Optum

Follow-up Care for Children Prescribed ADHD Medications



The American Academy of Pediatrics (AAP) recommends children and adolescents newly prescribed on ADHD medication have follow-up care with the prescriber within 2 weeks.*

Using this time frame as a best practice guideline also meets the HEDIS[®] measure for 30-day follow-up after initiation of ADHD medication.**

Follow-up Recommendations:

- Schedule a follow-up appointment with a provider who has prescribing authority within 30 days of writing the prescription
- Ensure at least two more follow-up appointments occur, with any practitioner, over the next nine months to monitor medication effectiveness and side effects and provide psychosocial treatment

Consider Telehealth visits for:

- Children on non-stimulant medication who do not require an in-person follow-up visit for a physical examination
- Children who cannot return for an in-person visit within 30 days from their initial appointment. Telehealth can be an efficient way to check in with patients between in-person visits

Schedule follow-up appointments before your patients leave the office

Telehealth visits are an effective way to provide care. Visit our provider website at the following link for more information:

Telehealth Overview

Patient education information is available on <u>liveandworkwell.com</u>, use access code "clinician" More tools and information available on <u>Providerexpress.com</u> > Clinical Resources > <u>Clinical and Quality Measures Toolkit for</u> <u>Behavioral Providers.</u>

*American Academy of Pediatrics at AAP.org

**National Committee for Quality Assurance HEDIS® Specifications; see HEDIS and Quality Measures at NCQA.org.

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