

Client Choice Form

There are occasions when Optum clients want to continue to work with their Optum counsellors at the immediate conclusion of their EAP counselling. This may be due to limited alternative resources or conflicts of interest with resources or services that are available to them, for example. In these circumstances, clients may contract to work with their counsellors in their private practices on a self-pay basis.

Prior to accepting Optum clients into counsellors' private practices, counsellors must:

1. Advise clients of three (3) alternative resources or services in their communities, and detail them below.
2. Have clients read and sign the Client Choice Form.
3. Send a copy of the completed Client Choice Form to their Clinical Manager for review and approval.
4. Insert the approved Client Choice Form into the Client Record.

<i>Name</i>	<i>Address</i>	<i>Phone Number</i>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

I acknowledge that my counsellor has provided alternate resources or services to me and that they are options for me. I am also aware that short-term solution-focused EAP counselling with Optum has been completed. I am now seeking services which require longer term or more specialized counselling services. I am choosing to continue with my Optum counsellor in his/her private practice and understand that all fees for counselling are my responsibility.

Print Name of Client

Print Name of Counsellor

Client Signature

Counsellor Signature

Date

Approved by
Clinical Manager, Optum

Date