



Follow-up Care for Children Prescribed ADHD Medications

The American Academy of Pediatrics (AAP) recommends children and adolescents newly prescribed on ADHD medication have follow-up care with the prescriber within 2 weeks.*

Using this time frame as a best practice guideline also meets the HEDIS® measure specification for 30-day follow-up after initiation of ADHD medication.**

Follow-up Recommendations:

- Schedule a follow-up appointment with a provider who has prescribing authority within 30 days of writing the prescription
- Schedule at least two more follow-up appointments, with any practitioner, over the next nine months to be sure dosage is effective and to assess any side effects

Consider Telehealth visits for:

- Children on non-stimulant medication who do not require an in-person follow-up visit for a physical examination
- Children who cannot return for an in-person visit within 30 days from their initial appointment. Telehealth can be an efficient way to *check in* with patients between in-person visits

Schedule follow-up appointments before your patients leave the office

Refer to a Mental Health Professional

In conjunction with medication, psychosocial treatment approaches are also recommended. They include cognitive-behavioral therapy, social skills training, parent education and modifications to the child's education program.

You can request coordination of care and referrals for members by calling the number on the back of the member's health plan ID card or searching [liveandworkwell.com](https://www.liveandworkwell.com).

*American Academy of Pediatrics at AAP.org

**National Committee for Quality Assurance HEDIS® Specifications; see HEDIS and Quality Measures at NCQA.org .