Importance of Metabolic Screening

According to the American Academy of Pediatrics (AAP), great care and consideration is advised before prescribing Antipsychotic medications.

Adverse effects include:

- Metabolic Syndrome
- Increased Prolactin Concentrations
- Extrapyramidal Symptoms
- Cardiovascular Changes

The AAP guidelines on metabolic monitoring for pediatric patients receiving antipsychotic medications include baseline and ongoing measurement of:

- BMI
- Waist Circumference
- Fasting Blood Glucose
- Hemoglobin A1c
- Fasting Lipid Concentrations

Recommended Metabolic Tests

Based on HEDIS® specifications these tests should be done yearly for children and adolescents on antipsychotics.²

- Blood Glucose or Hemoglobin A1c
- LDL-C or Cholesterol

Helpful Tools and Resources

- A HEDIS® Overview is posted on providerexpress.com (Quality Assurance)
- liveandworkwell.com You may find relevant articles and education and resources for your patients (guest access code: clinician)

Refer to a Mental Health Professional

- Call the provider phone number on the back of the patient’s health plan ID card or search liveandworkwell.com

Remember to ask for contact information for other treating providers in order to coordinate care; you may use this form to facilitate.
