

## ADHD Screening and Follow-up Care for Children



We appreciate your taking an active role in screening children with symptoms of attention deficit / hyperactivity disorder (ADHD).

The American Academy of Pediatrics ([aap.org](http://aap.org)) recommends thorough assessment to evaluate for ADHD, and to rule out other conditions including learning disabilities, depression or anxiety disorders that mimic ADHD.

### How You Can Help

Prior to prescribing medications, screen patients for ADHD.

Recommended screening tools include:

- [Vanderbilt Scale](http://providerexpress.com) – [providerexpress.com](http://providerexpress.com) > Clinical Resources > Attention Deficit/Hyperactivity Disorder
- Resources from the Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) organization – [Understanding ADHD – CHADD](#)

Most of these tools also allow parents and teachers to provide feedback.

If medication is prescribed, be sure to:

- Schedule a follow-up appointment with your patient within 30 days of writing the prescription
- Schedule at least two more follow-up appointments over the next nine months to make sure the dosage is effective and to assess for side effects

### Resources

- More tools and information about behavioral health issues are available on [providerexpress.com](http://providerexpress.com) > Clinical Resources > Behavioral Health Toolkit for Medical Providers.
- Patient education information is available on [liveandworkwell.com](http://liveandworkwell.com) > use access code “clinician.”

### Refer to a Mental Health Professional

In conjunction with medication, psychosocial treatment approaches are also recommended. They include cognitive-behavioral therapy, social skills training, parent education and modifications to the child's education program.

You can request coordination of care and referrals for members by calling the number on the back of the member's health plan ID card or searching [liveandworkwell.com](http://liveandworkwell.com).

Sources: American Academy of Pediatrics, Subcommittee on Children and Adolescents with Attention-Deficit/Hyperactivity Disorder. ADHD: Clinical practice guideline for the diagnosis, evaluation, and treatment of children and adolescents with attention-deficit/hyperactivity disorder. Pediatrics, September 30th, 2019.  
American Academy of Child and Adolescent Psychiatry ([aacap.org](http://aacap.org))

Nothing herein is intended to modify the Provider Agreement or otherwise dictate MH/SA services provided by a provider or otherwise diminish a provider's obligation to provide services to members in accordance with the applicable standard of care.