



Follow-up Care for Children Prescribed ADHD Medications

The American Academy of Pediatrics (AAP) recommends children and adolescents newly prescribed on ADHD medication have follow-up care with the prescriber within 2 weeks.*

Using this time frame as a best practice guideline also meets the HEDIS® measure specification for 30-day follow-up after initiation of ADHD medication.**

Follow-up Recommendations:

- Schedule a follow-up appointment with a provider who has prescribing authority within 30 days of writing the prescription
- Schedule at least two more follow-up appointments, with any practitioner, over the next nine months to be sure dosage is effective and to assess any side effects

Consider Telehealth visits for:

- Children on non-stimulant medication who do not require an in-person follow-up visit for a physical examination
- Children who cannot return for an in-person visit within 30 days from their initial appointment. Telehealth can be an efficient way to check in with patients between in-person visits

Schedule follow-up appointments before your patients leave the office

Virtual visits can increase flexibility for scheduling appointments. Visit our provider website at the following link for more information.

**[Become a Virtual Visit
Telemental Health Provider](#)**

You can request coordination of care and referrals for members by calling the number on the back of the member's health plan ID card or searching [liveandworkwell.com](https://www.liveandworkwell.com).

More tools and information available on [providerexpress.com](https://www.providerexpress.com) > **Clinical Resources** > **Clinical and Quality Measures Toolkit for Behavioral Providers.**

*American Academy of Pediatrics at AAP.org

**National Committee for Quality Assurance HEDIS® Specifications; see HEDIS and Quality Measures at NCQA.org.