



## Substance Use Disorder (Adults): Initiation and Engagement in Treatment

We appreciate you taking an active role in screening your adult patients for a substance use disorder (SUD)



The National Institute on Drug Abuse and the Substance Abuse and Mental Health Services Administration recommend following the Screening, Brief Intervention and Referral to Treatment (SBIRT) guideline at [samhsa.gov/sbirt](https://www.samhsa.gov/sbirt).

### How You Can Help

If your patient has a SUD, it's essential for them to engage in treatment with you or a SUD treatment specialist within 14 days of their diagnosis.

### Other ways to support your patient:

- Collaborate with them on the next best steps
- Meet them where they are in the stages of change
- Help them identify & address challenges to connecting with care
- Help them decide how to include family & other supports in their recovery plan
- Follow up regularly as an active partner in their recovery journey

**Screening tools** and information about behavioral health issues are available on [Behavioral Health Toolkit - Adult](https://www.providerexpress.com) ([providerexpress.com](https://www.providerexpress.com))

### Examples:

- [AUDIT-C](#)- Adult Alcohol and Substance Use Screening Questionnaire
- [CAGE-AID](#) – Adult Alcohol and Drug Use Questionnaire
- [DSM-5 Opioid Use Disorder Checklist](#)-Single Item Alcohol and Drug Abuse Screening Test (DAST -10)

### Refer to a SUD Treatment Specialist

You can request coordination of care, find patient education information, and referrals for members by calling the number on the back of the member's health plan ID card or searching [liveandworkwell.com](https://www.liveandworkwell.com) (use guest code "clinician").

**SUD HELPLINE: 1-855-780-5955 Confidential, anonymous and free**