



Metabolic testing and monitoring

For adult patients with a diagnosis of schizophrenia and/or prescribed antipsychotics

Second-generation antipsychotics and metabolic monitoring

The prevalence of diabetes is 2- to 3-fold higher in people with severe mental illness than the general population.¹

“Second-generation antipsychotics (SGAs) can generate a metabolic syndrome, with insulin resistance, weight gain and hypertension.”

SGAs include clozapine, olanzapine, ziprasidone, risperidone, olanzapine-fluoxetine (combination) and quetiapine.²

Patients who need testing

- Diagnosis of schizophrenia and/or prescribed antipsychotics
- Diabetes or cardiovascular diagnosis and prescribed antipsychotics

Metabolic lab testing³

HbA1c and LDL-C

- Complete metabolic testing upon initial diagnosis or initial prescription of antipsychotic medication
- Complete annual testing for all patients prescribed antipsychotics
- Complete more frequent testing as needed based on patients’ results



Helpful tools and resources

providerexpress.com

You may use this [Confidential Exchange of Information Form](#), or your own release of information form, to facilitate timely exchange of knowledge and referrals to providers.

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liveandworkwell.com

Find relevant articles and resources for patients (guest access code: clinician).

1. Holt RIG. [Association between antipsychotic medication use and diabetes](#). *Curr Diab Rep*. 2019;19(10):96.
2. Tamminga C. [Antipsychotic drugs](#). *Merck Manual*. September 2022.
3. [2024 HEDIS measure](#).

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