

NetworkNotes

United Behavioral Health-Albany Care Advocacy Center News for The Empire Plan Clinicians and Facilities

Spring 2010

Resources for treating ADHD: The Empire Plan ADHD Program

According to the National Institutes of Health (*NIH Consensus Statement on Diagnosis and Treatment of Attention Deficit Hyperactivity Disorder*), ADHD is the most frequently diagnosed childhood behavioral disorder, affecting 3-5% of school-aged children (NIH, 1998). The core symptoms of the disorder include: inappropriate levels of activity and concentration, impulsivity, inattentiveness to tasks, and distractibility. This is usually accompanied by functional impairment in multiple settings (e.g., home, school, peer relationships). Consequently, there

is a strong association between ADHD and poor academic performance, low self-esteem, and conflicts/poor relationships with family members, teachers, and peers (Klassen, Miller, Raina, Lee, & Olsen, 1999).

Through OptumHealth Behavioral Solutions The Empire Plan offers the Attention Deficit Hyperactivity Disorder Management Program providing ADHD screening services, education, resources and referral for dependents aged 17 and under. This program includes:

- **Web-based educational and screening materials.** The state-of-the-art materials can be found on the member Web site: liveandworkwell.com. The materials include scientifically based articles about the symptoms of ADHD, how to determine whether a child has ADHD, and what treatments are available.
- **Access to a Licensed Clinician.** Members may speak with a licensed clinical care advocate for a referral to a behavioral health network provider 24 hours a day at 877-7NYSHIP, option 3.



- Direct mailings to members. The parent/guardian of members who have been treated for ADHD may receive educational materials sent directly to their home to help them learn about ADHD and to provide tips for managing their child's ADHD.

Treatment resources on liveandworkwell.com include articles for the treating provider, a symptom appraisal tool, and educational articles and tips for the parents of children diagnosed with ADHD. All these resources are designed to enhance treatment outcomes.

Providers for the Empire Plan also have access to the following resources for the treatment of ADHD via our Web site:

[Guidelines for Treating ADHD AACAP ADHD Practice Parameters LiveAndWorkWell.com](#) (access Code: Empire) - For Providers Treating individuals diagnosed with ADHD

Bibliography:

Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, J. Am. Acad. Child Adolescent Psychiatry, 2007; 46(7):894Y921.

Klassen, A., Miller, A., Parminder, R., Lee, S.K., & Olsen, L. (1999). Attention deficit hyperactivity disorder in children and youth: A quantitative systematic review of the efficacy of different management strategies. Canadian Journal of Psychiatry, 44, 1007-1016.

National Institutes of Health (1998). Diagnosis and treatment of attention deficit/hyperactivity disorder (ADHD). NIH Consensus Statement, 16 (2), 1-37.

New York State Empire Plan Reminders

Appeal and Provider Dispute Timeframes:

- 60 calendar days from the date of the adverse determination when requested on behalf of the enrollee
- 45 calendar days from the date of the adverse determination when requested on behalf of the treating provider

Outpatient Treatment Report (OTR) Submission:

- An OTR must be submitted if additional treatment sessions are necessary beyond the current outpatient certification or the initial 10 pass-through visits. The effective date of the certification will be the date your OTR was received.

Evaluation and Management (E&M) Codes added to UBH's Comprehensive List of CPT Codes

Effective April 15, 2010, UBH will begin covering E&M codes for New York Psychiatrists. These codes include:

99201	99204	99213
99202	99205	99214
99203	99212	99215