

Facility-Based Behavioral Health Program Reimbursement Policy – Commercial

IMPORTANT NOTE ABOUT THIS REIMBURSEMENT POLICY

You are responsible for submission of accurate claims. This reimbursement policy is intended to ensure that you are reimbursed based on the procedure code or codes that correctly describe the health care services provided to individuals whose behavioral health benefits are administered by Optum, including but not limited to UnitedHealthcare members. This reimbursement policy is also applicable to behavioral health benefit plans administered by OptumHealth Behavioral Solutions of California.

Our behavioral health reimbursement policies may use Current Procedural Terminology (CPT®), Centers for Medicare and Medicaid Services (CMS) or other procedure coding guidelines. References to CPT or other sources are for definitional purposes only and do not imply any right to reimbursement. This reimbursement policy applies to all health care services billed on CMS 1500 forms and, when specified, to services billed on the UB-04 claim form and to electronic claim submissions (i.e., 837p and 837i) and for claims submitted online through provider portals. Coding methodology, industry-standard reimbursement logic, regulatory requirements, benefits design and other factors are considered in developing reimbursement policy.*

*This information is intended to serve only as a general reference resource regarding our reimbursement policy for the services described and is not intended to address every aspect of a reimbursement situation. **Accordingly, Optum may use reasonable discretion in interpreting and applying this policy to behavioral health care services provided in a particular case. Further, the policy does not address all issues related to reimbursement for behavioral health care services provided to members. Other factors affecting reimbursement may supplement, modify or, in some cases, supersede this policy. These factors may include, but are not limited to: member's benefit coverage, provider contracts and/or legislative mandates.** Finally, this policy may not be implemented exactly the same way on the different electronic claim processing systems used by Optum due to programming or other constraints; however, Optum strives to minimize these variations.*

Optum may modify this reimbursement policy at any time by publishing a new version of the policy on this website. However, the information presented in this policy is accurate and current as of the date of publication.

**CPT® is a registered trademark of the American Medical Association*

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Applicability

This reimbursement policy applies for services reported using the UB-04 Claim Form (a/k/a CMS-or its electronic equivalent or for claims submitted online through provider portals. This policy applies to Commercial products, Individual Exchange benefit plans and all network and non-network physicians and other qualified health care professionals, including, but not limited to, non-network authorized and percent of charge contract physicians and other qualified health care professionals.

Policy

Overview

This reimbursement policy describes how Optum aligns with CMS in paying facility-based behavioral health services on a per diem basis. Payment represents the expected daily cost of facility-based behavioral health services. Consistent with CMS policy and reimbursement guidelines, separate payment is not made for certain services which are considered an integral part of the prevailing program.

For the Purpose of this reimbursement policy “facility-based behavioral health program” refers to the following levels of care:

Mental Health:

Inpatient Acute, Residential, Partial Hospitalization, Intensive Outpatient Services

Substance Use Disorder:

ASAM Level of Care:

Inpatient - 4.0

Residential - 3.7,3.5,3.1

Intensive Outpatient - 2.7,2.5,2.1

Outpatient - 1.7, 1.5,1.0

See below for further ASAM Level of Care descriptions.

Reimbursement Guidelines

As defined in our Optum Clinical Criteria, the course of treatment is focused on addressing factors that precipitated admission such as changes in the member's signs and symptoms, psychosocial and environmental factors, or level of functioning.

Treatment consists of clinically recognized therapeutic interventions such as group, individual and family psychotherapies pertinent to the member's behavioral health condition. Medical and psychiatric diagnostic evaluation and medication management are also integral to treatment. If the member is diagnosed as having a Substance-Related Disorder in addition to a mental health condition, the program must be prepared to appropriately treat the co-morbid Substance-Related Disorder.

Consistent with CMS, for treatment to be considered "active" services must be as follows:

- Supervised and evaluated by the attending/rendering provider;
- Provided under an individualized treatment plan that is focused on addressing the factors that precipitated admission, and make use of clinical best practices; and
- Are reasonably expected to improve the member's presenting problems within a reasonable period of time.

Optum has adopted clinical guidelines outlining the type of treatment that should be provided by level of care. Effective March 1, 2016, Optum will reimburse the expected cost of a day of facility-based behavioral health services using a single day rate for all expected components of an active treatment program. The single day rate will incorporate payment for all dependent, ancillary, supportive, and therapeutic services into payment for the primary independent program service. Separate payments are not made for additional ancillary services itemized on a claim when billed with the primary independent program service.

Such payment does not include attending professional charges billed with CPT code 90792 or single daily E&M code as clinically appropriate.

Optum will not separately reimburse CPT code 90791. The psychiatric diagnostic evaluation without medical services is included in the daily per diem.

The following services are considered an integral part of the program services that will be reimbursed under the single day rate paid by Optum and therefore are not separately eligible for reimbursement:

- All supplies
- Ancillary services
- Psychological and neuropsychological testing
- Clinical diagnostic laboratory tests including drug testing
- Treatment planning
- Individual therapy
- Group therapy

- Family therapy
- Crisis intervention

Commercial Mental Health Codes (Note: This list of representative codes and levels of care is not intended as exhaustive of all relevant codes.)

Level of Care	Revenue Code & HCPCS Code
Inpatient (IP) Acute	0114,0124,0134, 0144,0154, 0204
Residential	1001
Partial Hospitalization	0912,0913
Intensive Outpatient (IOP)	0905

Commercial Substance Use Disorder (SUD)

Level of Care	Adult – ASAM 4 th Edition Billing Code	Adolescent – 3 rd Edition Billing Code
ASAM 4.0 – Medically Managed Inpatient Services	0116,0118,0126,0128,0136,0138,0146,0148, 0156, and 0158 * With required CPT/HCPCS based on State Medicaid plan rules	0116,0126,0136,0146 and 0156
ASAM 3.7 - Medically Monitored Intensive Residential Services	1000 * With required CPT/HCPCS based on State Medicaid plan rules	N/A
ASAM 3.7 - Medically Monitored Intensive Residential Services	N/A	0128 * With required H0010, H0011, H0012, or H0013
ASAM 3.7 WM - Medically Monitored Inpatient Services with Withdrawal Management (WM) Services	N/A	0126 * With required CPT/HCPCS based on State Medicaid plan rules
ASAM 3.5 - Clinically Managed High – Intensity Residential Services	1002 *H0019 (Use this code for Medicaid only if no other code is specified by the State Medicaid plan) * With required CPT/HCPCS based on State Medicaid plan rules	1002 *H0019 (Use this code for Medicaid only if no other code is specified by the State Medicaid plan) * With required CPT/HCPCS based on State Medicaid plan rules
ASAM 3.1 - Clinically Managed Low-Intensity Residential Services	1003 * With required CPT/HCPCS based on State Medicaid plan rules	N/A
ASAM 2.7 - Medically Managed Intensive Outpatient Services	0944, 0945 * With required CPT/HCPCS based on State Medicaid plan rules	N/A

Level of Care	Adult – ASAM 4 th Edition Billing Code	Adolescent – 3 rd Edition Billing Code
ASAM 2.5 –High Intensity Outpatient - Adult	0907 * With required CPT/HCPSC based on State Medicaid plan rules	N/A
ASAM 2.5 – Partial Hospitalization - Adolescent	N/A	0912,0913 * With required CPT/HCPSC based on State Medicaid plan rules
ASAM 2.1 - Intensive Outpatient Services – Adult & Adolescent	0906	0906
ASAM 1.7 - Medically Managed Outpatient Services (OTP, OBOT, MDs perform withdrawal management in office setting) - Adult	Commercial OTP - H0020, H0033, H0047 Commercial OBOT - H0047 MD - provider express policy	N/A
ASAM 1.5 - Outpatient Therapy Services – Adult & Adolescent	Please refer to your outpatient contract	Please refer to your outpatient contract
ASAM 1 - Long Term Remission Monitory Services – Adult & Adolescent	Please refer to your outpatient contract	Please refer to your outpatient contract; Includes OTP an OBOT services

CA Commercial Only – Fully Insured		
ASAM 3.2 WM (CA Commercial Only – Fully Insured) ○ Clinically Managed Residential withdrawal management Services	1002 *With required HCPC H0010	
ASAM 3.1 (CA Commercial Only – Fully Insured) ○ Clinically Managed Low-intensity Residential Services	1004 *With required HCPC H2034	

Reimbursable Professional Services (not subject to bundled services)

o Attending Professional and E&M Codes	99202 – 99205
	99211 – 99215
	99221 – 99223
	99231 – 99236
	99238 – 99239
	99281 – 99285
	99304 – 99310
	99315 – 99316
	99408 – 99409

Resources

American Medical Association, *Current Procedural Terminology (CPT®)* and associated publications and services
Healthcare Common Procedure Coding System, HCPCS Release and Code Sets
Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services
Centers for Medicare and Medicaid Services, National Correct Coding Initiative (NCCI) Edits

History / Updates

May, 2025	Updated ASAM Level 1.7
February, 2025	Anniversary Review; Updated Level of Care Column 4.0 and 3.7
November, 2024	Updated Applicability Section and Reimbursement Guidelines Section ASAM Level 1 Adolescent
April, 2024	Updated Reimbursement Guidelines Section ASAM_4 th Edition; Archive history section: 2016-2021
July, 2023	Updated Reimbursement Guidelines Section 90791
March 2023	Updated Reimbursement Guidelines Section
February, 2023	Anniversary review; No updates
January, 2023	Removed E/M deleted codes 99217-99226 and 99318 effective 1/1/2023
January, 2022	Anniversary Review; no updates

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