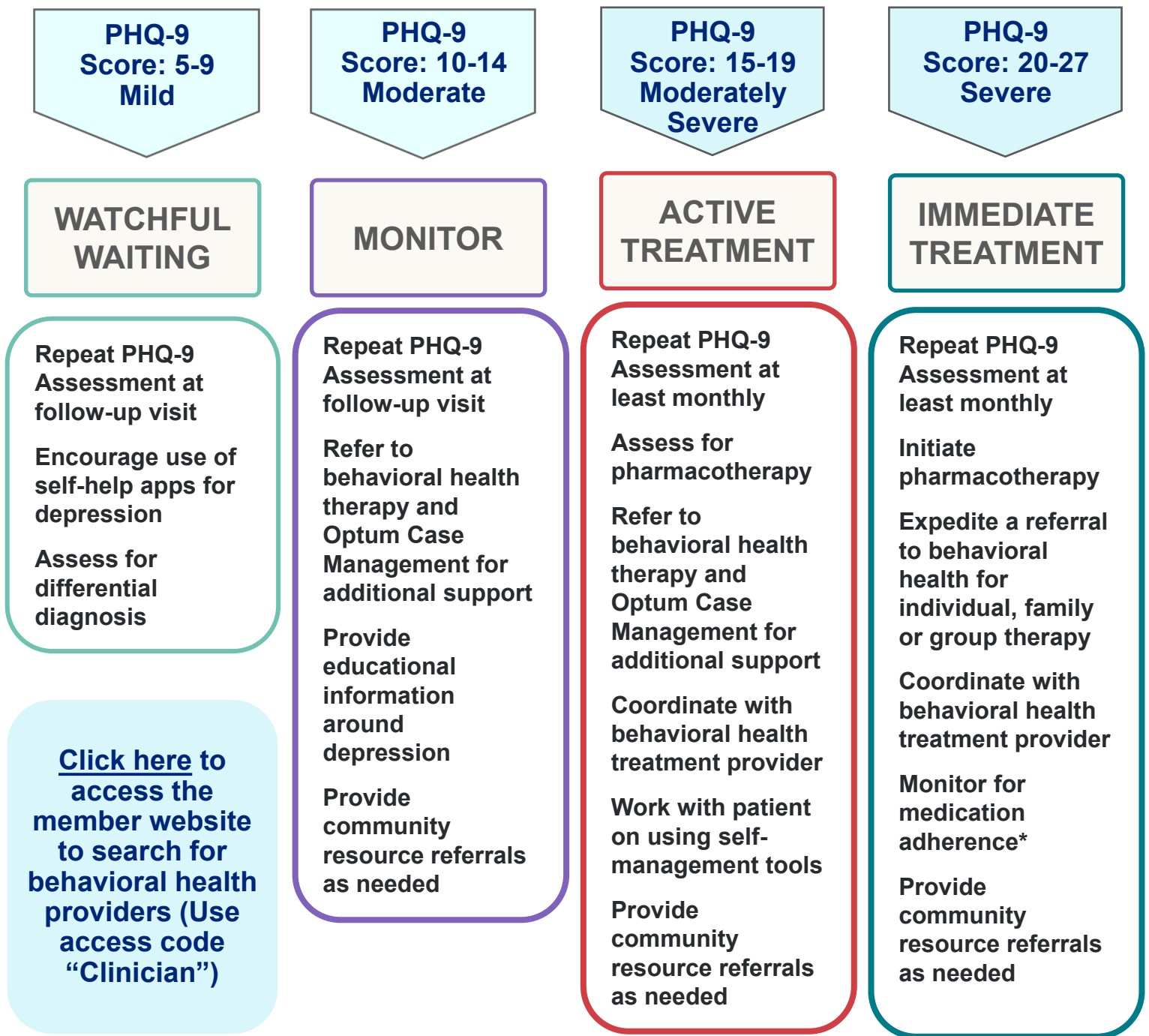


High-Level Stratification and Interventions for Depression



Effectively coordinating care between treatment professionals can lead to improved health outcomes. Please be sure to have the member sign a release of information form.

You may use your own form or [click here](#) to access the Optum Confidential Exchange of Information form.

*It is recommended that patients remain on antidepressant medication for at least 180 days (6 months)

National Committee for Quality Assurance 2023 HEDIS Specifications; see NQF-Endorsed Measures at www.ncqa.org