

# Reimbursement Policy

## Health and Behavior Assessment / Intervention Diagnosis Edits

### Reimbursement Policy – Claims Editing

Optum is implementing claim processing edits that may impact claim payment. This notice provides information about the Health and Behavior / Intervention Diagnosis edits. Reimbursement policies establish processes to ensure accurate and appropriate claim processing in accordance with industry standards. These processes serve to identify potentially inappropriate billing and/or utilization of services. Requests for medical records may be made for administrative review (not based or used for Medical Necessity). Record requests outline what is to be submitted; please provide requested records within defined time-frames. Optum provides education and support as a component of our process.

As new processes are developed further Alerts will be made in an effort to keep providers informed.

### Health and Behavior Assessment / Intervention Edits CPT Codes 96150 - 96155

Per the American Medical Association (AMA) Current Procedural Terminology (CPT) Manual these codes report assessment of psychological, behavioral, emotional, cognitive, and relevant social factors that can prevent, treat, or manage physical health problems. The assessment must be associated with an acute or chronic illness, the prevention of a physical illness or disability, and the maintenance of health.

CPT Codes 96150-96155 should only be reported by qualified non-physician health care professionals. Physicians who perform health and behavior assessments/interventions should report the appropriate Evaluation and Management or Preventive Medicine service codes.

As noted in the AMA CPT Manual, CPT Codes 96150-96155 describe services offered to patients who present with primary physical illnesses, diagnoses or symptoms.

Optum will run analysis to identify when CPT Codes 96150-96155 are submitted in conjunction with ICD-9-CM Mental Disorders Diagnosis Codes. Claim submissions not in compliance with this rule will be denied.

### Resources

- American Medical Association (AMA) Current Procedural Terminology (CPT) Manual.
- Centers for Disease Control and Prevention, International Classification of Diseases, ICD-9-CM <http://www.cdc.gov/nchs/icd/icd9cm.htm>