



ABA Reclassification Alert

Applied Behavioral Analysis (ABA) will be re-classified from “Outpatient Office” to “Outpatient Other,” due to outpatient mental health parity for some plans effective January 1, 2024. The rationale for the change is to align with other Behavioral services that require authorization.

Members currently utilizing ABA services may experience a change in the type of cost-share they’ve been paying depending on their plan design. Please review your members plan to determine co-insurance as members currently receiving ABA services under a UHC/Optum health plan may see a change in the type(s) of cost-share applied to ABA.