# Optum

# AGENCY PROVIDER AREAS OF EXPERTISE AND ATTESTED SPECIALTY FORM

# PLEASE FOLLOW THE DIRECTIONS BELOW:

This form is to be used by Agencies where your practice has been designated as:

- A Community Mental Health Center (CMHC),
- A Federally Qualified Health Center (FQHC),
- A Rural Health Center (RHC),
- An Opioid Treatment Program (OTP),
- and/or other Federally or State licensed or certified entity (license or certification is at the organizational level).

Complete this form to request –

- An update to Areas of Expertise
- An update to Specialties that require attestation

Before faxing this form to Optum, please review the form to ensure that:

- The Practice Information section is completely filled out
- If items are checked on the Specialty Attestation pages 5 8, that the Specialty Requirements listed on pages 9 14 have been met
- Signature and date on page 8 are completed by the Authorized Agency Representative
- Any required documents listed on the Specialty Requirements pages have been attached
- Complete the form for each practice address that is impacted

Fax the completed form and any required documentation to Network Management.

To locate the fax number for your Network Management Team, go to: <u>providerexpress.com > Contact Us</u>

If you have questions, call Network Management at 1-877-614-0484.

# AGENCY DATA PAGE Primary Practice – Location # 1 (For additional practice locations copy pages 2 - 8)

Primary Practice Information (Practice Practice Address #1:	-	ne Primary Practice Site on page 1
City:		
Phone:		 
Tax ID:	NPI:	
Taxonomy:		_
Medicaid ID Number:	Issue Date:	 Not Applicable
Medicare ID Number:	Issue Date:	 Not Applicable

**Expertise(s)** – Checking any of the clinical expertise listed below is a confirmation that this location has a provider(s) practicing within the scope of their license with the clinical training and education to provide these services. Please check all areas in which a provider(s) has training and experience and which you are willing to treat at this practice location.

Abuse (physical/sexual, etc.)	Compulsive Gambling
Acute Treatment Services (ATS) for Substance Use	Couples/Marriage Therapy
Disorders (ASAM Level 3.7)	Crisis Center
Adoption Issues	Crisis Diversionary Services
Adult Therapy	Crisis Intervention
Anger Management	Crisis Respite
Anxiety	Day Habilitation
Assertive Community Treatment (ACT)	Day Treatment
Assessment and Referral – Substance Abuse	Depression
Attention Deficit Disorder	Developmental Disabilities
	Dialectical Behavioral Therapy
Autism Spectrum Disorder Treating Clinician	Disability Evaluation/Management (requires memorandum
Autism Spectrum Disorder Diagnostic Testing Clinician	of Understanding – located at providerexpress.com)
Bariatric/Gastric Bypass Evaluation	Dissociative Disorders
Behavioral Modification	Domestic Violence
Behavioral Symptoms of PANDAS/PANS (Pediatric Acute-	Education Support Services – General adult education
onset Neuropsychiatric Disorders Associated with	services to receive a Test Assessing Secondary Completion
Streptococcus/Pediatric Acute-onset Neuropsychiatric	(TASC) diploma and support in apprenticeship program.
Syndrome)	Includes support, cognitive remediation, and advocacy.
Biofeedback	Electroconvulsive Therapy (ECT)
Bipolar Disorder	Emergency Services Program (ESP)
Blindness or Visual Impairment	Employer Management Referral (Non Prescribers only)
Caregiver/Family Advocacy & Support Services (NY only)	Employment Supports - Individualized, person-centered
Caregiver/Family Supports and Services	Services providing support to learn and/or maintain a job:
Case Management	Pre-vocational – Time-limited services that prepare a
Certified Pastoral Counseling	participant for paid or unpaid employment
Child Welfare	Transitional Employment – Services must be provided by
Christian Counseling	clubhouse or psychosocial club program to strengthen work
Clinically Managed Population-Specific High Intensity	prospects and skills towards achieving competitive
Residential Services (ASAM Level 3.3)	employment Intensive Supported Employment – Intensive support when
Clinical Support Services for Substance Use Disorders	competitive employment is unlikely absent these services
(ASAM Level 3.5)	On-going Supported Employment – Ongoing support for an
Co-Occurring Disorders Treatment	indefinite period as needed to maintain paid employment
Cognitive Behavioral Therapy	Enhanced Outpatient Program (EOP)
Community Crisis Stabilization	Enhanced Residential Rehabilitation Services for Dually
Community Habilitation	Diagnosed (ASAM Level 3.1 co-occurring enhanced)
Community Integration Counseling	Evaluation and Assessment – Mental Health
Community Psych Support and Treatment	Eye Movement Desensitization & Reprocessing (EMDR)
Community Self-Advocacy Training and Support	Family Peer Support Services (FPSS)
Community Support Program (CSP)	Family Stabilization Team (FST)
Community Support Program for Chronically Homeless	Family Support and Training
Individual (CSP-CHI)	Family Therapy
Community Support Program for People Experiencing	Feeding and Eating Disorders
Chronic Homelessness (CSPECH) 2	

BH5195 (v.54) 10/2023

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Fetal Alcohol Syndrome	Pain Management
Fire Setter Evaluation	Palliative Care Bereavement
Forensic	Palliative Care Expressive Therapy
Foster Care	Palliative Care Massage Therapy
Functional Family Therapy	Palliative Care Pain & Symptom Management
Grief/Bereavement	Parent Support and Training
Group Therapy	Parent-Child Evaluation
labilitation:	Personality Disorders
Habilitation	Personalized Recovery Oriented Services
Residential Supports in Community Settings	Phobias
Harm Reduction	Physical Disabilities
Health and Behavior Assessment and Intervention	Planned Respite
Hearing impaired Population	Positive Behavioral Interventions & Supports
HIV/AIDS/ARC	Post-Partum Depression
Home Care/Home Visits	Post-Traumatic Stress Disorder (PTSD)
Hypnosis	Program of Assertive Community Treatment
In Home Behavioral Services (IHBS)	Psych Testing
In Home Therapy (IHT)	Psychiatric Day Treatment
Independent/Qualified Medical Examiner	Psychosocial Rehabilitation (PSR):
Infertility	Clubhouse
Inpatient Therapy	Psychotic/Schizophrenic
Intellectual and Developmental Disability	Qualified integrated Behavioral Health Group (QIBGRP)
Intensive Care Coordination (ICC)	Race-Based Trauma
Intensive Crisis Respite (NY only)	Recovery Coaching
Intensive Individual Support	Recovery Support Navigators (RSN)
Intensive In-home Child & Adolescent Psychiatric Services	Regional Behavioral Health Authority (RHBA)
(IICAPS)	Relaxation Techniques
Learning Disabilities	Residential Rehabilitation Services (ASAM Level 3.1)
LGBTQ Identified Clinician(s)	Respite Care
LGBTQ Supportive	School Based Services
Long Term Care	Serious Mental Illness
Long-Acting Injectable (LAI) Administrator	Sex Offender Treatment
Medicaid Intensive Outpatient Services (ASAM Level 2.1)	Sexual Abuse Evaluation
Medicaid Opioid Treatment Program (OTP) – Physicians	Sexual Disfunction
Only	Sexual Trauma
Medical Illness/Disease Management	Short Term Crisis Respite (NY only)
Medication Management	Skills Training and Development
Methadone Maintenance	Sleep-Wake Disorders
Military Veterans Treatment	Somatoform Disorders
Mobile Crisis Follow-up	
Mobile Crisis Intervention (MCI)	SPRAVATO <sup>®</sup> (prescribers only)
Mobile Crisis Response)	Structured Outpatient Addiction Program (SOAP)
Mobile Chills Response) Mobile Mental Health Treatment	Substance Use Disorder
Mood Disorder	Supports for Self-Directed Care – Participant or
Multidimensional Family Therapy (MDFT)	representative has employer and/or budget decision-making
Multi-Systemic Therapy (MST)	authority with support:
Muslim-Identified Clinician	Information and Assistance in Support of Participation
Naltrexone Injectable MAT	Direction – Assist in developing and managing the plar Financial Management Services – Assist in budget
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Native American Traditional Healing Systems	authority
Nursing Home Visits	Targeted Case management
Obsessive Compulsive Disorder	TBI Waiver – Case Management
OnTrack First Episode Psychosis (FEP)	TBI Waiver – Community Integration Counseling
Opioid Treatment Service (OTS)	TBI Waiver – Positive Behavior
Organic Disorders	Telemental Health (requires Agency Attestation found at
Other Licensed Practitioner Service/Early and Periodic	provider Express > Telemental Health resource page)
Screening, Diagnostic and Treatment	Telephonic Crisis Follow-up
Outpatient Medically Supervised Withdrawal	Telephonic Triage and Crisis Response
Outpatient Rehabilitation	Therapeutic Monitoring (TM)

Transitional Support Services (TSS) for Substance Use Disorders (ASAM Level 3.1)	
Trauma Therapy	
Traumatic Brain Injury (TBI)	
Weapons Clearance	
Workers' Compensation	
Youth Mobile Crisis (Mobile Crisis Intervention) (YMCI)	
Youth Peer Support and Training (YPST)	
Youth Support	

# ATTESTED SPECIALTIES PRACTICE LOCATION #\_

Optum requires additional training, experience and/or outside agency approval for the following populations, professionals, and specialties. Please review the Specialty Requirements on pages 9-14. If you are not requesting a specialty designation, please check the "No Specialties" box at the bottom of the list to indicate you have read this form and acknowledge that you have not requested these specialties.

As an Authorized Agency Representative, I have reviewed the Optum Specialty Requirements criteria that a Clinician must meet to be considered a specialist in the following treatment areas. After reviewing the criteria, I hereby attest that by placing a check next to a specialty or specialties, our Agency includes at least one clinician who meets Optum requirements for that treatment area. Any specialties indicated will be included in online directory information for member referral purposes.

For those specialties that require specific documentation, I further attest that such documentation is retained by the Agency and is available to Optum upon request.

	PHYSICIAN SPECIALTIES
I	Behavioral Health Crisis Care
ſ	Behavioral Health Urgent Care Center (MA Medicaid only – must meet the criteria as defined by MassHealth)
ſ	Behavior Support Consultation (BSC) (NM only)
ſ	Buprenorphine – Medication Assisted Treatment (MAT) (submit DEA registration)
(	CBAT Autism Specialty
(	Certified Group Psychotherapist (CGP) (submit Certification from IBCGP)
	Chemical Dependency / Substance Abuse / Substance Use Disorder (SUD)
(	Child/Adolescent (please specify all ages that you treat):
	Infant Mental Health (0-3 years) Preschool (0-5 years)
	Children (6-12 years) Adolescents (13-18 years)
(	Child and Adolescent Needs and Strengths (CANS) 2.0 Assessor (submit documentation of completion of training and certification as Assessor)
1	Child and Adolescent Needs and Strengths (CANS) 2.0 (Child Welfare) Assessor (submit documentation of completion of training and certification as Assessor)
	Cognitive Processing Therapy (CPT)
	Community Behavioral Health Centers (CBHC) ( <i>Massachusetts ONLY</i> )
	Community Brief Crisis Support
	Community Support Program-Tenancy Preservation Program (CSP-TPP) ( <i>MA Only</i> )
	Community Support Team (CST)
	Comprehensive Multi-Disciplinary Evaluation (CMDE)
	Coordinated Specialty Care (CSC)
	CSP for Individual w/Justice Involvement (MA only)
	Developmental Relationship-Based Intervention (DRBI) (submit copy of certification)
	Early Intensive Developmental and Behavioral Intervention (EIDBI)
	Early Intervention Provider ( <i>Virginia Medicaid only – submit applicable certification</i> )
	Epilepsy (CO specific)
	First Episode Psychosis (FEP)
	First Responder
	Gender Identity (CO specific)
	Geriatrics
	Individual Placement and Support
1	Intensive Hospital Diversion (Massachusetts Medicaid only – must meet the performance specs as outlined by MassHealth)
	Medicaid Office-Based Opioid Treatment Program (OBOT)
	Medicare Opioid Treatment Program (submit copy of SAMHSA certification)

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PHYSICIAN SPECIALTIES continued
Mental Health Holds (CO specific)
Mobile Response and Stabilization Services (MRSS)
Neuropsychological Testing
Office-Based Addictions Treatment (OBAT)
Outpatient Services/Crisis Stabilization
Personal Care Service
Prolonged Exposure (PE)
Safe Spaces (CO specific)
Substance Abuse Expert (submit Nuclear Regulatory Commission qualification training certificate)
Substance Abuse Professional (submit Department of Transportation certificate)
Substance Use Disorder (SUD) - Outpatient
Substance Use Disorder (SUD) – Residential Treatment
Transcranial Magnetic Stimulation (TMS)
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (submit copy of TF-CBT certification)
Trauma Informed Care Trained
Triple P (Positive Parenting Program) (submit copy of certification in Triple P – Standards Level 4)
Trust-Based Relational Intervention (TBRI) (submit documentation of completion of TBRI training)
Youth PTSD Treatment (YTP)

# **NON-PHYSICIAN SPECIALTIES**

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NON-PHYSICIAN SPECIALTIES
Early Intensive Developmental and Behavioral Intervention (EIDBI)
Early Intervention Provider (Virginia Medicaid only – submit applicable certification)
Epilepsy (CO specific)
First Episode Psychosis (FEP)
First Responder
Functional Family Therapy (FFT)
Functional Family Therapy – Child Welfare (FFT-CW)
Gender Identity (CO specific)
Homebuilders® - Homebuilders Family Preservation Program
Individual Placement and Support
Intensive Hospital Diversion (Massachusetts Medicaid only – must meet the performance specs as outlined by MassHealth)
Mental Health Holds (CO specific)
Mobile Response and Stabilization Services (MRSS)
Multi-Systemic Therapy (MST)
Neuropsychological Testing – Psychologists only
Nurses and Physician Assistants – Buprenorphine – Medication Assisted Treatment (MAT) (submit certification email from DEA)
Office-Based Addictions Treatment (OBAT)
Outpatient Services/Crisis Stabilization
Partial Hospitalization Program
Peer Bridger/Support Services (requires state peer certification or evidence of current training completion)
Personal Care Service
Prolonged Exposure (PE)
Safe Spaces (CO specific)
Substance Abuse Expert (submit Nuclear Regulatory Commission qualification training certificate)
Substance Abuse Professional (submit Department of Transportation certificate)
Substance Use Disorder (SUD) - Outpatient
Transcranial Magnetic Stimulation (TMS)
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (submit copy of TF-CBT certification)
Trauma Informed Care Trained
Triple P (Positive Parenting Program) (submit copy of certification in Triple P – Standards Level 4)
Trust- Based Relational Intervention (TBRI) (submit documentation of completion of TBRI training)
Veterans Administration Mental Health Disability Examination – Psychologist only

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# EMPLOYEE ASSISTANCE PROGRAM (non-prescribers)

ser ass the sup	Employee Assistance Program (EAP) is a health and wellness service provided by an employer. A member receiving this vice has no financial responsibility– <b>no deductible, co-payment, or coinsurance</b> amount. EAP is designed to provide sessment and referral, as well as a brief counseling intervention for Members and/or their families. All Optum- contracted erapists are allowed to provide and bill for EAP services. All Optum in-network non-prescriber therapists are expected to poort and accept Members who request an EAP benefit (in compliance with your Agreement). You must select an area of bertise for EAP from the list below or select the "Not Applicable…" box if your agency includes only prescribers: Not applicable. All providers in this agency are MDs, Registered Nurses, Nurse Practitioners or Physician Assistants with prescriptive authority.
	This agency provides Employee Assistance Program services (by way of its non-prescriber therapists only). By checking this box, I acknowledge that, as a contracted Optum agency, the agency supports and accepts Members who request an EAP appointment, in accordance with our Agreement.
	Providers who have additional EAP training or certification may attest to meeting requirements shown below and be designated with the expertise in Optum's online provider directory. If a provider or providers in your agency meet the requirements of either of the two designations shown below, select the one(s) they meet. NOTE: neither of the two designations listed below is required in order to provide EAP services.
	Certified Employee Assistance Professional (submit Certificate from the Employee Assistance Certification Commission)
	Employee Assistance Professional requires:
	<ul> <li>Minimum of two (2) years' experience in the delivery of EAP core technology as defined by EAPA, and</li> </ul>
	<ul> <li>Minimum of one (1) annual training (CEU credits or professional development hours) in any of the eight (8) EAP content areas</li> </ul>

I understand that Optum may require documentation to verify that a clinician or clinicians within this Agency meet(s) the criteria outlined under Specialty Requirements pertaining to the specialty or specialties I have designated above. The Agency will cooperate with an Optum documentation audit, if requested, to verify that a clinician or clinicians meet(s) the required criteria.

I hereby attest that all of the information above is true and accurate to the best of my knowledge. I understand that any information provided pursuant to this attestation that is subsequently found to be untrue and/or incorrect could result in termination from the Optum network.

By checking the box below, I am indicating that no clinicians in this Agency meet the above criteria.

#### No Specialties

Please note that standard credentialing criteria must be met before specialty designation can be considered. An Authorized Agency Representative must sign this form whether any specialty designations are being requested or not. Failure to sign this form may cause a delay in the processing of the Agency's credentialing file.

Printed Name of Authorized Agency Representative

Signature of Authorized Agency Representative (Signature stamps not accepted)

Date:

PHYSICIAN SPECIALTY REQUIREMENTS
Important note: Signature on the previous Specialty Attestation page is required for all applicants.
CHILD/ADOLESCENT
<ul> <li>Completion of an ACGME approved Child and Adolescent Fellowship OR recognized certification in Adolescent Psychiatry (specialty includes infants, preschool, children, and adolescents)</li> </ul>
GERIATRICS:
Completion of an ACGME approved Geriatric Fellowship <b>OR</b> recognized certification in Geriatric Psychiatry
BEHAVIORAL HEALTH CRISIS CARE
Must have state license with certification to provide service
BEHAVIORAL HEALTH URGENT CARE CENTER
Massachusetts Medicaid only
Must meet the criteria as defined by MassHealth
BEHAVIOR SUPPORT CONSULTATION (BSC)
Must meet NM training requirement for Behavior Support Consultation (BSC)
BUPRENORPHINE – MEDICATION ASSISTED TREATMENT (MAT)
DEA registration certificate
CERTIFIED GROUP PSYCHOTHERAPIST
<ul> <li>Must have Board Certification from the International Board for Certification of Group Psychotherapists (IBCGP)</li> </ul>
CHEMICAL DEPENDENCY / SUBSTANCE ABUSE / SUBSTANCE USE DISORDER (SUD)
• Completion of an ACGME board certification in addiction psychiatry <b>OR</b> certification in addiction medicine <b>OR</b> certified by the
American Society of Addiction Medicine (ASAM)/renamed American Board of Addiction Medicine
CHILD and ADOLESCENT NEEDS AND STRENGTHS (CANS) 2.0 ASSESSOR
Must have completed training on CANS and be certified as an Assessor
CHILD and ADOLESCENT NEEDS AND STRENGTHS (CANS) 2.0 (CHILD WELFARE) ASSESSOR
Must have completed training on CANS and be certified as an Assessor
COGNITIVE PROCESSING THERAPY (CPT)     Licensed mental health provider must complete training in CPT by approved trainer
Must complete 2 cases to acceptable fidelity to the model under consultation with an expert consultant
COMMUNITY BEHAVIORAL HEALTH CENTERS (CBHC)
Need to be on the Mass Health designation listing and submit their designation letter
Will need the CBHC License for the designated location     COMMUNITY BRIEF CRISIS SUPPORT
Must have state license with certification to provide service
COMMUNITY SUPPORT TEAM TREATMENT (CST)     Must meet state requirements
<ul> <li>In Illinois, must be certified to provide CST by the Illinois Department of Human Services' Division of Mental Health and approved to provide CST by the Department of Healthcare and Family Services, or its designee, in accordance with 89 III.</li> </ul>
Adm. Code 140
COMPREHENSIVE MULTI-DISCIPLINARY EVALUATION (CMDE)
Must meet Department of Human Services (DHS) Early Intensive Developmental and Behavioral Intervention (EIDBI)
requirements
COORDINATED SPECIALTY CARE (CSC)
Must meet state requirements
<ul> <li>In Illinois, must be contracted with the Illinois Department of Human Services' Division of Mental Health to be FIRST.IL</li> </ul>
provider to deliver coordinated specialty care for first episode psychosis treatment
CSP FOR INDIVIDUAL w/JUSTICE INVOLVEMENT (MA only)
Attest to being able to provide the service, with the performance specification for Massachusetts
DEVELOPMENTAL RELATIONSHIP-BASED INTERVENTION (DRBI)
Requires certification in DRBI
EARLY INTENSIVE DEVELOPMENTAL AND BEHAVIORAL INTERVENTION (EIDBI)
<ul> <li>Must meet Department of Human Services (DHS) Early Intensive Developmental and Behavioral Intervention (EIDBI) requirements</li> </ul>
EARLY INTERVENTION PROVIDER (Virginia Medicaid Only)
Must be certified by the Department of Behavioral Health and Developmental Services (DBHDS) to provide Early Intervention
services in accordance with 12 VAC 30-50-131
<ul> <li>Providers of Early Intervention Care Management/Service Coordination must be certified through DBHDS as a Service</li> </ul>
<ul> <li>Providers of Early Intervention Care Management/Service Coordination must be certified through DBHDS as a Service Coordinator</li> </ul>
FIRST EPISODE PSYCHOSIS (FEP)
Must meet First Episode Psychosis program criteria.

PHYSICIAN SPECIALTY REQUIREMENTS	
FIRST RESPONDER Must have 2 or more of the following qualifying attributes:	l
<ul> <li>First Responder culture training</li> <li>Experience working with First Responders (percentage of practice)</li> <li>Advanced PTSD/EMDR or trauma informed care</li> <li>Substance abuse disorder certified/licensed</li> <li>Background as a First Responder</li> <li>Knowledge of continuing care resources in this specialization</li> </ul>	
INDIVIDUAL PLACEMENT AND SUPPORT	
Must have state license with certification to provide service	
INTENSIVE HOSPITAL DIVERSION (Massachusetts Medicaid only)	
Must meet performance specs as outlined by MassHealth	
MEDICAID OFFICE-BASED OPIOID TREATMENT PROGRAM (OBOT)	
State certificate, if applicable in your state  MEDICARE OPIOID TREATMENT PROGRAM	
Requires certification from the Substance Abuse and Mental Health Administration (SAMHSA) and DEA	
MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS):	
Must meet state requirements	
In Ohio – Must complete 2-day MRSS Training requirement	
<ul> <li>Recognized certification in Neurology through the American Board of Psychiatry and Neurology</li> </ul>	
OR	
Accreditation in Behavioral Neurology and Neuropsychiatry through the American Neuropsychiatric Association	
AND all of the following criteria:	
<ul> <li>State medical licensure specifically allows for provision of neuropsychological testing service</li> <li>Evidence of professional training and expertise in the specific tests and/or assessment measures for which authorization is</li> </ul>	
requested	
Physician and supervised psychometrician adhere to the prevailing national professional and ethical standards regarding test	st
administration, scoring, and interpretation	
OFFICE-BASED ADDICTIONS TREATMENT (OBAT)     Provider must have hired a Navigator to assist with OBAT services	
OUTPATIENT SERVICES/CRISIS STABILIZATION	
Agency must have license from the Virginia Department of Behavioral Health and Developmental Services (DBHDS) for	
Outpatient Services/Crisis Stabilization for Virginia Medicaid	
PERSONAL CARE SERVICE     Must have state license with certification to provide service	
PROLONGED EXPOSURE (PE)	
Licensed mental health provider must complete training in PE by approved trainer	
Must complete 2 cases to acceptable fidelity to the model under consultation with an expert consultant	
<ul> <li>SUBSTANCE ABUSE EXPERT (SAE) – Nuclear Regulatory Commission (NRC)</li> <li>Certificate of NRC SAE gualification training (agencies providing such certification include, but are not limited to, ASAP, Inc.</li> </ul>	
<ul> <li>Certificate of NRC SAE qualification training (agencies providing such certification include, but are not influed to, ASAF, inc.</li> <li>Program Services, and SAPAA)</li> </ul>	••
SUBSTANCE ABUSE PROFESSIONAL (SAP):	
<ul> <li>Certificate of training in federal Department of Transportation SAP functions and regulatory requirements (agencies providin such surfigation include, but not limited to Plain and Punks, 5APA and NIAPAQ)</li> </ul>	ıg
such certification include, but not limited to, Blair and Burke, EAPA and NMDAC) SUBSTANCE USE DISORDER (SUD) – OUTPATIENT	
Must meet Ohio state guidelines for Substance Use Disorder	
TRANSCRANIAL MAGNETIC STIMULATION (TMS)	
Completion of all training related to use of FDA-cleared device(s) to be used in accordance with FDA-labeled indication	
<ul> <li>TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)</li> <li>Must have obtain a certification from the Trauma-Focused Cognitive Behavioral Therapy National Therapist Certification</li> </ul>	I
Program	ľ
TRAUMA INFORMED CARE TRAINED	
Completed Trauma Informed Care continuing Medical education credits (CMEs)	
TRIPLE P (Positive Parenting Program)	I
Must have an accreditation certification in Triple P – Standards Level 4, issued by Triple P America TRUST-BASED RELATIONAL INTERVENTION (TBRI)	
Must have completed training in Trust-Based Relational Intervention	I
YOUTH PTSD TREATMENT (YPT):	
Must have Advanced Certificate from Tulane Psychiatry in Youth PTSD Treatment	I

NON-PHYSICIAN CLINICIANS SPECIALTY REQUIREMENTS
<u>CHILD/ADOLESCENT – Psychologists Only</u>
<ul> <li>Completion of an APA approved or other accepted training/certification program in Clinical Child Psychology (this specialty</li> </ul>
includes Infants, Preschool, Children and Adolescents)
BEHAVIORAL HEALTH CRISIS CARE
Must have state license with certification to provide service
BEHAVIORAL HEALTH URGENT CARE CENTER
Massachusetts Medicaid only
<ul> <li>Must meet the criteria as defined by MassHealth</li> </ul>
CERTIFIED GROUP PSYCHOTHERAPIST
Must have Board Certification from the International Board for Certification of Group Psychotherapists (IBCGP)
CHEMICAL DEPENDENCY / SUBSTANCE ABUSE / SUBSTANCE USE DISORDER (SUD)
Completion of an APA or other accepted training in Addictionology
OR Optification in Addiction Optimation
Certification in Addiction Counseling
AND one (1) or more of the following:
Ten (10) hours of CEU in Substance Abuse in the last twenty-four (24) month period
Evidence of at least twenty-five percent (25%) of practice experience in substance abuse
CHILD and ADOLESCENT NEEDS AND STRENGTHS (CANS) 2.0 ASSESSOR
Must have completed training on CANS and be certified as an Assessor
CHILD and ADOLESCENT NEEDS AND STRENGTHS (CANS) 2.0 (CHILD WELFARE) ASSESSOR
<ul> <li>Must have completed training on CANS and be certified as an Assessor</li> </ul>
COGNITIVE PROCESSING THERAPY (CPT)
<ul> <li>Licensed mental health provider must complete training in CPT by approved trainer</li> </ul>
<ul> <li>Must complete 2 cases to acceptable fidelity to the model under consultation with an expert consultant</li> </ul>
COMMUNITY BEHAVIORAL HEALTH CENTERS (CBHC)
<ul> <li>Need to be on the Mass Health designation listing and submit their designation letter</li> </ul>
Will need the CBHC License for the designated location
COMMUNITY BRIEF CRISIS SUPPORT
Must have state license with certification to provide service
COMMUNITY SUPPORT TEAM TREATMENT (CST)
Must meet state requirements
<ul> <li>In Illinois, must be certified to provide CST by the Illinois Department of Human Services' Division of Mental Health and</li> </ul>
approved to provide CST by the Department of Healthcare and Family Services, or its designee, in accordance with 89 III.
Adm. Code 140
COMPREHENSIVE MULTI-DISCIPLINARY EVALUATION (CMDE)
Must meet Department of Human Services (DHS) Early Intensive Developmental and Behavioral Intervention (EIDBI)
requirements
COORDINATED SPECIALTY CARE (CSC)
Must meet state requirements
<ul> <li>In Illinois, must be contracted with the Illinois Department of Human Services' Division of Mental Health to be FIRST.IL</li> </ul>
provider to deliver coordinated specialty care for first episode psychosis treatment
CRITICAL INCIDENT STRESS DEBRIEFING
Certificate of CISD training from American Red Cross or Mitchell model
<ul> <li>Documentation of training and CEU units in the provision of CISD services</li> </ul>
CSP FOR INDIVIDUAL w/JUSTICE INVOLVEMENT (MA only)
Attest to being able to provide the service, with the performance specification for Massachusetts
DEVELOPMENTAL RELATIONSHIP-BASED INTERVENTION (DRBI)
Requires certification in DRBI EARLY INTENSIVE DEVELOPMENTAL AND BEHAVIORAL INTERVENTION (EIDBI)
<ul> <li>Must meet Department of Human Services (DHS) Early Intensive Developmental and Behavioral Intervention (EIDBI) requirements</li> </ul>
EARLY INTERVENTION PROVIDER (Virginia Medicaid Only)
<ul> <li>Must be certified by the Department of Behavioral Health and Developmental Services (DBHDS) to provide Early Intervention services in accordance with 12 VAC 30-50-131</li> </ul>
<ul> <li>Providers of Early Intervention Care Management/Service Coordination must be certified through DBHDS as a Service</li> </ul>
Coordinator
FIRST EPISODE PSYCHOSIS (FEP)
FIRST EPISODE PSYCHOSIS (FEP)     Must meet First Episode Psychosis program criteria.

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NON-PHYSICIAN CLINICIAN SPECIALTY REQUIREMENTS
FIRST RESPONDER Must have 2 or more of the following qualifying attributes:
First Responder culture training     Substance abuse disorder certified/licensed
Experience working with First Responders     Background as a First Responder
(percentage of practice)    Knowledge of continuing care resources in this
Advanced PTSD/EMDR or trauma informed care     specialization
INDIVIDUAL PLACEMENT AND SUPPORT
Must have state license with certification to provide service
INTENSIVE HOSPITAL DIVERSION (Massachusetts Medicaid only)
Must meet performance specs as outlined by MassHealth
MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS):
Must meet state requirements     In Obia – Must complete 2 day MBSS Training requirement
In Ohio – Must complete 2-day MRSS Training requirement  NEUROPSYCHOLOGICAL TESTING
Member of the American Board of Clinical Neuropsychology OR the American Board of Professional Neuropsychology
• Member of the American Board of Clinical Neuropsychology OR the American Board of Professional Neuropsychology OR
Completion of courses in Neuropsychology, including: Neuroanatomy, Neuropsychological Testing, Neuropathology, or
Neuropharmacology
Completion of an internship, fellowship, or practicum in Neuropsychological Assessment at an accredited institution
AND
<ul> <li>Two (2) years of supervised professional experience in Neuropsychological Assessment</li> </ul>
NURSES & PHYSICIAN ASSISTANTS - BUPRENORPHINE – MEDICATION ASSISTED TREATMENT:
Certification from DEA
NURSES REQUESTING PRESCRIPTIVE AUTHORITY MUST:
<ul> <li>Possess a currently valid license as a Registered Nurse in the state(s) in which you practice</li> </ul>
Be authorized for prescriptive authority in the state in which you practice
<ul> <li>Meet state specific mandates for the state in which you practice regarding DEA license and physician supervision</li> <li>Attest that you meet your state's collaborative or supervisory agreement requirements</li> </ul>
<ul> <li>Attest that you meet your state's collaborative or supervisory agreement requirements</li> <li>Specifically request prescriptive privileges on the Optum attestation (page 7)</li> </ul>
OFFICE-BASED ADDICTIONS TREATMENT (OBAT)
Provider must have hired a Navigator to assist with OBAT services
OUTPATIENT SERVICES/CRISIS STABILIZATION
Agency must have license from the Virginia Department of Behavioral Health and Developmental Services (DBHDS) for
Outpatient Services/Crisis Stabilization for Virginia Medicaid
PERSONAL CARE SERVICE
Must have state license with certification to provide service
PROLONGED EXPOSURE (PE)
Licensed mental health provider must complete training in PE by approved trainer
Must complete 2 cases to acceptable fidelity to the model under consultation with an expert consultant
SUBSTANCE ABUSE EXPERT (SAE) – Nuclear Regulatory Commission (NRC)
To qualify as an SAE for the NRC, you must possess one of the following credentials: <ul> <li>Licensed or certified social worker</li> </ul>
<ul> <li>Licensed or certified social worker</li> <li>Licensed or certified psychologist</li> </ul>
<ul> <li>Licensed or certified employee assistance professional</li> </ul>
<ul> <li>Certified alcohol and drug abuse counselor – The NRC recognizes alcohol and drug abuse certification by the National</li> </ul>
Association of Alcoholism and Drug Abuse Counselors Certification Commission (NAADAC) or by the International
Certification Reciprocity Consortium/Alcohol and Other Drug Abuse (ICRC/AODA)
AND
Certificate of NRC SAE qualification training (agencies providing such certification include, but are not limited to, ASAP, Inc.
Program Services, and SAPAA)
SUBSTANCE ABUSE PROFESSIONAL (SAP):
Certificate of training in federal Department of Transportation SAP functions and regulatory requirements (agencies provide
such certification include, but not limited to, Blair and Burke, EAPA and NMDAC)
SUBSTANCE USE DISORDER (SUD) – OUTPATIENT     Must meet Ohio state guidelines for Substance Use Disorder
Must meet Ohio state guidelines for Substance Use Disorder

# NON-PHYSICIAN CLINICIAN SPECIALTY REQUIREMENTS

#### TRANSCRANIAL MAGNETIC STIMULATION (TMS)

- Completion of all training related to use of FDA-cleared device(s) to be used in accordance with FDA-labeled indication
  TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)
  - Must have obtain a certification from the Trauma-Focused Cognitive Behavioral Therapy National Therapist Certification
    Program

#### TRAUMA INFORMED CARE TRAINED

Completed Trauma Informed Care continuing education credits (CEUs)

#### TRIPLE P (Positive Parenting Program)

• Must have an accreditation certification in Triple P – Standards Level 4, issued by Triple P America

# TRUST-BASED RELATIONAL INTERVENTION (TBRI)

• Must have completed training in Trust-Based Relational Intervention

- VETERANS ADMINISTRATION MENTAL HEALTH DISABILITY EXAMINATION Psychologist Only
  - Graduate of an American Psychological Association accredited university (qualification counts even if accreditation occurred after date of graduation)
  - Wheelchair accessible office
  - PC user (Macintosh/Mac computers do not interface with the testing software used in the Disability Examination)
  - Agree to participate in initial and annual training programs as required by LHI
  - Agree to offer appointments within 10 to 14 days of the request for services
  - Agree that beneficiary will not wait longer than 20 minutes in the office before being tested

# PEER BRIDGER / SUPPORT SPECIALIST REQUIREMENTS

#### PEER BRIDGER/SUPPORT SPECIALISTS MUST:

- In states that offer a certification program, possess a currently valid Peer Support Certification
- In states that do not offer a certification program, have completed peer support training through an approved program and passed an exam. Training must have been completed through one of the following approved programs:
  - Appalachian Consulting
  - o Depression and Bipolar Support Alliance
  - o Georgia State Model
  - o Mental Health Association of Southeastern Pennsylvania
  - o NAZCARE
  - Recovery Innovations
  - Transformation Center
  - Mountain States
  - Other (Any other training program on Peer Support Services must be submitted for review and approval by Optum prior to credentialing or contracting)

## AGENCY SPECIALTY REQUIREMENTS

#### ASSERTIVE COMMUNITY TREATMENT (ACT):

Must submit Cover Sheet and Score Sheet from Substance Abuse and Mental Health Services Administration (SAMHSA)
 Assertive Community Treatment (ACT) Evidence-Based Practice Toolkit

#### CHEMICAL DEPENDENCY / SUBSTANCE ABUSE / SUBSTANCE USE DISORDER (SUD)

• Agency is licensed by the state to provide outpatient treatment for chemical dependency/substance abuse/substance use disorder

#### **BUPRENORPHINE – MEDICATION ASSISTED TREATMENT (MAT)**

- Entity level certification from Substance Abuse and Mental Health Services Administration (SAMHSA)
- COMMUNITY SUPPORT TEAM TREATMENT (CST)
  - Must meet state requirements
  - In Illinois, must be certified to provide CST by the Illinois Department of Human Services' Division of Mental Health and approved to provide CST by the Department of Healthcare and Family Services, or its designee, in accordance with 89 III. Adm. Code 140

#### COORDINATED SPECIALTY CARE (CSC)

- Must meet state requirements
- In Illinois, must be contracted with the Illinois Department of Human Services' Division of Mental Health to be FIRST.IL
  provider to deliver coordinated specialty care for first episode psychosis treatment

## DEVELOPMENTAL RELATIONSHIP-BASED INTERVENTION (DRBI)

Requires certification in DRBI

AGENCY SPECIALTY REQUIREMENTS
FUNCTIONAL FAMILY THERAPY (FFT)
Must be certified by Institute for FFT, Inc.
FUNCTIONAL FAMILY THERAPY – CHILD WELFARE (FFT-CW)
<ul> <li>Must have certification of FFT license with FFT-CW specialty issued by Institute for FFT, Inc.</li> </ul>
HOMEBUILDERS® – HOMEBUILDERS FAMILY PRESERVATION PROGRAM
<ul> <li>Must be certified by the Institute for Family Development (IFD)</li> </ul>
MULTI-SYSTEMIC THERAPY (MST)
<ul> <li>Must have current license, issued by MST Services, to provide multi-systemic therapy</li> </ul>
OUTPATIENT SERVICES/CRISIS STABILIZATION
<ul> <li>Must have license from the Virginia Department of Behavioral Health and Developmental Services (DBHDS) for Outpatient Services/Crisis Stabilization for Virginia Medicaid</li> </ul>
PARTIAL HOSPITALIZATION PROGRAM
Must meet state criteria to provide community-based partial care