [https://www.vacertboard.org/cprs](https://www.vacertboard.org/cprs).
<table>
<thead>
<tr>
<th>Supervisory Training</th>
<th>Direct supervisors of Certified Peer Recovery Specialists whose peer support services are being billed to Medicaid must complete the DBHDS Peer Recovery Specialist Supervisor Training.</th>
</tr>
</thead>
</table>
| Training Curriculum for Recovery Coach Supervisors                                   | The DBHDS Peer Recovery Specialist Supervisor Training covers:  
  • Role/values of the DBHDS Peer Recovery Specialist  
  • Practice guidelines  
  • Core competencies  
  • Ethics/boundaries  
  • Discussion of real-world scenarios |
<p>| Is Training Curriculum Integrated (Mental Health and Substance Use)?                  | Yes, the Peer Recovery Specialist 72-hour Training curriculum is integrated.                                                                                                                                                                                   |</p>
<table>
<thead>
<tr>
<th><strong>WASHINGTION</strong></th>
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<tbody>
<tr>
<td><strong>Website(s)</strong></td>
</tr>
<tr>
<td><strong>Program Description</strong></td>
</tr>
<tr>
<td><strong>Setting(s)</strong></td>
</tr>
</tbody>
</table>
| **Credential** | There are multiple steps to credentialing:  
1. Individuals with lived experience complete a pre-requisite course, submit an application, attend a 40-hour training, then pass an oral and written test.  
2. Once the individual receives notice of passing the Division of Behavioral Health and Recovery (DBHR) credential, they are asked to register as an Agency Affiliated Counselor (AAC) at the Department of Health.  
Note: Licensed community behavioral health agencies must be certified to deliver peer services. |
| **Credentialing Agency** | ▪ DBHR facilitates the training and CPC credential.  
▪ The Department of Health manages the AAC registration and the agency certification. |
| **Certification Requirements** | DBHR eligibility for application/training:  
▪ You must self-identify as a person with lived experience with mental health or substance use services, or be a parent or legal guardian of a child (under the age of 18) with lived experience with mental health or substance use services.  
▪ You must demonstrate reading and writing comprehension.  
▪ You must be over 18 years of age.  
The Department of Health requirements for AAC registration are listed at [https://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/AgencyAffiliatedCounselor/LicenseRequirements](https://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/AgencyAffiliatedCounselor/LicenseRequirements). |
| **Personal Recovery Required** | The requirement for a person to have lived experience of recovery before applying to become a recovery coach and/or length of time in recovery  
Yes: ☒  No: ☐  Years in Recovery: 1  
Additional Comments: |
<table>
<thead>
<tr>
<th><strong>Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach?</strong></th>
<th>The rule regarding whether a family member, friend, or recovery ally can be a recovery coach. Additional Comments: Anyone can be a recovery coach. We distinguish recovery coaches from Certified Peer Specialists. The CCAR model is viewed as an enhancement to our Certified Peer Counselor credential.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Exam Criteria</strong></td>
<td>Requirements include completing and passing a prerequisite online course, completing a certain number of hours of training, and passing an oral and written test.</td>
</tr>
<tr>
<td><strong>Fees</strong></td>
<td>No costs</td>
</tr>
<tr>
<td><strong>Recertification/CEUs</strong></td>
<td>There are requirements for renewing certification and steps required for recertification.</td>
</tr>
<tr>
<td><strong>Financing for Recovery Coaching Services</strong></td>
<td>The state’s method for funding the positions. Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☒ State General Revenue: ☐ Foundations: ☐</td>
</tr>
<tr>
<td><strong>Training Requirements</strong></td>
<td>CPC training is 40 hours. Attendance is required for 36 hours.</td>
</tr>
<tr>
<td><strong>Competencies</strong></td>
<td>Demonstrate reading and writing comprehension</td>
</tr>
<tr>
<td><strong>Training Provider/Organization</strong></td>
<td>Consumer Voices are Born (CVAB) EnRoute</td>
</tr>
<tr>
<td><strong>Supervisory Training</strong></td>
<td>There are no required training requirements, but we offer Operationalizing Peer Support Training for organizations. <a href="https://www.peerworkforcealliance.org/operationalizing-peer-support">https://www.peerworkforcealliance.org/operationalizing-peer-support</a></td>
</tr>
<tr>
<td><strong>Training Curriculum for Recovery Coach Supervisors</strong></td>
<td>See above</td>
</tr>
<tr>
<td><strong>Is Training Curriculum Integrated (Mental Health and Substance Use)?</strong></td>
<td>Washington worked with Boston University and BRSS TACS to make the CPC training into an integrated curriculum.</td>
</tr>
</tbody>
</table>
WEST VIRGINIA

Website(s)

Two recognized certification/credentialing entities:
- West Virginia Certification Board for Addiction and Prevention Professionals (WVCBAPP): https://www.wvcbapp.org
- NAADAC: https://www.naadac.org/ncprss

Program Description

The following description comes from the West Virginia Certification Board for Addiction and Prevention Professionals Peer Recovery Support Specialist Manual:

The Peer Recovery Support Specialist (PR) is not a professional credential. The role of the Peer Recovery Support Specialist (PR) reflects a collaborative and strengths-based approach, with the primary goal being to assist individuals in achieving sustained recovery from addiction and/or mental health issues. PR’s will not be clinicians; they will instead serve in a supportive role within the community and/or within a treatment setting to enhance the current treatment array. PR’s are trained in the domains of Advocacy, Mentoring/Education, Recovery/Wellness Support, and Ethical Responsibilities to better support individuals in achieving recovery and resiliency. Services provided by the PR become a permanent critical component of the continuum of care services that will substantially improve an individual’s ability to sustain recovery/wellness.

The primary function of the PR is to help individuals gain access to needed resources in the community by assisting them in overcoming barriers and helping them bridge gaps between their needs and available resources. PR’s will serve as recovery navigator/mentors by helping individuals connect with needed services, including addiction and mental health treatment services, and assisting them in acquiring resources that will facilitate their recovery (e.g., acquiring childcare services, stable housing, developing wellness plans and employment support). Each PR will serve individuals in the recovery process by supporting them in accessing community-based resources, implementing recovery/wellness plans, navigating state and local systems (including addiction and mental health treatment systems), and providing recovery support services. The PR will coach service recipients to help them develop a strong foundation in recovery (e.g. establishing support systems, self-care, independence/self-sufficiency, healthy coping skills and other skills) that support long-term recovery.

For more information, please visit https://static1.squarespace.com/static/58043c6244240243644ef11666/t/5b995dd74ae2374aee-7a969/1536777689666/2PR%2BManual.pdf.

Setting(s)

- Recovery programs
- Emergency rooms
- Drug-free mother/baby programs
- County health departments
- Clinical settings
- Programs that help people as they exit incarceration
- Quick Response Teams

Credential

- IC&RC Peer Recovery Credential
- WVCBAPP-The Peer Recovery Support Specialist (PR) -Certification
| Credentialing Agency | West Virginia Certification Board for Addiction and Prevention Professionals (WVCBAPP)  
|· WV Certification Board of Addiction and Prevention Professionals  
|· NAADAC The Association for Addiction Professionals |
| Certification Requirements |  
|· 500 hours of volunteer/paid experience specific to the domains  
|· 25 hours of supervision specific to the domains, with a minimum of 6 hours in each of the 4 domains  
|· 46 hours of education specific to domains  
|· Passing score on the IC&RC Peer Recovery Examination  
|· Signed Code of Ethical Conduct  
|· Signed release  
|· Current job description |
| Personal Recovery Required | Yes: ☒  
|· No: ☐  
| Years in Recovery: 2  
|· Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐  
|· Friend: ☐  
|· Recovery Ally: ☐  
|· No: ☒  
| Additional Comments: |
| Exam Criteria |  
|· IC&RC Peer Recovery Examination  
|· Passing score on the IC&RC Peer Recovery Support Specialist Exam  
|· Valid government issued photo ID required for testing |
| Fees |  
|· Certification fee: $75  
|· Test fee: $100  
|· Recertification fee: $100 |
| Recertification/CEUs | Every 2 years:  
|· 20 contact hours of WVCBAPP-approved training, including 6 hours in ethics  
|· Signature on the “Code of Ethics Statement”  
|· Application  
|· Payment of a $100 nonrefundable renewal certification fee |
| Financing for Recovery Coaching Services | Medicaid: ☒  
|· Block Grants: ☒  
|· Access to Recovery Grant: ☐  
| State General Revenue: ☐  
|· Foundations: ☐  
| Additional Funding: SAMHSA grant funding; West Virginia State Opioid Response grant through the West Virginia Department of Health and Human Services |
| Training Requirements |  
|· 46 hours of education specific to domains:  
|· 10 hours in advocacy  
|· 10 hours in mentoring/education  
|· 10 hours in recovery/wellness support  
|· 16 hours in ethical responsibility |
| Competencies | The Peer Recovery Support Specialist (PR) will learn how to connect individuals with needed services, including addiction and mental health treatment services; assist with acquiring resources that will facilitate their recovery (e.g., acquiring childcare services, getting stable housing, developing wellness plans and obtaining employment support); provide support by helping to access community-based resources, implementing recovery/wellness plans, navigating state and local systems (including addiction and mental health treatment systems) and providing recovery support services; and assist individuals in developing a strong foundation in recovery (e.g., establishing support systems, self-care, independence/self-sufficiency, healthy coping skills, and other skills) that supports long-term recovery. |
| Training Provider/Organization | Information about training providers/organizations is available at [https://www.wvcbapp.org/approved-trainings](https://www.wvcbapp.org/approved-trainings). |
| Supervisory Training | Encouraged but not required |
| Training Curriculum for Recovery Coach Supervisors | Encouraged but not required |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | Encouraged but not required |
| **Website(s)** | Wisconsin Department of Health Services  
| | • Division of Care and Treatment Services: [https://www.dhs.wisconsin.gov/dcts/index.htm](https://www.dhs.wisconsin.gov/dcts/index.htm)  
| | • Wisconsin Peer Specialist Employment Initiative: [http://www.wicps.org](http://www.wicps.org) |
| **Program Description** | The following description comes from the Wisconsin Peer Specialist Employment Initiative website:  
| | A Certified Peer Specialist is a person who has not only lived the experience of mental illness and/or substance use disorder but also has had formal training in the peer specialist model of mental health and/or substance use disorder supports. They use their unique set of recovery experiences in combination with solid skills training to support peers who have mental illness and/or substance use disorder. Peer Specialists actively incorporate peer support into their work while working within an agency’s team support structure as a defined part of the recovery team.  
| | A Certified Peer Specialist is not a mental health or substance use disorder technician limited to providing ancillary services without a clear therapeutic role, but is an active participant on the consumer’s treatment and recovery team.  
| | For more information, please visit [http://www.wicps.org](http://www.wicps.org). |
| **Setting(s)** | • Aging and disability resource centers  
| | • Clinics  
| | • Community recovery services  
| | • Community resource centers  
| | • Community support programs  
| | • Comprehensive community services  
| | • Crisis services  
| | • Drop-in centers and clubhouses  
| | • Drug courts  
| | • Emergency rooms  
| | • Family care  
| | • Homeless shelters  
| | • Hospitals  
| | • Independent living centers  
| | • Inpatient care and outpatient care  
| | • Other agencies willing to pay for services  
| | • Prison and forensic areas  
| | • Recovery housing  
| | • Supportive living arrangements  
| | • Veterans hospitals |
| **Credential** | • Certification |
| **Credentialing Agency** | [Wisconsin Peer Specialist Employment Initiative](http://www.wicps.org) |
| Certification Requirements | ▪ Completion of a peer specialist training  
▪ Passing score on the statewide examination |
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: 1  
▪ Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒  
Additional Comments: |
| Exam Criteria | Statewide examination |
| Fees | $50 |
| Recertification/CEUs | Every 2 years, 20 hours of continuing education credits in the following areas:  
▪ Cultural competence  
▪ Ethics and boundaries  
▪ Trauma-informed care  
▪ Peer support skill development  
▪ Mental health  
▪ Substance use disorder |
| Financing for Recovery Coaching Services | Medicaid: ☒ Block Grants: ☒ Access to Recovery Grant: ☐  
State General Revenue: ☒ Foundations: ☐  
Additional Funding: Self-pay by individuals; contracts with businesses; contracts with other agencies; Wisconsin Department of Health Services |
| Training Requirements | Trainers are selected by the training provider and trained to facilitate the curriculum. |
| Competencies | ▪ Values  
▪ In-depth knowledge of recovery  
▪ Roles and responsibilities of a Certified Peer Specialist  
▪ Skills |
| Training Provider/Organization | Alabama Department of Mental Health  
▪ Office of Peer Programs |
| Supervisory Training | ▪ An employer tool kit is online at [https://www.wicps.org/resource_cat/employer-resources/?post_types=resource](https://www.wicps.org/resource_cat/employer-resources/?post_types=resource).  
▪ Employer and supervisor trainings and an online community of practice are currently being developed. |
| Training Curriculum for Recovery Coach Supervisors | [https://www.wicps.org/resource_cat/employer-resources/?post_types=resource](https://www.wicps.org/resource_cat/employer-resources/?post_types=resource) |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | ▪ CPS curriculum is integrated.  
▪ Recovery Coach training focuses only on substance use. |
## WYOMING

<table>
<thead>
<tr>
<th>Website(s)</th>
<th>Wyoming Department of Health: <a href="https://health.wyo.gov/behavioral-health/mhsa/initiatives/peer-specialists">https://health.wyo.gov/behavioral-health/mhsa/initiatives/peer-specialists</a></th>
</tr>
</thead>
</table>
| Program Description | The following description comes from the Wyoming Department of Health website:  

Peer Specialists work throughout the United States in mental health, substance use treatment, physical health, hospital, and other settings. Peer Specialists are uniquely qualified because of their training and personal recovery from a serious mental health situation and/or addiction. Initial and ongoing training increase their competency in this growing profession.  

The inclusion of Peer Specialist services in a person’s recovery journey has been found to promote hope that recovery is possible, reduce hospitalization days, increase treatment/recovery engagement, and yield positive outcomes.  

Wyoming includes many job descriptions within its definition of peer specialists including recovery coach, recovery specialist, peer wellness coach, peer mentor, and peer advocate.  

| Setting(s) | • Hospitals  
• Mental health settings  
• Recover Wyoming Recovery Center  
• Substance use treatment  
• Veterans’ treatment programs  
• Tribal organizations  
• Recovery organizations |
| Credential | • Peer Specialist Certification |
| Credentialing Agency | Wyoming Department of Health |
| Certification Requirements | Completion of the Wyoming New Peer Specialist Training |
| Personal Recovery Required | Yes: ☒ No: ☐ Years in Recovery: 1  
• Additional Comments: |
| Can a Family Member, Friend, or Recovery Ally Be a Recovery Coach? | Family Member: ☐ Friend: ☐ Recovery Ally: ☐ No: ☒  
• Additional Comments: |
| Exam Criteria | An exam is not required for certification; however, the training does have a written exam. |
| Fees | There are no fees associated with certification. |
| Recertification/CEUs | Every year:  
• Completion of the Wyoming Peer Specialist Annual Meeting and Training |
|                                         | Additional Funding: |
| Training Requirements                   | 36-hour Wyoming New Peer Specialist Training |
| Competencies                            | • Mental health and substance use conditions and treatments  
|                                          | • Rights, confidentiality, ethics, and roles  
|                                          | • Work competencies  
|                                          | • Resources  
|                                          | • Interpersonal skills  
|                                          | • Resiliency and recovery  
|                                          | • Self-care  
|                                          | • Life and recovery skills  
|                                          | • Trauma-informed support |
| Training Provider/Organization          | • Advocates for Recovery—Colorado  
|                                          | • Recover Wyoming  
|                                          | • For more information, please visit https://health.wyo.gov/behavioral-health/mhsa/mhsa-training/cps. |
| Supervisory Training                    | No information is available at this time. |
| Training Curriculum for Recovery Coach Supervisors | No information is available at this time. |
| Is Training Curriculum Integrated (Mental Health and Substance Use)? | No information is available at this time. |